Spirit of co-operation illustrated by 1764 wampum a modern lesson



Wampum are a traditional means of recording agreements among the original Indigenous inhabitants of Canada, both between peoples and with settlers. This belt, the Covenant Chain Wampum, records one of the most important treaties in North American history and stands as a reminder of the importance of relationships today. SEE STORY BELOW

IN EXPOSIT FISHING • YACHTING • CAMPING • HUNTING "Published Weekly On the Largest Freshwater Island In The World"

Vol. 141, No. 2 \$1.43 + GST Little Current, Ontario Wednesday, May 27, 2020



A MOST DELICIOUS VISIT - Wiikwemkoong Ogimaa Duke Peltier chats with Associate Minister of Mental Health and Addictions Michael Tibollo as trays of food are loaded into freezers. Mr. Tibollo was on his day off, acting instead as a volunteer driver for the food program Pasta it Forward founded by his daughter, Toronto lawyer Frances Tibollo. **SEE STORY PAGE 3.**

1764 wampum symbolizes the spirit of the Niagara Treaty and promised sharing of the land and its resources

between peoples, including several important wampum between

Wiiky fatality deemed result of lethal opiatesnarcotics mix

Ogimaa, health unit issue warnings

WIIKWEMKOONG—On Friday, Wiikwemkoong Ogimaa Duke Peltier issued a statement to Wiikwemkoong residents, warning of fatal narcotics that may be circulating the community that caused two overdoses on Thursday, May 21, with one of the overdoses resulting in a fatality.

The ogimaa said in a statement that the overdoses are suspected ...continued on page 13

settlers and Indigenous peoples of TURTLE ISLAND—Wampum are Turtle Island. At a time when the important items that represent people of Manitoulin Island feel tionships it can be useful to revisit the meaning behind the wampum that have connected peoples for generations.

In the spirit of the newly formed Manitoulin COVID-19 Leadership Co-ordination Committee, The Expositor has taken a look back at some of the significant ways settlers and Indigenous peoples have come together to colthrough history. This story tells of one of the most significant Royal Proclamation of 1763 and its related 1764 Treaty of Niagara. as represented in the above Covenant Chain Wampum.

Wampum, in this sense of the word, are wide belts of beads strung together to represent an important story, an historical event or the relationship between

... continued on page 11

Hospital urges more Island citizens to use **COVID-19 test sites**

Located in Mindemoya and Little Current

MANITOULIN—The criteria for COVID-19 testing has increased and Manitoulin Health Centre (MHC) is encouraging residents of the Manitoulin District to be

Effective immediately, testing is available for the following individuals: All people with at least one symptom of COVID-19, even mild symptoms; fever or chills; shortness of breath; sore throat; new onset or worsening cough; difficulty swallowing; loss of taste or sense of smell; runny nose or nasal congestion (not due to seasonal allergies); nausea, vomiting, diarrhea or abdominal pain; muscle aches, unexplained fatigue, malaise (general feeling of discomfort, weakness, or illness that has recently developed); headache; croup or "barking" cough; pink eye; people who are concerned that they have been exposed to COVID-19; or people who are at risk of exposure to COVID-19 through their employment, including those working in an essential service (e.g. health care workers, police services, grocery store employees, etc.).

Discuss any changes in health of a child or infant with your primary care provider or seek assessment at the emergency department.

Individuals may call their primary care provider or call MHC between 9 am and 5 pm daily, seven days a week (in Mindemoya call 705-377-5311, for Little Current call 705-368-2300) and follow the telephone prompts to the COVID-19 assessment line where a nurse will speak with them and book them into the next available appointment. Individuals will also be given the option to receive testing in their home by the COVID-19 Paramedic Response Team. The COVID-19 assessment centres and Paramedic Response Team provide testing Monday to Friday. Patients can access online test results through a secure online portal covid-19.ontario.ca.

MHC is asking all members of the public that attend the hospital to wear a non-medical mask (for example, a homemade cloth mask or face covering) as an added step to protect others. People are being encouraged to bring face coverings from home in order to not deplete the hospitals' supply of PPE. Please visit the Public Health Sudbury and Districts website for instructions on how to safely use a non-medical mask, PHSD.ca.

Ferry sails on Monday

by Michael Erskine

OWEN SOUND—The Cheemaun ferry will once again be plying the waters between Manitoulin Island and Tobermory at the tip of the Bruce Peninsula, but things will be very different for passengers when the service starts up this Monday, June 1.

'We have cancelled all previous reservations and are requiring everyone to rebook," said Owen Sound Transportation Company CEO and president Susan Schrempf. "Even foot traffic will be required to have a reservation.'

The ferry will be giving priority to essential and commercial travel, she noted. "This will not be for tourism or

...continued on page 11

Part I of a series

COVID-19, isolation, lead to mental health issues

EDITOR'S NOTE: This is the first part of a series dealing with mental health issues as exacerbated by the current pandemic. The next part will focus on helpful suggestions by Manitoulin counsellors and thera-

by Lori Thompson.

Local Journalism Initiative Reporter

MANITOULIN—People who experience mental health and addictions issues are especially vulnerable to increased anxiety, a matter only made worse by the pandemic.

The pandemic and resulting lockdown has created financial and employment uncertainty and has significantly affected our daily lives. Increased stress and feelings of loneliness and helplessness experienced by many can negatively impact mental health. Results from the April 2020 Statistics Canada 2020 Canadian Perspectives Survey Series (CPSS) suggest that Canadians' overall mental health has decreased during the COVID-19 pandemic. Women

...continued on page 6



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Wiikwemkoong receives food delivery from Pasta it Forward

by Michael Erskine

WIIKWEMKOONG—Associate Minister of Mental Health and Addictions Michael Tibollo is no stranger to Manitoulin Island, having dropped by wearing at least three hats during his tenure in the Ontario cabinet in the past few years, but as the masked cabinet member jumps out of the Sprinter truck in front of the Wikwemikong High School, he immediately makes it clear that he is serving simply as a volunteer driver on this sojourn into the North—it's his daughter I need to talk to on this particular trip.

Minister Tibollo's daughter, Frances Tibollo, is a Toronto lawyer spearheading a drive to help combat food insecurity during the pandemic. She and her friends spent seven hours travelling up from the south with two trucks packed with healthy food. Her father was spending his one day a week off as a volunteer driver.

"We are here on behalf of the National Conference of



Pasta it Forward founder Frances Tibollo and Wiikwemkoong Ogimaa Duke Peltier are all smiles behind their masks as truckloads of pre-made pasta dinners and fresh vegetables are delivered.

photo by Michael Erskine

Italian Canadians' Pasta it Forward initiative," said Ms. Tibollo taking a break from unloading the foodstuffs into the waiting freezers in the school's storage areas. "Today we find ourselves in lovely Wiikwemkoong on Manitoulin Island after being graciously invited by Chief Duke Peltier"

Ogimaa Peltier had witnessed Ms. Tibollo and her work during a meeting in Sudbury where they group was delivering food. She made a commitment that she would see him "next week" and on the following Saturday, she and her family and friends loaded up the trucks and set out—with short stops along the way to check out the blooming trilliums.

The inspiration for Pasta it Forward came from one of Ms. Tibollo's friends who purchased a tray of Italian food to donate to a needy family as a way of "paying it forward,"

...continued on page 9

Manitoulin Leadership Committee airs concerns over online racist remarks

'We can and must do better to promote harmony amongst all of us'

MANITOULIN—The Manitoulin COVID-19 Leadership Co-ordination Committee met for its third session last Tuesday and is pleased to report that 10 community leaders comprising of four First Nations (including the United Chiefs and Councils of Mnidoo Mnising [UCCMM] Tribal Council) and six municipalities participated in the committee's deliberations. Based on the committee's rotating chair format, Mayor Al MacNevin chaired the meeting following Tribal Chair Chief Patsy Corbiere's leadership the previous week.

Committee members all agreed that, anecdotally, it was clear that May long weekend traffic was down significantly from historic patterns. "Leadership is grateful to see that both Island residents and non-residents alike are heeding cautions concerning non-essential travel and

activities," a press release from the committee states. "Local traffic is significantly reduced as people are respecting requests not to travel and adhering to shelter-in-place guidelines."

"On a very concerning note, committee members express their joint and unanimous condemnation of the racist statements that have increasingly appeared on social media and elsewhere," the press release continues. "Manitoulin Island leadership is dedicated to understanding our respective communities and, even where agreement cannot be reached, are committed to debate in a respectful and constructive way. How we, on Manitoulin Island, handle our differences measures our character, both as communities and as individuals. We can and must do better to promote harmony amongst all of us on Mani-

toulin Island."

The committee expressed its gratitude for the selfless work of front-line health care and social workers who support the Island's population. Committee members also wish to recognize the significant public service contributions of municipal and First Nation administration staff.

"Local businesses are struggling and so rather than engaging in non-essential travel to off-Island businesses, we encourage that everyone, where possible, support our local businesses and keep purchases at home on the Island," the committee added.

The next committee meeting was scheduled to take place yesterday, Tuesday, May 26.

Centralized purchases should be considered for businesses with PPE challenges

by Warren Schlote

ONTARIO—As certain businesses across Canada begin to reopen, they face a similar question—what personal protective equipment (PPE) do I need to keep my staff and patrons safe, and where can I get those safety items that are in such high demand?

That question has been front-of-mind for Mindemoya's Maja Mielonen, proprietor of Maja's Garden.

"The health unit says you need to have (certain PPE), but what if you don't have access to it? It becomes a real dilemma if you have obligations from the province, the health unit and municipalities," said Ms. Mielonen. "We looked at a four-litre container of hand sanitizer, it was \$200. Which little business can afford to reopen under

these ... conditions?"

The most important PPE users are hospitals and other health care providers. Aside from urging that all citizens wear a non-medical face mask in public, the Ontario and Canadian governments have not mandated any specific PPE requirements for business owners and employees.

General guidelines state that businesses can reopen during the current phase one of Ontario's framework if they can adapt to public-health best practices.

Some of the recommendations include providing hand sanitizer to front-line workers, regularly disinfecting surfaces and maintaining two metres of distance between people.

That isn't enough, stated the Canadian

Chamber of Commerce's senior director of international policy, Mark Agnew, in an April 24 release.

"Trade restrictions on (PPE) and government health care demands have made the issue one of national concern," Mr. Agnew stated, urging a national plan to get PPE for businesses. "By working together, business and governments can move quickly to make this happen, as we have already seen throughout this crisis."

The following day, Prime Minster Justin Trudeau agreed with that principle, saying no sector of the economy should reopen unless the country has enough protective supplies.

While many employers encourage PPE use to keep their customers and employees

safe, obtaining those items is a challenge.

"There needs to be a localized, organized way to get what you need to function and reopen," said Ms. Mielonen. "I think the health unit would be perfect for that."

What she envisioned was for public health units in Ontario to act as a liaison between PPE suppliers and businesses, adding those duties to their staff's workload

Since public health officials are responsible for issuing health guidelines to various types of employers, they should know best the PPE needs of each sector and be able to balance those needs while keeping enough supply for health workers.

...continued on page 12

Manitoulin Island charities and service clubs struggle with donation challenges

by Michael Erskine

MANITOULIN—The cancellation of nearly all the mass attendance summer events have left several Island service clubs reeling as they have witnessed their major fundraising opportunities go down in a blaze of COVID-19 restrictions. Other Island charities, however, have dodged the bullet thanks to strong long-term foundations and, in some cases, just the luck of the draw and timing of the pandemic.

For the Little Current Lions Club the loss of Haweater Weekend is a heavy blow, according to Lions Club president Bruce Burnett, but the heavier hit has probably come from the impact of the pandemic restrictions on the club's popular Catch the Ace draw. "March 16 was our last draw," he said. "Normally we would be up in the thousands of dollars by now. It's having a real impact on that."

The draw has been a steady font from which to draw for charitable donations the Little Current Lions Club con-



Pallets of prepackaged groceries arrive at Manitoulin Family Resources repurposed help centre, ready to be distributed across Manitoulin Island.

tributes to the community over the past three-and-a-half years. Without that flow the frequency and amounts available to the club have plummeted.

"We would be giving out \$600 to \$700 every week when we first started," said Lion Bruce of the prize pool. An equal amount would be going into the donation kitty. "It just got bigger and bigger," he said. "That allowed us to give that money out to needs in the community."

As for the cancellation of the immensely popular Haweater Weekend, the Lions Club president said that it was a "difficult decision, but the right one."

"It wasn't how we expected to celebrate the 53rd Haweater Weekend," said Lion Bruce. "This is the very first time it has been cancelled. Thankfully, it was in time to let our vendors and entertainers know, although I think most of them had a fairly good idea this would happen anyway.

...continued on page 10

Smeltzer's Drain extension and rehabilitation is heading to the court of revision

by Warren Schlote

TEHKUMMAH—The Smeltzer's Drain extension and rehabilitation work in the Township of Tehkummah is proceeding through its regulatory stages, though some in the township have differing opinions on the best plans for the drain.

The changes to the drain, which serves landowners to the east of the 10th Sideroad along the path of Highway 542A, are mainly to occur at the western end where the drain leads into Blue Jay Creek.

The proposal is to replace the culvert where the drain passes under the 10th Sideroad and then run the waterway south along the roadside to the creek. After crossing under the 10th Sideroad, the drain currently traverses an unofficial ditch across a farm property

belonging to Pat McGragh.

There will also be a separate section on the opposite side of Blue Jay Creek that will enable water flow from pools on either side of the 10th Sideroad. This has been dubbed the 'Sideroad Branch.'

That ditch will carry a slight grade which, although insufficient to dry the area, will ensure that water will steadily flow away from the pools. Part of Blue Jay Creek itself will also be classified as part of the drain, enabling crews to clear debris and improve water flows.

This project is connected to the 10th Sideroad project, for which Tehkummah has received considerable federal funding this year. Since the proposed new drain routes run close to the roadway, simultaneous work is planned to

minimize disruptions.

The Sideroad Branch has drawn concern from the town's roads superintendent and a councillor in past meetings as they felt water should either be fully removed from that area or it should remain as-is.

"I have no problem with going ahead with option one, but I

believe the (Sideroad Branch) should be left untouched except for new culverts going across the road," said Councillor Michael

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Expositor corrections

In the May 20 Page 1 story 'Manitoulin Lodge staffer test positive for COVID-19' it was suggested that Manitoulin Lodge staff and residents were hopeful of a negative test result. That suggestion is incorrect. According to Stephanie Barber, community relations co-ordinator for the private long-term care home operator Jarlette Home Services, which operates the Lodge: "the staff member in question will not undergo another COVID-19 test prior to returning to Manitoulin Lodge. Public Health and the Ministry of Health are taking a non-testing approach and instead are mandating 14-day isolation for all those who test positive for the virus. This will be the case at our Home as well, as our health and safety protocols have and will continue to reflect those of Public Health, the Ministry of Health, the Ministry of Long-term Care and the Ontario Gov-

ernment at large." Wiikwemkoong Ogimaa Duke Peltier confirmed that Wiikwemkoong had to "push" to have the second and third tests conducted on the resident at their home who had tested positive. Public Health Sudbury and Manitoulin Districts confirmed that the Manitoulin Lodge resident is not required to receive a second or third test before returning to work at the long term care facility as long as they had isolated for 14 days and are not exhibiting symptoms.

Also on Page 1 last week, the story 'Chi-Cheemaun sailing season starts June 1' states that the ferry would begin sailing for non-essential travel on June 1. This should have read essential travel.

The Expositor regrets the errors and any confusion they may have caused.

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"who dares not offend, cannot be honest"

One Manitowaning Road

<u>editorial</u>

Feds must put the Ontario commercial fishery in the loop

Manitoulin Island has often seemed like a precipitation pariah when it comes to Mother Nature's liquid largesse, with much needed rain often heading south into Lake Huron or north to fall along the North Shore. These days the same can be said for federal relief funds as Ontario has been continually left out of the loop when it comes to programs aimed at supporting the commercial fishery.

The first round of funding announcements seemed promising, with significant funding aimed at the processing end of the industry. With stock piling up on the docks as the trawlers came in the need for expanded infrastructure increased, particularly freezers to hold over those fish no longer destined for the restaurant trade due to the COVID-19 shutdowns. But Ontario was left out of that program.

Then came funding for those engaged in the actual fishing with \$10,000 available to each individual, but that \$10,000 doesn't go very far when you are trying to keep a business (and its accompanying

There are several things the government needs to do to assist the fishing industry in Ontario to transition and thrive in the post-COVID-19 marketplace. First and foremost is the inclusion of Ontario processors in those programs aimed at expanding the physical plant necessary to deal with the acute oversupply of product.

With the collapse of the restaurant trade came a complementary bump in the retail market, as more and more fish were going into homes. This works well for the aquaculture industry and has proven a bit of a lifeline to that industry, but the open water commercial fishery has again been left high and dry due to a lack of marketing mus-

It is an unfortunate fact of life that entry into new markets when old ones fade away (or stop abruptly as in the case of the restaurant trade) comes at a time when cashflow is strapped and the necessary investment stretches further out of reach (along with market share) with each passing week if delay.

The retail market presents a burgeoning opportunity for Ontario's commercial fishing industry, particularly given the demonstrable growing public awareness of the health benefits of fish and the likelihood that more people will be staying home even after the waves of the pandemic have subsided enough for life to return to a semblance of the pre-pandemic normal.

By ensuring that Ontario is not left out in the cold when it comes to supports for its commercial fishery, that includes funding to allow for the purchase and installation of the processing infrastructure necessary for value-added products that will assist in breaking into the growing opportunities in the retail trade, meaningful supports for the fishing companies beyond that of the individual fisherfolk and supports for a concerted marketing push to assist the commercial fishing industry to shoehorn into the opportunities in the retail market.

Too often the commercial fishing industry in Ontario misses the boat because it isn't aquaculture and it isn't agriculture—facing a Catch-22 lockout of the supports necessary to help keep the industry afloat and its employees out on the water helping to provide locally sourced fish for our dinner tables.

It's past due for Ontario's commercial fishing industry to be brought in from the cold.

<u>letters</u>

Waiting can be the hardest and longest to bear

The time has come to face reality and quit pointing fingers

To the Expositor:

If we all keep doing what we are doing we will destroy ourselves, and

Waiting sometimes can be the hardest and can be sometimes the longest and can be hard to bear. The hardest to get the answer to your questions is the longest. But if there was one good thing about the coronavirus, we are starting to see blue skies again and if we are lucky, maybe we will have clean air to breathe again, all because people are not driving their cars as much as they used to. There are hardly any planes flying and them bug trucks, big polluting ships polluting the water with filth and destroying the purity of our water and corrupting and polluting our skies. But it seems our plant has a way of fighting

It's time, you people, to wake up and time to open your eyes. With all

of our fossil fuel-burning society. People in general considered as living in a relationship with one and another in one world and not only applied with people with wealth, rich or poor, we as a society are all to blame. It's time we quit pointing fingers and who's at fault, it's your fault, not my problem. It is your problem and let's quit saying the coronavirus. The time has come to face reality, people; it is us that is the problem and if we keep doing what we are doing we will destroy ourselves and that's guaranteed.

Lyman Corbiere M'Chigeeng

P.S.: Everything that's happening to our world and us is all because of the almighty dollar and not the almighty power. But in God we should all say amen. To that amen and amen and amen to that and for God and

Some helpful and smart messages in the age of COVID-19

We look forward to seeing you soon—from a two-metre distance

As the province slowly begins to reopen and summer quickly approaches, constructive, helpful and smart messages about living on the Island in the age of COVID-19 are critical—critical for our health, critical for our local economy and critical for our mental well-being. The following, I believe, is a constructive and helpful message our elected officials should seriously consider and adopt. The virus will not be eradicated until there is a vaccine. And unfortunately, a vaccine is not a certainty and the virus may be here for years to come.

Welcome back all Manitoulin property owners in the age of COVID-

We know you've been living in self-isolation for close to three months, not unlike us, to limit the spread of the COVID-19 virus, and you are more than ready to enjoy your Island property. We welcome you back, and are counting on you to continue to limit the spread of the virus and to supporting the many businesses, communities and families across the Island. As you know, health care services on Manitoulin Island are limited and we have many vulnerable populations, not unlike many other parts of Ontario, so we are understandably concerned about the transmission of the virus. We therefore ask that you keep your guard

up, continue to follow provincial health protocols, and to put the following common sense practices in place:

Before you come, purchase enough groceries and supplies to self-isolate on your property for 14 days. This will help ensure you don't unknowingly transmit the virus to others if you are asymptomatic;

After 14 days, plan your trips for supplies, food and services to limit your travel (and don't forget to wear a non-surgical mask if you may be in situations where it is difficult to physical distance); Enjoy your property and your neighbours' by following health proto-

cols (physical distancing of two meters or more, limit gatherings to five people or less for now, wash your hands frequently, and don't touch your face); and

Limit your travel off-Island and back.

It unfortunately won't be life as normal on the Island over the summer, but If we follow these protocols, everyone can safely enjoy the properties they've worked so hard to acquire, support local communities and businesses, and limit the spread of the virus. We look forward to seeing you soon—from a two metre distance!

Dave Watts Robinson Township

A virus-themed poem to while away the isolation

Keep up the good work and soldier on

The Virus Invasion We listen to the experts, day in and day out.

Their advice often changes, which puts us in doubt. Should we, or shouldn't we, wear a mask. The no's, have now, become a yes. The gloves are part of our new attire, This would normally, not be our desire And so we adjust to this new way of living, To friends, just a wave we are giving. They say it won't end, anytime soon, We must not look ahead with gloom. If we do, the virus will bring us down, Where it likes to keep our freedom bound. Oh, how we look back into the past, When we all got together and thought this would last,

Forever and ever, until our time here was done. But we must keep on going ,for we still haven't won. We'll stomp on it, kill it and keep it away. From getting that foothold it loves to display. Wait, wait! Don't give up, we are seeing the end, But the tunnel is long, every turn a huge bend. God bless us all, and those who have gone. Now keep up the good work, and soldier on, We'll get through that tunnel. And then we can funnel, All our hopes, and desires, that we want to last, Into one great big anti-viral blast!

Pat Nelder Mindemoya Wednesday, May 27, 2020

Helke and Robert Ferrie MD

This professional couple became enamoured with Manitoulin (just as they had with each other, when they first met in India in 1969) it was 'love at first sight.' One summer morning in 1979 they woke up to the panoramic view at Ten Mile Point. "We had arrived very late the night before, from Burlington. It was our first time on the Island. I am not a camper, so we looked for a rental cabin," Helke shares. "We booked one of George Wigle's cabins. When we saw that terrific view from our window, we were hooked; we both knew that this magic place would become our home." (What was then a resort with a panoramic view overlooking Georgian Bay is now Ten Mile Point Gallery, featuring Indigenous artwork.)

Bob, a fifth generation Scot hailing from Glasgow, was born on April 21, 1937 to Dr. Kenneth and Mary Mann Ferrie. "This happens to be the same birthday as Adolf Hitler and Elizabeth, Queen of England," Helke adds, grinning. Bob continues, "The son of Adam Ferrie, my greatgreat grandfather, Colin Campbell Ferrie, was Hamilton's first mayor in the 1840s. He died during a cholera outbreak."

'I grew up in Toronto and Georgian Bay, and I must have given my parents a bit of a challenge. I remember my mother tying me and my trike up to keep me off the road. By the time I was 12, I joined a group on a university tour and came to Europe by boat. I remember roaming the streets of Paris and even got on the Metro, alone. It was a memorable adventure, especially at that early age.'

'My mother had spent years helping dad through medical school and then wanted to go into medicine herself, but my father did not like this idea. Because of this, they separated. Mother got her BA but, unfortunately, she died in her early 50s." Later, son Bob graduated in medicine from the University of Toronto. He worked in surgery and became the chief of urology at Joseph Brant Hospital in Burlington.

Bob and his first wife summered at his parents' island at Go Home Bay near Honey Harbour. "I was conceived on the water, so naturally loved being in this element. We explored the area with the catamaran I had built myself. It was the same area that Gordon Lightfoot had travelled in his first boat 'Sundown' and others over the years. We sailed across Georgian Bay to Killarney, Wiikwemkoong, the Bruce Peninsula and Parry Sound in just a few days. This exploration piqued my interest in Manitoulin Island."

In the 1980s, a decade after he had met and married his second wife, Helke, a tragic accident killed Bob's 14-vear-old son from his first marriage. This catastrophic event changed Bob's out-



Now and Then A Celebration of Life on Manitoulin

Mnaachtoong Maadsewin By Petra Wall



Bob and Helke in 2017 with their poochie pal.

specialization became EMDR (eye movement desensitization and reprocessing) psychotherapy, a way of dealing with traumatic events not dependent on psychotropic drugs. Bob became a member of the EMDR Canada Association. He remains certified in EMDR and still works in this field now near Sheguiandah four days a week.

Helke was born on February 5, 1948, to Otto and Hanna Wolff, both theologians and co-founders of Bishop Niemoller's resistance movement against the Nazis. This was in the university town of Tübingen, Germany. Otto taught at the university there and, in 1937, the couple left for India to work in the Gossner Mission in British India. He was interned by the Allies there as a prisoner of war during WWll in India. During these years, he learned Sanskrit, studied Hinduism and began to write about India. He wrote several books, mainly on Mahatma Gandhi. Hanna, who spoke nine languages, was a lawyer first, then a theologian and lastly a Jungian psychotherapist. They remained there as POWs for seven years, two years longer than the war because they had to wait for a ship to become available to take them back to post-war Germany. After five years, they returned to an independent India with threeyear-old Helke.

India became her home and Helke grew to appreciate the cultural aspects and foods of this ancient country and learned Hindi as her first language. She attended the international American school, Woodstock, in the foothills of the Himalayan mounlook on life. Later, his new area of tains. After graduation, she

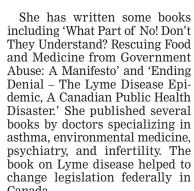
joined Zurich University in Switzerland. Her first job in 1968 at 20 was with a publishing company. By 1969, Helke's parents had returned to Germany and Helke joined Benares Hindu University in what is now called Varanasi, India's ancient sacred city, on the banks of the Ganges. There she met her future husband.

Helke was dressed in a traditional Tibetan outfit when she first met Bob outside a bank. She asked, "What are you studying here?" Offering clarification, he responded, "I am a visiting doctor, a surgeon, not a student." As mentioned, it was 'love at first sight' for both. "We made a date for the next day," Helke added. "Even though Bob was a little fearful of some of the inner city, including the pungent smells, the roaming goats and cattle and the masses of people, he did become more comfortable in time."

That first date was a bit strange because Helke took Bob to see the burning ghats, the place where the dead are burned on funeral pyres. The ashes are spread into the Ganges River. Three days after this trial by fire, they were looking for carpets. The couple was wed in Burlington, Ontario, on December 5, 1970, after Bob's divorce was settled. His threeyear old son, John, joined them at the ceremony. "I wore a red velvet dress for the wedding; red is the wedding colour in India and white is exclusively worn by widows and people in mourning. I could not bring myself to wear white."

"After settling in Burlington, I was invited to lunch by other doctors' wives, about 10 in all. Six or seven wives also had been born in Germany before WWII. The event was frosty when they realized I came from parents who had cofounded the resistance movement. I was not popular with many of them, especially when we started adopting orphans from Asia." The Ferries moved into an 1810 stone farmhouse, some 5,000 square feet in size, on Appleby Line. It was large enough to accommodate their three biological and subsequently their 10 adopted children.

Helke worked for international adoption for about a decade and then went to the University of Toronto when all the kids were in high school or had left home. She studied ancient near eastern and Greek archaeology and earned a master's degree in paleo-anthropology and prehistoric archaeology from the University of Toronto. Her interests were in the history of disease. Before coming to Manitoulin, she ran Kos Publishing Inc., dedicated to the politics of medicine.



Canada. The Ferries became interested in international adoptions in 1971 when the Bangladesh civil war was happening. "When applied to adopt orphaned children from that war-torn country the Child Welfare director for Ontario was Betty Graham. She blocked any application for international adoption, despite this being explicitly legal in provincial and federal law. For that Stephen Lewis, then the leader of Ontario's NDP opposition party, caused her to be fired."

"I had to go on a hunger strike to show the government I was serious about these adoptions," Helke said.

Bob hired a Pinkerton guard to have a witness that Helke was on a hunger strike, which turned out to be a five-day event. Helke was inspired by Mahatma Gandhi who dealt with the British government by hunger strikes. The Toronto Star came up with its own version of the process with the headline, 'Doctor hires security guard to stop wife from eating.' The hunger strike was successful. Ontario policy came in line with the existing laws and eventually many families in Canada adopted from abroad. Today, about 1,000 such adoptions occur in Canada annually and are co-ordinated by Foreign Affairs.

In 1979 an amendment was passed to the Child Welfare Act which made bringing into Ontario orphans illegal if conducted by a private agency; this

law affected only us as we ran the only international adoption agency, the Kuan Yin Foundation, at that time in Ontario. The Kuan Yin Foundation was suddenly illegal and local Children's Aid Societies had no programs for international adoption. A colleague in Michigan came to the rescue. He was the head of the state's child welfare department. He appointed Helke as part of the Michigan State Department for Child Welfare. This status allowed her to complete all pending adoptions from orphanages in the courts in India and get them to their adoptive parents in the West. Kuan Yin Foundation specialized in getting handicapped orphans, usually afflicted by polio, in those days.

In addition to son John, from Bob's first marriage and the two children born to Helke, they adopted several kids, most of them older at the time they joined the family. Their daughter Savitri was a two-pound baby when she came to their attention in Bangladesh following the independence war there in 1971. She and Ashoka, a boy, four pounds at birth, also came from Bangladesh. Thien, then six, was handicapped by polio. He and Chinh, aged seven, both came from Vietnam during the last phase of the Vietnam War. Michael. 12. came from an orphanage in India.

Manu, 14, also a boy, had been abandoned to Mother Theresa's orphanage in Calcutta. He had a heart condition since birth and died at age 23. Josie, 14, an Afro-Canadian, was afflicted by fetal alcohol syndrome. She was featured in Helen Allan's Today's Child weekly Toronto Star column. She died in her 50s. "We spread her ashes near the Mississagi Lighthouse." Rhett, 14, was also from a Canadian group home. Debbie, 18, now in Kitchener, works for the Ontario government. The last two children were also from India, Melanie, four, had autism and Arpana, four, had aplastic anemia from DDT used on crops, to which she was exposed as a baby. She died at the age of 15 in Burlington.

Unfortunately, one of the grandchildren became infected with Lyme disease in India and this was transferred to Helke and Bob. Helke explains: "It is an ancient disease that can be found in the bones of a 50,000-year-old

...continued on page 20



A grand pyramid consisting of Bob, Melanie, Savitri, Arpana, Ashoka, Bryce, Thien, Manu, John, Chinh and Josie, circa 1978.



In this 1950 photo, Helke as a child in India, with her mother, her Aya (nursemaid),

a visiting dentist (sitting) and their cook (standing, right).

Island not exempt from increase in domestic violence during COVID-19 pandemic

by Lori Thompson, Local Journalism **Initiative Reporter**

MANITOULIN—A recent Statistics Canada crowdsourcing survey found that young women are more likely to be concerned about violence at home during the COVID-19 pandemic. Echoing a similar survey conducted in the early stages of the pandemic, young women aged 15 to 24 were "significantly more likely to report that they were very or extremely anxious about the possibility of violence in the home (12 percent) relative to men in the same age group (8 percent). Overall, 8.7 percent of women and 6.5 percent of men who responded were very or extremely anxious.

The concerns may be well-founded. Globally,

Law & Order

Manitoulin OPP investigates break and enter

On May 19, officers from the Manitoulin Detachment of the Ontario Provincial Police (OPP) responded to a report of a break and enter to a seasonal property in Dawson Township.

The investigation revealed that the residence was broken into and several items were stolen, including: .444 Marlin lever action rifle; antique .32 Winchester Special lever action rifle; Gervan .22 semi-automatic rifle with clip; chainsaw; wood splitter; three pellet guns; flat screen television; remote control cars; and helmets, riding gloves and goggles.

The thefts took place sometime between December 5, 2019 and May 15, 2020.

Any person with information regarding the person(s) responsible for this break and enter should immediately contact the OPP at 1-888-310-1122 or their nearest police authority.

Should you wish to remain anonymous, you may call Crime Stoppers at 1-800-222-8477 (TIPS) or submit information online at to SudburyCrimeStoppers.com where you may be eligible to receive a cash reward of up to \$2,000.

Manitoulin OPP lays weapons charges at traffic stop

On May 19 at approximately 2:25 pm, an officer with the Manitoulin Detachment of the OPP observed a violation and conducted a traffic stop on Highway 17 in Nairn-Hyman Township.

As a result of the investigation, a 36-year-old from Little Current has been charged with: possession of firearm or ammunition contrary to prohibition order; operation while prohibited under the Criminal Code; unauthorized possession of a weapon; and speeding 1-49 km/h over posted limit.

The vehicle impounded for 45 days. The accused is scheduled to appear before the Ontario Court of Justice in Espanola on August 10.

reports show an increase of 20 to 30 percent in domestic violence since the COVID-19 lockdown began. Data provided by Brad Mack, staff sergeant and operations manager for United Chiefs and Councils of Manitoulin (UCCM) Anishnaabe Police Service showed 17 domestic violence reports since the start of self-isolation on March 15 compared to an average of 11 reports

over the same period during the previous three years throughout the six communities served by UCCM Police—an increase of more than 50 percent. There has been little to no change for the same period in other types of crime occurrences. While it is too early to draw conclusions from this, he warned that if someone finds themselves in a potentially dangerous situation they

should contact the police, the crisis team, local health clinics, an elder or a trusted family member or friend to seek assistance. "We have many people working from home at this time, so even relying on a trusted co-worker to reach out and share some of the struggles" would be helpful, he suggested.

For the period of February 20 to May 18, the Manitoulin detachment of the Ontario Provincial Police (OPP) had 168 domestic calls (these include weapons, violence as well as child custody matters), up from 135 for the same period in 2019 and 88 for 2018, said Constable Marie Ford. She cautioned against seeing this as a trend. "Although we can generally report increase in the number of domestic type calls for service, it is far too soon to

draw any short-term conclusions," she said. "It would be irresponsible to attribute certain specific crimes with COVID-19 as a causal factor without proper analysis, which will take time."

"Our current priority is to ensure our communities and our members are safe during this unprecedented health crisis," Constable Ford said. "We recognize ...continued on page 8

...Part I of a series: COVID-19, isolation, lead to mental health issues

...continued from page 1

and young Canadians' selfperceived mental health was particularly impacted based on comparisons between the 2020 CPSS and the 2018 Canadian Community Health Survey.

Brad Mack, staff sergeant and operations manager with United Chiefs and Councils of Manitoulin (UCCM) Anishnaabe Police Service, is seeing that tensions are high all over the province since the beginning of the lockdown with people facing new issues related to transportation, finances and social distanc-

"The overall feeling of uncertainty while we are in this state of pandemic plays on people's emotions," he said. "Just the fact that we are further distanced from our families is creating feelings of distress. We all need to just step back and take a deep breath so we are able to defuse and debrief in a healthy way. Positive thinking will carry many people a lot further as we navigate through our current state."

UCCM Police have already been consistently using the Mnidoo Mnising Mental Wellness Crisis Response Team with much success, he said, and while the recently introduced Mobile Crisis Rapid Response Team was not formed in response to COVID-19 it has also been a valuable tool for police to utilize during this crisis.

The Manitoulin/Espanola Mobile Crisis Rapid Response Team (MCRRT) is joint collaboration between Health Sciences North, Ontario Provincial Police (OPP) and UCCM Anishnaabe Police Service, explained Jason Turnbull, specialist media with Health Sciences North. "A mobile crisis rapid response team refers to a team where police and their respective health partners respond together to support individuals experiencing a mental health and/or addiction-related crisis where police are called to assist. Health Sciences North's mental health and addictions program is the

Ontario. "MCRRTs leverage partnerships between officers and trained mental health and addictions crisis workers to de-escalate a situation and support individuals," Mr. Turnbull continued. "The MCRRT attempts to streamline access to mental health crisis supports in emergency situations, to help ensure that the needed level of care is accessible. An MCRRT also helps to reduce the

regional lead for MCRRTs

Northeastern

across

number of unnecessary referrals to the emergency department."

The program was created from funding received from the Northeast Local Health Integration Network (LHIN) to develop an MCRin the Manitoulin/Espanola area for individuals aged 16 years or older who are experiencing a mental health or addictions crisis. Crisis situations can include intense feelings of hopelessness or helplessness, excessive worry or overwhelming fears, thoughts of suicide or of harming others, high anxiety, postpartum depression/psychosis, altered perception in reality, addiction issues including problem gambling, substance or alcohol abuse or misuse of prescription drugs, reaction to traumatic events, dealing with grief or a decrease in level of functioning due to mental health and/or addictions Turnbull issues, Mr. explained. The MCRRT operates Monday through

Friday (except holidays) from 11 am until 7 pm and will continue to provide service post-pandemic.

Health Sciences North operates a crisis intervention outreach clinic on Manitoulin Island. The service is free for people living or visiting the Sudbury and Manitoulin districts and is open to individuals of all ages. The number to call is 705-368-0756, Monday through Friday from 8:30 am until 4:30 pm.

Noojmowin Teg Health Centre continues to provide mental health and addictions services for Indigenous residents but are temporarily changing the way they are providing the majority of their services with only a few staff continuing to work on-site. In an online letter to clients, the centre notes several services are available by telephone or videoconferencing. For information about the mental health and addictions program or to complete an intake application, call 705-869-1564 ext.

4260 to reach a counsellor. If you are a community member or Anishinabek elder looking for support at this time and would like a social call/check-in, please email info@noojmowinteg.ca or call (705) 368-2182. If you are having a crisis or feeling overwhelmed. please call the 24-hour crisis line at (705) 674-4760.

Tips for coping with feelings of distress or anxiety include staying active with activities you enjoy, staying connected with friends and family while maintaining physical distancing, taking breaks from COVID-19 news and topics. Other tips include healthy eating and getting plenty of sleep. You may need to talk to a family member or a friend or reach out for professional support.

For additional assistance and a listing of mental health and addictions services available in this area, visit ConnexOntario.ca or call 1-866-531-2600.

Share a Smile Share a Smile editor@manitoulin.ca | 705-368-2744

Dave's jokes of the week

Times have changed...

When I was a young fella me and my brothers would play ball hockey on the street with the other kids. To get past the other team's players I would bounce the ball off parked cars. Well one time Mr. Reid saw me bounce the ball off his car and he came out of his house and looked at the multiple ball marks on his car (boy was he mad). He said, 'I know it was you.' All of a sudden he took my hockev stick and went back into his house. I went home crying and mom asked 'why are you crying?' When I told her Mr. Reid took my stick she asked why and when I told her why she smacked me with a wooden spoon and scolded me. It didn't take me long to figure out to quit crying before I got

So ball hockey was a lot more fun if Billy came out to play 'cause Billy has a ball. If you didn't play by Billy's rules he would take his ball and go home. He only had two conditions: he was captain and he got first pick.

That's enough about Billy.

When I was a young fella I got an allowance of 15 cents a week. Any chores not done cost me five cents. Some weeks I owed 10 cents.

> **Dave Draper** Little Current

LETTER TO THE EDITOR? email: editor@manitoulin.ca

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Manitoulin Island COVID-19 field hospital progressing steadily

by Warren Schlote

LITTLE CURRENT—Manitoulin Island's field hospital and community care centres continue to advance closer to completion in anticipation of a possible surge in cases on Manitoulin Island, and the people leading those efforts say they are confident in their ability to have the facilities ready if and when the need arises.

"We've got surge capacity in the hospital above our normal operating beds, so we have a bit of a runway. The plan is now to continue to work away to get to a state of readiness such that we're 48 hours away from being operational," said Tim Vine, chief financial officer and vice-president of corporate support services at Manitoulin Health Centre (MHC).

MHC is overseeing a new field hospital site at the Little Current-Howland Recreation Centre which is being set up to reach a 48-hour readiness target. Once it reaches that stage, it will be available to be up and running within two days should the need arise if the hospital's main beds fill up.

Mr. Vine explained that this is built into MHC's surge plan. He estimated that at the current moment the field hospital is about five days away from opening if the need suddenly arose.

If the field hospital has not yet reached the two-day readiness target by the time the first severe COVID-19 patient has to be hospitalized, the work on the facility will be accelerated in anticipation of more cases.

"Both Paula (Fields, chief nursing officer and vice-president of clinical services) and I are confident that we'll have time to get the field hospital up and running, if we need it, after we get our first admitted case of COVID-19," said Mr. Vine. "We're doing all of this with our own human resources. I'm not pushing our facilities folks too much because I want to make sure they're ready when we really need them."

That touches upon a significant point—MHC has not received any funding from the Ontario Ministry of Health for its field hospital and is funding the centre from its own accounts.

As both Mr. Vine and field hospital clinical administrator Dr. Mike Bedard indicated, details of the funding for field hospitals remains largely unknown. However, the indication from the province is that funding will only be provided if and when a surge in cases puts them into use.

In rural environments with limited resources, field hospitals must be ready to operate before their need is imminent in order to give the best possible care to patients. Mr. Vine said he was unsure of whether or not the ministry would provide retroactive funding for the construction costs of the site, whether or not it ends up seeing use.

"We can't afford to wait for a surge," said Mr. Vine, adding that MHC has submitted its estimated costs of setup and operations to Ontario Health North. "It was really important for MHC to go ahead in absence of the funding to be prepared for the community. Me personally, I didn't want to be in a spot where I had an extra \$100,000 in our bank account if we had to put people's lives at risk."

He added that several community members have offered support and donations and that the hospital is grateful for their aid. Surplus funds from the successful ventilator campaign were slated to be directed to MHC's efforts to prepare for COVID-19.

Dr. Bedard, the physician lead at the field hospital, said he was pleased with how the Island has fared so far in the ongoing first wave of the virus. As of press time Monday, there have been four reported COVID-19 cases on Manitoulin—two who have since recovered, one which was later retested to be negative and one active case.

"The place has liquid oxygen cylinders and refilling, chairs, dressers, side tables and beds, partition walls for the patients, med carts and over and above. I'll never criticize administration staff any more because I suck at that and I see how much they've had to put into this," said Dr. Bedard.

Temporary walls have been set up for PPE doffing and work is beginning on the donning area.

The hospital has bi-weekly COVID-19 planning committee meetings with several subcommittees also working in the background. MHC continues to monitor epidemiologic projections from the Ministry of Health and follow guidance from Ontario Health North (one of the new organizations created by the Ford government to eventually replace local health integration networks).

On the community side of the care model, work is ongoing to prepare recovery centres for less-urgent COVID-19 cases that are not yet ready to return home. A meeting took place last Friday with the leaders of these facilities and health partners to figure out the next steps in their models.

There are presently two sites in development for this purpose, one in Manitowaning and another in M'Chigeeng.

Derek Debassige is part of the committee of communities working toward a solution for community-based supportive care centres, intended as a step-down from the field hospital into sites that are community-run.

However, the proposed site at the M'Chigeeng Community Complex was recently deemed to be unfeasible for this purpose due to the ventilation system being shared with multiple private businesses in the building.

M'Chigeeng continues to explore alternative options and Mr. Debassige said the concept of each community having its own supportive care centre may end up being unfeasible. In this case, there is hope that a centralized supportive care centre could be explored as an alternative.

The Expositor will explore the state of Manitoulin's supportive care centres in next week's edition.

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Purvis Fisheries takes the catch to the street

by Michael Erskine

BURNT ISLAND—When it comes to healthy fine dining it's hard to top fresh fish, but for many Islanders the catch has been slim since the advent of the pandemic. Times have not been all that great for those engaged in the fishing industry either, as a drop in restaurant sales have taken a heavy toll on the market. But Purvis Fisheries of Burnt Island has been in operation for five generations and have not lost the determined spirit of the Purvis Brothers who emigrated from the Scottish fishing port of Abroath in 1851, seeking fresh waters in which to dip their nets. Recently, the company has taken to delivering fish to doorsteps across Manitoulin, revisiting the routes of the milk and dairy delivery trucks of a bygone era—but it isn't for the faint of heart.

"We have done it twice now," said sales and marketing manager Denise Purvis. "It is a lot of work."

Early hours and long days have always been the hallmark of those engaged in the fishing industry, but this operation takes things to a whole new level.

"We have the trucks loaded at around 10 in the morning when we set out and we didn't get done until around 10 pm at night," she said. One truck heads across one route that covers the western communities while a second heads out to the east.

"Usually we take it and drop it at someone's doorstep," said Ms. Purvis. "We usually don't even see the people, but a lot do come out to say thanks as we are walking away."

Payment is arranged before-



Denise Purvis, right, and daughter Avery Sheppard have been making the rounds across Manitoulin of late, offering home deliveries as a way to help move product.



A Purvis Fisheries truck backs up to the Chi-Cheemaun ramp to unload some fresh whitefish, a scene that will not be repeated any time soon as restrictions on restaurants continue.

Expositor file photo

hand with electronic transfers or credit card purchases.

The first shipments were of whitefish and trout, two of the company's most popular items, with a little perch going out as well. The company also markets a fish dip that is taking the market

by storm these days.

The shipments are not yet taking place on a regular schedule, remaining somewhat intermittent for the time being, so customers are advised to keep their eye on the company's website or Facebook page.

"We put the option out there on our Facebook page and on the Manitoulin Buy and Sell and Marketplace sites," said Ms. Purvis. There is usually only a two-day notice given when the trucks will be going out.

The deliveries are filling in the space that would normally be taken by the Purvis Fisheries attendance at local farmers' markets, but with those venues still somewhat up in the air for the coming season, the fish deliveries have a niche

In a number of cases, the delivery truck has made a stop at the Welcome Centre building parking lot in Little Current where they met a number of customers from across the region.

"It helps to have a group of people meet us at one location," said Ms. Purvis, who noted that people are good at following social distancing while collecting their packages. "We try to discourage one-pound orders," admitted Ms. Purvis. "It is just too small an order to go from place to place and deliver, but we do try to accommodate people where we can."

The company is considering making another run during the first week in June, so check out the webpage for details.

"People can order on our website," said Ms. Purvis. "We have an online link on our website—then we will post the delivery date."



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Municipality of Central Manitoulin polls businesses about COVID-19 concerns

by Michael Erskine CENTRAL TOULIN—Community Development Officer Marcus Mohr has had his hands full over the past few weeks as he collates and digests the concerns and issues being reported by businesses in the Municipality of Central Manitoulin. That date is coming into his office courtesy of a business survey the municipality has been conducting over the past few weeks through two related online polls.

The purpose of the business survey is to help inform the Central Manitoulin council in making that could decisions impact businesses and employers in the communities served by the municipality.

"We had the first survey carried out in the first two months of the COVID-19 pandemic in February-March," said Mr. Mohr. "We wanted to get an idea of how the business community is doing; what losses they might be experiencing.

The current situation is basically unprecedented, he noted. "We do not know

generally what our economy is going to look like,' he said. "What sort of measures can we put in to plan for mitigation.'

The second poll, said Mr. Mohr, is seeking more up to date information for the month of April. "We are asking them to compare numbers from this time last year to give us a better idea of what the impact has been so far." The second poll will wind up at the end of May in order to provide the time necessary to pull the data together to ensure the information gleaned is as accurate as

possible.

Mr. Mohr said that the surveys are completely anonymous to shield any concerns about proprietary business information. "Not even the IP addresses are recorded," he assured The Expositor. "We need to be able to get the best information we can."

As the data is collated, reports are being sent to the mayor and council to help inform their decisions.

The municipality is not making any of the results of the business survey

public, said Mr. Mohr. "This is being gathered for policy formulation purposes," he shared. He noted such policies might entail, at the discretion of council, such measures as tax deferrals and other measures that have been instituted in other jurisdic-

He did note that the initial survey had captured a sense of optimism that the economy would be opening up soon, a projection that has not played out as quickly as those hopes had held out. Not many businesses were saying they

were in imminent danger of closing their doors permanently.

"A lot have been taking advantage of the programs that are out there," said Mr. Mohr.

"The surveys are really just to give us a base idea of what the business community is facing out there," he said, "and lots of questions of 'what do you need from us?"

A link to the survey can be found www.Central-Manitoulin.ca/news/central-manitoulin-covid-19business-impact-survey-ap

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...Island not exempt from increase in domestic violence

...continued from page 6 this is a very stressful time and realize the feelings of uncertainty and instability it has caused in our communities. We encourage everyone to support each other and that if you are aware of someone being in an abusive or dangerous relationship that you report it. The new text line at the Manitoulin Family Resources (MFR) is a great way for people who are in unsafe situations (domestic relationships) to get in touch with a counsellor and get advice or help.'

Marnie Hall, executive director of MFR, said that someone might not feel able to leave a potentially dangerous situation due to concerns over what could happen if they did speak out. "With the current COVID-19 situation they may be home with a violent or unpredictable partner and may be being monitored more closely. There may be legitimate concerns over what will happen. There are a lot of unknowns in this situation and so there is a lot of fear that may prevent someone from acting."

Ms. Hall noted that there was a backlog in the family court system prior to COVID-19 and except in emergencies, the courts aren't seeing cases at this time. "There has also been an early release of people in custody which may lead to violence or domestic violence if some of those offenders are released," she said.

We may find that a reat deal of violence has occurred after this has passed and women feel safe to come forward. "Everyone is doing the best they can in these circumstances. Statistics will go up and down but the bottom line is we will continue to be available and to offer our services, while maintaining health and safety and social distancing guidelines.'

She added that MFR phone lines also provide an entry point for women who want to work with an assigned counsellor on an ongoing basis. For example, if someone is dealing with mental health issues and/or past trauma and currently aren't in critical situation but need some counselling for post-traumatic stress disorder (PTSD), they can access services by making the call.

In Wiikwemkoong, the Nookomisnaang Shelter for Victims of Family Violence operated by Wik-wemikong Health Centre is restricted for intake to Wiikwemkoong residents only due to the travel ban that was implemented effective April 9. In a May 14 video, shelter manager Mary Pheasant reassured residents that the shelter is an essential service and will continue to provide a safe haven for victims of family violence. However. for anyone seeking shelter or services from outside of Wiikwemkoong, the shelter will provide assistance in the form of referrals to local shelters and services.

In a May 13 media release, Jill Dunlop, asso-

ciate minister of Children and Women's Issues for Ontario, announced an additional \$1 million in funding to help front-line agencies adapt to remote service delivery and ensure continued operation during COVID-19. "Clearly, these extraordinary times are creating extraordinary challenges. Due to the COVID-19 outbreak there has been an increased risk of genderbased violence for many individuals who have been staying home and practicing physical distancing for weeks now," said Ms. Dunlop. "It is crucial that Ontarians who have experienced or are at risk of sexual assault, genderbased violence or human trafficking have continued

access to counselling and other critical services they need to stay safe, heal and rebuild their lives."

In an emergency, always call 911. The non-emergency police number is 1-888-310-1122. To contact MFR, the Haven House Shelter and crisis line is 1-800-465-6788 or 705-377-5160. The text line is 705-968-0499. The telephone number for Nookomisnaang Shelter is 705-859-1542.

The Expositor reached out to the Wikwemikong Tribal Police Service for their statistics on domestic violence calls but did not receive a response by press time Monday.

Manitoulin Secondary School **PLAYER PROFILE** by Mackenzie Cortes Public Relations, M.S.S. Athletic Association CONGRATULATIONS, KATIE!

Katie Chapman is one hardworking Mustang who's talents expand to many different areas. Katie is a Grade 9 student who enjoys playing the flute and violin, and going sailing and kayaking in her spare time. She also has a part time job working in a kitchen.

KATIE CHAPMAN

During her years at Little Current Public School, Katie participated in basketball, volleyball, soccer and track and field (which she loves). She continued playing sports when she got to Grade 9 including volleyball, gymnastics and badminton. She was even in the MSS musical Bye Bye Birdie! In volleyball, Katie played as right side, and she and her team won NSSSA and placed 3rd at NOSSA. In gymnastics, she has a lot of natural talent and is looking forward to the long journey ahead. Unfortunately the gymnastics and badminton seasons were cancelled. This year she was also hoping to participate in tennis and track, but she is now looking forward to them next year along with volleyball, basketball and a full season of badminton. Outside of school Katie also enjoys swimming, biking and she does ballet.

Katie enjoys playing sports because they're a great way to keep active, get to know people and make friends. She also loves how competitive they are. Her favourite sport is volleyball because she enjoys the team aspect and appreciates the focus required to stay on top of the play. Katie also likes the rush of winning a game, and she knows that no matter how high up in the ranks you go, there's always room for self improvement. Some of her other achievements include her bronze medallion swimming and CPR course.

In school, Katie's favourite subject is music because it's a cool way for her to express herself. She thinks it's fun to play music with other people as well, and again, it's something she can always keep getting better at. Even though she still has guite a bit of time before she graduates, Katie would like to become a dermatologist after high school, and she is even preparing herself for another ten years in university.

Katie is one of many talented Mustangs, and with her caring, hardworking and supportive character, she is sure to make MSS proud. Let's go, Katie, let's go!



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...Smeltzer's Drain extension and rehabilitation is heading to the court of revision

...continued from page 3

McKenzie at the May meeting of council.

The concerns of roads superintendent Kevin Dunlop were that with the gradual slope, floodwaters would run up the Sideroad Branch and collect in the current pooling areas. That, he said, would threaten the integrity of the

"If we refer this report (back to the engineers), it's going to cost us money. All I'm asking is if something goes wrong, I want somebody to be responsible," said Mr. Dunlop at the same meeting. "It might not, but you're gambling an (expensive) road."

Councillor Rick Gordon said the road has not yet washed out, even with the current poor drainage, and said planners cannot expect every possible bad outcome to occur.

Drainage engineer Joel Miller of K. Smart Associates has been regularly meeting with Tehkummah to discuss plans, problems and potential solutions and was present at

He told The Expositor that in follow-up discussions, Mr. Dunlop's concerns about Sideroad Branch flooding and impacting the road were addressed by looking at the detailed construction plans. The branch will connect to Blue Jay Creek at a meander so the water would have to make a 180-degree turn to get up the branch, which would be unlikely and remove much of its force.

He also said the new ditch location will be between three and five metres farther west than the current ditches, providing extra separation from the road. The ditches will be centred on the property line, rather than the current ditches that sit within the road allowance.

On the other side of Blue Jay Creek, Mr. McGragh said he has become frustrated with the route away from the unofficial ditch through his property because he said the roadside location would mean "not a drop of my water will enter it," despite him being assessed as "one of the biggest payers of that drain system," he told The Expositor.
This newspaper contacted Mr. Miller to determine if the

studies showed Mr. McGragh would indeed see no drainage of his fields, and whether his assessment would be reduced or eliminated if that was the case. The Expositor did not receive comment by press time Monday.

Mr. McGragh had several other concerns including snow removal operations filling the ditches and freezing, thereby

causing water to spill across his field; additional garbage going into the ditch and into Blue Jay Creek; and losing roughly nine metres of his property for the construction and ditch location.

The present Smeltzer's Drain path ends at the 10th Sideroad, so the waters that have been travelling across his field for the past 20 years have been illegal, Mr. McGragh contended. He rejected that the property-line drain would 'improve" his property, saying it would simply bring it back to its normal state before the illegal dumping

Mr. Miller said Mr. McGragh's best option would likely be to hook into the McCauley Drain extension, which began being studied around the same time as the Smeltzer's Drain extension in 2017. The Expositor did not receive clarity on how using the McCauley Drain would affect Mr. McGragh's assessment.

Following Mr. McGragh's desired path across his field would only change his personal assessment by about \$100. However, because none of the construction except for the culvert could be cost-shared with the funded 10th Sideroad project, the upstream users would face a higher cost of about \$10,000.

Other concerns with running the drain across Mr. McGragh's property included the presence of cattle (which Mr. McGragh said was not a problem in other area drains), more difficult inspection and maintenance due to it being away from the road allowance, as well as the existing project having already been approved by government agencies.

Re-engineering the report to reflect a new path would add considerable extra time and money to the process that could conflict with the road timeline. Mr. Miller added that at an earlier time, Mr. McGragh appeared to be okay with the roadside ditch option and said he was unsure why his opinion had changed.

The engineers have been in regular contact with the municipality and individual landowners, including Mr. McGragh, to answer questions and determine the best way forward.

"There's always a need to keep the big picture in mind. We go to every effort to explain why a decision was made and the reasons for it," said Mr. Miller.

Mr. McGragh said he has lost faith in the process.

"When I got home (after the March meeting), I realized (Mr. Miller) had never mentioned the issues I said the other

day to him. That's when I started realizing this was not going to go the way I wanted it to go," said Mr. McGragh. "I've been watching (water flow) since I moved here 20 years ago. I know what the water does all around this farm.'

Council ultimately voted to give the engineers' report on the drain a second reading and move forward to the court of revision process, a stage that will see residents not affected by the drain serve as jurors to evaluate whether or not the concerns had been sufficiently addressed.

In a recorded vote, Councillor McKenzie was the lone nay, saying he disagreed with the plans for the Sideroad

Following the court of revision, council will give a third and final reading and officially register the drain by bylaw, if that vote passes.

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...Wiikwemkoong receives food delivery from Pasta it Forward

...continued from page 3 thus the inspiration for the name of the program.

"I thought it was such neat idea that I bought one too," she said. "After, when we learned that those trays had provided two meals for six families and elders I was hooked. There is so much need out there during these times that we had to find a way to help out."

"It is a wonderful and great opportunity," said Ogimaa Peltier, standing in the Wikwemikong High School gymnasium filled to the brim with two weeks of food supplies. "We are grateful for the partnership with Pasta it Forward and the Tibollos and this level of generosity to our community members. It is very welcome to all of our homes in the community in need of food support."

Ogimaa Peltier explained that part of the band's strategy for combatting the spread of COVID-19 into the community was to limit as much as possible the need for community members to



Associate minister turned volunteer driver Michael Tibollo discusses mental health and food security with Wiikwemkoong Ogimaa Duke Peltier.

photo by Michael Erskine

bution coordinator Scott

Flamand, a consultant with

a bit of time on his hands

lately. "A lot of my clients

are First Nations communi-

ties, so they are pretty

much shut down right now.

This helps me to help my

Mr. Tibollo may have

been on his day off, but that

didn't prevent him from

chatting with local mental

health and addictions work-

ers about their local efforts

and hooking Ogimaa Pelti-

er up with Premier Doug

Volunteer truck driver or

community."

travel outside the boundaries to get supplies.

"Our own grocery store was struggling to keep up with the increased demand when a number of our community members were no longer shopping outside the community," he said. The strategy involved sourcing large amounts of bulk foods from a wide range of suppliers and converting the closed high school into a temporary distribution centre.

"We deliver to singles on Mondays and families on Ford for a short chat. Fridays," said food distri-

much in the way of rest for cabinet ministers. After the unloading of the trucks and a few photo ops and the obligatory video of the physically distanced and masked volunteers calling out the theme catchphrase "Pasta it Forward," the team buckled up for the return trip south.

not, there is apparently not

It was a whirlwind trip, Tibollo was but Ms. adamant that she was going to take the opportunity to enjoy the sight of Ontario's official flowers blooming in their full glory under the hardwood boughs on the way home.

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...Manitoulin Island charities and service clubs struggle with donation challenges

...continued from page 3
Besides, I don't think we want to be bringing thousands of people to the Island right now anyway."

Other suppliers, such as the company that supplies the fireworks that typically draw thousands of viewers to the Little Current waterfront at the culmination of the August long weekend celebration have been understanding and supportive, he said. "We put down a deposit in the fall each year to help them get things ready for the next season. They have agreed to just move it forward to apply to next year."

The cancellation of the annual Southeast Manitoulin Lions Club Summerfest has hit that organization particularly hard, noted club president Lisa Hallaert. "Oh, my goodness yes, the pandemic has had a lot of impact," she said. "Summerfest had to be cancelled and it has hit our Nevada ticket sales really hard as well because, well, there is nowhere for people to buy them with all the closures."

"The really unfortunate thing is that without that money coming in, we don't have the money to give out," said Lion Lisa. "This at a time when the need is really going up. A lot of people can't really afford to spend money with their income interrupted. They just don't have the disposable income."

Manitoulin Special Olympics community coordinator and coach Janet Anning said that while the cancellation of the annual Bluegrass in the Park fundraiser is a definite loss on many levels for her athletes and the residents of Manitoulin Community Living who enjoy attending and square dancing at the event, the organization is on solid ground. "We can afford to sit out a year without it impacting us too hard thanks to the strong community support we receive and our incredible sponsors," she said. "On the flip side of the coin we don't have many of the events we normally spend money on, sending athletes to events and putting on our annual baseball tournament in August.'

Ms. Anning is philosophical about the funding from the events. "When you consider that we did without for so many years, we are

thankful for the support we have received in recent years."

Manitoulin Family Resources (MFR) also finds itself in reasonable shape despite the impact of the COVID-19 pandemic, but the challenges come in the delivery of services to the clients they serve.

"We have had to cut out accepting donations to the Thrift Store for obvious reasons," said MFR executive director Marnie Hall. "Most of our volunteers are also self-isolating and we don't have the space to operate there responsibly and keep people six feet apart.

But the organization has seen a marked increase in food donations and the assistance from the Manitoulin-Sudbury District Services Board has been "incredible," added the MFR executive director. "We have also received 10 pallets of food through our partnership with Food Ontario. We also have a lot of community support," she said. "The Island people really pull together in any time of crisis."

Local businesses, many of them facing their own challenges, continue to step up to help support MFR's efforts, she noted.

While the women's shelter has not seen a marked rise in activity during the pandemic, Ms. Hall said she was concerned about what is happening in light of the increase in stress in the community and that fears of the pandemic might keep people in a dangerous situation. She anticipates that once the pandemic fears have passed a lot more will come to light but points out that MFR's core service as a women's shelter remains and that the organization has taken steps to ensure a safe environment for those who need it.

Manitoulin Streams also finds itself in relatively good shape funding wise, although the pandemic is making itself felt in other ways when it comes to doing the organization's stream rehabilitation work on the Island.

"Most of our funding applications for this year were already approved," said Manitoulin Streams project co-ordinator Seija Deschenes. "So that part is okay for now; we are only waiting on one application approval for this year."

The cancellation of the 5th annual Jackets and Jeans gala that was to be held at the Manitoulin Hotel and Conference Centre was a big disappointment, but Ms. Deschenes said that the response of the sponsors has been very understanding.

Where the impact falls, however, is on the volunteers and the elbow grease that they apply to each project. "We have to do so much more with paid staff," said Ms. Deschenes. "While there are some things we can safely do staying six feet apart, like the tree planting we have been spending 12 hours a day at for the past few days, we can't expect to put volunteers at risk and that has really changed a lot about how we can get things done."

Still. Manitoulin Streams has been undertaking several largescale projects, particularly in the West End this season, continuing the work that has seen the organization garner international recognition and being hailed for its best practices in stream and watershed rehabilitation and collabowith ration private landowners.

"Of course we have had to cancel our school events and that has been an unfortunate thing as well," said Ms. Deschenes.

While her efforts are focused on this year's projects and that funding is secure, like many environmental and conservation groups the organization is well aware of the other shoe presented by the immense cost to government coffers by the pandemic.

St. Bernard's Roman Catholic Church has seen its collection plate tally plummet drastically while services have been cancelled, but thanks to the support of the congregation, particularly American parishioners who will likely not even be able to attend services at all this summer, the books remain healthy.

"I have been getting in touch with a lot of our American friends over the past several weeks and they have been incredibly generous," said Father George Gardner. "We are in pretty good shape right now."

Nationally the loss of fundraising activities, from large scale events to roadside lemonade stands is taking its toll hospital projects and organizations such as Ronald MacDonald House. Most volunteer staffed pro-

gramming has had to be shuttered due to the pandemic, although some programs, such as music therapy programs are able to continue in an online format.

While the pandemic has

limited the fundraising potential for many groups both in the cancellation of events and the loss of disposable income among much of the population, the need has not abated.



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from Worthington to the west entrance of the Hospital for construction work

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NOTICE OF MEETINGS

Due to the ever-changing environment that we are all dealing with,

Council meetings will be held every Tuesday Night at 7:00 pm via Zoom Video Meeting # 489 313 1974 Or call 1-587-328-1099

Please be advised regular protocol will be in place and members of the public will not have the ability to make comments or ask questions during the meeting.



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...1764 wampum symbolizes the spirit of the Niagara Treaty

...continued from page 1 peoples. They are key tools in the sharing of Indigenous history.

"My thinking, as well as many others', is the foundational law that Canadians uphold is the Royal Proclamation of 1763," said Alan Corbiere of M'Chigeeng, a York University professor, historian and researcher.

Also in 1763, Odawa Chief Pontiac launched an uprising against the British in response to his people's dissatisfaction with several British policies. The Royal Proclamation issued later that year was part of the peace talks.

On August 1, 1764, British officials and about 2,000 chiefs from 24 Nations from eastern North America signed the 1764 Treaty of Niagara, an agreement codifying and expanding upon the principles included within the Royal Proclama-

Author John Borrows wrote in a 1997 book chapter that the Treaty of Niagara and the Royal Proclamation should be read together as two parts of one treaty establishing a nation-to-nation relation-

The principles included the preservation of sovereignty, free and fair trade and passage between the nations, a promise for the colonizers to not settle on First Nation land without consent, a commitment to prosecute those found guilty of exploiting one another and mutual protec-

While the proclamation has been interpreted as a decision handed down by the British Crown, the treaty in the following year allowed both sides to negotiate and agree upon the

As a representation of



Alan Corbiere gives a talk on wampum belts at the Ojibwe Cultural

Expositor file photo

Affairs superintendent Sir William Johnson thanked all for coming to the Niagara gathering and for promising their allegiance to the British.

"I now therefore present you with the great belt by which I bind all your western nations together with the English, and I desire that you take fast hold of the same and never let it slip, to which end I desire that after you have shown this belt to all Nations, that you will fix one end of it with the Chippewas at St. Mary's (now called Michilimackinac) while the other end remains at my house and, moreover, I desire that you will never listen to any news which comes to any other quarter. If you do it, it may shake the belt," said Sir Johnson.

belt The was the Covenant Chain Wampum, as depicted on the front page. It featured two humans in the centre, followed by chain links and the numerals 1764. Mr. Corbiere said the two humans represented the British and Indigenous peoples and the chain links signified their connection and mutual obligation.

The Haudenosaunee's agreements with the British, according to Lumbee Indigenous legal scholagreement, Indian ar Robert A. Williams Jr, was represented in the Two Row Wampum belt. That design had a white background to represent purity and there were two parallel purple rows to signify the parallel paths of settlers and Indigenous peoples.

"There are three beads of wampum separating the two rows and they symbolize peace, friendship and respect," wrote Williams. "We shall each travel the river together, side by side, but in our own boat. Neither of us will try to steer the other's vessel."

Mr. Corbiere said the Covenant Chain Wampum was a significant gesture of good will by the British. They commissioned its creation as a way of symbolizing that they would enter into relations on the terms of the Indigenous peoples, rather than the written word.

At the time, he added, negotiating in this manner was a pre-requisite because the power relations were much more equal than they have become in the present

day.
"There seems to be a lack of belief or understanding in what wampum means to us and what it meant to both of our sides in the past," said Mr. Corbiere, who used to recite the wampum annually on Canada Day at the Ojibwe

Cultural Foundation in M'Chigeeng when he was executive director between 2006 and 2011.

The lessons of the foundational wampum in history, including the Two Row Wampum and the Covenant Chain Wampum, are important to recall today when questions surface about the Canadian government and First Peoples. They represent a foundation of mutual respect and recognition of each other's inherent governance systems.

"It'll be used more as Native people bring it out more and continue to use it, but I can't answer about the Canadian or provincial government's receptiveness or how much value they will place in it. I'm more skeptical," said Mr. Corbiere. "Sometimes they'll engage in these political acts but then end up not really living up to it. It's a hard thing, of course, with the way politics is in the country these days."

After the 1764 treaty, two significant treaties represented the lands of Manitoulin Island. The 1836 Manitoulin (Bond Head) treaty had a wampum but the later 1862 Manitoulin (McDougall) Treaty was just a written text. The latter treaty opened much of Manitoulin to non-Indigenous settlement.

As to whether there could be a place for a new wampum to honour the relationship between Manitoulin Island's original inhabitants and settlers, Mr. Corbiere said it may be

He had been involved in an effort with the City of Sault Ste. Marie and the Anishinabek Batchewana and Garden River in recent years, but said he was unsure of its

progress. "I think when people say they want to make new (wampum) belts, my take is, let's understand and abide by the old ones first.

There's a lot of principles already in there that we could just reaffirm and reawaken," said Mr. Corbiere.

In 2011, Island First Nations gathered in Manitowaning to mark the 175th anniversary of the 1836 Manitoulin (Bond Head) Treaty. Mr. Corbiere recited the wampum of that treaty at the gathering.

THANK YOU SO MUCH!

To all of the kind people from Manitoulin Island, and beyond, who took the time to say a word in person, via Facebook comment, by telephone, mailed notes and through email, thank you very much.

Manitoulin Island is the very best place to be in the newspaper business: there are always so many interesting and important things going on.

Being able to ply this profession here for more than a half-century has been a privilege. I'm pleased that Alicia is able to have the same rewarding experience with The Expositor and Recorder.

Once again, thank you.

Sincerely, Rick McCutcheon

...Chi-Cheemaun ferry sails Monday

...continued from page 1

leisure purposes."

As to how that is determined, Ms. Schrempf was direct. "We are being very transparent about it," she said. "We are asking people the purpose of their travel and asking them to contact the community where they are going to as to whether they are prepared to receive them and what is involved in that." Those with cottages on Manitoulin will, however, be able to access their property via the ferry.

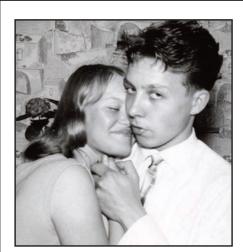
With several First Nations communities

limiting access to their territories, it is hoped that some disappointment can be nipped in the bud with that simple precau-

"The ferry will be strictly a ferry service," cautioned Ms. Schrempf. "There will be no onboard amenities, no food, no gift shop, but people will be able to order merchandise at our online store.'

All passengers will be required to wear face masks on board, the only exemptions being those with demonstrated (and docu-

...continued on page 13





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Noojmowing Teg steps up to deliver Northern Fruits and Vegetables healthy food program

by Michael Erskine

LITTLE CURRENT—The Northern Fruits and Vegetables Program is usually delivered through the school system, but with schools shut down for the year other avenues were needed to distribute the healthy food offerings made available through a partnership between the Ministry of Health and Long-term Care and the Ontario Fruit and Vegetable Growers Association—enter Noojmowin Teg Health Serv-

"Noojmowin Teg was asked to take over the delivery of the program," said program lead Cody Leeson. "This was the second week we have been offering healthy food items, one package of fruit and one of vegetables in the parking lot of Little Current Public School. Last week was straw-

berries and organic carrots, this week it is apples and grape tomatoes.'

Mr. Leeson explained that Noojmowin Teg adapted the successful model of their Good Food Box program to come up with a delivery mechanism that works for the Island's communities. "Since we took over in March we have delivered 89,000 pounds of healthy food to 16 communities involved," he said. "There are actually more communities than that, but some are working under other communities. That's over 1,000 households per week."

The program was slated to run until the end of the school

The food packages are available in the Little Current Public School parking lot on Fridays, from 10 am to 12 noon.

Hailey (Buckets) and Lily Simon pick out some strawberries and carrots under the watchful eye of Sue-Ann Oshkabewisens, Melanie Cortes and Micheline Fortin during the Noojmowin Teg Northern Fruits and Vegetables Program healthy food giveaway.

photo by Michael Erskine

...Centralized purchases should be considered for businesses

...continued from page 3

Public health officials already have to visit certain businesses regularly, such as restaurants for health inspections, and they could bring PPE orders with them, said Ms. Mielonen.

Having all businesses order through a single point would also likely mean better pricing, she said.

Taking on this role for the entire catchment area of Public Health Sudbury and Districts (PHSD) might be a monumental undertaking for the already-busy health unit. There are more than 1,000 businesses in the District of Manitoulin, plus many more in the District of Sudbury and the City of Greater Sudbury.

PHSD spokesperson Jonathan Groulx said there are no plans currently in place for the health unit to act as a central PPE order service.

Much like the Ontario Ministry of Health, PHSD has produced guides for businesses, employees and the public about staying safe.

It strongly encourages everyone to wear non-medical masks when in public to help contain airborne droplets.

Ms. Mielonen suggested that municipalities could also assume the role of PPE co-ordinator for businesses.

Central Manitoulin community development/outreach co-ordinator Marcus Mohr said that the municipality is not presently looking to take on that role for all companies.

"If businesses are having trouble ordering if that is desired by businessfinding PPE we would certainly help them look into where they could get it from or assist them," he said. "PPE is, and was, pretty scarce for a while. Supplies are starting to come back up now but for a lot of those items, they're asking that (the public) not use them because they're needed for front-line health workers.

Canada has increased its international PPE procurement in the past month but has faced challenges.

Earlier this month, Canada's orders were reduced by millions of units due to cancelled or reduced orders from suppliers and N95 respirators later failing tests.

Northeast Town economic development officer Heidi Ferguson has begun to work with area businesses to determine their needs and help connect businesses and suppliers if necessary. That town has not presently offered to act as a central ordering

"I'm currently working on making a local suppliers list of PPE producers, focused on Manitoulin and the surrounding area. The Ontario government has its own list of suppliers here in Ontario, and the Government of Canada website has one too, so I'm sending links to that," said Ms. Fergu-

She said businesses have mostly been looking for suppliers but the town may consider facilitating central

Another issue for Ms. Mielonen was the wide interpretations of the rules on procedures and PPE. Various health organizations have issued best practices tailored to different employment sectors.

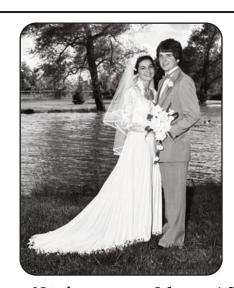
However, it becomes difficult to encompass all the minutia of individual business operations without having to write a plan for each company. Enforcement officers often have to make judgment calls when providing advice for businesses.

Ms. Mielonen described contrasting procedures at two Island banks as an indication of the uncertainty.

"It seems to me that province-wide laws are interpreted extremely differently, including for businesses that are considered (essential)," she said. "It feels more like the Wild West where everybody decides their own thing, which is confusing in the end to everyone—including the businesses.

Ontario has an information line for business owners, although some employers have reported receiving conflicting advice. The service, accessible at 1-888-444-3659, can still be useful as a starting point for researching sector-specific restrictions.

PHSD also has information available for businesses and members of the public. This can be found at its website, PHSD.ca, or by calling 1-866-



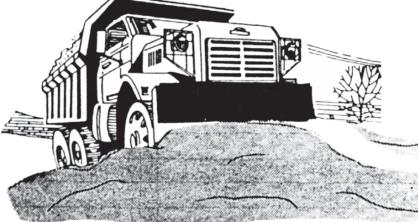
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...Wiiky fatality deemed result of lethal opiates-narcotics mix

...continued from page 1 to be the result of narcotics laced with opiates.

"We would like to express our sincere condolences to the family and our prayers to the individual who lost their life," Ogimaa Peltier said.

"We want people to be safe," the ogimaa told The Expositor. "We understand there's addictions, but we want people to be as safe as they can."

On Friday evening, May 22, Public Health Sudbury and Districts issued a warning that it had received multiple reports of overdoses in the Sudbury and Manitoulin districts.

Just three days later, on Sunday, May 24, members of the Wikwemikong Tribal Police Service (WTPS) Crime Reduction Unit, WTPS Patrol Division and the Ontario Provincial Police executed a Controlled Drugs and Substances Act (CDSA) search warrant in the community of Wiikwemkoong.

As a result of the investigation, officers seized a quantity of controlled drugs and substances. In addition, officers also seized a sum of Canadian currency as proceeds of crime, including multiple cell phones and paraphernalia consistent with traf-

As a result of the investigation, a 25-year-old female of Wiikwemkoong has been arrested and charged with the following: traffic in Schedule 1 substance, cocaine; two counts of traffic in Schedule 1 substance, other drugs; adult distribute over 30 grams of dried cannabis (or equivalent); and possession of property obtained by crime under \$5,000.

The ogimaa is urging residents to carry a lifesaving naloxone kit, which can be obtained for free from Naandwe Miikaan, Wikwemikong Health Centre and Mereb Pharmacy. Naandwe Miikaan is available 24 hours a day by calling 705-859-1390. Should you need a naloxone kit, please call them.

Elsewhere on Manitoulin, naloxone kits can be obtained at any pharmacy, for free.

Overdose symptoms can include blue lips or nails, dizziness and confusion, the person can't be woken up, choking, gurgling or snoring sounds, slow, weak or no breathing and drowsiness or difficulty staying awake.

In response to these occurrences, Wiikwemkoong has additional community resources available: Crisis Response Team, 705-348-1937; Harm Reduction Outreach (oncall), 705-280-9310; North Shore Overdose Prevention Line, 1-888-853-8542; and Naandwe Miikaan,

available 24/7, 705-859-1390.

"Please understand that ogimaa and council, along Wiikwemkoong with health services and the Wikwemikong Tribal Police Service are working diligently to keep our community safe," the statement from Ogimaa "Wiik-Peltier said. wemkoong's health organizations have immediately responded to the element of our community most at risk by notifying them of the dangerous substance in circulation."

The accused, whose name cannot be released pending a formal swearing of the charges, was released on an undertaking for court on July 7.

As of July 1, 2019, the WTPS has deployed a Crime Reduction Unit (CRU) comprised of one detective sergeant and two detective constables. These experienced criminal investigators work in concert to be a proactive, problem-solving response to eliminate and disrupt criminal activities in the greater Wiikwemkoong area.

"With concerns of substance abuse in and around our community, the CRU is mandated to identify local community drug dealers, investigate their illegal activities and lay appropriate charges," a press release from the WTPS states.

The public is reminded to please contact WTPS

with any information regarding the illicit sale of controlled and illegal substances or to contact Crime Stoppers at 1-(800) 222-8477 (TIPS).

If you or someone you know is suspected of having an overdose, call 911 immediately.



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...Chi-Cheemaun ferry sails Monday

...continued from page 11

mented) medical conditions and children under two years of age.

We will probably be travelling with half of our car decks empty as there will be a limited number of passengers," admitted Ms. Schrempf, "and we won't be counting the outdoor on-deck physical spaces as part of our space since we can't necessarily predict what the weather is going to be like. There will definitely be a lot less chairs on board." Physical distancing will be the norm and respected.

The restrictions will be in place until the Transport Canada directives are lifted or modified, noted Ms. Schrempf.

The company's staff has been kept very busy over the last few months, not only in preparing the Chi-Cheemaun ferry for its inaugural 2020 run in unprecedented circumstances, but also in getting the other two ferries overseen by the company in place as well.

"We are doing everything we can to keep everyone safe and healthy," she said. "We appreciate and encourage the efforts that people are doing themselves as well. Together we will get through this.'

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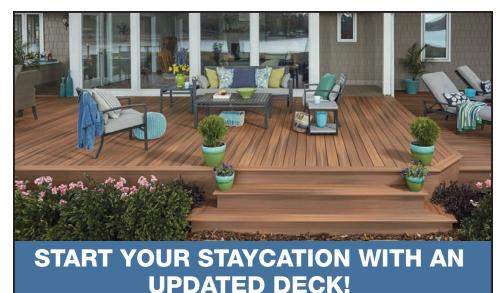
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Manitoulin Brewing Company considering Killarney expansion

by Warren Schlote

KILLARNEY—Manitoulin Brewing Company (MBC) is eyeing a possible expansion into a new nanobrewery operation at Killarney Mountain Lodge pending licence approval, further enhancing the brewery's relationship with the town across Georgian Bay from its present operations in Little Current.

"There's not much we can say right now," said MBC president Blair Hagman. "We're doing our due diligence to get things started and set up."

MBC's plan for the site is to have a small production facility and a retail area. A brewer will be employed at the site and employees will be hired for packaging and sales.

"It's a nano-sized brewery and we're thinking of doing some experimental brews over that side. And we'll definitely be brewing some Killarney Cream Ale over there," said Mr. Hagman.

Craft breweries in Ontario are those that produce less than 40 million litres of beer worldwide per year, according to a provincial document. Microbreweries produce less than 5 million litres of beer worldwide per year and nanobreweries produce less than 300,000 litres of beer per year.

Although the team was looking at opening this



Manitoulin Brewing Company fans may be able to sample new small batch brews like the cream ale, seen above, in Killarney next year.

year, the current plan is to try again next year in the hopes that the tourist season will be closer to normal. Mr. Hagman said his company has all the equipment, though it is not yet on site.

Council for the Municipality of Killarney recently approved the request to have a nanobrewery within its borders at Killarney Mountain Lodge. With this approval, the brewer can seek licencing from the Alcohol and Gaming Corporation of Ontario.

"Every year (Destination Killarney and MBC) work closer and closer together; this is our latest venture," said Kelly McAree, general manager of Destination Killarney, the parent company of Killarney Mountain Lodge and The Sportsman's Inn. "It's sort of a cool partnership

The partnership will enhance the profile of MBC's products to Killarney tourists and will also be incorporated into Killarney Mountain Lodge's activities programs for its

guests.

He added that the operation will not require much space so it will be housed in an unused shed at the back of the property that was created during the recent construction efforts at the resort.

MBC has been strengthening its relationship with Destination Killarney in recent years, including the creation of Killarney Cream Ale and the advent of the Current to Killarney paddling race between Little Current and Killarney that features a fleet of massive North (voyageur) canoes.

For the brewery, this is another measure to solidify that relationship.

"It adds a new experience to be able to have a small-scale brewery and to be able to try out experimental recipes and have a little more fun with how we brew and distribute the beer back and forth by boat from (Little Current) to Killarney," said Mr. Hagman.

The owner of Destination Killarney, Holden Rhodes, also has an ownership stake in MBC.





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Ivan Wheale 2020 collection unveiled through Perivale Gallery online

by Michael Erskine

PERIVALE—For decades, the unveiling of Little Current artist Ivan Wheale's latest works at the Perivale Gallery has signaled the beginning of the summer season for art lovers, especially those with a passion for the rugged landscape of the artist's beloved Georgian Bay. This year the opening took on a distinctly 21st century aspect as the pandemic forced the event

"It's certainly different, that's for sure," laughed the unflappable Mr. Wheale. "But we adapt and move forward." Having survived the Second World War bombings in England to come to Canada and inscribe his name among the pantheon of this nation's most accomplished artists, the artist has seen tremendous change and witnessed many momentous events during his more than eight decades of life. "But this really takes the cake," he said, going on to note that as a painter, the pandemic really hasn't changed his life and routine all that much. "I am still working away in the studio every morning," he said. "I have already finished a few paintings for next year."

Mr. Wheale said that he was excited about last year's work. "I spent a lot more time on the sky in these pieces," he said. "I think it shows in the vibrancy of the works. I am really pleased with how they turned out."

But Mr. Wheale did express sorrow over the loss of the annual meet and greet that takes place at Perivale Gallery each year. "It is a really wonderful time," he said. "There are a lot of wonderful people that come each year, and with some of them, it's the only time we meet up."

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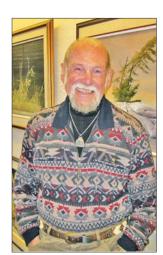
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'Sundown McGregor Bay' is one of Ivan Wheale's latest works found at the Perivale Gallery.



Ivan Wheale at a past unveiling of his works at Perivale Gallery.

hoping that we would share with our loyal clients,' admitted Perivale Gallery owner Shannon McMullan. 'These are indeed challenging times for everyone, as we await day-to-day for next steps to move forward. However, creativity does not stop, nor do our celebrations of the exceptional creativity of our outstanding Perivale Gallery artists."

Ms. McMullan has moved the collection online. "Our Ivan Wheale (in a collection entitled) 'HURON MOODS' opened at 7 am May 17 online on our website at PerivaleGallerv.com/ivanwheale."

The gallery is also planning a new show 'VISION 20/2020' which will continue online until next May and will highlight the new works of all of the gallery's artists.

As for sales, Mr. Wheale pronounced himself well pleased with the opening day results as red dots bloomed almost as healthily online as they did in per-

The gallery is open by appointment these days. with a very restricted number of people invited to view the works.

"When you are paying the kind of money that Ivan's works command, a lot of people want to see the work first hand, especially if it is the first time they are buying one of his works," said Ms. McMullan, "but we have built up a strong relationship with many of our patrons."

hit," said Ms. McMullan. "As you know we spend each winter travelling across the country to collect the works for the gallery." Ms. McMullan noted that

her gallery is well positioned in its online space thanks to a number of young staff down through the years who have helped her learn to navigate the ins and outs of the online world. The Perivale Gallery website has seen a lot of development since it was established in 2013.

Ms. McMullan said that her gallery is secure on a

the pandemic restrictions sound foundation, but that she worries about other arts spaces that are not so blessed. "Some of the smaller galleries, especially those in urban settings who are paying rent have already closed their doors."

But she goes on to note that "creativity doesn't stop and artists are still producing wonderful works that we look forward to sharing. We will soon be adding a walk-through video."

The gallery's collection can be viewed, and ordered, online

PerivaleGallery.com.

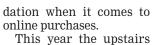




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portion of the gallery has been closed off, allowing for a "wonderful flow" through the works to enable patrons to stay secure in their personal space, noted Ms. McMullan. "We have been able to hang all 23 of Ivan's new works in the gallery this vear," she said. "When clients call we set up a time for them to come and view.'

In addition to the new works by Ivan Wheale, the gallery has a host of works from their other artists as

"Luckily, we were able to secure a lot of works from our featured artists before





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Buzwah Variety gifts fresh food to 'good neighbours'

Business booms as free food boxes raise community spirits during lockdown

BUZWAH—Ziisbaakdoons Daawegamik (Buzwah Variety and Video) owner Rick Leedham has given away dozens of pounds of fresh, healthy foods to deserving Wiikwemkoong citizens as a way of honouring the good work done by community members through the store's start-up 'Good Neighbour Food Box' program.

"Everybody could use a little break. A lot of people here are on fixed incomes; I just wanted a chance to give something back to the community," said Mr. Leedham.

As of press time Monday, Buzwah Variety's Good Neighbour Food Boxes have gone home with 18 people, with more slated to be revealed on the day of this publi-

For the past six weeks, Mr. Leedham has posted on the store's Facebook page, asking for Wiikwemkoong citizens to nominate someone for a box and explain why they would deserve to receive it. Favourite stories get selected to be the lucky recipients and they are invited to pick up their bounty at the store.

The idea started when Mr. Leedham wanted to thank a deserving neighbour for their efforts in the community, as a way of being a 'good neighbour.' He shared that initiative on social media in the hopes that it would start a



The Good Neighbour Food Boxes contain fresh and healthy foods that Mr. Leedham adds onto his order from wholesale suppliers, including fruits and vegetables. He has given away six of the roughly eight-pound boxes to date.

grassroots movement of other Wiikwemkoongians giving back to the silent heroes who help make their com-

Unfortunately, the measure did not take as strong of a hold as he had hoped. Mr. Leedham then decided to run a public giveaway of two similar boxes through his store's Facebook page.

He took photos of the offerings which included items such as apples, oranges, bananas, pears, grapes, onions, green and red peppers, lettuce, cucumber, bologna and a loaf of bread. Together they weigh about eight pounds.

"It's whatever I can get from Massey Wholesale," said Mr. Leedham. "This past week I added in a brick of cheese. It's hard to get around here these days so I'm paying attention to the community's needs and struggles, and adding things they can use.'

When photos of the boxes hit Facebook, the reaction was immediate and strong. Some 46 nominations emerged for the first week, most of which included touching stories of why that person would deserve a gesture of support.

"She has been a mom and still working at Andy's to provide for her five children. Not only that, her husband

...continued on page 18

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...fresh food to 'good neighbours'

...continued from page 17 has been busy working during this crisis too. She has such a big heart and always sees the positive," and "she just offered to do grocery and delivery runs for people. She is awesome, thinking of others, being a great neighbour," were just two of several messages in support of firstround recipient Becky Williams.

"There's so many responses that I've had to outsource it," said Mr. Leedham with a laugh. His wife Dawn-Marie Jacko picked the winners in the first round and the second round was handled by two volunteer judges.

Second-round winner Chantal Simon, who is an essential front-line worker in Wiikwemkoong, said her nomination was a kind gesture.

"It will help, being a mother of two and working full-time as a house-keeper at the Wikwemikong Nursing Home. It's good to see that friends and family see how much I enjoy my job even with all this COVID-19 going on which can make work and just being out in general a little scary," she said.

Her time away from work doesn't always align with shopping hours, which has made getting certain supplies difficult. She expressed gratitude for the Buzwah store for having later hours and giving back to the community in this way.

Giveaways are nothing new for Buzwah Variety and Video. In recent years, the store has offered a large number of candy and snack prizes for social media contests but Mr. Leedham said it was important to now address the most pressing needs of the community.

"It's getting tougher and tougher on the supply chain; we get a lot of zeros back on our order sheets. I've even heard the band sometimes has a tough time with its food box program," he said.

Wilkwemkoong, which is home to about 3,000 onreserve citizens, has been working hard to keep with consumer demand since it enacted a community lock-down on April 9. It runs food security programs that are more important now than ever, but the few grocery sellers have sold out of necessities due to the pressure.

"We got a shipment from Sobeys today, our new supplier, and we got things like dog food, (lactose-free) milk, which is hard to find, lots of bread and different products like cheese and butter that have been zeroed out from other grocery stores this week," said Mr. Leedham. "That should help relieve some of the supply issues."

Mr. Leedham shifted his store's model to feature more essential goods when the lockdown began. He sourced additional suppliers and was able to lower the shelf prices for many of his goods due to the new contracts.



Wikwemikong Nursing Home housekeeper Chantal Simon was a second-round winner of the Buzwah Variety and Video Good Neighbour Food Box. She said the gesture was important to help her provide for her two children, especially since her work schedule often means she cannot visit grocery stores.

photos by Rick Leedham

Whether it's because of the community's lockdown that has required Wiikwemkoong citizens to shop closer to home, the wider variety of products now available or the community showing its appreciation for Mr. Leedham's efforts, business at Buzwah Variety and Video is booming.

"Business is great. It's busier than we've ever been," said Mr. Leedham, whose store just marked its 20th anniversary in March. "We're working triple time. It's stocking, serving and ordering all day and at night we work to get the place cleaned up for the next day. But I love doing this and that's what I'm here for as a merchant. Actually, that's what they call me around here, 'The Merchant'.

Mr. Leedham could not offer an estimate of how much he spends on each box, saying that he has not considered the price of this service. He said he hoped to keep offering these boxes for as long as the lockdown is in place, though he noted that the workload to keep up with the boxes and extra store traffic is intense.

Mr. Leedham encouraged everyone on Manitoulin to stay positive, stay happy and remember that everyone is facing this virus together.

"I'm doing what I love and I'm happy about it. Even though I'm starting to feel the burn, that's no problem," said Mr. Leed-



Suicide Prevention Committee of Manitoulin invites you to make your own unique fabric square, to be joined by others, to create a

Blanket of Hope

9" square on 100% cotton.

Please leave 1" around edge for seam allowance.

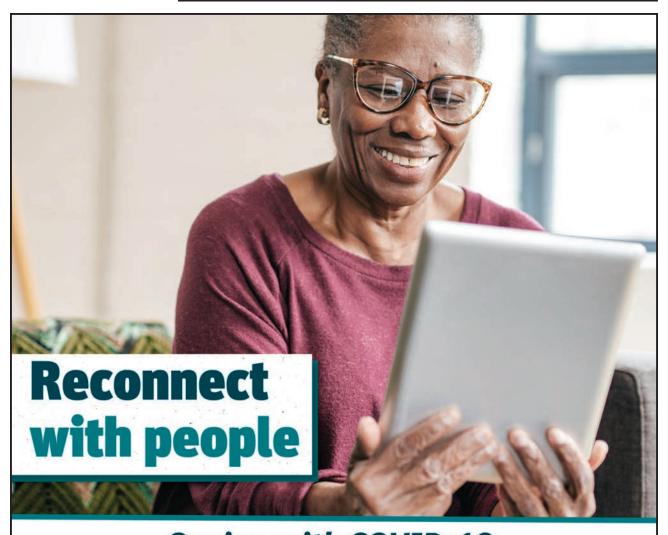
Theme: What brings you Hope?

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Collection date for squares will be posted soon.

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The quilted blanket will be displayed for World Suicide Prevention Day on September 10, 2020



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...Now and Then: Helke and Robert Ferrie MD

...continued from page 5 human fossil and even in million-year-old dinosaur fossils." MP Elizabeth May tabled and succeeded in passing a federal bill in 2014 mandating treatment of the disease in Canada. However, there still are no internationally validated tests available for it here; they are available in the US and Europe.

In the 1920s, penicillin was used to treat Lyme disease. Today, penicillin rarely works for it. "I was sick with Lyme disease four times since 2010," Helke states. "To date I have been cured four times.'

The Ferries built their Manitoulin cottage overlooking the North Channel

At Turtle Creek, only adults were allowed in the main lodge, but the children soon got permission to enter. "Our daughter Arpana, then 12, who was treated with monthly blood transfusions for her aplastic anemia, approached the owners and said, 'We don't want to make trouble. I am going to die soon. I need blood transfusions every four weeks. Please let us use your lodge. We'll be good.' The surprised owner responded, 'Come whenever you like'. The children were very well behaved. On the way up, we had stopped at a McDonald's where the staff were so impressed with their conduct, they issued gift cards to our

The wedding day in all its grand splendour.

near Ten Mile Point in 1986, having already vacationed on the Island every summer since 1979. "Our first family vacation was in Meldrum Bay. We booked the lighthousekeeper's cabin. A week after arriving there, we discovered that the cabin we had rented was not for rent because it belonged to the Canadian Coastguard. We also found out that all the buildings were slated to be demolished and that many Islanders protested this. Thankfully, the Manitoulin Tourism Association took over and saved the lighthouse and the build-

"The following year, 1980, we came back to Ten Mile Point where we rented cottages for a couple of years. Unfortunately, when we brought our internationally mixed family of many colours the American lady who was co-owner did not feel comfortable with so many 'coloured' kids. We moved to Turtle Creek Lodge and later Fred's Camp.'

entire family for future use."

Another summer, Bob and his 14-year-old son John were able to spend some precious time together at Fred's Camp and do some sailing. Sadly, the young lad died a short while later when he was run over by a gravel truck in Burlington.

The cottage became an all-season home in 2015. Rainwater comes from two large cement tanks under the house and originally only oil lamps provided light. "We still use rainwater and truck in extra when needed. Our water filtration system looks like it came from Star Wars. I miss the magical oil lamps, but we need computers now. We are totally off the grid, using solar power and propane, and wood, of course. We have never had a television, but we have cell phones, internet and electricity. Bob likes to listen to classical music on YouTube. Our library was once composed of 11,000

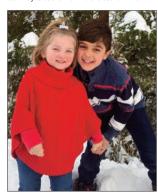
volumes and after we moved here permanently, it was reduced to about 5,000. We read a lot. We do watch some movies on my computer screen."

Helke spent 25 years writing articles on the politics of medicine, mostly for 'Vitality' magazine. Some of her articles are collected in a book 'Dispatches from the War Zone of Environmental Health' (Kos 2004). She wrote mostly about cancer, environmental causes of neurological diseases such as from mercury amalgam tooth fillings now mandated through the World Health Organization to be finally outlawed within about five years.

"I had myasthenia gravis (MG), but after the amalgams were removed, the MG was gone within a year. The thymus gland plays an important role in recovery. I have spoken to the MG Association about my experience."

After raising their own large family, Bob and Helke also raised three grandchildren, "our second family." The grandchildren have spent almost all their summers on Manitoulin since birth. "Our favourite spots for hikes and picnics are the Mississagi Lighthouse and Misery Bay."

Today, Bob and Helke live in their expanded cottage near Ten Mile Point with their menagerie: a golden retriever, a Rottweiler-Sher Pei mix with three legs who gets around amazingly well, four cats, many visiting racoons, sundry squirrels and birds on their back deck. "Our tripod dog was to be euthanized after her car accident, but the vet cut off the



The great-grandchildren have blessed Helke and Bob's lives.

destroyed leg. We found out about her, so she became a part of our family."

"Regrets? Just that we didn't come to Manitoulin sooner. Important events? Meeting Helke and training in EMDR," Bob shares. "Most major mental disorders seem to be rooted in trauma. I enjoy working on Manitoulin. There are so many interesting people here.

"Our strengths? Dogged determination. I feel passionate about the topics for which we advocated, with some success," Helke adds. After briefly considering the topic, she continues, a twinkle in her eye, "Blind obedience is the only crime." Bob interjects, grinning, "Stubbornness helps with that initiative. As for me, trauma-focused psychotherapy is my main interest now."

"What would we still like to do? See our great-grandchildren grow up and write my autobiography," Helke offers. Bob continues, "I would like to learn more about treatment that works for avoidance in trauma

"What are we most proud of? Never giving up and doing what we did with enthusiasm. We also wanted to help those children, who we knew were dying, to leave peacefully. Little Arpana died laughing." Four of the Ferrie children died in the 80s and 90s. 'What are we most afraid of?" Bob hesitates, then whispers, "You dying before me.'

"People who have inspired us?" Bob resumes, "Stephen Batchelor and his book 'After Buddhism' which is a vision of Buddhism for our age. (Yale University Press 2018). Carl Jung, whose work we studied for many years, and Francine Shapiro, the American psychologist who developed EMDR. One of Helke's heroines is Beverly McLaughlin, the former chief justice of the Supreme Court of Canada. She wrote several books about human rights issues,

especially First Nations rights."

Their legacy? Published books for Helke, and for Bob "the EMDR work will hopefully leave a legacy of less pain in the minds of patients and their children, and then their children.'

"Manitoulin is where we have come home," both say. "I enjoyed biking and sailing here" adds Bob. "Helke does not like sailing, but that causes no problems because the kids and grandkids do like this sport. Hiking on the Island has always been fun for both of us. Greg's Nevin's Schoolhouse Restaurant and GG's in Evansville are favourite dining places. Life is good to us on the Island."





Helke Ferrie has published two book titles, which she cites as a proud part of her legacy.



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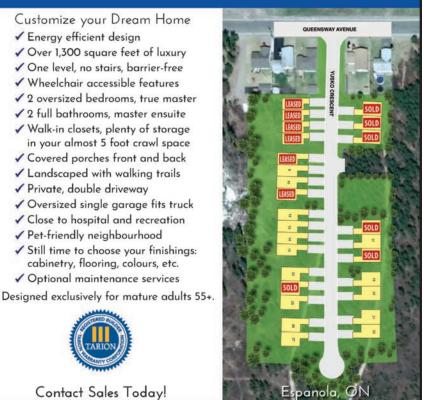
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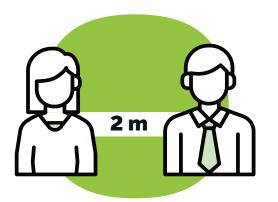
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Having a climate change conversation with youth is only the beginning

by Lori Thompson.

Local Journalism Initiative Reporter

MANITOULIN—The results of climate change will fall largely on the shoulders of today's youth. A 2018 review paper found that children exhibited high levels of concern over climate change and that the effects of climate change, such as extreme weather events, increase risks of PTSD, depression, anxiety and other mental health disorders. It can be challenging for parents and educators to help them navigate.

It begins with a conversation, suggests Yana Bauer, a teacher at Manitoulin Secondary School (MSS) and member of MSS S.H.A.R.E./Go Green committee who is also a parent of four children. "We aren't necessarily teaching our children about climate change but they hear it somewhere," she says. "It comes out of the media and through their education so we need to be having these conversations with them. For kids, it's empowering to have conversations where they feel they're not just being silly but that people are listening and what they have to say is beneficial."

"What we pay attention to as adults reinforces their direction, their actions and their values," she continued, "because when kids hear grandparents, parents and other family members talking about it, they understand it's valued in a bigger domain. They're going to be taking what they've learned, how they've been raised, and going out into the world. They will carry the values that were bred here and maybe they're going to help change the

Sue Meert, assistant project co-ordinator/tourism and educational co-ordinator with Manitoulin Streams, agrees. "Most kids love being talked to, not talked down to. They need to feel respected, that their opinion is respected and that we need them in the future.'

It's also important to maintain a positive message, she says. "There's too much doom and gloom associated with climate change. We start by reminding them that this is their Island, this is their future. It gets their attention and leaves them open to listening. We talk about what can we do, what we are doing on our part to limit the effects. Kids have a different energy and outlook. These kids are growing up with the idea that something needs to be done. This is not something that is happening in 20 years.

...continued on page 30

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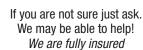
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(i) coming events

Due to the COVID-19 pandemic and the recommended social distancing practices, the Board of Directors of Manitoulin Health Centre will be holding a virtual Board meeting on Thursday, May 28, beginning at 7 Regular meetings of the Board are open to the public to attend and observe, with the exception of in-camera issues. Regular protocol will be in place and members of the public will not have the ability to make comments or ask questions during the meeting. For connectivity details, please send an email inquiry to Lori at Imastelko@mhc.on.ca.



families of Jordan say a heartfelt thank you for all the cards and kind words of condolences after Betty's passing. She will be greatly missed. Also, thank you for the many cards, phone calls, prayers and food after Jamie's surgery. It all brought such comfort.

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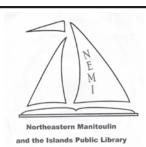












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Email resume to Sara at sara.scott@firstgeneral.ca or Rob at rob.scott@firstgeneral.ca



MNAAMODZAWIN HEALTH SERVICES INC **EMPLOYMENT OPPORTUNITY DIRECTOR OF CARE**

Mnaamodzawin Health Services is seeking a reliable and committed individual to provide leadership and support to a Home and Community Care health team that includes CHNs, RNs, RPNs and PSWs. The Director of Care is responsible to ensure the effective and coordinated delivery of communitybased and client focused health services to First Nation community members of Aundeck Omni Kaning, Whitefish River, Sheguiandah, Sheshegwaning and Zhiibaahaasing. The Director of Care will provide direction with program planning and development, quality assurance, risk management and ensure that daily operations and service delivery meet the goals, objectives and mission of the organization.

Skills and Qualifications:

- Experience working with First Nations communities and knowledge of Ojibway culture, language, traditions and treatment approaches an asset
- Bachelor of Science in Nursing Degree
- Must be a member of the College of Nurses and in good standing
- Three (3) years direct experience in the delivery and/or coordination of homecare services or experience in Indigenous community health nursing
- Be able to demonstrate sound clinical knowledge and experience in homecare case management and/or community-based homecare service delivery
- Proven ability to apply clinical case management skills in the development, assessment planning, coordination and monitoring of services
- Ability to liaise as appropriate with other health care institutions and First Nation internal and external providers to ensure appropriate continuum of care
- Ability to work independently and collaboratively
- Must have a valid Ontario Driver's Licence and dependable vehicle
- 10. Possess Standard First Aid/CPR certification or be willing to take training
- Experience with Microsoft computer software
- 12. Experience working with electronic medical records
- 13. Ability to prepare annual budgets and submit quarterly and annual submissions to funders
- 14. Administrative skills include management of scheduling, health records, annual work plans and tracking of services provided

Closing Date: Friday, June 5, 2020 at 12:00 p.m.

Qualified individuals are invited to submit a cover letter, a current resume, a recent Vulnerable Sector Screening (within the last year), credentials, registration with College of Nurses, along with three (3) current work-related references, marked CONFIDENTIAL, to:

Human Resources

Mnaamodzawin Health Services Postal Bag 2002, Hwy 540 48 Hillside Road, Aundeck Omni Kaning Little Current, Ontario POP 1K0 Phone: (705) 368-2182 ext. 271 Fax: 705-368-2229 hr@mnaamodzawin.com

*only those candidates considered for an interview will be contacted



2nd Posting - EMPLOYMENT OPPORTUNITY: **EDUCATION ASSISTANT**

Salary: \$30,000 - \$45,000 /year (Based on qualifications and experience)

Whitefish River First Nation (WRFN) is dedicated to creating a self-governing, inclusive community of confident, culturally-skilled lifelong learners. WRFN is also under the Anishinabek Nation Education Agreement Act.

The Education Assistant will assist the Education Manager in working with students of all ages to achieve their long-term educational goals. The Education Assistant will be responsible for assisting the Education Manager in the development, coordination, delivery and student support services to Whitefish River First Nation (WRFN) members. In addition, the Education Assistant will assist in the coordination of community engagement sessions, schedule meetings and assist will all communication materials for WRFN parents and students.

RESPONSIBILITIES:

- Assist the WRFN Education Manager to provide services to WRFN students who are consistent with WRFN's mission and vision:
- Assist with the preparation of the WRFN Education Department annual and long-range plans, and related implementation strategies for WRFN;
- Attend various meetings with Education Manager for note taking and reporting;
- Assist with follow-up calls and recording of mail and correspondence;
- Maintenance of all student files and databases;
- Assist with the delivery of the post-secondary program according to guidelines and policies;
- Attending relevant workshops, training sessions, seminars on education to develop personal skills in order to bring professional qualifications to the position and to the efficient operation and benefit to the WRFN.
- Schedule, set-up, deliver and facilitate outreach programming and services to all students;
- Maintain continuing documentation including program reports, program evaluations, surveys, etc.;
- Plan and execute logistics for education events, training and conferences, material acquisition, agendas, room, event/training bookings, guest speakers, etc.; and
- Assist with the completion of reports, statistics and budgets for all events and programs.

QUALIFICATIONS:

- Diploma or Certificate in a field of Education, Business or Office Administration;
- At least 2 years' experience working in an office environment;

Motivated self-starter with discipline to work independently;

- Experience working with schools, school boards and external education bodies would be an asset; Must have working knowledge and experience with Databases and Microsoft Office;
- Knowledge of First Nation issues, traditions and culture;
- Strong organizational skills and attention to details are required; Punctual, independent, result driven and self-motivated; and Excellent verbal and written communication.

OTHER REQUIREMENTS:

- Must provide a Vulnerable Sector Check upon hire.
- Must possess a Valid Ontario Driver's Licence

Applications will be accepted via email, fax, mail or in person to the attention of:

CONFIDENTIAL:

Andrea McGregor, Human Resources Manager Whitefish River First Nation, 17-A Rainbow Ridge Road, P.O. Box 188, Birch Island, ON POP1A0 Email: andream@whitefishriver.ca; Fax: (705)285-4532 Applications must be submitted by May 29th, 2020 by 4:30 p.m. and must include the following:

Cover letter, current resume and three (3) employment related (recent) reference letters. We thank all who apply, however only those applicants selected for an interview will be contacted.



Manitoulin Health Centre (MHC) Seeks Applicants Board of Directors

The Nominating Committee of the Board of Directors, as the committee responsible for bringing forward suitable candidates to the Board, is seeking applications from persons within the District of Manitoulin who are interested in serving as Directors.

MHC is a two-site hospital corporation, with locations in Mindemoya and Little Current, whose Mission is "To contribute to the health and well-being of all who come to us in need." The Board governs the organization, and is responsible for issues such as strategic direction, capacity, quality, collaborative ventures, risk management and fiscal soundness of the organization. Towards these activities, Directors act in the best interest of the hospital corporation, ensuring through appropriate governance endeavours that the hospital fulfills its mission.

MHC selects Directors based on an identified need from within MHCs Board of Directors Skills Matrix. Consideration is given to individuals having the following experience or background:

- Legal / Justice;
- Fundraising;
- Government Relations;
- Finance / Accounting;
- Human Resources;
- Health;
- Quality Assurance / Risk Management;
- Geographical considerations (across the Manitoulin Region, bringing local knowledge of health issues); and
- Other relevant skills desirable to the Board.

Diversity of skills, knowledge and viewpoints is desirable for a high-performing Board, and so the Board encourages applications from suitable individuals with an interest in serving in this capacity.

Interested persons are asked to submit:

- A cover letter indicating the reason(s) why they wish to sit as a Director;
- · A resume outlining skills and qualities they will bring to the Board;
- A description of any past experiences in serving other non-profit associations, organizations or community groups; and
- Three (3) references

by **12:00 pm (noon) on Wednesday, June 3, 2020** addressed to Chair, Nominating Committee, Board of Directors, by email to Imastelko@mhc.on.ca.









First General Services - Espanola/Manitoulin is a full-service insurance restoration general contractor, specializing in the mitigation and repair of damaged residential and commercial buildings. We provide emergency response services, followed by total reconstruction of damage caused by water, fire, smoke and wind. We are an independently owned and operated company, part of the First General Services international network, which is one of the largest full-service insurance restoration contractor banner group in Canada.

First General Services – Espanola/Manitoulin is seeking a self-motivated, personable, individual to fill the full-time position of Carpenter.

Requirements:

- Rough carpentry (wood/steel stud framing, hanging drywall)
- Finish carpentry (baseboard, casing, doors, cabinets, ceiling tiles)
- Install flooring (laminate, vinyl, tile)
- Painting if required
- Manage a job from start date until completion

Qualifications:

- 5+ years of experience
- Good verbal and written communication skills
- Valid driver's licence
- Must pass a criminal record background check

Hours:

- 40+ hours weekly
- Available for overtime

Bonus Features

- Benefit package
- Work vehicle provided during working hours

Email resume to Sara at sara.scott@firstgeneral.ca or Rob at rob.scott@firstgeneral.ca



EMPLOYMENT OPPORTUNITY CHILDREN'S SERVICES MANAGER

The NAANDWECHIGE-GAMIG Wikwemikong Health Centre – Children's Services is seeking a highly qualified and motivated individual for the position of Manager.

Job Summary

This position is responsible for the administration, management, planning and supervision of the comprehensive, wholistic and culturally relevant Children's Services Program, on behalf of the Wikwemikong Health Centre. This currently includes, but may not necessarily be limited to: Early Childhood Development services, Aboriginal Head Start (On Reserve), Fetal Alcohol Spectrum Disorder (FASD), Maternal Child Health (MCH) and Canada Prenatal Nutrition Program (CPNP). The program and services are delivered to parents/guardians/caregivers with families and children ages 0 – 6.

Responsibilities

- 1. Ensure resources are used in the best way possible in order to produce measurable and positive
- outcomes for children 0 6 years, their parents, families and community.
- To deliver comprehensive community health programs which include the following: enable the
 maternal and newborn population and their families to achieve and maintain an optimal level of health
 and development from pre-conception, pregnancy, birth and early adjustment to parenting.
- 3. To plan, organize and implement the programming that promotes a balanced wholistic health care approach, incorporating physical, mental, social/environment and emotional/spiritual aspects to meet the needs of 0 6 year children and their families. To plan programs according to these basic health and cultural indicators utilizing the Children's Bill of Rights.
- 4. To collaborate, communicate, establish and maintain positive working relationships with community, organizations and agencies for meeting program needs, i.e. Library, Prevention Services, Ontario Works, Aasgaabwitwindwaa Binoojiinhik Wiin ni gshkiwewziwaat and Primary Care.
- 5. The Manager will ensure through the various means of case management to coordinate an effective program delivery for the best outcome of the client occurs and to assist families with access to services for those living with complex issues or with children who require special needs.

Qualifications

- Baccalaureate in Nursing from a Canadian University or three year College Diploma in nursing
- Certificate of competence with the College of Nurses of Ontario, with knowledge and understanding of College Standards of Practice
 Member of Registered Nurses Association of Ontario (RNAO) with Legal Assistance Program (LAP)
- Demonstrate strong clinical skills in assessment of infants and young children and pregnant women
 Two (2) years' experience working in a First Nation community or equivalent organization
- Knowledge and understanding of First Nation health concerns and issues, and the ability to apply knowledge and skill in the development and implementation of programs to address identified needs
 Excellent interpersonal, written and verbal communication skills, including proficiency in computer
- applications, especially Microsoft Office

 Ability to maintain confidentiality and be an example of professionalism, as identified by Wiikwemkoong

For a complete JOB DESCRIPTION, please contact Melissa Roy. Salary is in accordance to WUT Salary Grid. All applicants MUST submit a letter of application, current resume, copies of credentials and two work related reference contacts, marked <u>CONFIDENTIAL</u> to:

Children's Services Manager

Attention: Melissa Roy
NAANDWECHIGE-GAMIG Wikwemikong Health Centre
P.O. Box 101, 16 A Complex Drive
Wikwemikong, Ontario POP 2J0
Telephone: 705.859.3164 Fax: 705.859.3300 Email: mroy@wikyhealth.ca

Deadline: May 29, 2020 @ 4:00pm

Copies of the following will be requested from the SUCCESSFUL candidate: CPIC/VSS, Driver's Abstract, Accreditations and Driver's Licence. DO NOT INCLUDE IN PACKAGE.

We thank all applicants; only those selected for an interview will be contacted.

Incomplete submission will not be accepted. No return of submissions.



EMPLOYMENT OPPORTUNITY SCHOOL HEALTH SUPPORT SERVICES CARE COORDINATOR

The NAANDWECHIGE-GAMIG Wikwemikong Health Centre – Aasgaabwitwindwaa Binoojiinhik Wiin ni Gshiwewziwaat Program – 'Supporting our Children as they Continue Towards the Future' (formerly known as School Health Support Services Program-SHSS) is seeking a highly qualified and motivated individual for the position of School Health Support Services Care Coordinator.

Job Summary

The School Health Support Services Care Coordinator, under the direction of the SHSS Manager, will oversee and coordinate the provision of School Health Support Services in the participating communities, M'Chigeeng, Sagamok, Whitefish River and Wikwemikong, therefore travel may be required or base office flexible.

Responsibilities - The Care Coordinator will:

- 1. Assess, prioritize, plan, direct, monitor, schedule and authorize service delivery to school-aged learners.

 Assess learner's peeds and identify potential risks, determine eligibility for appropriate services and pos
- Assess learner's needs and identify potential risks, determine eligibility for appropriate services and possible referral along care pathways.
- Manage available resources with the unique needs of the community, client and caregiver circle.
 Ensure the integration of services with existing programs and services both on and off reserve.
- 5. Strive to advance knowledge, skills and abilities, and consistently share these with others.
 6. Contribute to planning, developing, implementing, coordinating and evaluating the delivery of support
- services to children and youth.

 7. Document daily activities and submit detailed reports.
- B. Develop and maintain computer databases
- Conduct seminars and discussion groups.
- 10. Work with the Manager to assess needs, set goals and formulate plans of action for program improvement, and follow up and provide feedback on progress.
- 11. Collaborate with teachers, parents and school administration to address individual student issues or areas of concern.
- 12. Comply with school policies, procedures and best practices.
- Monitor progress of student recommendations, including recommendations for the subsequent year(s) of the project.
- 14. Establish an efficient referral path that will support students when required15. Respond to parent, teacher and/or student inquiries.

Qualifications & Skills

- Degree level education in nursing, occupational therapy, social work or another health-related discipline will be considered with appropriate experience.
- Registered and in good standing with a regulatory body (preferably College of Nurses of Ontario, College of
 Occupational Therapists of Ontario or Ontario College of Social Workers and Social Service Workers).
- Two years direct clinical experience in pediatrics is preferred.
- Experience in case management is preferred.
 Policy and Procedure development experience is an asset.
- Highly developed understanding of industry regulations, standards, best practices and respective college professional guidelines.

Salary is in accordance to WUT Salary Grid. All applicants MUST submit a letter of application, current resume, and copies of credentials and two work-related reference contacts, marked CONFIDENTIAL to:

Care Coordinator

Aasgaabwitwindwaa Binoojiinhik Wiin ni Gshiwewziwaat Program
(School Health Support Program)
Attention: Melissa Roy
NAANDWECHIGE-GAMIG Wikwemikong Health Centre
P.O. Box 101, 16 A Complex Drive
Wikwemikong, Ontario POP 2J0
Telephone: 705.859.3164 Fax: 705.859.3300 Email: mroy@wikyhealth.ca

Deadline: May 29, 2020 @ 4:00pm

Copies of the following will be requested from the SUCCESSFUL candidate: CPIC/VSS, Driver's Abstract, Accreditations and Driver's Licence. DO NOT INCLUDE IN PACKAGE.

We thank all applicants; only those selected for an interview will be contacted. Incomplete submission will not be accepted. No return of submissions.









Manitoulin Health Centre REGISTERED NURSE (RN)

The Manitoulin Health Centre requires RNs on a temporary part-time basis at both of its Little Current and Mindemoya hospital sites. Qualified applicants will possess a current Certificate of Registration with the College of Nurses of Ontario. Preference may be given to those with recent hospital experience.

MHC meets the eligibility to provide nurses:

- MOHLTC Tuition Support Program
- Canada Student Loan Forgiveness Program

Please apply to:

Human Resources Department E-mail: recruitment@mhc.on.ca Website: mhc.on.ca

Thank you to all who apply. Only those to be interviewed will be contacted.

help wanted



JOB OPPORTUNITY



We are currently looking to hire a Licenced Automotive Service Technician to join our busy team.

The available position is Full-time:

Mon. - Fri. 8am - 5pm Weekends Off

Competitive Wages

Applications/Resumes with References included are being accepted in person, by mail or email.

> JK AUTOMOTIVE 1428 B Lakeshore Rd. Kagawong, ON. P0P 1J0 jkmoor@amtelecom.net

help wanted



Complete Automotive and Marine

Help Wanted

We are looking for a licenced automotive service technician to join our team. We are a busy shop that specializes in brakes, steering, suspension and tires. We do, however, offer all aspects of automotive service. Full time position is available immediately. Hours of work would be Monday to Friday 8:30 to 5:00.

Salary is negotiable depending on qualifications.

Please send your resume to: completeautomotive1@hotmail.com

Any questions can be directed to the shop at 705-859-3431

The Cutoff for **Boxed** Display Ads is **Friday**



2nd Posting **SCHOOL LEADERSHIP OPPORTUNITY FOR:** PRINCIPAL

CONTRACT (to June 2021) - Subject to Renewal Salary: Based on School Salary Grid

The Whitefish River First Nation (WRFN) invites applications for the position of Principal at Shawanosowe School, commencing for the 2020/2021 school year. Shawanosowe School is an indigenous school governed under the Whitefish River First Nation and regionally through the Kinoomaadziwin Education Body. This communitycentred school focuses on academic achievement while providing grounding in culture and identity and nurturing children's gifts. Whitefish River First Nation requires this innovative education leader to oversee the community vision for the school.

MAJOR RESPONSIBILITIES:

- To ensure all students are supervised in a safe, culturally supportive environment that meets the approved curriculum plans and mission of Shawanosowe School.
- Achieve academic excellence by working collaboratively to direct and support school staff and to communicate effectively with parents.
- Integral in the position are the responsibilities for scheduling, curriculum development, special education, extracurricular activities, human resources and financial management of the school, emergency procedures and facility operations.
- Oversee the policies, procedures and frameworks are administered in accordance with WRFN direction.

DESIRABLE QUALITIES AND LEADERSHIP SKILLS:

- Leadership experience with elementary school programs, curriculum development and implementation.
- Successful track record of leading innovative student achievement initiatives.
- Ability to produce a positive school climate by empowering others through shared decision making. Exemplary teaching experiences as a classroom teacher or as an administrator.
- Experience leading and supporting experiential, place-based and inquiry learning. Skill in all aspects of supervision.
- Exceptional ability in working collaboratively with students, staff, parents and communities to enhance
- Excellent communication, conflict resolution and interpersonal skills.
- Knowledge and understanding of the Whitefish River First Nation and commitment to improving school success for students.
- Demonstrated experience establishing a welcoming learning environment that creates a sense of belonging for all students.

QUALIFICATIONS:

- Bachelor of Education degree with a Bachelor of Arts degree from an accredited university;
- A valid Ontario Teaching Certification; with an active licence with the Ontario College of Teachers (OCT);
- Certification in Primary/Junior and/or Junior/Intermediate;
- Master's Degree in Education would be considered an asset; At least 3-5 years in a senior administration/management role;
- Principal's Qualification Program Part I and II or a plan to complete these qualifications within two years;
- Additional qualifications (AQs) which support the school environment and future plans would be considered an asset:
- Excellent management, planning and organizational skills;
- Thorough knowledge of education systems, structures and funding models; Highly successful experience working with Indigenous communities; and
- Evidence of commitment to learn the Oiibway language and culture.
- Applications will be accepted via email, mail or in person to the attention of

CONFIDENTIAL:

Andrea McGregor, Human Resources Manager Whitefish River First Nation, 17-A Rainbow Ridge Road, P.O. Box 188, Birch Island, ON POP1A0 Email: andream@whitefishriver.ca

Applications must be submitted by June 4, 2020 (4:30 pm), with full supporting documents, to include: Cover letter, current resume, teaching certificate verification, copies of degrees, and three (3) work related reference letters (one being the most recent or current supervisor).

We thank all who apply, however, only those applicants selected for an interview will be contacted.

Manitoulin Central Family Health Team (MCFHT)

MCFHT is looking to fill the following position:

Daily Cleaning Service Provision

The successful candidate will be required to:

Position Summary

- Provide daily cleaning services to a busy medical clinic and administrative offices
- Provide cleaning services according to IPC guidelines
- This position will include but is not limited to the following services; floor stripping, waxing and polishing, disinfection of examination rooms, garbage and recycling removal, quarterly in-depth cleaning
- Ability to work independently
- Ability to move furniture and equipment as required to fulfill duties

Qualifications

- WHMIS Certification
- Strong communication and interpersonal skills
- Satisfactory criminal reference check

Please submit resume to:

Manitoulin Central Family Health Team

PO Box 150 Mindemoya, Ontario P0P 1S0 Attn: Mary Jo Gordon

Fax: 1-705-377-5372

Email: manitoulincentralfht@amtelecom.net

Please reply in writing no later than 4:00 pm, June 1, 2020. *Only those selected for an interview will be contacted*

rotice

Food Cupboard--The Gore Bay United Church is continuing this service during the Covid-19 outbreak with some changes. They will be open noon to 3 pm on Thursdays. Come to the side door (facing McQuarrie Motors) and knock. Food will be packed and passed outside to you. If you have questions, call 705-282-2011. Messages are checked daily.

Tfn

The Sheguiandah Fall Fair sponsored by the Museum Advisory Committee and the Genealogy Club has been cancelled for this year due to the COVID-19 virus.

1-2c

2c

With much regret we will have to cancel the Lake Kagawong Small Mouth Bass Derby which was to be held on August 8 and 9.





NOTICE TO CREDITORS AND CLAIMANTS

All claims against the Estate of Ted James Mandigo, late of the Town of Gore Bay, in the Province of Ontario must be filed with the undersigned personal representative on or before the 30th day of June 2020, after which date the Estate will be distributed having regard only to the claims of which the Administrator then shall have notice.

Dated at the Town of Northeastern Manitoulin and the Islands, this 15th day of May 2020.

Mary Victoria Mandigo

Estate Trustee of the Estate of Ted James Mandigo, by their

Samantha Ramage,

Ramage Law Office Professional Corporation P.O. Box 349 Little Current, ON POP 1KO

Indian Day School claim applications now open

CANADA—Applications are now open for members of the Federal Indian Day School Class Action to start the claim process and the applications must be sent in by July 13,

Indian Day School survivors who are eligible class members of this lawsuit can access the claim form at IndianDaySchools.com. There are online forms that can be filled out digitally and mailed, faxed or emailed to the claims administrator in Toronto, with all that contact information available both on the website and within the

There are several legal and mental health support services available for class members. Anyone who has questions about the claim form or process can call the class action's phone line at 1-888-221-2898, where they can either speak with the claim administrator or get help from legal counsel in filling out the form.

Since this is a difficult topic for many people, class members can access mental health counselling and crisis support at any time of day through the Hope for Wellness Hotline. Counselling is available in English, French, Cree, Ojibwe and Inuktitut by request upon calling 1-855-242-3310 or visiting its website, HopeForWellness.ca.

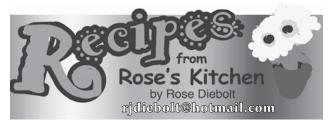
Survivors should note that the law firms in this case (Gowling WLG and Deloitte) will never ask for banking information. The lawyers have received reports of scammers contacting survivors, pretending to be the legal team, and asking for the survivors' financial details.

Previously, community assistance sessions were scheduled across the country to assist survivors with applying to the claims process. In response to the COVID-19 pandemic, all sessions are cancelled until further notice.

However, the legal team is making provisions for video conference presentations and virtual legal support, as well as one-on-one support for preparing a claim form, by contacting the legal counsel team at 1-844-539-3815 or by emailing DaySchools@GowlingWLG.com.

As has been reported on previously, settlements range from \$10,000 to \$200,000 based on the level of harm experienced in the schools. If an Indian Day School survivor passed to the spirit world some time between November

...continued on page 29



My gardening projects are full speed ahead. Plant and plant some more, all in the name of cooking and eating! The haskaps, black and red currant bushes are full of blossoms and with the rain on Sunday the rhubarb must have grown two feet (mmm a bit of exaggeration). I love baking with rhubarb, it's the sweet and sour combo that makes the tastes buds go yummy!

Lemon-Blueberry Breakfast Cake

I did a lot of substituting in this recipe but that's what makes it fun and you can use what you have in your cupboard. This recipe is great for gluten-free, dairy-free and vegan. Rhubarb is in season so that's my first substitution, then spelt flour instead of coconut, and almond butter went to natural peanut butter. Use zest of an orange with the rhubarb.

CAKE:

1/2 cup almond, peanut, cashew, or sunflower seed but-

1/4 cup coconut oil, melted

3/4 cup coconut sugar

1 large egg or 1 flax egg

Grated zest of 1 lemon or orange

2 Tbsp fresh lemon or orange juice I tsp pure vanilla extract

1/2 cup coconut or spelt flour

1/2 tsp baking soda 1/4 tsp salt

1 cup fresh or frozen blueberries or rhubarb cut into small pieces

GLAZE:

 $1/4 \, \mathrm{cup} \, \mathrm{coconut} \, \mathrm{oil}$

1/4 cup maple syrup or honey

Preheat the oven to 350°F. Line an 8 x 8-inch baking pan with parchment paper.

In a bowl, stir together the almond butter, coconut oil, coconut sugar, egg, lemon or orange zest and juice, and vanilla until smooth and combined.

Stir in the flour, baking soda and salt. Fold in the blueberries or rhubarb. Spread the batter evenly in the prepared pan. Bake for 20 to 25 minutes until a toothpick inserted in the centre comes out clean. Set pan on a wire

For the glaze combine the coconut oil and maple syrup in a microwave or a small pot on the stove until the oil melts. Mix well. Using a knife or fork poke holes in the cake. Pour the glaze over top of the cake. Refrigerate for about one hour to give the glaze to firm up.

The cake will keep for up to one week in the fridge in an

airtight container.

*To make the flax egg, whisk 2 Tbsp ground flax seed with 2 1/2 Tbsp water. Let stand for 10 minutes to gel.

Death Notices

JAMES "DAVID" HEWS May 1, 1948 - May 19, 2020



Tt is with great sadness that his fam-Lily announces David's sudden but peaceful passing at his home in Honora Bay on Tuesday, May 19, 2020. Loving husband of Dora Charlebois-Hews of 47 and a half years. Loved by his son Michael. Proud grampa of Kevin and Miranda. Survived by his

siblings Peggy (Pat), Bill (Mary Ann) and Susan (Shane). Predeceased by his parents Charlie and Biddie Hews of Sudbury. David was born and raised in the north and went to Laurentian University. David used his entrepreneurial spirit and his business acumen to succeed in his career. David noticed when others needed assistance and stepped in to do what he could. He lived life to the fullest and loved to be on the water, especially cruising in the North Channel. Travels in Europe and life in retirement on Manitoulin and in Florida, afforded David and Dora with many wonderful times with family, friends and acquaintances. David was well known for his huge sense of humour with a huge laugh to go with it and leaves behind a void to all who knew him. Due to the virus situation, a private gathering will take place at Island Funeral Home. However, a memorial will be planned at a later date. Donations may be made to the Alzheimer's Society of Canada either online by visiting Alzheimer.ca or by mailing a cheque to The Alzheimer's Society at 20 Eglinton Ave. W., 16th Floor, Toronto, ON M4R 1K8.

Don't grieve for me, for now I'm free, I'm following the path God laid for me. I took His hand when I heard Him call. I turned my back and left it all. I could not stay another day To laugh, to love, to work or to play. Tasks left undone must stay that way, I found that place at close of the day. If my parting has left a void, Then fill it with remembered joy. A friendship shared, laugh, a kiss, Ah yes, these things I too will miss. Be not burdened with times of sorrow, I wish you the sunshine of tomorrow. My life's been full, I savoured much, Good friends, good times, a loved one's touch. Perhaps my time seems all too brief, Don't lengthen it now with undue grief. Lift up your heart and share with me, God wanted me now, He set me free!

HARVEY JOSEPH SAUMIER February 14, 1931 – May 17, 2020



arvey Saumier, a resident of Mindemoya, passed away on May 17, 2020. Son of the late Wilfred and Al-Saumier:

brother of Rene; sister of Madeline, all from Temiscaming, Quebec and predeceased. Husband of his beloved wife Crystal Saumier, father of son Glen and daughter Monica. Also survived by six grandchildren, five great-grandchildren and five great-great-grandchildren. He is greatly missed by his four-legged baby Benji. Having worked in the paper mill in Temiscaming for 11 years, he then served in the military at an early age, spending 18 months in the Korean War. He then moved to Elliot Lake where he worked for mining contractors and Rio Algom for 25 years, moving to Sudbury with Crystal, then moved to Mindemoya where he spent his remaining years. He loved the outdoors, the bush, especially hunting with his son Glen. He enjoyed travelling to Germany and the Netherlands where he visited family. The family would like to extend a heartfelt thank you to the staff at the Mindemoya Hospital, Dr. Reade, all the nurses who were so kind and too many more people to mention by name who took care of Harvey. Thank you, thank you! And a very special thank you as well to Dr. Michael Bedard, thank you for the house calls. Memorial donations may be made to the Mindemoya Hospital Auxilary or Pet Save Manitoulin.

Sincerely Crystal Saumier and family See you later Babe!

FREDERICK (FRED) LORNE **ARMSTRONG** 1937 - 2020



In loving memory of Fred Armstrong, of Manitowaning, who passed away suddenly on Tuesday, May 19, 2020. He had fought a battle with cancer for 10 years. Sadly missed by his loving wife and partner Sheila of 56 years, May 15, 2020. Missed and loved by daughter

Joanne Stone (predeceased by husband Rod, March 10, 2020), son Rick (partner Sandra and family), grandchildren Zach Armstrong (wife Jill) of London, Keisha Bell (partner Tim) of Regina, SK, Josh Armstrong (partner Bianca) of Prudhomme, SK, Jake Armstrong of Vonda, SK, and Ann and Mark Warnholtz and children of Sherbrooke, Quebec. Predeceased by parents Lorne and Olive Armstrong, brother Jim and wife Linda Armstrong and infant sister. Loved and missed by sister Dorothy and husband Wayne Chapman, sister-in-law Sharon and husband Tom Aelick, nephews, nieces, cousins and close friends. Fred worked on the Great Lakes sailing for a few years but then farming was what he wanted to do. Fred enjoyed going to powwows and having tacos, Amish school sales and the pie and ice-cream, fishing at the Manitoulin Ice Showdown, ploughing matches each fall, horses, Country music, dancing, Monday night Bingo, food and the outdoors. He also enjoyed gatherings with family and phone calls from friends. In lieu of flowers, donations to the Manitowaning Medical Clinic or your choice. Cremation has taken place. Celebration of Life and burial to take place at a later date.

Julie Violet Plume October 31, 1962 – May 21, 2020



In loving memory of our beloved Julie Violet Plume, mother, grandmother, sister, auntie, sisterin-law, godmother, cousin and dear friend. Your spirited laugh and friendly smile will be greatly missed. Julie began her Spirit Journey at her home in Wiikwemkoong

at the age of 57. Sweet daughter of Russell Norman Sr. and Hilda Rose Plume (nee Shawana) (both predeceased) and dear goddaughter of Lloyd (predeceased) and Margaret Shawana of Sudbury. Beloved mother of Misty (Shawn), Conrad and Kyle (Tanya) of Wiikwemkoong and special daughter Natalie. Dear grandmother of Alyssa Plume, Nathan and Laurin Moro, all of Sarnia, Destiny, Miiangun, Masyn and Kyla of Wiikwemkoong. Great-grandmother of Kaiden, Kianna, Keeghan and Bentley. Loving sister of Linda (Doug) Peterson of Wawa, Russell (predeceased) (Loretta Assinewai) Plume of Sudbury, Gail (Shane) of Sudbury, Lana (Leroy) Trudeau of Sudbury, Rodney (predeceased) (Lori Lafortune) of Sudbury and special sister to Martha Ominika (nee Shawana). Dear godmother of Lindsay Trudeau (predeceased), Santana Nebenionquit of Sudbury and Shelly Assinewai-Plume of Sudbury. Cherished Auntie of Marcel and Ben Lewis, Lisa (predeceased), Crystal Gail, Daniel, Tiffany, David Plume, Dakota Toulouse, Stacy, Santana Nebenionquit, Monte and Rodney Fox, Stephanie, Shannon, Shelly Assinewai-Plume and Robyn Lafortune. Special friend of Janice Downey of Sudbury. Julie will be fondly remembered as a caring and compassionate person who was always there to help her family, friends and the community in time of need. She was a proud fosterparent to many children in Wiikwemkoong. She fostered and opened her home to many special young adults as well, who looked up to her for guidance and nurturing. She was a cancer survivor and never gave up her battle to the disease. For service details please go to islandfunerahome.ca.

Memorial donations are gratefully appreciated and can be made at the admitting office to the auxiliaries of the Manitoulin Health Centre and the Renovation Fund in both Mindemoya and Little Current and the Gore Bay Manitoulin Lodge Auxiliary Incorporated, 3 Main Street, Gore Bay, Ontario, POP 1H0 and the Manitoulin Centennial Manor Fundraising or Manor Auxiliary, Postal Bag 460, 10 Robinson Street, Little Current, Ontario, P0P 1K0. Donations can also be made to the Manitoulin District Cenotaph Fund, Box 656, Little Current, Ontario POP 1K0 or Pet Save Manitoulin, Box 393, Gore Bay, Ontario POP 1H0.

...Indian Day School claim applications now open for survivors, estates

...continued from page 28

2007 and present, their estate is eligible to apply.

Family members of Indian Day School survivors are not eligible, though a \$200 million legacy fund is being set up to support activities related to commemorating the history, strengthening Indigenous culture and offering healing and wellness services.

Indian Day Schools were institutions set up within First Nation reserves beginning in 1920. Close to 200,000 Indigenous children attended one of 699 Indian Day Schools, where many individuals experienced trauma, physical and sexual abuse from those who were supposed to be providing care for them.

This case was started by Garry McLean, who died in 2019

before the settlement was finalized. The class action was certified in June 2018.

Any Indigenous people who feel they need mental health support counselling because of this difficult subject should call Hope for Wellness at 1-855-242-3310 or visit HopeForWellness.ca.

Tehkummah Talk and Times

Day 64: Margaret McCarthy popped by bearing muffins and mooseburg-

Day 65: More food at my door (I must have that hungry look). Today, Bobbi Jo calls, she has food for Cal as well. So, we have a small conflab in the yard. The breeze was cool. Bobbi Jo was back again this afternoon with fresh picked rhubarb! It seems early, but I'm sure enjoying it! It's good for you too! Or me?

I was watching The Voice finale. It was so good, a lot of tributes in and of COVID-19.

As I was sitting here, both my cats came for a visit and I wondered how folks without pets to talk to or cuddle are managing? It must be very lonely if they are alone during this time.

Day 66: Well, a day for sitting outside. Finally, sunshine and warmth, a fairly large pure white feather lands on the roof and slides down. It must be from an angel, as I don't know any huge birds that have a pure white breast feather?

A visit outside with Tara and Bobbi Jo, who brought more rhubarb. I just had a bowlful of our delicious chili, yesterday's gift food.

Brenda

Freeman/Robinson

stopped in on her way to work, also bearing a gift. I have to be the most fortunate person in the world! And speaking of, isn't it lovely all the yellow dandelions loaded with honey bees too, and the spring flowers, primrose, violets, etc. The catkins bloom on the birch.

Diane calls, Harvey is bringing us some trout fillets for our supper, delicious they were.

As I'm writing this, I am watching the unmasking of the final show, there were some good singers on this fun show! It was already started when I got home from Pauline's. She showed me the whole video of my great-nieces Ava and Leah McCauley singing "Hear Us As We Pray." Wonderful! She fed me a fresh muffin still warm from the oven.

I hear Fred Armstrong, who has been strong and fought a long and trying battle with his cancer, has passed away. Sympathy to Sheila, his family and many friends. He will be missed. Until this pandemic we saw him and Sheila each week at our Tehkummah bingos.

My neighbour David Siberry brought me in a mask today made by Evelyn, thanks!

Day 67: 4:30 am, I am awake and singing to Ginger, "Look For The Silver

Lining.' It's the demise of the daffodils, that darn sun! I just picked a bouquet while the blackflies picked on me.

So, tonight's news, the firefighting season too, has come upon us. Be careful folks.

Norma Thomas stopped by, I had just mailed her a letter about 15 minutes before. I could have saved the price of a stamp!

A long phone chat with sis Mollie and a chat with Loretta Mucha this morning.

Pauline calls with the cousin Dave McCauley broke his leg. I'll bet he said, "gosh darn it!"

He's a cattle farmer and that means working, and a busy season. Watch from the sidelines and heal soon! The peepers are livening up the night.

Day 68: Ray has the gardens worked up! This year the swallows laid claim to the sky-high condo. The wrens have come too late. I think I need a couple of new little wren houses. If anyone wants to build me some. I'll gladly pay.

I'm watching a great program of inspiring youth with their ideas of how to commit your time and ener-

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gies during our isolation time, some good music too! Starting with the Reklaws.

I puddled around outside, potted a couple of seeds and soaked up my vitamin D.

Pretty well every time Pauline phones I'm sitting in a certain location.

Another white feather, both of them disappeared?

Technology that some are finding so helpful now, had already done its job of isolating people. The face to face was already on its way out, perhaps this is/was a reminder. Note!

A nice long phone chat with Doris Bayer. She had pretty well the same news I had, but did find out a bit of stuff about their property and we talked wildlife. While on the phone, I saw this sissy person in my yard, bulbs, flowers, seeds, inspirational book and magazines with inside informa-

Just at dark I saw the hummingbird come to the window. I think he had just arrived, he drank at the feeder for the longest time. I also did my good deed for

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Leanne Lewis

leannelewis@royallepage.ca

the day. I caught a bumble bee in the window and set him free. As I watched the Gaither's this evening the tears are falling. The most beautiful inspirational and thinking of my friends who have passed this past little while. I was singing along earlier and Cal laughed?

Day 69: Saturday, I did a minimum around the flower pots. I really didn't want to get out of bed. Sherry phoned early and woke me, Derek phoned early and woke me. I finally got up, made coffee, fried sausage with onions and mushrooms and sat in the sun to eat! Sherry came along to help house clean (outside). She painted stuff.

I did a drive to Providence Bay and almost hit a pair of Sandhills on the road. The Marsh Marigolds were glowing in the ditches and bilberry and maybe wild black cherries were looking showy. Folks were enjoying the sand beach at Providence Bay and a pretty stone house was getting a new roof.

Ray and Sherry were

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RENOVATED WATERFRONT

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cleaning up my garbage. Sherry went to "Kickass Cookhouse" and bought our lunch, it was delicious, huge pieces of fish with the chips and yummy salad. I don't think I shopped there once last year!

I am exhausted from doing nothing! But the days go by just the same!

Day 70: The morning birds were singing at 4:30 am. I had fallen asleep in my chair about 9:30 last night. Talk about sleep.

Had to "run," ha, for more paper.

So, Ray finished mowing in the rain. I got peas, a row of mixed something in the ground just ahead of it. I hope it all works out. This is probably the last garden I'll ever put in! Small though it is, but what a feel of satisfaction to beat the rain!

Back working on my mini books again. Once I started them, I couldn't quit. But, that's a job I can do in a semi resting mode.

Well, I really am losing it. I put my rhubarb squares together backwards and made a pudding but it's good anyways.

Skylar and Ray were fishing and caught some pike. She is learning to fillet them. I just had my supper about nine and it was fresh fish only! And delish! I'm on a fish kick!

Nice to see all the volunteers recognized! OK. The Expositor's birthday celebration, congrats and double congratulations to be a hall of famer, newspaperstyle, nice photograph too!







Isobel Edward Sales Representative Toronto Real Estate Board iedward@trebnet.com



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...climate change conversation with youth

...continued from page 22

They're going to be proactive. It will be normal for them to make intense changes, to do something."

The organization has developed a climate change educational session that was to have been introduced into schools this spring. Manitoulin Streams' Maddie Wagar worked with assistance from Ms Meert and Kristin Koetsier, climate change co-ordinator for Billings and Central Manitoulin, to develop the sessions. They were originally geared for Kindergarten through Grade 8 but have been adapted for high school students as well. "It's about how we can change or adapt to climate Ms. Wagar change," explains. "We teach kids what actions they can take at home. For example, riding a bike instead of taking the car, planting trees, reduce, re-use and recycle. There are a lot of simple things we can do."

Things have come to a temporary halt for the Go Green committee. "The focus has completely shifted to survival mode and self management during the COVID-19 pandemic, Ms. Bauer says. "Everyone is certainly missing the camaraderie right now. We're doing something; we all did our own things for Earth Day. We're living a good, active green lifestyle. But we're missing having the sense that we're impacting on the world."

One of their projects began with a conversation about consumer habits; about how everyone can get involved and how people can vote with their wallets. "Everyone can have an impact," she continues. "It's been a struggle trying to find some way to identify products that were developed and manufactured in a way that was eco-friendly and sustainable. The kids tried a bunch of different apps that were supposed to do that, for example to quantify a product's environmental or carbon footprint for

everyday products such as shampoo, makeup, processed food and so on. but they couldn't find anything that was user friend-

"You might think they're just kids and so don't matter, but it does matter and as a demographic, teens have huge purchasing power. And they're using it locally, at the corner store, at Loco Beanz, telling their parents what to stock their pantry with. They want to know that what they're doing is making a positive difference but they don't feel they have the tools."

A big struggle is with their peers. "There's a sense of apathy and complacency. As educators we're seeing that. The future is scary and now even more so. Kids have dreams, they have hopes and visions for the future. The thing that stands out is most of the plans don't include having a family. Why not? They're concerned about the kind of future they're going to have."

She continues, "As a

teacher I see it in the classroom. kids just going through the motions. They think, 'why bother? What's the point of making harder choices or alternative choices?' It's definitely harder to reuse than it is to replace. This is all coloured by the feeling they're not going to make a difference. There's a huge apathy. But when kids do participate you can see the rush of feeling they experience when they see the impact they make. As an example, one of our projects was raising money for Manitoulin Family Resources through a collection. They thought, 'why donate? All I have is one dollar. One dollar isn't going to make a difference.' What they learned is that 800 people giving one dollar turns into 50 food baskets for families in their community. That's a contagious feeling and inspires other kids to join

Children listen and they

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that information to take action. An example Ms. Bauer offers is when they asked their parents not to buy avocados anymore because the farming practices were killing butterflies. "It was an important issue for them," she says. "They'll hear something in class and bring it to the group. We ask, 'what can we do about this? How can we turn this into action?' One of their favourite words last year that coloured much of our conversations was 'epic.' They wanted to do something epic. They wanted to walk across Manitoulin and so we did our Water Walk, 126 kilometres across the Island. We need to find a way as parents to let the kids run with epic ideas, to clear the obstacles and say, 'let's make it happen.' That's empowering. The result may be less grand in the end, but that's just learning. Trying leads to doing. Even if it doesn't succeed the

learn about things and use

One of the questions she asks the group is, 'if money was no obstacle what would you do?' People often think they don't have the resources but that's often not the case, she explains. "You don't always need money to do something. They figure out the what and the why and as parents we should help to clear the obstacles. There is that idea that there will be an 'aha' moment with something epic—it doesn't get more epic than a global pandemic."

process itself can be a suc-

cessful learning experi-

ence.'

There's a positive side of the COVID-19 pandemic, according to Ms. Bauer. "We have the time to take a look at how we're living and the pace we're living at. We should be having conversations about how we can change for the post-COVID era. Guilt is not helpful in these conversations. Shame is not helpful. Educators have a responsibility to listen to what their students are

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saying and to give them correct information. We have to allow kids to explore issues that are real. Kids know that talk is cheap. They want to know what are you going to do about it. They value action, they want to do something. Anything is better than nothing."













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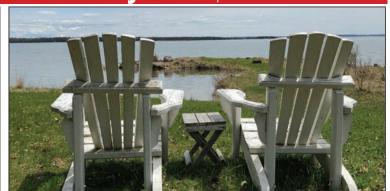
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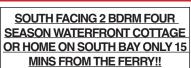
EXTREMELY HIGH QUALITY 3 BDRM HOME WITH NICE VIEW OVER LAKE MINDEMOYA!! - This beautiful home with its hardwood floors & vaulted ceilings comes with a magnificent kitchen with cherry stained maple cabinets, 3 baths including the en-suite in the huge 600 sq ft master bedroom found at the top of a spectacular oak stair case. The manicured lot comes adorned with a variety of mature trees which nicely outline the property, amazing concrete driveway & huge sidewalks leading to 2 large decks of which one is a covered verandah. Also on the lot is a 10 X 12 storage shed & a heated completely finished and insulated double size garage. MLS#2085240



NEWLY RENOVATED KAGAWONG AREA HOME! - This 960 sq. ft. 2+2 bedroom and 2 bathroom home is situated between Kagawong and Mindemoya on a 2 acre lot. This home comes with an attached garage as well as a detached garage and large workshop that could easily be converted to a rental unit. The house has a fully finished basement and the workshop comes with a full basement as well. Amenities such as shopping, golf, fishing and hospital are all close by. Asking \$335,000.00!!! #3605



SUCCESSFUL AUTO REPAIR AND BODY SHOP BUSINESS IN DOWNTOWN GORE BAY!! - Known as Jewell's Collision, the large 7200 square foot building is newly renovated and maintenance free. The building is currently housing an auto repair shop in the back half of the building and an auto body shop in the front half. The business has grown every year for the 19 years it has existed and continues to grow with plenty of opportunity to expand and grow especially with spin-off type business such as used car sales/rentals, small motor repairs, car detailing and the list goes on and on. The seller is willing to undergo an environmental audit and had a clean bill of health on one that was done when the seller took over the building. The building could be converted into other uses as well, also rent to own may be a possibility. Asking just \$489,000. MLS#2080433



Γhis cottage/house has deep water, bald rock frontage and comes adorned with beautiful white stone walls and a 32ft X 29ft metal sided and roof, fully insulated garage. The cottage comes turn-key with all furnishings and appliances. The Bay is great fishing for all fresh water species and amenities such as shopping, medical center and golfing are less than 30 minutes away. Asking \$299,000!!!! MLS#2077447



2.77 ACRE VACANT LOT ON LAKE MINDEMOYA!! - This estate size waterfront lot comes with a beautiful sand beach. great for swimming on a lake that has very good fishing for walleye, bass, perch and whitefish. The lot is located only 10 minutes from the Town of Mindemoya which consists of such amenities as Manitoulin's largest grocery store, a hospital, hardware stores, etc. asking \$123,000! MLS#2060675



VISTA WITH A WOW!! - Reminiscent of a fjord in Norway or the rugged British Columbia coast line, this property sits 450 ft above the town of Gore Bay; overlooking the town & harbour from the top of the East Bluff at the mouth of the bay & facing directly west for beautiful Carribean style sunsets & the famous La Cloche Mountains in the distance across Lake Huron's North Channel. This one acre property is located on a site that has one of Ontario's prettiest cliff views. This nicely manicured acre of property comes with a magnificent 4 bdrm executive-style manufactured log home accented with a centerpiece stone fireplace, granite counter tops with matching table, in-floor heating. highest of quality built-in appliances, great flooring & a 5 piece ensuite with a Jacuzzi and a large steambath/shower. The double garage which is fed with 200 amps of hydro & comes with an attached ATV garage & an exercise room with a bathroom & sauna & the floors in this building are also heated. This property has a layout which would be very conducive to a high-end bed & breakfast. A steal of a deal at \$799,000! MLS#2077446





FANTASTIC BUSINESS OPPORTUNITY!! - Known as Sandfield General Store, this very large commercial building is cur-rently a gift shop, a restaurant & a comer store. It has plenty of parking, storage areas & land. Along with this business is a 2 storey, 5 bdrm, 2 bath home that would make a great little bed & breakfast. Lake Manitou is a stone's throw away & this location is quite central & very much needed as the competition is mainly 20 mins or more away in every direction. There is a resort traile park directly behind this great commercial business & its huge untapped potential. Reduced to \$300,000 MLS#2062704



2 + 1 BDRM COUNTRY HOME - With Large Double Garage Acres Of Land In The Quaint Town Of Silver Water, This beautiful home located close to Silver Lake which is good fishing for Walleye & Bass has many upgrades including hardwood flooring, propane furnace and new windows. The 3.77 acre lot comes with two driveways and a 31 X 24 foot garage with storage loft. Many other great fishing lakes are close by and the amenities of the Town of Gore Bay are just 30 minutes away Asking \$169,000. MLS#2079265



LACLOCHE MOUNTAIN RESORT ON CHARLTON LAKE IN WHITEFISH FALLS!! - Settled in the Majestic Mountain Range of white quartz of Willisville where they filmed the series Rainbow Country, these spectacular mountains and waterways were made famous in paintings by the group of seven. This resort known as Bearskin Lodge and Outfitters comes turnkey with 9 rustic two and three bedroom log cabins as well as an owners' residence and another cabin they allow friends and workers to stay. The housekeeping cottages each have their own hydro panels and each have their own bathrooms and appliances that are relatively new with ungraded wiring. Chatton pliances that are relatively new with upgraded wiring. Charlton Lake is really one of many lakes accessible in the area and is renowned for its great walleye and bass fishing. Asking \$975,000.



ELEVATED SUNRISE VIEW OVER BEAUTIFUL LAKE MIN-**DEMOYA!!** - Large 2 1/2 acre lot with almost 150 ft of shoreline, a dock & a (grandfathered-in) boathouse. A quick flight of stairs brings you from the dock & fantastic deep water shoreline to the top of the flat bluff where you find a 3 bdrm cottage with an eye catching view! The golf course, hospital, restaurants, shopping are only 15 mins away. Reduced to \$179,000!!! MLS#2074433



DOUBLE LOT FOR SALE IN PROVIDENCE BAY - Walking distance to Providence Bay Beach this double lot already comes with a well, driveway, shed, trailer and cleared building site. Both lots have separate entrances, lots of trees in between which allows for privacy. The trailer on one lot is in good condition, all inspected and used in the summer of 2019 and the roof was triple painted with a rubber sealant. There is a new 10 x 10 shed on one the other lot allowing for extra storage. Providence bay is a family oriented community known for its superb dining, gorgeous sand beach and boardwalk. Build your get-away on this beautiful property. Asking \$65,000. MLS#2082178