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Outdoor lifestyle television program shoots in Manitowaning

by Michael Erskine

MANITOWANING—Just Hunt producer and host Amanda Lynn Mayhew was shooting a segment of her popular outdoor lifestyle program on a property in Manitowaning recently. Ms. Hunt discovered Manitoulin Island while appearing at the Assiginack Deer Show last year.

"When I came for the deer festival last year, I just fell right in love with Manito-ulin Island," she said. "I love it here. I met Dave and Theresa McDowell there and they asked if I wanted to take on hunting here for deer." A serendipitous hole opened up in her filming schedule between an elk hunt and a moose hunt and she decided to take advantage of the opportunity.

Ms. Mayhew grew up "hunting and fishing in Manitouwadge," so she has had plenty of experience in Northern Ontario, but most of the women she brought with her had more limited experience.

First time hunter Pamela Stewart of Cambridge has lived her life in the city.



Popular host of the outdoors show Just Hunt Amanda Lynn Mayhew is joined by a group of female hunters before heading out to the stands on the McDowell property in Manitowaning. Ms. Mayhew poses with Pamela Stewart, Julie Roy, Rae Urwin and Victoria Montgomery.

"I don't have family who hunt, I don't have friends who hunt," she admitted. "I didn't know what to expect." Her experience hunting on Manitoulin has been

exhilarating and exceeded her wildest expectations.

Julie Roy of Smooth Rock Falls is no stranger to hunting, spending many seasons stalking game in

the bush with her husband. Two years ago she bagged her first moose, an experience she chalked up with a chuckle to "total BS luck." That luck appeared in more photo by Michael Erskine

ways than one, since not only did she get a freezer full of meat but won a "sweet automatic 308" in the deal.

Rae Urwin of Burlington

has been grouse hunting before in Sturgeon Falls and participated in the spring turkey hunt, but said that she still has "lots of learning" to do when it comes to the hunt.

Victoria Montgomery of Whitby has been hunting for "a couple of years" after being introduced to the sport by her husband. Since then they have often been hunting as a couple, but as a woman she said that it is often hard to find a hunting party to join. "It tends to be patriarchal club," she laughed. "Then an aboriginal guy I met in Oshawa suggested I should look up this girl Amanda Lynn Mayhew and her Just Hunt program. I Googled her..."

"You Googled me!" interjects Ms. Mayhew.

'You know you have made it when people Google you," rejoins Ms. Urwin.

There is no mistaking the bonding that has taken place amongst this group of camo-clad women over the preceding couple of days they display a camaraderie

...continued on page 5



There's fun to be found Islandwide in the off-season months

by Warren Schlote

MANITOULIN—Many people think of Manitoulin Island as the ideal summer getaway destination, full of all of its majestic views, watersports, festivals and community celebrations, but in many ways, the off-season offers just as much charm and unique opportunities to explore the region's hidden gems.

"There's a whole untapped selection of things to do in the winter, people just maybe have to look a little harder," says Jackie White, events co-ordinator at the Township of Assiginack.

"If you're not the one that likes crazy crowds and prefer the quiet—some people like winter for its crispness and coolness and being out in the snow—Manitoulin has it all without being stuck in traffic and city lights."

Ms. White has served as the Township of Assiginack's events co-ordinator for five years. In that time, she says her municipality has been working to increase opportunities for winter recreation.

"We've created things to do. McLean's Park now has three other trails that you can go on that are groomed all year long; it's beautiful all season. We opened the sliding hill three years ago by the information booth; the kids love it, it's so fun," she says.

Every community on the Island has fun winter pastimes on offer from hiking, snowshoeing and cross-country ski trails to ice fishing and warmer indoor activities. Ms. White says that with a little bit of research, there is no shortage of things going on.

"Every municipality has a website to list their stuff, or you can make a call (to the municipal office)," says Ms. White. "We put up our stuff year-round."

In addition to its sliding hill and groomed trail system at McLean's Park, the township also offers free snowshoe and walking pole rentals, public skating, hockey games and indoor walking on a weekly basis. There is also a special mid-winter event that celebrates the best of the season, breaking up the dark winter nights with a burst of colour.



Snowshoes are available for rent from the Assiginack town office during the winter months.

SHUTTERSTOCK

"We have a fireworks show in February on Family Day," says Ms. White, who adds there is also a special night sledding evening held on the same date. "It's kind of fun, drinking hot chocolate and looking up at the fireworks while you're bundled up with your family. It's about trying things you don't normally do.'

Outdoors lovers will be interested to know of a recently launched Facebook group by Island resident Judy Peters. She moved to Manitoulin in June of 2018 from Mississauga, where she had been part of a road biking club that regularly met up with hiking groups for off-season expeditions.

"That's the one thing I miss from the city, having groups of people to go do these things with. The response was just insane so I thought I would start a Facebook group,'

...continued on page 8

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Shane Laidley

...Outdoor lifestyle television program

...continued from page 3

that would be familiar to anyone who has ever taken part in a hunting party.

After finding her online, Ms. Montgomery contacted Ms. Mayhew and soon found herself invited to take part in the Manitoulin hunt. "It was a safe place for a new hunter to go," said Ms. Stewart. "A very safe place," interjects one of the other women.

Ms. Roy, on the other hand, has known Ms. Mayhew since Grade 9 when they went to school together in Iroquois Falls.

Ms. Mayhew is an accomplished fitness instructor with six years of public speaking under her belt and she is the longtime official spokesperson for the Toronto Sportsman Show. But Ms. Mayhew fell into the television host gig as somewhat of an accident, being first recruited by WildTV. "They said that they had been watching me for years," recalled Ms. Mayhew of the initial approach by the network. Her reaction? "I said no," she

A great deal of cajoling ensued until finally Ms. May-



Amanda Lynn Mayhew shows off her fresh goose kill.

hew relented. "The first two seasons were pretty easy," she said. Since then she has not looked back.

Mr. McDowell said that he and his wife were very taken by the straight shooting and plain talking style

of Ms. Mayhew and decided to invite her to come to their Manitowaning property for the Island deer hunt. Mr. McDowell himself has been hunting for 50 years and said that he thinks women taking up the sport

in greater numbers generally is great.

While women hunters are somewhat more common on the Island, it is generally still very much a man's world, and that is an image that Ms. Mayhew is set on changing—and judging by results, she is being quite successful.

That is reflected in the sponsorships Ms. Mayhew and Just Hunt are attracting. Jeremy Weicker of Fatal Attractions Outdoors joined the Just Hunt team at the McDowell property for part of the hunt and Ms. Mayhew had high praise for local business Island Gun and Pawn. "They've been great," she said.

When it comes to women and hunting, Ms. Mayhew has a simple, but effective, philosophy. "Just do it," she exclaims. "Be real, be strong and be you."

Seasons one and two of Just Hunt are now airing on WildTV five times a week and over the next several weeks there will be new episodes airing. Ms. Mayhew is now producing for the Sportsman channel, so great things are on the trail ahead.



Cranberry-infused cocktail for autumn entertaining

Besides the ubiquitous pumpkin spice, nothing says "autumn" more than tart cranberries. Cranberries are a major component of Thanksgiving feasts, turning up alongside and atop turkey as well as in quick breads and desserts.

Cranberries are loaded with health benefits, which include reducing the risk for ulcers and preventing gum disease. Also, just eight ounces of cranberry juice cocktail contains 137 percent of the daily recommended value of vitamin C.

Cranberries can even be used to craft great cocktails. Move over mulled ciders, this crisp Cranberry Margarita from The Cape Cod Cranberry Growers' Association makes a great autumn-inspired beverage.

Cranberry Margarita

1 1/2 shots of tequila

shot of cranberry juice cocktail

1/4 cup of whole berry cranberry sauce

1/2 shot of triple sec

10 ice cubes

Sweetened dried cranberries, for garnish Lime, for garnish

Serves 1

Combine all ingredients except garnish in a blender. Blend on high until smooth and frosty. Serve in a margarita glass. Garnish with dried cranberries and a lime wheel.

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Preparing your home and property this autumn



Make quick work of yard cleaning with this high-performance and easy-to-use Craftsman cordless leaf blower. Equipped with a brushless motor and an axial fan design it delivers maximum efficiency at 600 CFM and 1000 mph. The variable speed trigger procures more power or longer runtime. The light weight design of less than 10 lb decreased user fatigue. The unit is sold with a 60 V Max 2.5 AH battery pack and charger.

Winter weather can be harsh. Homeowners who spend much of the year tending to their lawns and gardens may worry that winter will undo all of their hard work. Though homeowners cannot do anything to prevent snow, wind and ice

from affecting their properties, they can take various steps to prepare their lawns, gardens and home exterior for whatever winter has in store and RONA Little Current Building Centre is here

is time to rake or use a leaf blower. Ergonomic rakes are available at RONA Little Current Building Centre and can help prevent back and arm pain.

Using a rake is good exercise, but homeowners with When leaves start to fall it large properties might want to use a leaf blower. These machines can dislodge leaves from bushes and hard-to-reach crevices, and they work faster than rakes. RONA carries a variety of leaf blower options from top brands like Craftsman.

Consider composting leaves. Composted leaves creates a dark, rich and organic matter that can add nutrients to garden soil and loosen compacted earth.

You can also consider mulching leaves. It is a great way for homeowners to recycle a natural resource and enrich the soil of their lawns. Mulching leaves to dime-size pieces to a point where half an inch of grass can be seen through the mulched leaf layer using vour lawn mower.

Winterizing fertilizers help lawns store food they need to survive through winter and also can help them bounce back strong in spring. Such fertilizers are typically formulated for cool-season grasses such as fescue and bluegrass and are often best applied after the final cut of fall. Warm-season grasses go dormant in winter, so homeowners whose lawns contain these types of grasses won't want

to apply a winterizing fertil-

Don't forget about your roof and gutters! Inspect your roof for shingles that are warped, damaged or even missing to prevent a future leak. Use roofing cement and a caulking gun to seal joints where water could penetrate, such as around the chimney, sky-lights or vent pipes. Make sure that your gutters and downspouts are secure-ly fastened. Downspouts should extend at least five feet away from the home to prevent flooding and consider gutter guards. These

nifty devises help keep your gutters clean of leaves and debris.

Remove snow shovels and other winter gear from storage and make sure the items are easily accessible during the winter months. If you are in need of a new snow shovel, roof snow rake (think last winter!) and/or are considering a snow blower, stop by RONA Little Current Building Centre and speak with a sales associate. Shopping for these items early in the season ensures that you have the items you need to combat old man winter before he arrives.



Snow blowers such as this model from Craftsman make clean-

winter with RONA Keeping warm this

s the leaves start to As the leaves start the temperature drops, it's time to start thinking about your winter heat.

Fireplaces, wood-burning and pellet stoves are not only a beautiful focal point within a home, but they also provide an additional source of heat and can be used to keep rooms or entire homes comfortable without the need for additional and potentially costly heating

If you don't already have a wood-burning or pellet stove, stop by RONA Little Current Building Centre to see the selection and find the right product for your home or camp.

Just like more modern home heating systems, stoves and fireplaces need to be maintained, and that maintenance includes readying them before winter when they are used more

RONA Little Current Building Centre carries Drolet pellet and wood stoves such as the Drolet Eco-55 pellet stove. Designed to heat areas between 500 to 2,000 square feet, this pellet stove has a maximum input rate of 39,260 BTUs per hour and a 78.4 percent optimum efficiency. The hopper holds up to 80 pounds (36 kg) of pellets, and it has a maximum burn time of 69 hours so you don't have to constantly feed it fuel. The stove has an average particulate emissions rate of 0.96 g/h and is mobile home approved.

heavily. Ensuring a fireplace or stove is in good working order helps to guarantee efficiency of use and safety during the winter months.

Start with the chimney. Begin by thoroughly cleaning your chimney and stove. Creosote can build up inside of the chimney. Creosote is highly flammable and becomes more difficult and expensive to clean the longer it builds up inside your flue lining. RONA Little Current Building Centre has you covered with rods, brushes and other chimney cleaning supplies that you may need. Install or check smoke and

carbon monoxide detectors. Operational alarms are essential to preventing injury or death resulting from smoke or carbon monoxide inhalation. Such detectors are inexpensive safeguards that should be installed on every floor of the house. Batteries should be replaced every six months, and the alarms themselves should be changed every five to 10

If you have a pellet stove, ensure you order your pellets before the cold peratures hit. RONA has pellets available in a variety of woods both by the bag, starting at \$5.99/bag for softwood and \$6.49/bag for hardwood, or by the pallet.

If you have an HVAC or other heating system, don't forget to inspect your air fil-

ter at least once per month, as filters can quickly become dirty during a heavyuse season like winter. Dirty filters cause the system to work harder to keep a home warm, unnecessarily wasting energy as a result. New filters for a variety of systems are in stock at RONA Little Current Building Cen-

RONA Little Current Building Centre also has a variety of programmable thermostats which help you optimize your system and keep your home warm, but energy efficient. New Wi-Fi enabled programmable thermostats, from trusted brands such as Honeywell, allow homeowners to control their heating and cooling systems via their smartphones.

A fall inspection of your overall home is important as is addressing any leaks, drafts or lack of proper insulation.

Drafty windows and doorways can make the air inside homes feel warmer in the summer and colder in the winter. As autumn weather grows colder, homeowners can perform simple inspe tions around windows and doorways to determine if they have any leaks. On a cold and/or windy day, place a hand near all windows and doors to feel if there are any leaks. Use caulk or another type of sealant to address leaks so you can keep cold air out and set your thermostat to a reasonable, eco-friendly temperature.

Consider inexpensive window insulation kits, starting at \$6.69 from Climaloc, along with reverse ceiling fans to push warm air back down.

Insulation can be inadequate in older homes. Over time, it can settle and compact, creating gaps. Topping up attic insulation will help keep the warm air in, reducing heating bills and preventing stress on your furnace. For easy installation, homeowners and professionals alike recommend a stone wool batt insulation product called Roxul Comfortbatt. For attics, aim for an r-value of R-50 or a depth of 16 inches.

Did you know RONA Little Current Building Centre rents an insulation machine for blowing insulation in areas like attics? Call today to find out more information, 705-368-2090, or stop in.

When it comes to preventative maintenance, a little time and effort can save thousands in energy costs and repair bills over the lifetime of your home.



The Lyric 2.0 Wi-Fi Thermostat for air-forced heating system uses the Wi-Fi technology on your smartphone and automatically maintains comfort by considering the temperature, humidity and weather. No complex menu. Multifunction buttons on the thermostat and in the application to save time. You can control the thermostat from anywhere with a smart phone or a tablet. Compatible with Apple Homekit.

Mining for North Channel walleye gold: A guide

by The Ontario **Fishing Guys**

MANITOULIN—For many, fall conjures up images of falling leaves, turkey dinners and pumpkin spice lattes, but for the Ontario Fishing Guys it only means one thing: the walleye bite is about to heat up. If you are the angler who winterizes your boat at the first sign of a falling leaf, do yourself a favour, hold off on the boat storage because the walleye are putting their feed bags on.

What is lake turnover?

You might have read or heard anglers talking about lake turnover and not known what they are referring to or how it is important to fish-

Throughout the summer months the water is in three basic layers with the warm water (high oxygen levels) at the top, the small middle layer called the thermocline (where oxygen levels quickly dissipate) and the cold water (low oxygen levels) at the bottom.

As the cold weather sets in, the surface water begins to cool and therefore becomes denser causing it to sink in the water column. This causes the bottom layer to rise, hence turning over the



Dave Patterson of the Ontario Fishing Guys with a fresh North



Aaron Case is all smiles with his walleye spoils

water layers. The turnover causes the oxygen levels to even out through the water column.

What does this mean for walleye fishing?

Walleye are fish of habits and will never be found far from food. It can be tough fishing early in the fall when the turnover is happening, as the walleye scatter from their normal summer haunts, but good catches can still be

Early on in the fall walleye can be found in areas that have moving water or a slack zone that is just off the current. Fishing rock shoals that transition from shallow to deeper water and weed breaks will produce solid catches.

When we are out chasing fall gold, we look more for bait than anything else. If you find the bait, the walleye will not be far away.

Once the turnover has happened this is when the fishing truly heats up. The big elusive walleye that anglers dream about put on the feed bags as they prepare for the winter. Do not be afraid to fish deep; with the oxygen levels stable throughout the water column the big ... continued on page 10

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REMEMBER TO COLLECT AIR MILES

... There's fun to be found Island-wide in the off-season months

...continued from page 4 she says.

That group had swelled to nearly 150 members just three days after she created it and its member list is full of people who want to venture into the great outdoors at all times of the year.

"There's already people talking about kayaking. I'm hoping there will be all kinds of things people want to do," she says, adding that any member is welcome to post about their outdoors plans for others to join.

The group has hosted its first hike this past Saturday at the Bebamikawe Memorial Trail in Wiikwemkoong, and generally schedules its events on Saturdays at 10 am, to keep Sundays open for a rain date.

For those who might prefer a warmer activity, numerous indoor options abound. The Ojibwe Cultural Foundation (OCF) in M'Chigeeng First Nation is just one outlet that offers culturally enriching and unique things to do.

Its website at OjibweCulture.ca and Facebook page at facebook.com/Ojibwe-CulturalFoundation both feature listings of its upcoming events, workshops and social gatherings.



Try your hand at beading at the Ojibwe Cultural Foundation each and every Tuesday night from 5 to 8 pm.

There is also the Mnidoo Mnising Spirit Gallery exhibition space that highlights Ojibwe heritage and regularly changes throughout the year.

The exhibition on from now until mid-January is called Ziibaaska'iganagooday – The Jingle Dress. In it, artist Christian Chapman of Fort William First Nation has a number of mixed media creations that have travelled to several galleries before arriving in M'Chigeeng.

Some recent workshops offered at the OCF include grapevine harvesting and wreath-making, moss bag and bonnet making and storytelling.

Municipalities such as the Northeast Town also host plenty of recreation opportunities throughout the year, from cooking classes to arts and crafts. That township has a weekly ad on Page 12 of this newspaper which lists its upcoming offerings, with further details also available at its

website, townofnemi.on.ca. With so many things happening, it might seem overwhelming to keep track of all these off-season activities. The classified section of The Manitoulin Expositor is regularly full of upcoming events of all manner, as are the ads placed on news pages throughout its

Manitoulin Island's official tourism website, Ex-

editions.

ploreManitoulin.com, is also a wealth of information about the communities on the Island and provides the resources needed for a choose-your-own-adventure take on cooler fun.

Be sure to snap photos of your adventures and post them using the hashtag #ExploreManitoulin to showcase the changing of the seasons for all to see.

More information about

municipal events, such as Ms. White's offerings in the Township of Assiginack, can be found at its website, Assiginack.ca, or by calling 705-859-3196. Details of upcoming events at OCF can be found by calling 705-377-4902 or by emailing info@ojibweculture.ca.







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Manitoulin Community Garden wants your leaf litter

by Michael Erskine

LITTLE CURRENT—The Little Current Community Garden has been one of the amazing success stories of the Manitoulin Island local food movement and now the organizers of the garden are hoping to harness the leaf raking efforts of residents to help take things to the next level by diverting their leaf litter from the landfill to the soil of the community garden.

den has been going gangbusters, with the plots fully subscribed.

"There are eight plots and three raised beds," said Shane O'Donnell. "All are being used this year."

The Grade 1 students at Little Current Public School planted squash in the leaf litter at the community garden this year and the results were over the top. "We must have 20 to 30 football-sized squash," said Mr. O'Don-

Mr. O'Donnell had hoped leaves off at the community to be able to put signs up at the Northeast Town landfill advising residents that they could divert their leaf litter and grass clippings to the community garden instead of taking up space in the landfill site, but town staff indicated that due to Ministry of the Environment regulations on diversions, putting up signs wasn't pos-

"There is nothing stopping folks from dropping the garden on their own accord, as far as I am aware," admitted CAO Dave Williamson.

"Diversion is a pretty good thing," noted Mr. O'Donnell, "and it helps us too. So it's basically a win-win situation for everybody."

In fact, the diversion of recycling from the landfill has already extended the lifespan of the facility to

the extent that the originally estimated 40-year lifecycle when the landfill was built two decades ago is still just about exactly that today, another 40 years. For anyone familiar with the process and especially cost of building a new landfill site, that is very good news.

There are a few things that the community garden folks would like people to keep in mind when dropping off their leaves at the Cockburn Street garden site.

"Just leaves and leaf litter please," said Mr. O'Donnell. "No garbage, or plastic bags. If people could just dump out their leaves and recycle or reuse their bags that would be great."

Also avoid brush or branches, pieces of wood.

... continued on page 11



Before you take your leaves to the dump, think about dropping them off at a community garden. Shutterstock



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...North Channel walleye

...continued from page 7 walleye head deep chasing schools of minnows, smelt and cisco.

Walleye will make their way towards their spawning areas and settle in for the winter. The fishing comes full circle as the same places you targeted walleye in the spring will now hold them once again.

How do I catch these trophies?

The good news is you can now sleep in. No need to rise before the birds, fall walleye will feed throughout the day and we have even found that the bite heats up during mid-day as the fall sun triggers the minnows to become more active.

Fall walleye can often be found in 30-40 feet of water.

The spring and summer old faithful technique of bottom bouncing with a worm or minnow is still a really good way to put fish in the boat. Look for points off the shore that descend quickly to deep water or deep flats just off steep inclines to the shore.

Bottom bouncing is a good way to cover an area while searching for the fish. Do not forget to start looking for the late fall walleye in the same places you catch them in the spring—we cannot stress this enough.

Once you find the fish nothing puts big fish in the boat or has caught more trophy fish than the simple jig and minnow combo. Remember the old rule: big bait equals big fish. A 4-5" minnow on your favourite jig head is a deadly combination.

A jigging rap is also a



Danny Bacon with his trophy fish following a fall North Channel

must try. Do not get stuck in a pattern of using just one technique. Sometimes the walleye will not take a minnow but as soon as a rap is presented, they jump all over it. Experiment with different styles until you provoke a strike. This is the best way to hone your technique and experience.

As the day progresses and the evening starts to roll around it is also worth moving in shallow and pulling some of your favourite minnow style lures. Berkley Flicker Minnows, Bandit Walleye Deep, Rapala Huskys and the old Rapala Original Floating Minnow are our favourites. Don't be overly focused on having to get your lure down deep at this time of year. With the cold water some walleye will be suspended and not just on the bottom. We like to troll

1.8 to 2.0 mph but be erratic. Nothing will provoke a following walleye like the lure taking off in front of them or one that suddenly comes back in their face.

Finally, we would like to stress the importance of dressing for the season. The fall days can be chilly, especially on the water. Nothing ruins a great day's fishing like being cold. Pack a warm waterproof jacket, insulated pants, gloves, hat and most importantly, your lifejacket. Remember, the water is extremely cold in the late fall and if you fall in, be prepared-always wear your lifejacket!

Now that you know the basics of mining for fall gold, get out there and enjoy the fall weather. The combination of feeding walleye and no boats will keep you coming back for more.

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Prepare the fireplace for holiday decorating

MANITOULIN-A jolly holiday season can be made even more merry with a roaring fire. Homeowners often build holiday tableaus around the fireplace to serve as festive backdrops. The mantle and the fireplace itself also may be a prime spot to dedicate to decorating this time of year.

Even though Christmas tree fires are rare, when they do occur they're likely to be serious. That is why trees and other flammable decorations need to be kept clear of gas and wood-burning fireplaces and stoves. In addition, many other guidelines should be heeded to ensure fireplaces and holiday decor safely co-exist this season.

Read labels on decorative items carefully before decorating. Be sure to only select items that are flame-resistant or retardant. Cherished collectibles and other items should always be kept far



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away from open flames and heat.

It pays to have a fireplace inspected and cleaned for use prior to operation. Rely on a trained chimney sweep, and have the fireplace and chimney inspected and cleaned at least once per year.

Even though it may be

picturesque, do not place wrapped packages or gift boxes near the fireplace, as they tend to be highly combustible. Keep presents and other flammable items at least three feet away from the fireplace.

Do not be tempted to dispose of wrapping paper, boxes or even a Christmas

tree in the fireplace. Wrapping paper contains additives that make it burn at high temperatures. A Christmas tree hasn't been properly seasoned and could be a fire hazard and potentially contribute to excessive smoke and creosote.

Keep decorations that kids will be tempted to touch away from the fireplace so kids do not hang out near the heat and open flames.

Fireplaces are often a focal point of holiday decorating and entertaining. Homeowners who want to incorporate their fireplaces into their holiday decor must emphasize safety when doing so



...wants your leaf litter

...continued from page 9

"We have to remove that by hand and deal with it and we are entirely volunteer-driven, so please don't add a lot of work and find another home for your brush and tree branches."

There are plenty of nutrients and minerals in leaves, notes Mr. O'Donnell, pointing out fallen leaves are how the forest rejuvenates and builds up the soil on the forest floor. While microbes and other tiny critters find the leaves a great source of hearth and home, there isn't really anything in there to attract other vermin, racoons, bears or even deer.

"And there is no smell to speak of," he adds. "Well, there is a bit of a scent of earthy forest, but I think most people associate that with a pleasant walk in the bush."

As a bit of an incentive to drop off leaves, Mr. O'Donnell said that, on a first come, first served basis, folks can pick up a squash when they drop off their leaf litter. "We don't guarantee the squash, because although we have quite a few it depends on how many

people take advantage of the offer."

Mr. O'Donnell is co-owner of Heartwood Mushrooms and that group has been experimenting with winecap mushrooms inoculated into the leaf litter to help speed up the process of breaking the matter down. "We have already had a successful crop," he said.

"They are pretty voracious in breaking down leaves and stuff," said Mr. O'Donnell. "We have now established that they can be successfully grown on Manitoulin Island."

In addition to the garden plots, the community garden now boasts several fruit-and nut-bearing trees, thanks in large part to two workshops held at the garden by Ron Lewis. "There are gooseberries and currants, hosk-caps and hazelnuts, even a few apple trees," said Mr. O'Donnell.

In dropping off your leaf litter or grass clippings, just look for the big white sign at the community garden site on Cockburn Street, and remember to grab a squash and take your plastic garbage bags home with you.



GORE BAY		LITTLE CURRENT	
\$6	LOCAL	\$6	LOCAL
\$5	PP CARD	\$5	PP CARD
\$10	SUCKER CREEK	\$10	Spring Bay
\$12	SHEGUIANDAH	\$15	MINDEMOYA
\$19	BIRCH ISLAND	\$25	TEHKUMMAH
\$19	WHITEFISH FALLS	\$30	M'CHIGEENG
\$30	M'CHIGEENG	\$30	KAGAWONG
\$32	MANITOWANING	\$35	SANDFIELD
\$40	KAGAWONG	\$43	SOUTH BAYMOUTH
\$43	MINDEMOYA	\$45	GORE BAY
\$45	SPRING BAY	\$50	EVANSVILLE
\$51	ESPANOLA	\$50	ICE LAKE
\$52	WIIKWEMKOONG	\$60	MANITOWANING
\$55	PROVIDENCE BAY	\$55	SHEGUIANDAH
\$58	SANDFIELD	\$57	GORE BAY AIRPORT
\$62	ICE LAKE	\$58	SUCKER CREEK
\$62	TEHKUMMAH	\$60	WIIKWEMKOONG
\$70	GORE BAY	\$62	SILVER WATER
\$71	SOUTH BAYMOUTH	\$65	SHESHEGWANING
\$80	GORE BAY AIRPORT	\$70	BIRCH ISLAND
\$82	EVANSVILLE	\$80	WHITEFISH FALLS
\$90	SHESHEGWANING	\$109	MELDRUM BAY
\$94	SILVER WATER	\$111	ESPANOLA
\$112	SUDBURY	\$130	SUDBURY
\$183	MELDRUM BAY	\$140	SUDBURY AIRPORT
\$215	SUDBURY AIRPORT	\$150	
	\$6 \$5 \$10 \$12 \$19 \$30 \$32 \$40 \$43 \$45 \$51 \$52 \$55 \$58 \$62 \$70 \$71 \$80 \$82 \$90 \$94 \$112 \$183	\$6 LOCAL \$5 PP CARD \$10 SUCKER CREEK \$12 SHEGUIANDAH \$19 BIRCH ISLAND \$19 WHITEFISH FALLS \$30 M'CHIGEENG \$32 MANITOWANING \$40 KAGAWONG \$43 MINDEMOYA \$45 SPRING BAY \$51 ESPANOLA \$52 WIIKWEMKOONG \$55 PROVIDENCE BAY \$58 SANDFIELD \$62 ICE LAKE \$62 TEHKUMMAH \$70 GORE BAY \$71 SOUTH BAYMOUTH \$80 GORE BAY AIRPORT \$82 EVANSVILLE \$90 SHESHEGWANING \$94 SILVER WATER \$112 SUDBURY \$183 MELDRUM BAY	\$6 LOCAL \$6 \$5 PP CARD \$5 \$10 SUCKER CREEK \$10 \$12 SHEGUIANDAH \$15 \$19 BIRCH ISLAND \$25 \$19 WHITEFISH FALLS \$30 \$30 M'CHIGEENG \$30 \$32 MANITOWANING \$35 \$40 KAGAWONG \$43 \$43 MINDEMOYA \$45 \$45 SPRING BAY \$50 \$51 ESPANOLA \$50 \$52 WIIKWEMKOONG \$60 \$55 PROVIDENCE BAY \$55 \$58 SANDFIELD \$57 \$62 ICE LAKE \$58 \$62 TEHKUMMAH \$60 \$70 GORE BAY \$62 \$71 SOUTH BAYMOUTH \$65 \$80 GORE BAY AIRPORT \$70 \$82 EVANSVILLE \$80 \$90 SHESHEGWANING \$109 \$94 SILVER WATER \$111 \$112 SUDBURY \$130



\$6 \$5

\$12

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\$35 \$40

> \$80 \$45

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\$70

\$85

\$90

\$105 \$175

\$200

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