



Canadian Agricultural Safety Week

March 10-16, 2019 • Let's talk about it!

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The MANITOULIN EXPOSITOR



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MANITOULIN ICE CAVES—With temperatures steadily on the rise, the ice caves at South Baymouth may not be around for much longer this year. As those who have paid the site a visit will know, this is just one of many icicle-laden passageways and tunnels that offer hours of entertainment for eager explorers.

photo by Warren Schlotte

Lieutenant Governor honours Birch Island's Jim McGregor with Good Citizenship Award

by Michael Erskine

QUEEN'S PARK—Whitefish River First Nation member and former chief Jim McGregor was one of eight distinguished individuals recognized during a ceremony at Queen's Park with the Ontario Medal for Good Citizenship, the province's second-highest civilian honour, for his contribution to his community and the province.

Lieutenant Governor of Ontario the Honourable Elizabeth Dowdeswell was joined by Vincent Ke, parliamentary assistant to the Minister of Tourism, Culture and Sport, as Mr. McGregor and his fellow medal recipients invested the recipients with their medals at a ceremony at Queen's Park today.

"I am honoured to invest this year's recipients of the Ontario Medal for Good Citizenship, all of whom have demonstrated a common devotion to Ontario," said Lieutenant Governor Elizabeth Dowdeswell. "Good citizenship is the foundation of a society that aspires to be resilient. It is fundamentally about how we live together and what we can expect from one another. The civic leadership of these awardees is help-

ing to shape our future as well as our present."

"Congratulations to the honourees of the Ontario Medal for Good Citizenship," said Minister

of Culture, Tourism and Sport Michael Tibollo. "These individuals have devoted their time, passion, expertise and efforts to

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Lieutenant Governor of Ontario the Honourable Elizabeth Dowdeswell pins the Ontario Medal for Good Citizenship on Whitefish River First Nation former chief and band member Jim McGregor during a March 7 investiture ceremony held at Queen's Park.

After four years, goose shooting trial resolved in favour of Green Bay farmer

MNRF lawyer withdraws final charge

by Alicia McCutcheon

GORE BAY—Paul Skippen of Green Bay, the farmer accused of shooting a Canada goose from a roadway and out of season, had what he hopes is his final day in court last week. The case has dragged on since 2015.

At Mr. Skippen's last court appearance—in October of last year—following an appeal of the farmer's initial hearing, Justice Andrew L. Buttazzoni agreed with Justice of the Peace Darlene Hayden's ruling that the charges of shooting a Canada goose out of season and without a permit should stand, but ordered a retrial when it came to the charge of shooting from a roadway, which Mr. Skippen and his lawyer Brad Allison have disputed since day one.

Following the October court date, Mr. Skippen paid the \$300 fine for killing the goose.

Mr. Skippen and Mr. Allison once again appeared before Justice Hayden in a Gore Bay court on March 7 to learn his fate as it pertained to the shooting charge.

Dan Williams, the lawyer representing the Ministry of Natural Resources and Forestry, withdrew the charge of shooting from the travelled portion of the road.

"He stated that it wasn't in the

best interest of the people to pursue the matter of shooting from the road," Mr. Skippen told The Expositor.

Justice Hayden accepted the withdrawal.

Mr. Skippen and his support

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Police identify man found dead in burned down Green Bush cabin

by Michael Erskine

LITTLE CURRENT—The Manitoulin OPP detachment was requested to do a wellness check of a male at a residence in the Northeast Town on the evening of Monday, February 2. Due to the remote location of the residence (kilometres past the "Steps" at the end of the Green Bush Road) and a severe winter storm, that check was delayed until the following day and revealed a tragedy.

With the assistance of the Ministry of Natural Resources and Forestry (MNRF), the officers located a burned residence and upon further investigation

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Healing circles sought

Island social worker has designed sexual assault deterrance program geared to protect Anishinaabekwe

by Michael Erskine

TEHKUMMAH—Michelle Hrynyk HBA, BSW, RSW, is a Tehkummah social worker who recently stepped up to fill a breach she discovered in the sexual assault resistance



Mark Seabrook and Michelle Hrynyk

research literature when it came to helping Anishinaabekwe protect themselves from sexual assault.

"I was researching Indigenous sexual assault resistance programs and I

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Popular musician in desperate need of a living liver donor

by Michael Erskine

MASSEY—Summer visitors and residents of Little Current have become familiar with the melodic voice of Beth Knibbs as she sings a repertoire of popular tunes, with the help of a small amplifier, as she performs in Expositor Square. Today she is hanging on the edge of a catastrophic liver failure and desperately needs a living donor to step forward to save her life.

Unfortunately, Ms. Knibbs was diagnosed with William's Disease, a genetic disorder that prevents her body from being able to excrete copper. As it builds up, copper becomes toxic to the body, attacking the liver and the brain.

"It made her liver fail," said her husband Leslie Knibbs, a longtime contributor to the Anishinabek News. The therapies designed to combat the condition have kept her healthy for almost 30 years. In fact, her last check-up showed that she was holding her own nicely. But then quite suddenly, her liver failed.

The result has been that her abdominal cavity is filling with fluid. "She looks about seven or eight months pregnant," said Mr. Knibbs. The couple had originally gone to the emergency room at the Espanola hospital, but that proved fruitless. "They just sent her home," he said. "It didn't get better and we felt completely helpless."

A call to her specialist got a much different reaction. When they got to a hospital in Barrie, the tests indicated that Ms. Knibbs' liver had completely failed.

Mr. Knibbs said his wife's health is "very rough."

The 47-year-old (she will be 48 this month) singer followed a very healthy lifestyle, including yoga and a daily



Massey musician Beth Knibbs is a staple in downtown Little Current during the summers. Now, she and her family are searching in earnest for a liver donor.

regimen that included walking every day and "a lot of swimming." She was in the peak of health, despite her illness lurking in the shadows. "Her last checkup was about a year and a half ago," said Mr. Knibbs. "It came on so suddenly like a rampage."

Ms. Knibbs is on the transplant list, with her MELD score sitting at 20 out of 45 (a MELD score is used to estimate relative disease severity and likely survival of patients awaiting liver transplantation). "Those in the 40s are next in line," explained Mr. Knibbs. "Right now we are in a purgatory." The medical treatment is simply holding her in place; without a donor, her prognosis is fatal.

"We have had someone from Sagamok (where Ms. Knibbs was working at Bidabaan) who has stepped forward to be tested and they have started the process," said Mr. Knibbs. "The community has really been very supportive; they have been fantastic."

In a living donor situation, a chunk of the donor's liver is removed and placed in the recipient's body. Recovery for the donor is fairly rapid, and their own liver regenerates to within 90 percent of its original size fairly quickly. For the recipient the transplant is just the start of a long path back to health but removes the death sentence from over Ms. Knibbs' head.

To learn more about liver transplants and to sign up to provide the gift of life to Ms. Knibbs, go to www.liver.ca and follow the links.

The family is also struggling financially and any donations to help offset medical and living expenses will be gratefully accepted. A GoFundMe account has been set up and can be accessed by searching Leslie Knibbs at GoFundMe.com.

For now, Mr. Knibbs and his 14-year-old son Scottie are waiting by the phone, hoping it will ring with good news.

M'Chigeeng's Dianne Corbiere receives Law and Justice Indspire Award



Dianne Corbiere, a lawyer from M'Chigeeng First Nation, was among 12 people who received a 2019 Indspire Award. The Indspire awards are the highest honour the Indigenous community bestows upon its own achievers and recognizes Indigenous professionals and youth who demonstrate outstanding achievement.

by Warren Schlote

CALGARY—M'Chigeeng First Nation's Dianne Corbiere was one of a dozen recipients of a 2019 Indspire award at a Calgary ceremony on February 22.

"It was a very positive experience; I was elated," she told The Expositor. Ms. Corbiere is a lawyer and the managing partner of Nahwegahbow Corbiere Genoodmagejig Barristers and Solicitors in Rama, near to where she now lives.

The first Indspire Award was presented in 1994 under the name of the National Aboriginal Achievement Foundation. The group changed its name to Indspire in 2012.

Each year, a new round of nominees receives the awards in categories that include arts, business and commerce, education, public service and youth awards. There is also one lifetime achievement award presented each year.

The late Lillian McGregor of Whitefish River First Nation is the only person from the Manitoulin district to have received an Indspire lifetime achievement award; she received the honour in 2011.

Ms. Corbiere received the award in the

law and justice category for demonstrating leadership in Indigenous law. She was part of a working group at the Law Society of Ontario that was tasked with responding to the Truth and Reconciliation Commission's calls to action.

Ms. Corbiere received the Indigenous Peoples' Counsel designation from the Indigenous Bar Association in 2013, a designation that is awarded to one person per year. She had previously been president of that association and has served as chair of the National Secretariat on Hate and Racism in Canada.

Canadian Lawyer magazine named Ms. Corbiere as one of the top 25 most influential lawyers in Canada in 2012, the first time an Indigenous person had made the list.

According to Ms. Corbiere, she had hoped that she would receive an Indspire award given her background.

"I think that I do a lot of volunteer work outside of my law practice, and I've had a very successful practice. I guess I just didn't think it would happen this soon," she said.

Ms. Corbiere serves clients from First Nations across Manitoulin Island, with a

special focus on Robinson-Huron treaty clients. Her law firm exclusively serves First Nations clients.

"I think this gives hope to young people that if they work hard and stay in school, they too can have this experience. It's also important to recognize the work we're trying to do to resolve treaty grievances. It matters," she said.

Her biography on the Indspire website states that in 2016 she helped with the first case in Ontario that included Anishinaabe laws and legal orders in its interpretation of the 1850 Robinson-Huron treaty.

Being on stage with so many notable Indigenous leaders was a humbling experience for Ms. Corbiere.

"They're very inspiring people. I think we're now part of the Indspire family because we spent quite a bit of time together. In such a short amount of time we got to know each other," said Ms. Corbiere.

She added that this experience has shown her the value of dedication and perseverance.

"If you work hard, you can accomplish better things," she said.

Lions ask Northeast Town council to help lower highway speed limit, council will petition MTO

by Alicia McCutcheon

LITTLE CURRENT—Northeast Town council received a letter from Little Current Lions Club President Bruce Burnett asking council to consider petitioning the Ministry of Transportation (MTO) to lower the speed limit on the north side of the bridge to 50 km/h. The current speed is 80 km/h with a sudden reduction in speed to 20 km/h on the bridge.

The reason is twofold: To enable the Lions Club to once again hold a voluntary toll on the north side of the bridge (under the Highway Traffic Act, fundraising endeavours cannot be held on highways with speeds greater than 80 km/h) during Haweater Weekend; and as a matter of safety.

Councillor Michael Erskine spoke in favour of the lowering of the speed limit, saying he recalled the days of the voluntary toll and what a boon it was to the club and their good works in the community.

"Quite frankly," Councillor Erskine continued, "approaching the bridge from 80 km/h to 20 km/h, there should be a reduction of speed. It's a safety issue, but these funds go right back to the community. It's a win-win and a chance to give back to the community."

Councillor Jim Ferguson asked Mr. Williamson if there was any reason to not support it.

Mr. Williamson replied that while it's the discre-

Municipalities meet to rethink green community policies

by Warren Schlote and Jan McQuay

LITTLE CURRENT—Manitoulin municipal leaders received lessons in sustainability planning in early March through workshops run by reThink Green, a Sudbury-based non-profit organization that encourages and assists environmental planning initiatives in municipalities.

"reThink Green's mission is to bring together ideas, partners and resources to build sustainable communities," said Rebecca Danard, executive director of reThink Green. She said her organization's pilot project to work with municipalities began in 2017 and its funding—provided by the Federation of Canadian Municipalities and the Independent Elec-

tricity System Operator—runs until 2020.

"Sudbury was not moving as quick as we had wanted, so we saw the opportunity to go outside of our home municipality. We recognized the need many small communities have because they don't have the capacity we do," she said.

At this workshop, held at the Manitoulin Hotel and Conference Centre on March 5, municipal officials and members of the public heard what can be done to reduce greenhouse gas emissions, and got a sense of just how much work remains.

There were presentations from Peterborough's sustainability manager Melanie Kawalec, Sustain-

tion of council, he would advise against it because of safety issues involving a voluntary toll and noting problems that have arisen with other bridge tolls held in the past (not involving the Lions Club).

"I'm not going to support this," said Councillor Bill Koehler. "I used to get calls at home from people not liking being approached. I know where Bruce is coming from, but it's about safety."

Councillor Jim Ferguson said he believed speed reduction was a good idea. "If it was 50 km/h on that bend (by Joly's) it might start to slow people down. Eighty (km/h) to 20 (km/h) is pretty drastic."

Councillor Ferguson made a motion to petition the MTO to lower the speed limit to 50 km/h, seconded by Councillor Erskine.

Councillor Bill Koehler again expressed his concern.

In a recorded vote Councillors Erskine, Dawn Orr, Ferguson, Bruce Wood and Mayor Al MacNevin voted in favour. Councillors Koehler, Barb Baker and Laurie Cook voted against. Councillor Al Boyd abstained from voting citing a conflict of interest.

"As Councillor Erskine said, this is a win-win situation for both the Lions Club and the safety of Islanders and those coming to Manitoulin to enjoy themselves," said Mr. Burnett when contacted for comment following the meeting.

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The cast of 'This is How We Got Here' includes, from left, Will Smith, Shannon McMullan, Tara Bernatchez and John Robertson.

Gore Bay Theatre's 'This is How We Got Here' knocks it out of the park

by Michael Erskine

GORE BAY—It's break a leg time for the folks at the Gore Bay Theatre Company as they pack up their set and head off to the annual QUONTA theatre competition in Sault Ste. Marie. The troupe will be performing the Governor General's Literary Award shortlisted Keith Barker play 'This is How We Got Here.' The troupe completed a three show run at the Gore Bay Community Centre theatre this past weekend where they put on a trifecta of tour de force performances in front of appreciative audiences.

The Governor General's Literary Awards are one of Canada's oldest and most prestigious prizes and it quickly becomes apparent why Metis playwright Keith Barker's play was selected as the 2018 winner. 'This is How We Got Here' "looks at the ties that bind a family and the traumas that threaten to tear them apart. The sudden loss of a son affects a close-knit family in different ways and each family member—mother, father, aunt and uncle—must rally together to process the emotional fallout and persevere in the aftermath."

Set in Northern Ontario, the play is "Simultaneously heartbreaking ...continued on page 11

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"who dares not offend, cannot be honest"

One Manitowaning Road

opinion

editorial

Municipal road crews deserve appreciation not vitriol

It was with great satisfaction that we learned of Central Manitoulin's road crews being cited as angels for the work they do at all hours of the day and night to help keep the municipal roads under their charge safe for those who travel them to work and play. The accolades were especially welcome as they came on the very heels of a report that crews in the Northeast Town have been coming under profane verbal assaults from winter weary residents.

This has been a real, old fashioned winter, the sort that many of us have become unfamiliar with, thanks to the relatively balmy experiences of the past several years. But make no mistake, those who study these matters with a great degree of effort are cautioning anyone who will listen that nasty weather patterns are going to become all too common in the future.

Small town road crews do not fall on the same pay scales as doctors, lawyers, or most trades people for that matter. But they work long nerve-wracking shifts, often in weather that would give most of us pause before heading out of the driveway.

Municipal councils, being generally recognized as a tight-fisted lot, are not noted for a willingness to pay top dollar wages unless forced into it by circumstance, and most would happily run on a skeleton crew were it not for the mandated reporting and standards inflicted upon them by upper tiers of government. There are rarely any spare bodies on the roster and should an employee fall victim to the ravages

of a seasonal virus the impact on work schedules in the midst of a blizzard can be both immediate and significant.

Most, if not all, municipalities follow a standard operating procedure with priorities that dictate roads are cleared first, sidewalks second and then, when the accumulation has abated to allow a breather, snow is removed. This year there has not been a lot of pausing in Mother Nature's precipitation schedule.

Most citizens might gripe about the pile of snow left at the end of their driveway when the plow goes, but if pushed to the point will express their gratitude for the work being performed, often while they are still warm abed. The vast majority may mutter beneath their breath in dismay, but would never dream of voicing their unjust complaint within hearing distance of the driver of the plow. We know we are being unfair.

But to harangue and abuse a public servant who is doing their job to the best of their abilities under very trying circumstances and within the policies and procedures laid out by those who manage their efforts at a much higher pay grade, lies well beyond the pale.

As this winter season winds down and things begin to return to a more normal circumstance (we fervently hope), let us take a moment to thank the men and women who strive to keep our roads and sidewalks safe to travel. Our municipal employees have been doing an amazing job this winter, they deserve our respect and compassion.

letters

Ministry of Natural Resources and Forestry dropped the ball

The trials and tribulations heaped upon farmer Paul Skippen has cost them farmers' respect

To the Expositor:

After almost four years, the Ministry of Natural Resources and Forestry (MNRF) have withdrawn all charges that Paul Skippen pled not guilty to. Mr. Skippen, from the first, agreed that in attempting to chase a huge flock of geese from his newly planted grain field, he had killed one. As his permit had expired several days before, he agreed to the investigating officer Kyle Wood that he was guilty of that offense. He was served a few days later with several charges that, to say the least, were very creative. These "creative" charges have finally been dropped, but not before a deep rift has developed between the Manitoulin farming community and the MNRF.

The blatant disregard for the farming community and crop predation has led many to view the MNRF with distrust. I am afraid that this distrust will never be resolved. Consider this: Conservative Officer Kyle Wood and his partner, while investigating this matter, entered a neighbour's property and removed a trailer. The OPP was called, and it was returned. Why were they (the officers) not charged? Mr. Wood, while under oath, represented himself as an expert who could tell from a

shell casing that he found 30 feet into the grain field that the shot was fired from the middle of the road! I believe that this was a deliberate attempt to impress the justice of the peace, Ms. Darlene Hayden, and it evidently worked as she registered a conviction. On appeal, this was overturned. This leads me to Mr. Dan Williams, the prosecutor in this matter. By impressing on the court that CO Wood was an expert, he is culpable.

I personally have lost all respect for the ministry. Trumped up charges, misrepresentation and misappropriation, they tried everything to punish a guy who was just trying to protect his livelihood. Mr. Skippen is exonerated, at a big cost of time and money that he has lost, but the MNRF has lost something more valuable—the respect of a bunch of people who work long hours for damn small pay, the farmers of Manitoulin.

Signed,

Ed Ferguson
Green Bay

Be considerate of our deer

But do not forget the health of our forests

To the Expositor:

We read numerous articles regarding the health of our deer, especially during a winter like this one. We don't, however see anything written on the health of our local forests.

We have lived in Northern Ontario for 45 years, with the last 23 in Whitefish Falls.

Winters like this one are nature's way of controlling deer populations. As the Ministry of Natural Resources and Forestry (MNRF) staff remind us, we are not doing the deer any long term favours by feeding them anything other than their natural foods (cedar etc.)

When we moved here in 1995, the only thing we had to be concerned about was leaving our newly planted cedar bushes uncovered for the winter (learned that lesson in year No. 1). That was it. Now, there are so many deer in our area that we can't grow anything but daffodils unless we spray it with our milk and egg mixture. They will now eat anything, because the deer population has out grown the natural food source. The "edible items" list continues to expand.

We can live with that, but our concern is that the next generation of our Forest is almost non-existent. The deer are devouring any little seedling that sticks its head above the ground. Once our mature trees die off, there won't be maple, birch, oak, beech etc. growing up to

replace that canopy. We are seniors, so we won't see that transition, but our grandchildren or great grandchildren will. Whitefish Falls and other Manitoulin areas would lose their charm if all that grew was scraggy shrubs and the odd little deformed softwood.

By feeding the deer we are making them dependent on an un-natural food source and are just prolonging the problem. Let nature control the populations its own way.

As the Deer Save volunteers and MNRF staff regularly and wisely remind us, "Please don't feed the deer anything but its natural cedar browse food source."

The March 6 editorial stated "The road to hell is paved with good intentions—so let's not make the deer population suffer just so we can make ourselves feel good and noble."

By respecting the advice from our deer experts, we will also be keeping our forests healthy, and will ensure that the same beautiful mix of mature trees that we currently enjoy will be there for our future residents.

Thank you,

Eric Bukowicki
Whitefish Falls

Less than favourable review of the Office of the Ombudsman

A life lesson learned when it comes to seeking redress

To the Expositor:

As most are aware, I have been advocating on behalf of residents and students of Manitoulin and as well having input into First Nations communities who at the time had top level representation at the board table. A final report has been handed down to me (March 6, 2019) from the Ombudsman addressing many issues but not limited to, and including, misleading statements, transgressions against board policy, the Education Act itself, by the Rainbow Board. I was helping parents travel/navigate the path of the proper way to appeal expulsions and suspensions and winning those appeals at unusual numbers.

I share the first comment of the Ombudsman's office to me is that "they have no power" to change, alter or cancel bad decisions of the board, only make recommendations. Here they are again washing their hands of apparently bringing fair treatment, honesty, and transparency to the public in their findings.

Anyone wishing to see the full report please contact me and I would

be pleased to share.

"As you are aware, our office has found room for improvement in the school board's conduct processes, as set out in the past letters to you and to the school board. More recently, we have suggested to the school board that it engage an independent third party, such as an integrity commissioner, for future formal conduct matters. It is up to the trustees to determine what steps, if any, the School Board Takes."

Bottom line, the Ombudsman is handing it over to the trustees and their conscience or wishes for behavioural patterns towards their constituents.

If anything, I thank the Ombudsman office for the life lesson learning I have accomplished and allowing me to share with others, and advise them to ensure the (Ombudsman office) is the last source they should seek of trying to get help.

Larry Killens
South Baymouth

Moose FM's Bobby Alexander signs off for the last time

by Warren Schlote

ELLIOT LAKE—"I think it's only appropriate that I learn to fly in another direction, and that's what I plan to do," said Bob Alexander MacLellan, before queuing up the song 'Learning to Fly' by Tom Petty. Those were the last words he spoke before officially retiring as the morning show host on Elliot Lake's CKNR 94.1 Moose FM on January 31.

Mr. MacLellan, or Bobby Alexander as he was known on-air, worked at CKNR for 39 years. In that time he has interviewed prime ministers, premiers, famous bands and even Don Cherry.

"I was always interested in radio, when I was a kid even. I was 10 years old and my mother would say I'd be 'broadcasting' games when playing on the road—stick-handling and broadcasting at the same time," said Mr. MacLellan.

In the late '60s and shortly after graduating from high school, Mr. MacLellan got a job as a police dispatcher in Garson. A colleague knew he was interested in radio and managed to find him a position in production at Sudbury radio station 790 AM CKSO, queuing up tape reels of voice tracks from on-air personalities and the music for the overnight show.

After a couple months, Michael Cranston heard Mr. MacLellan making up his own voice tracks in the production studio and saw his potential, so Mr. Cranston offered him to take over the all-night show. It was not a long-lived position, though—only a year and a half later, Mr. MacLellan took a job at opposition station CHNO as its sports director and a swing announcer. He was only about 22 years old at the time.

"I'd take care of all local sports and I also did commentary. I was very controversial—I was young and brash and I didn't care!" said Mr. MacLellan.

"If the field conditions at O'Connor Park were atrocious, I'd go on-air and make a comment about the outfield and how dangerous it was," he said. "I'd say, 'Mr. Parks and Rec Director, are you listening?'"

Despite the controversy, listeners seemed to enjoy his broadcasts and the ratings reflected higher audience numbers during his sports hits. CHNO is also the place where he would meet his future wife. However, broadcasting is not a particularly high-paying career except for rare exceptions and Mr. MacLellan had to look at the reality of his financial situation.

Through the 1970s, he worked in various positions away from the microphone including at a furniture warehouse and at INCO. He said the job security and paycheque was a welcome change, but he found himself unsatisfied.

"This voice was always in the back of my head saying 'get back into radio.' I'd have to say, 'no, shut up, there's no money!'" said Mr. MacLellan. He had no choice but to follow his rational thoughts and enrolled in a property management course.

He then applied for two property management jobs, one in Kincardine and the other in Elliot Lake. Things were looking up; it looked like he was going to get the Kincardine job with Ontario Hydro and got ready to drive down and meet the people there.

Mr. MacLellan had just pushed the elevator button at his apartment building to head down to his car when he could hear a distant phone ringing and wondered if it was coming from his unit. He dashed back



Radio host Bob Alexander waves farewell from his desk at Elliot Lake's CKNR 94.1 Moose FM. The popular broadcasting professional will be sorely missed by his fans on Manitoulin and across the North.

photo by Kevin McSheffrey/The Standard

over and caught the call just in time—it was a call from Rio Algom in Elliot Lake asking if he could stop in the following day to discuss a year-long contract in mining and property management.

"I couldn't be in both places at the same time, so I flipped a coin. If it was heads, I'd go to Elliot Lake. If it was tails, I'd go to Kincardine. It flipped heads for Elliot Lake and I got the job," he said.

Partway through his year-long contract he ran into John Baird, who had formerly worked alongside Mr. MacLellan at CHNO in Sudbury. Mr. Baird was now the manager of CKNR 1340 AM in Elliot Lake and asked what Mr. MacLellan was doing away from radio.

Mr. Baird offered him a job doing some part time on-air work on weekend mornings, a job Mr. MacLellan agreed to and worked at for six months.

"My contract with Rio Algom was coming to an end and he offered me a job at CKNR. I said I'd take it," Mr. MacLellan said. He was assigned to do sports coverage and fill in wherever required.

It was Eleanor Pritz, CKNR's office manager, who told Mr. Baird that Mr. MacLellan would be an excellent fit for the morning show, not only as an on-air host but as a face to represent the station within the community. It was a controversial decision.

"Doug Blackwood was the morning man for five years and he was a wonderful guy. They put him on the 10 am to 2 pm mid-morning show shift," said Mr. MacLellan.

"I remember my first day, the phone rang when I was on-air and a woman asked where Doug was. I said I was taking over the morning show, and she could hear him from 10 to 2. She said, 'so, he's not in the mornings anymore?' and I replied that I'd be taking over the show. She replied, 'well, that's the last time I'm listening,' and click, she hung up the phone. I thought, well that's a great start!" laughs Mr. MacLellan.

He had arrived in Elliot Lake during the boom times as mining operations were at their peak. He even shared a 'stork report' on the radio of all the babies born on a certain day because there were new births all

the time. However, it was not meant to last. "At the end of 1989, rumours started circulating about the mines and 1990 was the first major layoff at the Denison Mine. Over a thousand people were laid off," said Mr. MacLellan.

Shortly thereafter, city councillor and mining housing executive Claire Dimock devised a plan to convert the now-vacant houses into affordable retirement living options. The city had been given a new lease on life. But the now-thriving town would not be spared from devastation for long. Disaster struck once more on a beautiful, sunny afternoon.

It was June 23, 2012. The Algo Centre Mall collapsed, killing two people and injuring many others. Moose FM's broadcasting centre is right across the street from where the mall once stood.

"I'd just finished doing a Rotary Radio Days radiothon and I phoned my wife, saying I was going to the mall to pick up some hamburgers for a barbecue," said Mr. MacLellan. "She told me, 'don't go to the mall, you're going to be talking to everybody and in six weeks you still won't be home!'"

He instead resolved to get takeout and was just about to change into a lighter outfit at home when the phone rang, and his wife answered. It was his daughter-in-law Marcy who broke the news that the mall had collapsed.

"I left and went straight down there. Little did I know that was the start of an 18-hour day of coverage for seven days in a row," he said. There were three of them at the station: Mr. MacLellan, his wife, who was by then the CKNR office manager, and news director Kori Rowe.

"I went on-air and I got angry. I said I was not going to speculate or sensationalize," said Mr. MacLellan. "We're sticking with the facts and will not jump to conclusions. I'm angry, frustrated, hurt, the same as you. Now's not the time to point fingers. People need help, people need healing. We need to get through this together and figure it out later."

Through their support of each other and

counsellors, they managed to get through the tough times and were hailed for their coverage of the crisis.

"What I'm proud of is that in that dark time, we did right by people. I know they feel that way because everywhere after that, people would stop me and say thank you," Mr. MacLellan said.

One thing he says he always valued over the years was the connections he made with the numerous communities within earshot of the Elliot Lake broadcast signal.

"The Manitoulin connection is dear to my heart. During my show from about 1995 or 1996 until about 2010, we were in a partnership with Jake's in Mindemoya," said Mr. MacLellan. "The owner then was (the late) Kevin Mackan, but he was really known as Jake the Snake on-air. He became one of our characters and was so popular because every Friday we would have a talk show for five minutes."

It was the local connections that mattered to Mr. MacLellan because he said he always tried to remember that CKNR was the station for Algoma-Manitoulin, not just Elliot Lake.

"I always made sure I namedropped. I'd say 'good morning Gore Bay,' 'another day in Meldrum Bay,' 'Massey's fair' (in reference to the Massey Fair), or 'Spanish, I love your onions!'" said Mr. MacLellan.

One of his more notable place references was his tongue-in-cheek 'downtown Spragge,' which is little more than a couple businesses along Highway 17. Algoma Chrysler has a dealership there and adopted the tagline as part of its commercials.

Mr. MacLellan has also done a lot of charity and fundraising work during his career, including walking from Blind River to Elliot Lake twice for different causes. He estimates that during his career at CKNR he has had a hand in raising over one million dollars. It's milestones such as that which have helped to form some of his fondest memories behind the microphone.

"People of all walks of life, they're a family and radio can pull them all together," he said. "It's all about the audience, it's all about the listener. That's the reason I get up—I get up for them because I don't want to disappoint them. I don't care if it's a snowstorm, you've gotta get in."

"It's all about the listener. Forgetting about all the accolades and everything, it's truly about them. When working in local radio, it's more than just a career," added Mr. MacLellan.

Now that he is no longer getting into work to start his shift at 6 am, Mr. MacLellan said he is looking forward to "taking it easy" for a bit of time, but suspects he will be active doing something else sooner than later. His love for sports has never waned and he said he might look into doing sports radio or play-by-play in the future.

For the people who have listened to Mr. MacLellan through his decades on-air in Elliot Lake, they know there are many more stories from his radio career than can fit on a page. Mr. MacLellan will undoubtedly have many more six-week-long grocery shopping trips in his future when he stops to chat with everyone he meets, much to Ms. MacLellan's chagrin. But that's all an extension of his favourite parts of being CKNR's morning host for so many years.

"Everybody has a calling, and I was born to do this. I've been very lucky," said Mr. MacLellan.

Central Manitoulin council authorizes the placement of crossing decals on new sidewalks

by Michael Erskine

CENTRAL MANITOULIN—A set of decals provided by the Manitoulin Injury Prevention Coalition (MIPC), courtesy of the Ontario Ministry of Transportation (MTO), will exhort pedestrians to "Be Alert" when crossing the road from the new sidewalks at the intersection of Highway 542 and Highway 551. Council passed a recommendation from the Security, Health and Education committee to install the decals once the new sidewalks are completed.

"The decals were brought to our attention at the Manitoulin Injury Prevention Coalition by one of our members who is from the MTO," said MIPC spokesperson OPP Constable Marie Ford. The decals came up during discussions last year about the impact

of daylight saving time on driver and pedestrian safety.

"The idea is that these decals, brightly coloured, draw attention and remind people to watch for traffic as they are crossing the road," said Constable Ford.

"These aren't a permanent solution," offered Councillor Steve Shaffer, who seconded the motion made by Councillor Derek Stephens. "They probably will only last one season, but it is something to try."

"These were probably developed for millennials since they are always looking down at their phones," suggested Councillor Stephens.

"Well, if you were looking down at your screen you would probably see the decals and be alerted to check for traffic before you cross,"



New decals advising pedestrians to "Be Alert" will be installed at the intersections of Highway 542 and 551 in Mindemoya once the ice and snow will permit the work. The decals are brightly coloured and intended to advise people to watch for traffic as they cross the intersection.

photo by Marie Ford

said Constable Ford. "We did not receive any information on the demographic they were developed for when we got the decals," she

laughed. "But we did note that a stop light went up on the stop sign at the intersection to alert drivers."

While much is being done to alert drivers to the presence of pedestrians, the reverse is also an important consideration and the decals will work toward that end. As to the whole watching cellphone screens while walking along sidewalks, Constable Ford noted that in some parts of England municipalities have taken to padding lighting poles to protect people walking into them while distracted.

"There really are a lot of people crossing at that intersection, especially in the summer," continued Constable Ford. "The more we can enhance safety the better."

The MTO has been providing

the decals to communities in southern Ontario where they are being installed at pedestrian intersections.

"We have given Central Manitoulin four of the decals," said Constable Ford. "It is left to council where they want to put them."

Constable Ford said the decals "go along with our coalition mandate, highlighting safety." She said that the MIPC has received more than 100 fluorescent arm bands from the Manitoulin Island Cycling Advocates to distribute to Island youth to increase their visibility while cycling.

The decals will be installed by town crews once the ice and snow have abated and the sidewalks can be worked on.

Drug warning: new potent substance circulating

The Community Drug Strategy has received multiple reports of a new potent substance circulating in the community of Sudbury.

While they cannot confirm the substance, there are reports of dye possibly being used to create various colours including blue and white in the illicit drug supply. Use of these substances may lead to the increased risks of an overdose. Multiple doses of Naloxone may be needed to reverse an overdose.

This is an important reminder to the community that street drugs may be cut or mixed with substances such as fentanyl or carfentanil, and that even a very small amount of these substances can cause an overdose.

An overdose occurs when a person uses more of a substance, or a combination of substances, than their body can handle. As a consequence, the brain is unable to control basic life functions. The person might pass out, stop breathing or experience a seizure. Overdoses can be fatal.

Overdose symptoms include: blue lips or nails; dizziness and confusion; the person can't be woken up; choking, gurgling or snoring sounds; slow, weak or no breathing; or drowsiness or difficulty staying awake.

Prevent opioid overdose and save lives by: avoiding mixing drugs, including prescribed, over-the-counter and illegal drugs; avoiding drinking alcohol while using other drugs; using caution when switching substances: start with a lower dose than you usually would; if you have not used in a while, start with a lower dose as your tolerance may be lower; avoiding using drugs when you are alone; carrying a naloxone kit; or by calling 911 if you suspect an overdose.

Please distribute this information widely to help share the message.

For a free naloxone kit ask your local pharmacist.

March is fraud prevention month

March is Fraud Prevention Month and members of the Manitoulin Detachment of the Ontario Provincial Police (OPP) want to remind everyone the importance of keeping vigilant when it comes to protecting your identity, possessions and money.

The old saying "if something seems too good to be true, it probably is" still applies today.

Here are some tips on how to protect yourself from becoming a victim of fraud:

- Before sending any funds or product, contact the person by telephone to confirm;
- Do some online research of the person, company and/or product;
- Beware of unusual or irregular email requests;
- Never open links or attachments in unsolicited emails;
- Review credit card statements often for unauthorized charges; and
- Do not provide any per-

**Law & Order**

personal information over the phone or email such as credit card numbers, social insurance numbers and birth date.

For more information, the OPP and the Canadian Anti-Fraud Centre will be hosting a fraud seminar on March 21 at 7 pm at the Espanola Royal Canadian Legion Branch 39 (370 Annette Street, Espanola). The Public is invited to this free presentation.

If you suspect you have been a victim of a fraud, contact your local police detachment. For more information on how you

can protect yourself from fraudulent activities, please visit the Canadian Anti-Fraud Centre (CAFC) website www.AntiFraudCentre.ca or by telephone at 1-888-495-8501.

OPP set to enforce tougher distracted driving penalties during campaign

With the Ontario Provincial Police (OPP) set to conduct its Distracted Driving Campaign during March Break, drivers caught using their cell phones may also get caught off guard by the tougher penalties that took effect on January 1.

The new penalties include a fine increase up to \$1,000, three demerit points and a three-day licence suspension. The penalties increase with subsequent offences. For novice drivers in the graduated licencing system, there is no fine or additional demerit points but longer licence suspensions now apply.

The deaths of 55 people and more than 9,115 collisions were linked to an inattentive driver on OPP-patrolled roads in 2018. The OPP laid 13,529 distracted driving charges last year against drivers who chose to make roads unsafe by dividing their attention between driving and using a hand-held electronic device.

Central council appoints integrity commissioner

by Michael Erskine

CENTRAL MANITOULIN—Council passed a motion during its February meeting to engage the firm of Weaver-Simmons LLP, with Zachary Courtemanche as primary contact, as the Central Manitoulin integrity commissioner. Every Ontario municipality was required to have appointed an integrity commissioner by March 1.

"It is a mandatory requirement for council, even if we might not think we need it," said Mayor Richard Stephens.

"It is good that we have someone appointed to this commission," supplied Councillor Derek Stephens.

The Modernizing Ontario's Municipal Legislation Act, 2017, often referred to as Bill 68, mandated the creation of integrity commissioners in every municipality. Integrity commissioners have powers of investigation to rule on the actions of councillors and have the ability to suggest sanctions to councils that include suspension of council remuneration for up to 90 days.

Integrity commissioners deal solely with councils and their members, not with municipal staff.

The motion passed through council unanimously.

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Manitoulin Sporting Life



Island Elementary Basketball Championships

The annual Manitoulin Island Basketball Championships took place last week and culminated months of training by our Island's youth on the court. The boys' event was hosted at the great Four Directions Complex in Aundek Omni Kaning. The Assiginack Allstars had an impressive, undefeated run with their perfect 10 points after their round robin schedule. Finishing in second were the Little Current Coyotes with seven points and then Lakeview, slightly behind with six.

The Assiginack All-Stars, coached by **Kelsey Leclair**, featured: **Jack Pennie, Ethan Dey, Mathis Bredin, Joel Mailloux, Cole Hughson, Jon Mende and Brodie Pennie.**

The girls' tournament took place in Little Current at the LCPS Coyotes' den. The Central Manitoulin Eagles were on their game, winning their second straight undefeated tournament. The Eagles, having won the Espanola Invitational last week, also took the Island Championships, undefeated. In their run, Central amassed 10 points, up against Assiginack's eight and Little Current's six who took the bronze in a tie-breaker rule over Wasse-Abin.

Congratulations to: **Lexi Young, Abbie Heinz, Tessa McGillis-Prior, Ava Assiniwe, Sadie Bridgeman, Nikki Cress, Delaney Bridgeman, Annie Balfe and Naomi Hill.** Of course, many thanks needs to go out to their coaches: **Jon Balfe, Tamey McAllister and Lisa Penie.**

MMHA Spotlight

In the Manitoulin Minor spotlight, the Mindemoya Thunder Peewees took the MMHA Peewee series opener, Friday, March 1 in the divisional final, best-of-five series against Little Current Flyers 6 - 2. The Little Current Flyers bounced back with a vengeance last Saturday, winning 5 - 0 to even the series at one game apiece. The Thunder rumbled over this past weekend as they completed their MMHA championship run. Congratulations to players: **Noah Thorpe, Sadie Bridgeman, Landen Smith, Chase Becks, Nevaeh Harper, Rylan Carrick, Autumn Davy, Liam Lariviere, Brayden Phelps, John Thirkill, Danika Skippen, Karsten Powsey, Tessa Prior and Abbie Heins.** Not to be forgotten but unfortunately unnamed are all of the coaches, trainers and managers. Hats off to a great season, team!

Major correction, again!

Lucas Green is son of former Manitoulin Panther and Nickel District scoring star **Jeff Green** and **Tanya Carter**. Jeff, not Steven, was a Nickel District leading scorer back in the day when our Manitoulin Panther Midgets won the Nickel District League trophy. Not an easy feat to be sure! Lucas, son of Jeff—not Steven—scored the overtime winner for his Sault Greyhounds' Peewee team and took the NOHA AA title over the West Ferris Trappers last weekend.

Novice Panthers are NOHA silver medal champions!

Our Novice Panthers competed at the N.O.H.A. Tournament of Champions in Iroquois Falls two weekends ago and came home as silver medal winners! The novice team competed against five other Northern Ontario teams including: Powassan, Wawa, South Porcupine, Iroquois Falls and Cochrane.

The team consisted of: **Anderson Bennett, Bryden Romaniuk, Brynn Best, Carter Morrell, Cohen Rajotte, Easton Assinewai, Koda Peltier, Liam Stephens, Lincoln Rancourt, Max King, Roen Deschenes, Ryan Carter, Spencer Cortes, Trinity Cheechoo** and of course head coach **Jesse Peltier**, assistant coaches **Scott Stephens, Nelson Deschenes and Chris King**; trainer **Brayden Rajotte** and manager **Dana Rancourt.**

Some of the highlights include the semi-final match against South Porcupine that went into overtime with Carter Morrell sealing the deal with the winning goal! In the final game Spencer Cortes sunk the penalty shot winner against Powassan. Roen Deschenes (#10) was asked to represent the Panthers during the ceremonial puck drop. A special thanks to Given Cortes who slid into the sound booth and was the announcer for the weekend, making special comments during the players' introductions. Amazingly, the tournament organizer came into the dressing room at the end of the tournament and told the kids to hold their heads high because he said they represented Manitoulin Island extremely well and with class.

A good sport is good for sports
chipstoquips@gmail.com



Midget Flyers soar

The Little Current Flyers came out victorious to be named the Manitoulin midget champions. They are, back row from left, assistant coach Rob Marshall, A.J. Steeves, Rayden Recollet, Lukas Abotossaway, Michael Madahbee, Dylan Corbiere, Jake Robinson, Carter Abotossaway, Maverick Bushey, Dennis Guylas, head coach Craig Abotossaway, middle row, Josh Robinson, Ben Marshall, Eric Varey (captain), Adam Williamson, front row, Aaron Leeson and Gabby Corbiere. Missing from the photo are Boston Thibault, Trainer Christin Guylas and Manager Norma Orford-Steeves.



Novice Panthers bring home silver

The Manitoulin Panthers Novice team competed against five other Northern Ontario teams at the Tournament of Champions held in Iroquois Falls over the weekend to bring home the silver medal. The teams included: Powassan, Wawa, South Porcupine, Iroquois Falls and Cochrane. The Panthers team consisted of: **Anderson Bennett, Bryden Romaniuk, Brynn Best, Carter Morrell, Cohen Rajotte, Easton Assinewai, Koda Peltier, Liam Stephens, Lincoln Rancourt, Max King, Roen Deschenes, Ryan Carter, Spencer Cortes and Trinity Cheechoo.** The coaching staff is: coach **Jesse Peltier**, assistant coach **Scott Stephens**, assistant coach **Nelson Deschenes**, assistant coach **Chris King**, trainer **Brayden Rajotte** and manager **Dana Rancourt.**

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Manitoulin Sea Cadet Corps embraces new MSS home

by Alicia McCutcheon
M'CHIGEENG—The Royal Canadian Sea Cadets Corps (RCSCC) is an excellent program for youth aged 12 to 18 and Manitoulin is fortunate to have a chapter in this organization.

The 348 Manitoulin RCSCC was created in 2004. The group's mission statement sets out that the aim of the RCSCC is to develop in youth the attributes of good citizenship, leadership, to promote physical fitness and stimulate the interest of the youth in the sea, land, and air activities of the Canadian forces. Members learn life skills, leadership, teamwork, self-discipline, organization and effective communication. The RCSCC shares these aims with the army and air cadets.

The program not only promotes these attributes, it also offers courses in all things water from sailing, swimming, boating, scuba diving and water sports to naval knowledge. Sea Cadets also learn marksmanship, music and camping and take part in community events and parades.

A summer training centre offers cadets courses of up to eight weeks that take place across Canada. These camps are free to attend and include general training, basic seamanship, basic drill and ceremonies, band, sail, boatswain's mate, drill and ceremonial instructor, and sail instructor.

Senior cadets can apply for paid summer jobs as training staff as well as international exchanges and ship deployment on Canadian Navy and Coast Guard ships.

The 348 Manitoulin RCSCC were pleased recently to move to the more centrally located new digs at Manitoulin Secondary School (MSS). Acting Sub-Lieutenant Sylvain Boucher, who spent 16 years with the Navy League in Sudbury, has been with the corps for three years and is the commanding officer. He was particularly grateful to MSS Principal Jamie Mohamed, telling The Expositor, "he worked really hard to get this for us." This includes the use of the school gym for practice, an office and a classroom which means the cadets can leave their uniforms at the school.

Mr. Boucher explained that the corps holds its regular parade night every Monday and does specialty training on Sundays, which may mean range marksmanship or band and enter competitions in Sudbury with air, sea and army cadets. "Manitoulin has been very successful at competitions," Mr. Boucher added. Indeed, the corps came third in a field of 20 in a marksmanship competition in Sudbury on March 3.

Mr. Boucher is supported in the sea cadet organization by Lieutenant Naval Maggie King-Roi, who serves as the administration officer and executive officer and second-in-command Tina Davidson.

Another RCSCC officer is Terry Morphet of Sheguiandah. He was part



The 348 Manitoulin Royal Canadian sea cadet corps held an open house recently at their new home at Manitoulin Secondary School. Pictured are Naval cadet officer instructor Terry Morphet of Sheguiandah, petty officer second class, Lauren MacKay and chief petty officer Miranda MacKay of Kagawong and acting sub-lieutenant, commanding officer Sylvain Boucher.



Petty officer First Class Instructor cadet Quentis Wood of Sheguiandah shows sea cadets Kyra Carpenter of Little Current, Von Clayton of Manitowaning and Austin Recollect of M'Chigeeng training on a ship simulator at the 348 Manitoulin Royal Canadian sea cadet corps open house held recently at Manitoulin Secondary School.

of the Canadian Forces, serving in the artillery branch of the regular army for six years. Mr. Morphet is an instructor and had warm words for these sea cadets.

"It is very good what we have here," he said. "There is so much positivity and enthusiasm coming from these cadets. These kids are committed, committed to coming every week. This cadet corps is great and has

awesome officers and cadets."

Mr. Morphet also spoke of the advantages of being a sea cadet and said that the corps members get to travel to Nova Scotia, British Columbia and the Royal Military College in Kingston. He said the cadets are paid to go to the training centre in the summer months to receive specialized training, including instruction on the navy's

Orca training tenders.

Orcas operate year-round in the waters of British Columbia and not only provide training missions but also support the province's communities by taking part in local festivals and maritime events. While patrolling the waters, reports are made regarding suspicious activity, pollution infractions and fishing violations, as well as offering support in search and rescue events and assisting boaters in distress.

Petty Officer First Class Quentis Wood, also of Sheguiandah, was on hand at the recent open house event at the high school to show cadets and visitors the workings of a ship simulator. Mr. Wood participated in the Orca class patrol boat training for two weeks and took the bosun mate course. As he explained, there were many aspects to this training including practice being a helmsman, navigator and lookout, and practice being a petty officer of the watch position. This involved practice drills, response to fire alarms on board, man

overboard scenarios, rud- der problems and first aid.

Also members of the Manitoulin sea cadets are sisters Petty Officer (PO) Second Class Lauren MacKay and Chief Petty Officer (CPO) Second Class Miranda MacKay. They live in Kagawong and the CPO outlined her duties as the cadet coxswain which means she is in charge of the cadets. This is the highest level a Sea Cadet can attain and is a direct line to the commanding officer. The coxswain ensures the proper conduct of the cadets and the following of duties. A new coxswain will be needed soon as Miranda will be leaving the corps and heading off to nursing school, thus ending her five-year stint with the Sea Cadets. She showed her proficiency

at the marksmanship competition by placing first in her division. She was the top student for the open category.


The corps is sponsored by the Canadian armed forces and the civilian Navy League of Canada. The cadets sign an oath of conduct and develop respect for themselves and other cadets and staff. Parents will be interested to learn that Money Sense magazine listed the Canadian cadet program as one of the top 10 ways to "Build a Better Kid."

For more information on Manitoulin's sea cadet corps email 348manitoulin@gmail.com or call 249-777-3114.

Manitoulin Secondary School


PLAYER PROFILE

by Mackenzie Cortes
Public Relations, M.S.S. Athletic Association



JULIAN WEMIGWANS

Congratulations, Julian!



Proud Supporter of our MSS Mustangs

Julian Wemigwans is one MSS student who is always practicing his athletic skills. Julian is a grade 9 student who likes running and hanging out with his friends when he isn't busy with his school work or sports practices.

Julian has been playing sports since he was young. While he was at Wikwemikong Pontiac School, he participated in volleyball, hockey, baseball, as well as track and field and cross country. When he got to grade 9, he didn't stop playing sports. This year he has played basketball as a shooting guard, and volleyball as a power hitter. Julian looks forward to competing in track and field for running in the upcoming season.


Julian's favourite sport is hockey because he enjoys the teamwork. Hockey provides him with an opportunity to work together with a group towards a common goal and he is constantly making new friends. He enjoys sports in general because they keep him active and he is always moving.

In school, Julian's favourite subject is gym because he enjoys all sports and he can stay fit. Gym class also allows him to improve the sports skills he already has, and also learn new ones.

Throughout his sports season, Julian is constantly working hard and encouraging his teammates. He just finished his Panthers hockey season as goalie, and as he is focused in the game, he also has fun with his friends off the ice.


Julian is one of many talented Mustangs and with his focus, friendliness, and determination, he is sure to make MSS proud. Let's go, Julian, let's go!

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...sexual assault deterrance program

...continued from page 1
 couldn't find any," said Ms. Hrynyk, who has recently defended her master's thesis based on a program she modified from those designed for women in general. Ms. Hrynyk joined forces with Anishinaabe elder Marie McGregor Pitawanakwat from Birch Island and community helper Mark Seabrook from Sagamok to craft a culturally appropriate version that, if the data from the programs that formed its base are any indication, has the potential to reduce assaults by as much as 50 percent.

"According to Statistics Canada, one third of Canadian women and over one half of Indigenous women have been sexually assaulted," said Ms. Hrynyk. "Most women are sexually assaulted between ages 11 and 18. Likewise, one in five men have been sexually assaulted. Once a woman has been sexually assaulted, the possibility of being re-victimized is high. Sexual assault can negatively affect a person psychologically, physically and economically, which sets in motion long-term collateral damage not only for the victim but also for her family, employment, future health and economic stability."

Ms. Hrynyk reached out to The Expositor after

reading a series of articles featuring sexual assault survivors' stories.

"I want to thank Destiny Douglas and Brooke Williams-Manitowabi for sharing their harrowing stories of being sexually assaulted and the challenges that they faced in the aftermath," she said of the stories she read in The Expositor about these two women. "I am in awe of their courage, their ability to think clearly in the face of danger and their choice to share their stories. I see both of these young women as trail blazers and life changers. Through breaking the silence, they shed light on the injustices victims of sexual assault suffer on Manitoulin Island and help encourage the necessary changes we need in our society."

Ms. Hrynyk noted that "common psychological issues that survivors experience include: an inability to trust their own perceptions; intense fear of rape-related situations; distrust of one's surroundings; an inability to understand and express emotions and reduced self-esteem. Common mental health issues experienced by sexual assault survivors include anxiety, depression, personality disorders, substance abuse, suicidal ideation and post-traumatic stress disorder. For any-

one healing from the trauma of sexual assault, they need to know that the path can be difficult and it can have some rather interesting twists and turns. There are a myriad of ways of walking it. Know that you have the right to your healing and to be heard. Trust your gut and don't ever be afraid to ask questions."

Ms. Hrynyk left Manitoulin Family Resources over a year ago to research how to lessen the incidents of sexual assaults against Anishinaabekwe and train further on helping people heal from trauma.

"I found some really interesting programs that could lessen sexual assaults by half, even for women who had been hurt before," she said. "Unfortunately, I could not find any evidence-based programs for Anishinaabe women. So, I devoted my master's thesis to developing one. I worked under the supervision of two local elders. Our preliminary model and program were shared with a focus group of local Anishinaabe helpers. Their findings can be found in my thesis which should be published this fall. My next goal is to find means to test and refine the model and ensure that within a few years, all Anishinaabe women could have access to the program that is culturally relevant, evidence-based and adaptable for their own communities."

Ms. Hrynyk said she wants women to know that "there is hope, and sometimes, together we create it."

The concept of resistance training is much like that which lies at the foundation of first aid training. One of the key reactions untrained people have when coming upon an injury or someone in need of medical attention is to freeze, essentially stand-

ing around the victim unsure of what to do. First aid training provides the knowledge of what to do and that galvanizes action.

"One of the main reactions to a sexual assault is for women to freeze," noted Ms. Hrynyk. "It is a shock and one of the body's defence mechanisms is to freeze."

Unfortunately, that reaction leads to the perpetrator being able to move forward with their assault. Sexual assault resistance training empowers women to know how to effectively react, and that reaction dramatically reduces incidents of sexual assault.

Ms. Hrynyk noted that she worked with Dorothy Wassegiig-Kennedy to support a sexual assault talking circle at the Wikwemikong Healing Centre a few years ago.

"In that space I offered sharings from Western best practices and the latest evidence to support women's wisdom," she said. "I do believe that sharing circles like this are an essential piece of sexual assault healing for some women. They help break the silence, offer information that helps break down rape myths and foster post traumatic growth. If any elder or agency would be interested in developing a healing circle program, I am available to help in any way. I am committed to assisting women who have been sexually assaulted along on their healing journey and to find means for lessening sexual assault on this beautiful island home that we share."

Ms. Hrynyk said that she can be reached through her email at michellehrynyk7@gmail.com.

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...Police identify man

...continued from page 1

human remains were discovered inside. Due to the state of the remains (the building was completely consumed in the fire) identification was delayed until recently.

The Manitoulin OPP released a statement late last week indicating that "The identity of the deceased has been confirmed by the Coroner's Office, the Ontario Forensic Pathology Service (OCC-OFPS) and the Centre of Forensic Science (CFS). He has been identified as Jason Mabott, a 47-year-old male from the Town of Northeastern Manitoulin and the Islands."

The release also notes that the fire is not considered suspicious at this time.

...trial resolved of Green Bay farmer


...continued from page 1

crew of Island farmers left the courtroom, hopefully for the final time.

"There you have it, four wasted years for the crime of shooting a goose on my own land," Mr. Skippen said of the long and arduous court process.

Throughout the four years, Mr. Skippen has always maintained that he shot the

goose to protect his crops, which were being decimated by wildlife including Canada geese, and used the case as a rallying cry for farmers whose crops were suffering the same fate. Mr. Skippen cited the lack of help and protection for farmers when it comes to things like crop insurance and the inability to shoot 'nuisance animals' on their property.



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...Lieutenant Governor honours Birch Island's Jim McGregor

...continued from page 1
make positive change and a lasting impact in their communities and the province. They stand as model Ontarians who exemplify civic-mindedness, integrity and community leadership."

"It was an honour to be present at the ceremony," said Algoma-Manitoulin MPP Mike Mantha. "Jim exemplifies what we as community members should strive towards, which is to lead by example and heart. He's very deserving of the recognition, a very beloved and respected elder."

The Expositor caught up with Mr. McGregor, where else, but watching his beloved Whitefish River Bantams win their first game 4-3 at this year's Little NHL in Mississauga.

The pomp and circumstance of an official investiture was a bit of unfamiliar territory for Mr. McGregor, he admitted, but he soldiered on through it all. "I wasn't sure about it all at first," he laughed, "but I got instructions."

"It took me a while to figure out why I got it," said Mr. McGregor of the Ontario Medal for Good Citizenship, "but it was kinda nice. Let's just say I'm happy."

Mr. McGregor said that he thanked the person who nominated him for the award, but that he still does not know who it was. Mr. McGregor was officially nominated by his community, the Whitefish River First Nation.

"Jim McGregor of Birch Island, former chief of Whitefish River First Nation, works untiringly as a community leader and advocate to advance Indigenous rights," reads Mr. McGregor's citation.



Lieutenant Governor of Ontario the Honourable Elizabeth Dowdeswell and Vincent Ke, parliamentary assistant to the Minister of Tourism, Culture and Sport, pose with Jim McGregor of Whitefish River First Nation as the former chief and co-founder of the Little Native Hockey League was invested with the Ontario Medal for Good Citizenship during a March 7 ceremony at Queen's Park.

"Channelling his love of hockey, education and community service, he co-founded the Little Native Hockey League, promoting sports in First Nation communities. Integral to his character is spirituality as he remains a devoted volunteer in his church as respected council member and president."

"Jimmy McGregor (is) a class act and gentlemen of sports," said Whitefish River First Nation Chief Shining Turtle. "I would say 'he is the man.' He stayed the course with the LNHL and now look where we are. A visionary in many respects and indeed a tireless volunteer. We could not be more proud of his award."

Joining Mr. McGregor as a recipient of the 2018 Ontario Medal for Good Citizenship were:

Vivian Hould of Aurora, a woman who knows all about the calming effects animals have on people.

With dedication and compassion through the St. John Ambulance York Region Therapy Dog program, she has assisted thousands of people, including those living with Alzheimer's, and has helped bring happiness and joy to so many—people and dogs alike; Albert Roland Kowalenko of Toronto, an inspiration to many, whose all-round volunteer efforts are influential in the success of many non-profit and charitable organizations. As a volunteer and advocate for a whole generation of deaf-blind Canadians through the Canadian Helen Keller Centre and the Deafblind Association of Toronto, he has raised awareness and promoted change for them to live fuller lives; David (Dave) Money of Scarborough, a passionate horticulturalist for over 40 years, has been a source of inspiration and guidance to many horticultural societies he founded and revitalized. The creation of the Todmorden Mills Wildflower Preserve in Toronto has enabled future generations to enjoy. His influence can be felt across the province; Maryam Nazemi of Toronto turned a personal workplace tragedy into a driving force for change. A community builder, she is helping many from many cultural backgrounds deal with the pain and disruption of a work injury. She is the recipient of the Willowdale 150 Commemorative medal for outstanding contributions to the community; Frank Perissinotti of Tecumseh says, "No child or family should be left behind." His many and generous community efforts are with a deep sense of compassion and belief in giving back, essential to a well-balanced community; E. Jean Polak of Bracebridge can be described as a gift to her community. Whether defending the most vulnerable, assisting those in difficult times, protecting the environment or enriching the community, it is done with enthusiasm and compassion; and Olga (Ollie) Sawchuk of Thunder Bay who has been a leader in the advancement of culture and heritage and life enhancement for Thunder Bay for over 60 years. Her every role is taken on with gusto and with a sense of making a difference in her community and beyond.

Created in 1973, the Ontario Medal for Good Citizenship recognizes people who have made exceptional long-term contributions to the quality of life in the province. Approximately 4.9 million people volunteer in communities across Ontario, leading and supporting more than 55,000 not-for-profit organizations.

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Northeast Town raises water rates by four percent

by Alicia McCutcheon

NORTHEAST TOWN—Northeast Town council passed a four percent increase in water rates Thursday night for users of the Little Current and Sheguiandah water systems; this on top of a four percent increase seen last year.

The 2019 annual base rate in Little Current has been set at \$445.55 a year, an increase over last year of \$17.14.

In Sheguiandah, the 2019 annual base rate is \$1,319.01—an increase of \$50.73 over 2018. The difference in the increases being applied to the users of the two systems is based on four percent of the base rate—

since the Sheguiandah water plant costs are spread amongst fewer users their costs are higher.

The Sheguiandah councillors, Dawn Orr, Jim Ferguson and Bruce Wood struggled long and hard with approving the rate hike. Councillor Ferguson asked council to consider using some of the Sheguiandah water treatment plant reserves to help cut some of the cost, but both CAO Dave Williamson and Mayor Al MacNevin cautioned that using reserves to reduce operational costs is can be "a slippery slope."

"Sure you reduce the rates for that year,

...continued on page 12

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- First aid kit
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- Some **CASH** in smaller bills, such as \$10 bills and change for payphones
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- If applicable, other items such as prescription medication, infant formula, equipment for people with disabilities, or food, water and medication for your pets or service animal (personalize according to your needs)

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...Island municipalities participate in reThink Green workshop

...continued from page 3
able Severn Sound's climate change action plan co-ordinator Victoria Ervick, Partners for Climate Protection climate advisor Paul Cobb and Ministry of Energy, Northern Development and Mines senior policy advisor Alan Kirschbaum.

The municipal staff members shared their experiences in developing similar plans and offered advice on best practices. The latter two speakers discussed tools municipalities can use to establish baseline measurements and model potential impacts of certain adjustments.

Island municipalities have been working with reThink Green for more than a year. They began with a pilot energy planning initiative with Gore Bay, Billings, Northeast Town and Central Manitoulin, where they assisted municipalities in compiling energy usage records in municipal operations such as buildings, vehicles, water, sewage and streetlights. That data formed a baseline of energy usage and could be used to set targets and make decisions on possible energy-saving measures. Central Manitoulin has since completed an inventory of its energy usage in operations and reThink Green is analyzing the results.

The reThink Green program was designed to have several stages. This first stage focused on educating municipal leaders on why their communities should have a conservation and demand management plan, and also understanding the importance of having such a plan. The next workshop in Espanola on April 10 will discuss asset management plans. More workshops are due in the fall to work on implementing the plans in these communities.

"We hope we're providing

...Gore Bay Theatre knocks it out of the park

...continued from page 3
and heartwarming," according to its Playwrights Canada Press citation.

Under the able hands of veteran co-directors Andrea Emmerton and Walter Maskel, the cast consisted of: John Robertson as Paul, Craig's father; Tara Bernatchez as Lucille, Craig's mother; Shannon McMullan, Liset, Craig's aunt and Lucille's sister; and Will Smith as Craig's uncle Jim who is Lisette's husband and Paul's best friend.

The emotional power of the subject matter and the chemistry of the interactions between the characters proved riveting, guiding the audience through the dark narrative of the subject matter to find a new dawn where hope shines through the gloom of a darkened forest to light the way forward.

"It is rare to find two men who can open themselves up to parts like these with such intense honesty without losing it," said Mr. Maskel, following the Saturday night performance. "Both John and Will were able to step up to the edge of that precipice without falling over the edge."

The exchanges between Mr. Robertson's Paul and

something useful, understandable and down to earth. We want these plans to be living documents that can be referenced daily when they're making decisions about energy in their communities. The last thing we want is having a document nobody cares about that sits on the shelf," said Ms. Danard.

Having unreferenced plans is often what has happened in smaller communities to date. Ms. Danard said the plans are mandated by the province but smaller



Northeast Town Mayor Al MacNevin addresses the room full of Manitoulin municipal leaders at the Manitoulin Hotel and Conference Centre during the reThink Green workshop held last week.

photo by Jan McQuay

municipalities tend to have basic documents merely for compliance reasons, with many being based on a generic template with certain details added.

"The staff are doing the best they can with the resources they have. We're trying to make the plans much more effective and usable so they have a plan that's actually going to be effective and work for their community, where they explore specific challenges and opportunities they have rather than doing it out of an obligation."

Manitoulin's Barb Erskine joined reThink Green as the Island's energy plan co-ordinator in January. She has previously worked with the organization informally through projects such as the Billings Go Green committee. Her role focuses on recruiting membership and assisting communities that

are developing their own energy plans by connecting them with appropriate resources, people and programs.

"All municipalities across the province have to report on their energy and emissions usage to the provincial government; there is a regulation for that," said Ms. Erskine, who added the deadline for municipalities to update their five-year conservation and demand management plans is July 1 of this year.

"Using some of our

resources, going to workshops and having these discussions will help (Island municipalities) put their plans together," she said, "and start looking at what their targets might be for reductions down the road. So, they can do their part in reducing climate change problems."

The ultimate goal behind these community consultations was to have each municipality and First Nation in the district have individual plans that will contribute to a larger regional plan. The hope for reThink Green is to have regional energy plans in place for both Manitoulin and the North Shore.

"The idea is, if we do all the elements simultaneously, everything will work together more effectively. We have opportunities for collaboration, opportunities to share resources and

resources, going to workshops and having these discussions will help (Island municipalities) put their plans together," she said, "and start looking at what their targets might be for reductions down the road. So, they can do their part in reducing climate change problems."

thesian whose performance intertwined so well with that of her fellow cast members that the veil of suspension grew into a tapestry each time she stepped into the light, whether it was during the charged interchanges or her solo monologues, Liset sprang to life in her hands.

The original score produced by Vern Dorge perfectly complemented the production, subtly providing an undertow that dragged the audience out into the deep end of the emotional maelstrom without overshadowing the action onstage. The music was a perfect match.

Set design for a travelling show, which in the QUONTA context this production must be categorized, always presents a challenge, but Mr. Maskel's design, masterfully executed by Bill Viertelhausen and Mr. Smith, with set painting by Kathy Maskel, worked wonders on the Gore Bay stage. It will blossom even further with the expanded lighting and larger space provided by the Sault venue.

The play will be competing during the QUONTA festival and taking to the stage once again as part of the Gore Bay Theatre Company's summer main stage production.

ideas so not everybody is doing the same work."

There is an additional benefit in that all metrics will be measured from the same baseline so that results can be compared equally in all the different areas.


To put the initiatives of reThink Green, Partners for Climate Protection and the Federation of Canadian Municipalities in context, last October the Intergovernmental Panel on Climate Change warned that for global warming to be limited to 1.5°C, global net human-caused emissions of carbon dioxide (CO2) would need to fall by about 45 percent from 2010 levels by 2030. This leaves little time for governments and other organizations to make changes before irreversible damage occurs.

Ms. Danard said reThink Green is still looking for additional communities to join in the energy planning workshops and that it is not too late to sign up. There will be community consultations happening later this year so members of the public can voice their concerns and priorities regarding energy plans in their communities.

Ms. Erskine welcomes all municipalities that may be seeking more information about the program to contact her at 705-929-0291 or reThink Green at communities@reThinkGreen.ca.

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UCCMM takes Northeast Town council to task over lack of consultation

by Alicia McCutcheon
LITTLE CURRENT—A proposed zoning amendment bylaw in the Northeast Town has been met with a great deal of concern from many parties, including the United Chiefs and Councils of Mnisico Mnisico (UCCMM), who were represented at the Tuesday night meeting.

As has been reported previously, council has spent some months reviewing a change to the designation of shoreline residential islands and Crown lands on islands. The islands in question are specific to the region of McGregor Bay and Bay of Islands.

Part two of the zoning bylaw amendment stated that all Crown land in the Bay of Islands and McGregor Bay are zoned as 'open space conservation' with the following uses permissible: an area where the primary land use is for public recreation or conservation use.

During the public portion of the meeting where comments regarding the zoning bylaw amendment were sought, Aundeck Omni Kaning Chief Patsy Corbiere, also representing the UCCMM, addressed mayor and council saying that the UCCMM member First Nations should have been consulted on the zoning bylaw amendment as it per-

tained to islands that are involved in a decades-old land claim, the 1990 land claim agreement, and chastised council for not involving them in the discussion process.

Matt McPherson, UCCMM lawyer with the firm Olthius, Kleer, Townsend LLP, also spoke to council, telling them "the bylaw must be deferred" as it was not in ordinance with the municipality's Official Plan, nor did it take into account the land claims currently before the courts.

Mr. McPherson explained that the First Nations used the islands long before Europeans came and noted the lake bed and islands claims, which he said the Northeast Town should be aware of.

He reminded council that the First Nations people of the area continue to use those islands for things such as fishing, hunting, ceremonies and medicine gathering.

According to a report solicited by the UCCMM, a planning expert noted that under the new bylaw, buildings that were once not permitted would be allowed. The expert goes on to state that the new zoning bylaw does not create a disincentive which could mean the potential for the creation of larger buildings, boathouses and more water traffic.

"First Nations have to be consulted before a bylaw such as this is passed," Mr. McPherson stressed. "Other than receiving the public notice of this meeting, there's been no consult with First Nations."

The lawyer again told council that the bylaw "must be deferred" until that consult occurs.

"We just want to be consulted," said Chief Patsy Corbiere. "The Trudeau government has been pushing this, consultation with First Nations, plus you need to follow your own laws."

Terry Debassige also addressed mayor and council on behalf of the M'Chigeeng First Nation. He told council that he was sent on behalf of Chief Linda Debassige, who was "very concerned" by the bylaw.

He noted that his council wanted to run a power line from the community wind towers along a road allowance, but was not granted permission because of the 1990 Manitoulin Land Agreement.

"Where do you get your powers to do this when we were told we can't because the 1990 Manitoulin Land Agreement hasn't been settled?" he queried, also noting the lake bed claim.

"It's very concerning that people seem to think things are settled," Mr. Debassige

added.

Councillor Michael Erskine noted that his council had gone through a public meeting process, as well as sending out letters to the adjoining First Nations advising them of such. "So what is the process we're supposed to follow?" he asked. "If not asking for input, then what?"

CAO Dave Williamson explained that the municipality had sent out letters, "But let's ask our neighbours what that process should be."

Councillor Bill Koehler said he thought that following the evening's presentations, the motion should be deferred.

Councillor Laurie Cook explained that the whole intent behind the zoning bylaw amendment was to protect the islands and to create a disincentive.

Mr. Williamson told council they had a few options.

"If you do defer, it comes at a cost," Mr. Williamson explained. "You have to ask yourself, will the impact of this amendment be worth the cost? We've spent \$3,000 so far, and believe me it's going to get higher."

Mr. Williamson warned council that should they proceed and be taken to court, this would also come with a hefty price tag.

He noted that the McGre-

gor Bay Association, Bay of Islands Community Association, area contractors, Ministry of Municipal Affairs and Housing, the Ministry of Natural Resources as well as the UCCMM all have concerns with the bylaw amendment.

"Or," the CAO added, "you can put it on the table and defeat it at no cost." If the change is defeated, the bylaw would simply revert to its original form.

Mr. Williamson also explained that should residents of the area want a zoning change, they would simply have to come before the planning authority and request a change.

Councillor Jim Ferguson made a motion to move the bylaw amendment (as a means of getting it on the table), seconded by Councillor Bill Koehler.

Councillor Ferguson noted that the views heard that night showed that there was no support for the bylaw and said it was "wasting taxpayers' dollars."

Councillor Cook pointed out that the number of islands affected by this are few and far between.

In a recorded vote, all of council voted against the motion and it was defeated.

"Chief Corbiere, we'll try to do better," Mayor MacNevin said of the consulta-

tion process.

Chief Corbiere responded that they are neighbours and friends and suggested council create a consultation protocol.

The proposed zoning bylaw amendment would have renamed the existing 'shoreline residential - restricted' zone to 'shoreline residential - islands' and would allow the following only: a single attached dwelling, a garden suite (subject to section 7.1.3), a secondary unit (subject to section 7.1.3), home occupation use, a public park, a playground, a public utility or a bed and breakfast.

The new shore residential - islands zone would have the following provisions: minimum lot frontage, 60 metres; minimum lot area, 8,093 square metres; minimum lot coverage, five percent; minimum front yard, 10 metres; minimum rear yard, three metres; minimum interior side yard, three metres; minimum exterior side yard, 7.5 metres; maximum building height, nine metres; minimum distance to a lot line for an accessory building, three metres; maximum building height for an accessory building, five metres; and maximum building floor area for an accessory building, 89 square metres.



Legion pumping up the fire department

Northeast Town fire chief Duane Deschamps accepts a \$5,000 donation from Little Current Royal Canadian Legion Branch 177 Comrade Linda Bowerman and President Ruth Eadie. The funds are earmarked for the fire department's autoextrication equipment.

photo by Debbie Bailey

...Northeast Town raises water rates by four percent

...continued from page 10

or a couple of years, but eventually you will draw down the reserves to the point that there is nothing remaining to draw from and then be left with increasing rates by 20 percent or more," said Mayor MacNevin. "That is one reason drawing from reserves to reduce operating costs is a road you don't want to go down."

Councillor Orr noted that high water rates were one of the reasons she originally ran for council, but after studying the rates of other similar-sized plants on the Island and across the North Shore she found that the Sheguiandah plant user rates were actually at the low end of the spectrum.

CAO Williamson outlined a number of upcoming capital costs that council should be made aware of, including a warning from the Ministry of the Environment that the Little Current plant is nearing the limits of its anticipated lifespan and that the current membrane filters in the Little Current plant cost in the vicinity of \$500,000 several years ago and would be much more

expensive to replace now.

As part of planning for the future, the Little Current water plant budget includes commissioning an engineering report on the remaining lifespan of the membranes. Although the last inspection of the membrane filters indicated they were still in good working order (the pressures between the pumps moving water through the membranes indicate the water is still moving through relatively unobstructed), CAO Williamson indicated that the "noodles" within the filters could break down and would need a more invasive approach to evaluate.

Following discussion council voted to accept the 2019 water rate schedule as presented, with a four percent increase on rates for both plants.

At the request of a number of the new members of council, the operator of the plants, Ontario Clean Water Agency (OCWA), will be conducting a tour of the water plants so council can learn more about how they are operated in the near future.



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| Soup to Tomatoes | Tuesdays and Wednesdays | 1 pm |
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If you have any requests for workshops or lectures let us know!

PUBLIC MEETING WATER & SEWER

The Town of Northeastern Manitoulin and the Islands will be holding a public meeting on March 19th in the Council Chambers at 7pm to present the draft water and sewer budget and to solicit input from the public.

Please plan to attend.



Yasseen Tasabehji and Ashley Quackenbush delivered Manitoulin Secondary School's first-ever Jack Talk in late February to a receptive audience. Ms. Quackenbush, or DJ Scratchley Q as she's known on stage, is from Manitoulin Island and is Jack.org's first speaker stationed in the Manitoulin-Sudbury area.

photo by Warren Schlote

MSS students learn it's okay to not be okay

by Warren Schlote

M'CHIGEENG—Grade 11 and 12 students at Manitoulin Secondary School (MSS) were treated to a unique JackTalks presentation recently from Yasseen Tasabehji and MSS graduate Ashley Quackenbush, representatives from mental health advocacy organization Jack.org.

"I wanted to be able to share my story, get involved and help others," said Ms. Quackenbush. "I am Jack.org's first and only speaker for the Manitoulin and Sudbury districts."

Ms. Quackenbush also goes by the stage name DJ Scratchley Q and works as a professional disc jockey, a job that has brought her many unique experiences including being the opening act for the Ottawa-based Indigenous music group A Tribe Called Red.

Jack.org is named after Jack, a student at Queens University who suffered in silence from mental illness and eventually decided to take his own life. His parents started the organization five years ago in the hopes of promoting mental wellness so that no other families would have to go through the same tragedy.

This is Ms. Quackenbush's first year as a JackTalks presenter and Mr. Tasabehji has been affiliated with the group for a year and a half. He was born in Damascus, Syria, and later moved to the Toronto area when he was 17 years old.

Ms. Quackenbush contacted Alison Orford, the social worker at MSS, who invited the organization to speak at the school. She also forwarded the opportunity to the rest of the school board and now Mr. Tasabehji and Ms. Quackenbush are speaking at all nine high schools within the Rainbow District School Board (RDSB).

"My hope would be that these students can trust that it's not a big faux pas to talk about mental health. Everyone has mental health; some days it's good, other days it might be tougher. And there's help for when things get tough," Ms. Orford said.

Ms. Quackenbush and Mr. Tasabehji opened the session with an icebreaker game of 'two truths and a lie,' in which both presenters offered up three facts about themselves and the audience had to guess

which one of the three was a lie.

Next, they showed a video about how much power silence can have over someone, as well as the difficulties that are associated with remaining silent on an issue. It left the students with the lasting message that "silence is made to be broken."

The discussion shifted to the similarities and differences between a healthy body and a healthy mind.

"It's easy to pinpoint what it means to have a healthy body but it's harder to find out what it means to have a healthy mind," said Mr. Tasabehji. "One in five Canadians will struggle with their mental health. If the four can help the one, then the one can help four someday."

They elaborated on the difference between mental health and mental illness—often when people think of the phrase mental health they think of negative conditions such as anxiety and depression, when the term mental health as a whole also includes a positive outlook and good health.

Ms. Quackenbush then brought the group onto a more personal level and shared her own struggles with her mental health during high school and after graduation as a new Toronto resident trying to break into the competitive world of DJing. She started seeing a professional to help her and that started her on the road to recovery.

"It may seem awkward and difficult to open a positive conversation," she said.

"If we change the way people talk about it ... the stigma changes," added Mr. Tasabehji.

He described mental health as lying along a four-point spectrum: Someone who is mentally healthy or stressed is in a relatively good position, as they can use their own coping mechanisms to provide themselves support to get through their challenges. Further down lies struggling, in which someone would need some assistance to improve their mental health or else they could dip into the low end of the spectrum, a mental health crisis.

"That's when it starts affecting the things you're doing in your life. One way

to identify a crisis is when there's a risk of harm," Mr. Tasabehji said.

He then described the five golden rules for helping someone or offering support to an individual in need: Say what you see, show that you care, hear them out by listening to their concerns, check yourself to make sure you're not coming from a place of judgment or rejection and connect them to the appropriate resources they need.

Some of the resources for support can include trusted family members or friends, elders or community leaders, a counselling centre, family doctor or an

...continued on page 17

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AOK Celebrates International Women's Day

by Peter Benji Nahwegahbo

AUNDECK OMNI KANING—Aundeck Omni Kaning (AOK) First Nation celebrated International Women's Day by remembering the past, honoring the present and looking to the future on Friday, March 8. The night's celebration was successful with over 80 women attending the evening's festivities and were treated to a supper catered by Denise Callaghan and the Anchor Inn.

The night started with the In Memoriam Wall where guests were invited to write the name of a woman who had passed on to honour their memory and contributions to the AOK First Nation.

The highlight of the evening was the "wrapping" of a star blanket to honour five elders and five AOK staff members for their contributions and dedication to the community. The five women elders honoured were Georgina Nahwegahbow, Shirley Abotossaway, Gladys King,



Aundeck Omni Kaning staff member Shirley Corbiere was honored by being wrapped with a star blanket by Chief Patsy Corbiere and elder Pamela McGuire-Smith.

photo by Peter Benji Nahwegahbo

Elizabeth Esquimaux and Joyce Madahbee.

The next to be honoured were five staff members who contributed over 100 years of service and commitment to the health and well-being of the AOK community. The five staff members "wrapped" were Kathy Bebamash, Shirley Corbiere, Fran McGraw-Owl, Debbie Shawana and Carlene Assinewai who was unable to attend the cere-

mony.

The night's convenor Joanne Audette, Family Well Being Program Worker, was pleased with the participation by the guests with the games and the overall attendance and response.

Community gathers to celebrate International Women's Day with an early morning breakfast

by Michael Erskine

BIRCH ISLAND—The community of Whitefish River First Nation gathered in the community centre at 8 am on International Women's Day to celebrate the accomplishments of women and to look forward to what will be accomplished in the future.

"International Women's Day is a terrific movement that we can all participate in to build a more balanced society," said Chief Shining Turtle. "Whitefish River First Nation is so proud to make this event possible. We look forward to future events to continue with this movement."

Algoma-Manitoulin-Kapuskasing MP Carol Hughes said "it was impressive to be able to join the community in celebrating all of the accomplishments of their women. We have come so far, but there is still a long way to go."



Members of the Whitefish River First Nation community came out to celebrate their female members during an 8 am breakfast at the community centre. Algoma-Manitoulin-Kapuskasing MP Carol Hughes joined the gathering before the road warrior politician headed off to another celebration in Elliot Lake.

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- Opening Remarks at 10:15am
- Keynote Address by Michael Linklater at 10:30am
- Interactive opening with Debajehmujig Theatre Group
- Workshops begin at 11:15am
- Presentation by Sladen Peltier on hard-work and dedication leading to success for youth at 3:00pm
- Closing and door prize giveaway at 3:15pm

Please contact Dakota Recollet for more information at 705-869-1564 ext. 4263 or dakota.recollet@noojmowin-teg.ca or Tammie Assinewai at 705-368-0229 ext. 251 or tammie.assinewai@noojmowin-teg.ca

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International Women's Day celebrated in Wiikwemkoong

by Betty Bardswich
WIKWEMKOONG—International Women's Day (IWD) was declared a celebration by the United Nations in 1975, the Year of the Woman, and is marked March 8 in over 100 countries. The movement that led to this observance has workers roots throughout the world beginning with the march of textile workers in the United States in 1907 when women demanded shorter working hours, better pay and the right to vote. In 1910, at the Second International Conference of Women, a proposal was made to have an IWD. Austria, Denmark, Germany, and Switzerland celebrated IWD in 1911 as a result.

The horrific Triangle Shirtwaist Factory fire in New York City in 1911 was responsible for the deaths of 140 people, mostly women and children, as the workshop doors had been locked. Subsequently, women participated in IWD activities in the United States demanding better working conditions.

This day began in Russia in 1917 as part of the February Revolution when workers rioted. Women got the vote that year in the Soviet country and March 8 became a national holiday.

Today, IWD commemorates social, economic and political achievements and calls for gender equality.

Wiikwemkoong Unceded Territory celebrated March 8 by hosting a women's wellness day, organized by Manitoulin Family Resources (MFR) violence against women outreach counsellor Tracy Van Horne and sponsored by the M'Nidoo Minissing Coalition Against Domestic Violence. Diane Brunetti, of Kagawong, is the coordinator of the coalition which is comprised of 19 supporting agencies from Manitoulin, Espanola and the North Shore.

Alison Recollet was the guest speaker at the event and spoke of the 'balance of fire woman.' She first indicated the posters she had pinned to the wall reading 'Save Mother Earth,' 'She is at risk,' 'Uttering threats no more,' 'Women are natural healers, caregivers of life,' 'Stop selling women,' 'Stop human trafficking - reach out for help.'

Ms. Recollet, who is of the bear clan, told her audience that she has been on a healing journey since the age of 12. She has suffered abuse and was humiliated as a child. "I was called a white person," she said, "and I was locked in a closet with boys in the old Kaboni school. I get triggers every time I go by that area. I see my violation every day." Ms. Recollet went on to say that she matured at a very young age and would see the bus driver and other adults on the bus staring at her.

Ms. Recollet also spoke of her near-death experience which she said was very spiritual to her. She became sick and was dealing with a violation of her and also to a family member. She was finding this time very traumatic. Her husband was in jail and she had children and a house to look after. "I survived a massive heart attack," she said. A signifi-

cant rock, which she passed to the audience members, was given to her on her death bed and the last rites, with oil placed on her forehead, were given to her. Ms. Recollet described a beautiful white funnel going up and up. "I could see people working on my body. I could hear people talking and laughing."

Ms. Recollet explained the different events that helped her on her wellness journey, including going to the sweat lodge and getting her "Indian name." She also noted that her mother had said, "We still have a ceremony we can do. The pipe ceremony." As well, Ms. Recollet sought help from the



Alison Recollet was the guest speaker at the women's wellness day held March 8 in Wikiwemikong. Her topic was balance of fire woman.

Next on the agenda was dance with community-based program worker Janice Trudeau introducing dancer Sophie Pheasant. Ms. Pheasant took people through different dance styles and began with exercises picturing walking through the forest, getting into a canoe, pushing oneself through wild rice fields and reaching for tall grasses. She then told the dancers to go into the forest, find your sacred place and thank the Creator for the space and yourself for your physical being. She led the class in dance, including Mexican dance steps she had learned in Mexico. Ms. Pheasant not only teaches

a carrier. The final instruction was in the making of a facial scrub using either brown sugar, cane sugar, sea salt or Himalayan salt along with essential oils. Oils, such as olive, are also added.

The next class at the celebration of all women was in water colours. The instructor was artist Madonna Aeschlimann who resides in Tehkummah. Ms. Aeschlimann began by

speaking of the paper and paint to be used in water-colour art including 140-pound paper and either dry cubes or tubes of paint. She explained that it is necessary to tape the paper down, as it would curl with the water used and noted that the paint used could be either student quality or up to artist quality as far as price is concerned.

The IWD celebration held in the Wiikwemkoong arena

was a huge success and the organizers are to be commended. The day was informative, and also a lot of fun. Jennifer Recollect provided an outstanding lunch and videos were shown. Perhaps the best message of the day was a message from the elders who said "women are the backbone of our nation. Let go of pain and nurture your fire."

elders and was told that her name, bundle and pipe were fine.

A celebration of women conference in 1998 saw Ms. Recollet start to share her story and she joined a group of grandmothers. After attending the Blue Thunderbird Leadership forum, she shared her story with the CBC, the newspaper, and the UCCM newsletter.

Although Ms. Recollet observed that change is happening, she noted that her experience showed what violence is and said, "Do what you have to do to seek help. Go where you feel good. I still go to the sweat lodge. I still hang out with the grannies. We still have room for growth. Minde-moya, the old woman, is literally she who holds us together. The values are built into our language."

photo by Betty Bardswich

dance, she also leads yoga classes and makes jewellery.

There were two classes offered during this celebration. Susie Harrison and Louis Couillard were on hand on behalf of Bare-naked Beauty, a shop in Kagawong, and led the women in making products to take home. The first items were bath bombs, made using baking soda and citric acid as a base. Next, a colour, a flower and an essential oil was added. Each participant made three of these of all different colours

The next piece to make was a headache remedy made with three oils, choosing from frankincense, lavender, eucalyptus, chamomile, and peppermint, and using fractionated almond oil as



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Manitoulin Country Fest releases final lineup for upcoming festival

LITTLE CURRENT—In its 13th year of operation, Northern Ontario's largest country music festival, Manitoulin Country Fest, has finalized its lineup for August 8, 9 and 10.

Thursday's entertainment will feature Don Amero, this summer's hottest country duo The Reklaws who took charts by storm with 'Long Live the Night,' 'Hometown Kids,' and 'Feels Like That,' and the James Barker Band with hits 'Chills,' 'Good Together,' and their latest single to radio 'Keep It Simple.'

Friday night kicks off with Emily Bashall, Shawn Austin of 'Yours' fame, and The Dungerees, followed by American country royalty Tanya Tucker who shot to fame at age 13 with 'Delta Dawn,' and multi-award winner Clay Tucker closing out the evening with smash hits 'She Won't Be Lonely Long,' 'Live Until I Die' and 'What's It To You.'

Saturday's festivities begin mid-day with the Country 103 Indie Highlight Contest winner Drew Taylor opening the entertainment. Followed by rising country star Jessie T, female powerhouse quartet Nice Horse with the hit 'Mansplainin,' Canadian country duo Petric of 'It Girl' fame, and the four-time CCMA nominated Hunter Brothers with hits 'Those Were The Nights' and 'Born and Raised.' Next, the inimitable Jess

Moskaluke takes the stage with standout singles 'Camouflage,' 'Cheap Wine and Cigarettes,' and 'Drive Me Away.' Capping off the evening and festival is Canadian Country Hall of Fame alum Paul Brandt of 'Alberta Bound,' 'Bittersweet,' 'All About Her' and 'Convoy' fame.

During the week leading up to Manitoulin Country Fest, there are two additional events at which patrons have the opportunity to engage with their favourite artists.

The Manitoulin Country Fest Cruise for a Cause on August 7 is a dinner cruise with local business North Channel Cruise Line (NCCL). After dinner on the docks, The Reklaws will perform an acoustic set against a North Channel sunset backdrop ahead of their set at Country Fest the following day. The unique setting allows for a more intimate experience between patrons and the artists as well as highlighting the stunning scenery of the world famous North Channel. The event is held in partnership with a local organization, with all proceeds this year supporting the Manitoulin Streams Improvement Association (MSIA).

MSIA is a community based organization that works to protect and preserve the natural waterways on and around Manitoulin Island. Manitoulin's expansive waterway systems are fed

by Lake Huron and support the local environment and communities. MSIA's mandate is to improve the quality of existing water systems and is supported by a team of tireless volunteers.

The Manitoulin Country Fest Singer Songwriter Showcase hosted by Bev Mahood on August 9 features a luncheon cruise with NCCL including Shawn Austin, Don Amero and Jay Allan in a songwriter-in-the-round session. The in-the-round session demonstrates how a song is developed and offers a glimpse into the songwriting process.

Manitoulin Country Fest is produced by Manitoulin Radio Communication and supported by local radio station Country 103, Great Lakes Country (CHAW). After 12 years, Manitoulin Country Fest continues to evolve and expand to create an optimal festival experience for guests, artists, vendors, sponsors and volunteers. Owners and operators Craig and KT Timmermans bring a decade's worth of event promotion and entertainment management experience to their roles at the helm of the festival. Tickets and camping can be purchased online from www.manitoulincountryfest.com or over the phone at 1-866-755-7425.

...it's okay to not be okay

...continued from page 13

anonymous helpline such as Kids' Help Phone. The Kids' Help Phone website also features a list of support resources for various jurisdictions.

There were also representatives from Noojmowin Teg Health Centre and M'Chigeeng Health Centre available in case the students had any questions they wanted to ask at the event.

"Do something today that your future self will thank you for," said Ms. Quackenbush, emphasizing the need for a strong base to provide support during challenging times.

"Life will not always be kind later. Build those support systems now so you can use them when you need them," she said.

There are currently about 250 Jack.org speakers across Canada and Ms. Quackenbush encouraged passionate students to look into the program because of the lack of representatives from Northern Ontario.

"You know more about your own communities and your schools. You know more about what people need here," she said.

Finally, the two played a video that highlighted some of the things young people have accomplished through the Jack.org program before the students had to head to their next classes.

"It feels good to be home, but it's a bit nerve-wracking. It gives me a sense of pride because I've gone off and experienced things, so now I'm bringing that back and sharing my story," Ms. Quackenbush said.

"Students around here don't have the same resources as a big city, especially when thinking of the large Anishinaabe population. That often gets forgotten, that people have to drive to the cities to get the same treatment."

The students seemed happy to hear the messages that the speakers brought, as they were eager to answer questions and interact with the themes of the presentation.

"This was one of the best groups I've presented to," Mr. Tasabehji said after the session.

There are many helpful resources available if you or someone you know is struggling with mental illness. Kids' Help Phone offers free, confidential services 24/7 over the phone, text messages or online chat. It also offers lists of youth support programs based on your location, with 53 services located on Manitoulin Island.

All this information can be accessed at KidsHelp-Phone.ca or by calling 1-800-668-6868. Post-secondary students can find similar help at Good2Talk.ca or by calling 1-866-925-5454. Adults in Northern Ontario can find support through Beendigen Inc., also known as Talk 4 Healing. Its phone number is 1-855-554-4325 and offers services in English, Ojibwe, Oji-Cree and Cree.



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Pillars over Little Current

Expositor reporter Warren Schlotte captured these light pillars on his way home after assembling the paper last Monday night. This phenomenon is most often caused by light pollution—in this case, from Little Current—reflecting off ice crystals suspended in the air.

photo by Warren Schlotte



Icy palace

Louisa Szymanski travelled from Sudbury this past Saturday to get a first-hand look at the massive ice formations on Manitoulin's south shore near South Baymouth. She was one of dozens who flocked to the site this past Saturday, including a group of snowmobilers who parked on an icy slope.

photo by Warren Schlotte

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March 28, 6:00 pm
The Island Jar, NEMI

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Workshop Facilitators

from the Kids Can Grow program

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Anastasia Eranasova

After completing a diploma in Horticulture and finishing an Organic Farm Apprenticeship, Anastasia Eranasova spent over 2 years travelling and working in gardens across Canada, United States, Germany and UK. Her ecological gardening company The Island Gardener specializes in garden maintenance and design on Manitoulin Island. Anastasia is excited to meet fellow gardeners and help everyone to prepare for the upcoming season.



CANADIAN AG SAFETY WEEK
 March 10-16, 2019



Even with the sun clearly setting, the Wilkins are hard at work on the family farm, located just west of Little Current.

photo by Michael Erskine

When mama cow is angry, steer clear

by Michael Erskine

LITTLE CURRENT—Manitoulin beef and dairy farmer Bud Wilkin has been working with large animals for much of his life and, at age 84, he has certainly racked up an impressive amount of experience—but even he has found himself on the wrong end of an angry bovine much to his dismay, and not a little bit of pain.

“It was a couple of years ago,” recalled Mr. Wilkin. “You have got to be very careful. Too often you get busy and that’s when you can find yourself in a bit of trouble.”

The cow in question had been a bit of a

handful, but on this occasion she was one very angry mom. “She came at us pretty severely, you get one like that every now and then. But we survived it and are the wiser for it.”

Just getting around in the cattle yard can be chancy this time of year. Mr. Wilkin has had a hip replacement and finds he goes a little slower these days. “It is very tricky,” he said. “There is a lot of ice and a lot of snow with a crust of ice.”

Mr. Wilkin raises beef cattle, around 65 head, and milks 35 cows, but he is one of a dwindling number these days. “There

...continued on page 20

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Canadian Agricultural Safety Week

March 10-16, 2019 • Let's talk about it!

...When mama cow is angry, steer clear of her

...continued from page 19 were about 38 dairy producers when we started," he said. "Now we are one of only three." But Mr. Wilkin said that he has no intention of stopping yet. "I can't do things as quickly as I used to," he said. "But as long as I am of some help I will keep at it."

When it comes to safety around dairy and beef cattle there are a number of strategies that have helped reduce injuries.

The Successful Farming website has some great tips from animal scientist and handling expert Dr. Ron Lemenager of Purdue University.

One concept is to reduce shadows, colour contrasts and noise. Cattle have been prey for much of their evolution, they want to take flight when they can't see what's ahead. Shadows and odd colour patterns can confuse and stop them. When working a chute, consider the sun angles and light sources. Reduce shadows by putting solid sides on chutes and crowd pens. Artificial light directly overhead will also help produce fewer shadows.

Since cattle also balk at noises, reduce the clamour from dangling chains or rattling head gates.

Always remember that when working with cattle in an open pen or pasture paddock, their blind spot is directly behind. They won't respond to commands or arm signals if you are in that location. Try to work to the side, about 30 degrees to 35 degrees off of straight behind. This is a point of balance from where cattle are more likely to respond to your signals.

It is best to have at least two holding pens with a gate between them that lets you easily sort cows from calves and take a look at locking head gate designs: straight neck bars, curved bars, scissors and full opening, or even a swinging saloon-door design—all of these can work, but all also have disadvantages, say the experts. Look for a design that securely locks the bars on an animal's neck with a positive engagement latch and notch locks that can't slip.

Consider adding a



A cattle drive on a rural road is not an unfamiliar sight on Manitoulin.

brisket bar, a cow palpation gate and palpation cage protection for pregnancy checks. The brisket

bar keeps the cow from going down on her front knees. You want a side door to get in the chute

behind her and you must be shielded from the next cow in line.

Prevent turning by making sure working alleys and chutes are ideally 18 inches wide for calves and 30 inches wide for cows. The walls should be five feet tall and sturdy enough to contain the biggest cows in the herd.

Consider a Bud Box to prevent cattle from going back in the direction from which they came. This is a holding pen that leads into the working chute around 12 by 20 feet in dimensions. The entry gate is placed next to the chute entrance so when the cow attempts to go back through the same gate they entered, they funnel into the chute.

Many of these ideas leverage the cow's natural instincts.

Ensure your calving pens have enough room to maneuver a calf jack (a long and cumbersome tool for moving calves). Create some wide spaces or side panels that easily move to allow for the jack.

Make sure there is traction on the concrete floors of chutes and working

pens. Dr. Lemenager suggests a severe broom finish on the concrete isn't adequate. Bolting wood strips or rebar to the floor, with openings wide enough for their feet, can help modify a smooth concrete floor.

Put gates in the direction you want cattle to move in a paddock, with alleyways to connect pastures and paddocks—so if you usually move cattle in a northerly direction through alleyways, put your gates in the north corners of the paddocks. As creatures of habit, the pathways will become routine to the cows.

Gates into paddocks should be a full 16 feet wide, rather than 12, and alleyways should measure 20 to 30 feet wide.

Finally, make it easy for your animals to slake their thirst. A thirsty cow is not a happy cow.

There are, of course, many other ways to increase safety on the farm, these are just a few ideas that can help reduce risks while dealing with large animals.



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Canadian Agricultural Safety Week

March 10-16, 2019 • Let's talk about it!

Gore Bay's Jeff Hietkamp reflects on safe beef farming

by Warren Schlote
GORE BAY—Taking safety into consideration is a daily thought for the many farmers who work across Manitoulin Island. Beef farmer Jeff Hietkamp is no exception.

Mr. Hietkamp operates Clover Hill Farm just outside Gore Bay, where he lives with his family. He says he has been around farming his whole life and, after a stint working down south, he assumed the operations of Clover Hill in 2001.

"I try to work safely every day, because I have no one to replace me," Mr. Hietkamp says. "Most farmers are the same. It's only you that's going to do the work, so you have to try to work safely every day."

Beyond his concerns about who could support the farm in his absence, the value Mr. Hietkamp places on safety takes on even more significance when he thinks of his partner and his children that he has to support.

To improve safety on his farm, he has considered safety factors from the infrastructure itself to the animals he raises.

"As far as cattle handling facilities and moving livestock around, I've tried to

improve things here at the farm with safety in mind. I've put self-locking head gates in, added some corrals and extra penning," says Mr. Hietkamp.

While animal comfort and safety is a crucial element to overall farm safety, Mr. Hietkamp adds that he pays special attention to planning for worst-case scenarios.

"I think a lot about, if there's a problem, where I

will go and how I will avoid injury," he says.

The animals themselves at Clover Hill are even selected with an eye to best safety practices.

"When we're selecting our breeding stock, the temperament of the livestock is something I think about quite a bit. I want as quiet a cattle as I can find," he says.

Having well-tempered cows reduces the chances

of animals going rogue and injuring farmers or even themselves in the process. This reduces stress levels for both farmers and their animals which can lead to a better product and better health for the farmer.

Although close calls can still happen even in a safer-designed facility, Mr.

Hietkamp says they can turn into positive experiences if they are taken in a broader context.

"It makes you think about what you can do different or better the next time so you don't get into that spot," he says.

Canadian Agricultural Safety Week offers a chance

for farmers and non-farmers alike to pause and reflect on the role of farms within the community and the significance of safety improvements in creating healthier communities for all. This commemorative week runs until March 16 and the program is run by Farm Credit Canada.

the banders by gord.coulthart



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Island entrepreneur launches Good Stuff Box subscription service

by Michael Erskine
LITTLE CURRENT— Sometimes moms come up with some great ideas, but putting ideas into action is where the rubber really meets the road. Island entrepreneur Vanessa Glasby credits her mother with planting the seed that led to her launching The Good Stuff Box, a monthly subscription service that focusses on delivering a quarterly package of “quality lifestyle” products with positive social origins such as Tumeric Teas, Smear Naturals foodstuffs and Didi Bahini Tibetan Jewelry.

“(The idea) came from my mom,” said Ms. Glasby. “She had purchased a subscription box for me for Christmas. It was a similar concept, but American-based.”

Ms. Glasby really liked the products she was getting in the mail each quarter, but when the import charges, shipping and other ancillary costs were factored in, it proved to be a product too far when it came to renewing the subscription. “For me living here in Ontario, the value just wasn’t there,” she said.

“My mom said ‘why don’t you make a Canadian version of the same design,’” recalled Ms. Glasby. That ignited a flurry of activity by Ms. Glasby as she began researching how to go about creating a “quality lifestyle subscription exclusive to customers in Canada.”

“It’s been an idea for about a year,” she said. “I have been actively working on it for about six to eight months.”

The journey took the 26-year-old entrepreneur, who holds a Master’s degree in philanthropy and non-profit management, on a journey that included meetings with the Regional Business Centre in Sudbury, courses in business and appearing before a panel of four judges who gauged the viability of her business plan. “I applied and was accepted into the Starter Company Plus program at the Regional Business Centre,” she said. “I travelled into Sudbury once a week from August to January.”

She explained that the Starter Company Plus program provides mentoring, training and the opportunity of a grant up to \$5,000 to start, grow or buy a small business. The program provides: training and business skills development to help prepare participants in running their own business; advice and mentorship from local industry leaders; assistance in writing a comprehensive business plan to better position participants in obtaining financing; and a micro-grant to kick off a new or expanding business.

Eligible participants for the Starter Company Plus program must be a minimum 18 years of age; proposing a new company, expansion of an existing company or buying a business from a retiring entrepreneur; not a full time student and not returning to school; a resident of

Ontario; a Canadian citizen or permanent resident; and prepared to attend weekly meetings for the entire length of the program (approximately four months).

The Grant Committee will determine whether and how much funding the applicant should receive based on the feasibility of the business; quality of applicant—teachability, entrepreneurial aptitude; potential for job creation; start-up budget/financing needs of the business; and cash/in-kind contributions of the participant.

“So I applied for the start-up funding and received a \$5,000 grant,” said Ms. Glasby. “The applicant has to come up with one quarter of the amount that they put in, but that can come from my hours (in-kind).” It wasn’t too hard to come up with where she put her own “skin in the game.”

“I did have a lot of inventory to buy, so I have a lot more in it than that,” she laughs.

The first boxes are slated to ship in March and can be ordered online. “The base cost is \$54.95 a carton, that’s if you purchase one box,” she said. But the better deal comes when you order a full year subscription of four boxes. “You can pre-pay for the year at \$199.95,” she said. “That’s a savings of \$20.”

The bonus for Ms. Glasby in the discount? “It helps me better gauge my inventory,” she said, not to mention helping with cashflow.

Shipping comes at a flat rate for anywhere in Canada, but Island subscribers (or others for that matter) can opt for local pickup and save the shipping costs.

Ms. Glasby is the assistant manager at Little Current’s Island Jar and her bricks and mortar location where she assembles the Good Stuff Boxes is located upstairs. With the post office located just across the street, shipping is well facilitated too.

“The Island Jar has been very supportive,” said Ms. Glasby.

As for what subscribers can expect to find in the boxes, “health and lifestyle products,” said Ms. Glasby. “Some food items, tea and coffee.”

“All of the products are Canadian and I did a lot of research to be sure that the companies involved all have a component of giving back,” she said. “I always have intended for there to be a charity portion of the business.” To that end, she is including a “Good Stuff Box” sticker that people can purchase for \$1. “You can put it on your phone, laptop or whatever,” she said. “That money will go toward a different charity. I am open to suggestions as to what charity I should pick for that each time.” The first charity will be the ZLT Hope Homes, a Kenyan-based organization founded in 2003 by Jacqueline Villeneuve, a



Social entrepreneur Vanessa Glasby has launched the Good Stuff Box, a quarterly subscription service that delivers quality lifestyle products to your mailbox. Ms. Glasby holds a master’s degree in philanthropy and non-profit management and has designed her product to not only benefit both the subscriber and society in general, but generate some profits as well.

photo by Michael Erskine

friend of Ms. Glasby. The organization provides a home to 27 orphaned and abandoned children from all backgrounds. In 2019, ZLT Hope Homes plans to expand to provide rescue and a safe home environment to children who are survivors of childhood sexual abuse in an effort to address the alarming numbers of sexual assault cases among children below the age of 11 across Kenya.

Ms. Glasby said that she hopes her business will expand to the point where she will be able to hire employees as well.

So far the Good Stuff Box subscriptions are going well, notes Ms. Glasby. For more information or to subscribe to the program, or even to just snag one of the Good Stuff stickers to support a worthy charity, log in to goodstuffbox.ca online and check it out.



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*GM Canada may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. Offer available to qualified retail customers in Canada for vehicles purchased and delivered between March 1 and April 1, 2019. Lease based on suggested retail price of \$57,575 including \$2,650 Cash Delivery Allowance (tax exclusive) and \$1,700 Dealer to Consumer Credit (tax exclusive) towards the lease of an eligible 2019 Next-Generation Sierra 1500 Crew Cab 4x4 Elevation model. Bi-weekly payment is \$258 for 36 months at 3.9% lease rate (3.9% APR) on approved credit to qualified retail customers by GM Financial. The \$129 weekly payment is calculated by dividing the bi-weekly payments. Payments cannot be made on a weekly basis. Equivalent weekly payments are for informational purposes only. Annual kilometer limit of 20,000 km, \$0.16 per excess kilometer, \$3,500 down payment required. Payment may vary depending on down payment trade. Total obligation is \$23,586. Freight (\$1,895) and air conditioning charge (\$100, if applicable) included. Taxes, license, insurance, registration and applicable fees, levies, duties and, except in Quebec, dealer fees (all of which may vary by dealer and region) are extra. Option to purchase at lease end is \$34,545. See dealer for details. Credits vary by model. Dealer may sell for less. Factory order may be required. Limited time offer which may not be combined with certain other offers. Offers may not be redeemed for Cash and may not be combined with certain other consumer offers. Offer available to qualified retail customers in Canada for vehicles purchased and delivered between March 1 and April 1, 2019. Lease based on suggested retail price of \$39,285/\$44,195 including \$450/\$450 Cash Delivery Allowance (tax exclusive), \$1,932/\$0 Option Package Discount and \$1,500/\$1,500 Lease Cash (tax exclusive) towards the lease of an eligible 2019 Terrain SLE 2.0L All-Wheel Drive Black Edition/2019 Terrain Denali All-Wheel Drive model. Bi-weekly payment is \$191/\$229 for 48/48 months at 1.5%/1.5% lease rate (1.5%/1.5% APR) on approved credit to qualified retail customers by GM Financial. The \$95/\$114 weekly payment is calculated by dividing the bi-weekly payments. Payments cannot be made on a weekly basis. Equivalent weekly payments are for informational purposes only. Annual kilometer limit of 20,000 km/20,000 km, \$0.16/\$0.16 per excess kilometer, \$0/\$0 down payment required. Payment may vary depending on down payment trade. Total obligation is \$19,830/\$23,783. Freight (\$1,895) and air conditioning charge (\$100, if applicable) included. Taxes, license, insurance, registration and applicable fees, levies, duties and, except in Quebec, dealer fees (all of which may vary by dealer and region) are extra. Option to purchase at lease end is \$16,080/\$20,330. See dealer for details. Credits vary by model. Dealer may sell for less. Factory order may be required. Limited time offer which may not be combined with certain other offers. General Motors of Canada Company may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. Offers may not be redeemed for Cash and may not be combined with certain other consumer incentives. To qualify for the Preferred Pricing, you must be a Canadian resident holding a valid driver's license, have been a Costco member since January 4, 2019 or earlier and must: (1) Register with Costco to receive your non-transferable Authorization Number; (2) Present the Authorization Number to the participating dealer; (3) Retail purchase, finance or lease an eligible new in-stock 2019 vehicle between March 1 to April 1, 2019. In addition, to receive a \$500 Costco Cash Card by email, submit a redemption form to Costco within thirty (30) days of vehicle delivery and complete a Costco member satisfaction survey. Please allow three weeks for Costco Cash Card delivery, pending completion of all eligibility requirements, including redemption form submission, purchase verification and survey completion. The purchase or lease of a vehicle does not qualify for the calculation of the Costco Executive Membership 2% reward. Not compatible with some other GM Canada incentives. For full program details and for any applicable exclusions, see a participating dealer or costcoauto.ca/GM. For Costco Cash Card terms and conditions, visit Costco.ca and search "Cash Card". The Winter Sales Event is subject to change without notice. Costco and its affiliates do not sell automobiles or negotiate individual transactions. ®: Registered trademark of Price Costco International, Inc. used under license. ¹ Before you buy a vehicle or use it for trailering, carefully review the trailering section of the Owner's Manual. The weight of passengers, cargo and options or accessories may reduce the amount you can tow. ² Whichever comes first. Limit of four complimentary Lube-Oil-Filter services initial. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. Conditions and limitations apply. See your dealer for details. ³ Visit onstar.ca for vehicle availability coverage maps, details and system limitations. Services and connectivity vary by model and conditions as well as geographical and technical restrictions. 4G LTE service available in select markets. Requires active connected vehicle services and a data plan to access the vehicle's built-in Wi-Fi hotspot. Accessory Power must be active to use the Wi-Fi hotspot. Data plans provided by AT&T or its local service provider. Credit card is required for purchase. Comparison based on wardsauto.com 2018 Large Light-Duty Pickup segment and latest competitive information available at time of printing. Excludes other GM vehicles. ⁴ Before you buy a vehicle or use it for trailering, carefully review the trailering section of the Owner's Manual. The weight of passengers, cargo and options or accessories may reduce the amount you can tow. Full functionality requires compatible Bluetooth and smartphone, and USB connectivity for some devices. Data plan rates may apply. ⁵ At time of posting, detailed map coverage is available for most major urban areas of the United States and for certain metropolitan areas of Canada (Vancouver, Calgary, Edmonton, Winnipeg, Windsor, London, Toronto, Ottawa, Montreal, Quebec City and Halifax). Coverage is significantly limited outside these areas.

Providence Bay News and Notes

Did everyone remember to turn your clocks ahead? We're now running on daylight saving time! It'll be nice to enjoy the extra daylight each evening along with the warmer weather that's to come with it... We hope.

Happy belated birthday wishes go out to Eddy Simpson who celebrated turning 83 on March 4. Randy Bowerman had his big day on March 9.

If you see Debbie White (March 15), Garry Bowerman (March 18), Don "Duck" Patterson and Darlene Bie (both on March 19), be sure to wish them a happy birthday.

Congratulations to the Providence Bay curling team who made it possible to keep the Hindman trophy here. The George Hindman trophy will be staying in Providence Bay for another year. This is a curling competition which takes place every year between Providence Bay and Manitowaning (Assiganack). If you missed it this year, mark your calendar for next year's event.

We're shouting out to our roads crew for the excellent job they have done this winter. Some residents have referred to them as "drift warriors" and nominated them to the CBC as "winter heroes." So thank you for going above and beyond helping us through this long winter.

Our community was very busy last weekend. The beautiful weather we had on Saturday brought lots of people out to enjoy the glorious view of our bay with all the snow and ice shimmering under the warmth of the radiant sun.

The annual men's bonspiel was also held at our curling club, which added to the hustle and bustle of people in our community. From all accounts everyone, whether a spectator or curler, had a bang-up time. We'll post the winners next week.

Mark your calendar! The Manitoulin Snow Drags are returning on March 30. Admission is \$5 for anyone over the age of 10 and \$20 for every race you enter. There are 4,660

feet "packed snow" lanes. Stock - studded and non-studded and modified (improved). Classes: Kids (120cc or equivalent), Vintage, 340cc, 440cc, 500cc, 600cc, 700cc, 800cc and open. For more information visit Manitoulin Snow Drags on Facebook.

If you have something that you would like to contribute to the Providence Bay News and Notes, please let us know. We know the amazing people and things that happen in our community but let's allow everyone to know. If there is an upcoming birthday, anniversary, fundraiser or celebration, please let us know. If there is someone that you would love to give a shout-out to because of the things they do for, in or around our community let us know. You can email Cheryl at prov_chick@hotmail.com or call her at 705-862-1613. Submissions must be received by each Sunday at 3 pm for submission in the following Wednesday publication of the paper. We look forward to hearing from you.

Manitoulin's Business Directory



Alex Baran
Personal Income Tax Preparation
705-282-4955
abaran@thetaxguy.tax

**LAW OFFICE
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- Real Estate
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services

Are you concerned about someone's drinking? Al-Anon has one purpose: Welcoming, giving hope and comfort to help family and friends of alcoholics. Changed attitudes can aid recovery. Stepping Stones Al-Anon Group: Thursdays at 7 pm in the library room at the Missionary Church, 51 Young Street, Mindemoya, 705-377-4892/705-377-5138. Espanola Al-Anon, Tuesdays at 7 pm, Anglican Church, 213 Tudhope Street, Espanola, 705-869-6595. Tfn

Questions or concerns about diabetes? We can help. Please contact the MHC Diabetes Training and Care Centre. Individual and group appointments available with a registered nurse or dietitian certified in diabetes education. Clinics in Little Current, Mindemoya, Silver Water, Gore Bay and Manitowaning. Please call 705-368-2300 ext. 2415 for more information. Self-referrals accepted. Tfn

Gateway To Life Church service schedule, Sunday Morning Gateway Kids ages 4 to 12, 9 am to 10 am; Sunday Worship, 10:30 am; Tuesday Bible Study, 7 pm; Wednesday The Gate Youth, 7pm. Affiliated with P.A.O.C., 22 Vankoughnet street east, P.O. Box 681, Little Current, Ontario POP 1K0. Pastor Philip Hovi 705-368-0245, email: office@gatewaytolifechurch.com Tfn

AOK Gospel Fellowship in Aundek Omni Kaning, Ontario. Pastor Jerry Legault. Sunday Services, 10:30 am; Children's Sunday School, 10:45 am; Thursday Bible Study, 6 pm. O give thanks unto the Lord; for He is good: because His mercy endureth forever. Ps.118:1 Tfn

for sale

Brand new 8-inch auger drill, clockwise turn. Good for all makes except Jiffy. Selling because it doesn't work with my counterclockwise Jiffy auger. Paid \$140, will take \$130. Have receipt. Phone or text 705-968-0076. Tfn

Fresh cut maple firewood. \$95/cord. No delivery. Pick up only. 705-859-3577. 43-44p

Passport photos are taken Monday to Friday from 9 am to 4:30 pm at the Expositor Office. \$20.50 including tax. **No appointment necessary.** 705-368-2744. 43p

livestock

Charolais and Limousin bulls for sale. Yearling and coming two-year olds. Call 705-859-3595 after 8 pm. 42-43c

wanted

Donate your old car or truck or farm tractor, etc., or even an old metal boat to our church. We can send a truck right to you to pick these up, and in return you will receive an income tax receipt for the scrap value of your donation to St. Bernard's Church, Little Current. Please, no smaller items such as fridges, stoves, hot water tanks, etc. Contact Tony Ferro at 705-368-3066 or Jim Griffin at 705-859-2289. 17tfn

rentals

Executive waterfront home in Little Current. Available until to April 30. All inclusive. Fully furnished two floors, two bedrooms, two full baths. One tub, six TVs with full satellite package, internet, fireplace. Snow removal, security system, double garage negotiable. \$575/week, \$1,600/month. 705-368-6240. 31tfn

BRENTWOOD VILLAGE. New Garden Homes in Espanola. 55 plus. Only one left. Available August 1. Two-bedroom, two-bath, plus garage. \$1,695/month plus utilities. Contact 705-863-0487. 42-45c

Two-bedroom home in Providence Bay, large kitchen, front porch, private backyard. Available April. Call 705-348-0988. 43tfn

Apartments for rent in Little Current for immediate occupancy. Open concept large scale unit, in-floor heating, hydro and water included, private entrance, fridge and stove included. Hook-ups for washer and dryer. First and last required with references. Three bedrooms, \$1,300; four bedrooms with two bathrooms and a rec room \$1,600. Parking available. Call 705-936-6564. 43-44c

engagement

Ashley Lureen Martin, daughter of Earl and Frances Martin to Zachary Johnathon Bowerman, son of Kerry and Angela Bowerman on October 21, 2018. Wedding to take place September 2019. 43p

Legion Events

Mid-winter rummage sale. 9 am to 1 pm on Friday, March 29 and Saturday, March 30 at Lyons Memorial United Church at 17 Meredith Street, Gore Bay. Proceeds will go to the Angel Bus and other community programs. 43-45p

Royal Canadian Legion Branch #177 Little Current hours: Sundays, Mondays, closed; Tuesday to Saturday, 4 pm to closing. tfn

Weekly special events at the Royal Canadian Legion Branch #177, Tuesdays, dart night; Thursdays, wing night; Fridays, meat roll draw. tfn

Mini eight-ball pool tournaments. Every Wednesday night at 7 pm at the Little Current Legion. Maximum of eight players. tfn

Weekly euchre every Wednesday at 1:30 pm with a Euchre tournament the last Wednesday of the month at the Royal Canadian Legion Branch #177, Little Current. Supper, \$10. Tfn

Celebrate St. Patrick's Day at the Little Current Legion downstairs bar on Sunday, March 17 from 4 pm to 11 pm. Games, prizes, draws, stew, and don't forget the green beer. Come out and have some fun. Be sure to wear your green! Come out and support your Legion so we can support your community. 43c

Salisbury Steak Dinner at the Little Current Legion on Friday, March 29 from 5 pm to 7 pm. \$12 per person; 5 and under are free. Take-outs are available. Salisbury steak, mashed potatoes, vegetables, salad, rolls, dessert, coffee and tea. Please support your Legion so they can support your community. 43-45c

Sea Cadet Events

Manitoulin Sea Cadets Corps weekly parade is now at the Manitoulin Secondary School gymnasium on Monday nights, beginning at 6 pm. All youth 12 to 18 are welcome to join. For enquiries, please contact 705-805-0350. tfn

Deadline for text ads, like this, as well as boxed ads is Friday at 4 pm.

coming events

OPEN MIC COFFEE HOUSE—the second and fourth Friday evenings of every month, 6:30 pm – 9 pm, hosted at the Little Current United Church Assembly Hall. George Williamson and friends (who perform Friday evenings all summer and fall downtown) are the mainstay musicians but bring your voice, your instrument, but mostly bring yourself and your friends. Freewill collection with all proceeds going to support the Manitoulin Food Bank. Tfn

A Lent to Remember, Thursday, March 7 at 2 pm to 4 pm for 5 weeks. At Our Lady of Canada Church, Mindemoya. Please call or email to register 705-968-0822 or keithlegree@hotmail.com. God Bless. 40-43p

St. Patrick Casserole Dinner. Hosted by Manitoulin Health Center Auxiliary on March 15, 2019 at Little Current United Church at 6 pm. Come and enjoy some wonderful casseroles and desserts prepared just for you. Only \$10. For tickets call, Sue Lafreniere at 705-368-2336 or Marilee Hore at 705-368-2547. Live music by Doug Hore and Marice Labelle. 41-43p

Free introductory course for Taekwondo (real Martial Art) featuring self-defence and exercise, both physical and spiritual. The course is running Thursdays at 3:30 pm till March 14 at Trinity Manitoulin United Church lower hall in Mindemoya. The course is open to all ages. Come and experience real Martial Art. For information call 249-997-1010. 41-43p

Annual St. Patrick's Irish Stew Dinner Saturday, March 16 at Trinity United Manitoulin Church, Mindemoya from 5 pm to 6:30 pm. Serving Beef Stew, homemade tea biscuits, salads and dessert. Adults, \$14; children under 6, \$7. Join us for this delicious supper. 41-43p

Bid Euchre Tournament, Euchre Tournament and St. Patrick's Day Stew Supper, Sunday, March 17 at the Tehkummah Triangle Club Hall. Bid euchre, 1 pm, \$5; euchre, 3:30 pm, \$5; St. Patrick's Day Stew Supper open to the public, 5:30 pm, cost is \$15 for adults, \$7.50 for children and free for children under 5 years of age. Serving choice of beef or chicken stew, assorted homemade biscuits, bread an Irish soda bread, fruit pie with ice cream or lemon pie, tea and coffee. This is a fundraiser sponsored by the Tehkummah Triangle Club. 42-43c

coming events

CODMOTHER'S FAMILY RESTAURANT

St. Paddy's Irish Dinner

Sunday, March 17
\$15.95 plus tax

Roast Beef Buffet

Sunday, March 31
\$23.95 plus tax

Breakfast

Saturdays and Sundays

Served from 12:00 noon - 2:00 pm

Please call 705-282-1212

for more information

Reservations Welcome

Elmer Iseler Singers in concert Sunday, March 24 at 7 pm at the Mindemoya Missionary Church. Tickets must be purchased in advance for this exciting concert and are available from Central Pharmacy in Gore Bay, the Recorder office and members of both hosting choirs, the Island Singers and the Manitoulin Community Choir. Tickets are \$30 adults, \$20 students. 43-44p

Manitoulin Island Singles 40+ Supper Club. No fees, just great food and fun. Contact hellomissclub@gmail.com. 43c

St. Patrick's Day Luncheon in Manitowaning at Knox United Church Hall on Saturday, March 16 from 11:30 am to 1:30 pm. Entertainment to follow from 1:30 pm to 2:30 pm. Admission \$10. Please call Diane at 705-603-0562 for tickets. 42-43p

Private classified word ads, like this, are \$8 for up to 25 words and 10 cents for every additional word, per week, plus HST. Pre-payment (VISA, MasterCard, cheque or cash) is required. Private sales only. Call 705-368-2744 to book your ad.

Passport photos are taken Monday to Friday from 9 am to 4:30 pm at the Expositor Office. \$20.50 including tax. **No appointment necessary.** 705-368-2744.

Deadline for text ads, like this, as well as boxed ads is Friday at 4 pm.

coming events

MSS Music Fundraiser Roast Beef Dinner and Dance March 23 at the Burpee/Mills Complex at 6 pm. \$20/person. Music by Missy and the Speed Wobbles playing 50s and 60s rock and roll and country, as well as students of MSS. For tickets call Melody Hore at 705-282-2329 or Chris Theijsmeyer at 705-968-0404. Tickets are limited. 43c

I volunteered to take on the 'stamp collecting' at Knox, and I would like to reach out to folks in other communities on Manitoulin who might be interested in saving stamps and adding them to our efforts. Stamp wholesalers pay the Leprosy Mission \$10 per pound of trimmed stamps, and that money makes it possible for people suffering from leprosy to be cured and rehabilitated. It also supports education about the disease worldwide. It is best to leave the stamp on the envelope, don't try to pull it off or steam it off. Just cut it off, leaving the stamp with a 1/2 inch / 2 cm border of the envelope around it. The stamps can be dropped off at Assiginack Public Library, NEMI Public Library, Mindemoya Public Library, Providence Bay Public Library, Billings Public Library, Tehkummah Public Library and Gore Bay Public Library. This is a really life changing outreach opportunity. 43-44p

The Expositor Office can meet your various printing needs: wedding invitations, invoices, letterhead, business cards, rubber stamps, envelopes. Call 705-368-2744, ask for Dave.



Sheshegwaning First Nation Education

1125 Sheshegwaning Road,
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PHONE: (705) 283-3014 FAX: (705) 283-3048

MULTI-GRADE PRIMARY TEACHING POSITION

Sheshegwaning First Nation is currently accepting applications for a Grade 1-4 teacher.

Essential Duties:


- Work under the supervision of the Principal;
- Prepare and deliver lessons to the students according to the approved curriculum;
- Implement and deliver culturally appropriate Anishnabe teachings within the school and community setting
- Teach students using a systematic plan of lessons, discussion, audio-visual presentations, field trips, hands-on activities to promote their physical, mental, and social development and their school readiness;
- Develop and implement long range plans
- Prepare and administer assessments
- Evaluate the progress of students and discuss results with students, parents and school officials;
- Identify children's learning styles and needs;
- Prepare and implement remedial programs for children requiring extra help;
- Participate in staff meetings, teacher training workshops, professional development days and other school functions;
- May supervise teacher assistants and student teachers;
- Knowledgeable in literacy and numeracy practices.


Qualifications/Requirements:

- Must hold a valid Ontario Teaching Certificate;
- Must have a Bachelor of Education or ATEP;
- Must have knowledge and/or experience of the culture, tradition, history and customs of the Anishnabe.
- Understanding and fluency of Odawa or Ojibwe language is an asset or must be willing to learn the language;
- CRC/CPIC and Vulnerable Sector Screening.

Interested applicants must submit a covering letter, resume with 3 references and permission to contact them as well as 3 reference letters. All application packages must be received by March 15, 2019 at 12:00 p.m. Please send applications either by regular mail or email.

Mail to:
Janice Cada, Education Director
1125 Sheshegwaning Road
Sheshegwaning, ON
POP 1X0
janice@sheshegwaning.org






Mnaamodzawin Health Services & Noojmowin Teg Health Centre

Employment Opportunity

Casual On-Call Custodian (3 – 5 hours/shift) - 3rd Posting



Responsibilities:

- Perform general preventative facility maintenance and repair duties
- General cleaning of facility
- Maintain inventory of maintenance, cleaning supplies and equipment
- Provide coverage in the absence of janitor
- Seasonal Maintenance ie: shovelling & clearing entrance and walkways, watering plants & vegetable gardens
- Reporting equipment deficiencies to supervisor
- Ordering supplies as required

Qualifications:

- One to three years' general maintenance and cleaning experience, preferably in a healthcare setting.
- Knowledge of WHMIS with certification (or option to obtain within 3 months)
- Knowledge of Occupational Health and Safety
- Current Ontario Driver's License (and vehicle)
- Current CPR, First Aid Certification (or option to obtain within 3 months)
- Preference will be provided to individuals of Indigenous Ancestry

Deadline: Friday, March 22, 2019 at 12:00 pm
Send Resume, cover letter, CPIC/VSS, and 3 current work-related reference letters marked confidential by mail or email to:

Human Resources
Mnaamodzawin Health Services
Postal Bag 2002, Hwy 540
48 Hillside Road, Aundeck Omni Kaning
Little Current, Ontario P0P 1K0
Phone: 705-368-2182 ext. 225
Fax: 705-368-2229 finance.assistant@mnaamodzawin.com

Incomplete submissions will not be considered. We thank all for applying, however, only those under considerations will be contacted.



Township of Tehkummah is accepting applications for

Full-Time Public Works Operator

Tasks and Responsibilities:


- Assist in maintaining municipal infrastructure including roads, landfill site
- Responsible for operating equipment, routine maintenance and equipment repairs, and performing other tasks as required
- Ability to operate heavy equipment
- Grader and snowplowing experience an asset, DZ licence required
- 40 hour work week – possible flexible scheduling due to seasonal demands

DEADLINE FOR APPLICATIONS: Friday, March 22, 2019 – 4 PM

Interested applicants please forward resume to:

Township of Tehkummah
PO Box 24, 456 Highway 542A, Tehkummah, Ontario P0P 2C0
Fax: 705-859-2605
Email: twptehk@amtelecom.net

The Cutoff for Boxed Display Ads is Friday



**The Municipality of Central Manitoulin
seeks a
CLIMATE CHANGE COORDINATOR**

This is a full-time, 35 hrs. per week, 22 month contract staff position that will split their time between the Municipality of Central Manitoulin and Billings Township.

The Climate Change Coordinator will focus on the planning and implementation of municipal climate change priorities in both Central Manitoulin and Billings Township.

Job descriptions are available at the Municipal office during regular office hours, weekdays 8:30 AM to 4:30 PM and on the Municipal website: www.centralmanitoulin.ca/administration/proposal-requests

**Applications will be received until
NOON-Friday March 22, 2019.**

Municipality of Central Manitoulin
6020 Hwy 542, P.O. Box 187
Mindemoya, ON P0P 1S0
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or centralm@amtelecom.net

For more information please contact:
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EMPLOYMENT OPPORTUNITY

Manitoulin Centennial Manor

We are currently seeking applications for a

FULL-TIME REGISTERED PRACTICAL NURSE

The successful applicants will:

- Have a current registration with the College of Nurses of Ontario,
- Have a criminal record check with VSS,
- Possess strong clinical, problem solving, and supervisory skills,
- Communicate effectively, and demonstrate capability in dealing with challenges,
- Coordinate delivery of safe resident care in a team setting.

Please send your resume to:
Tamara Beam; Director of Care
Manitoulin Centennial Manor
Postal Bag 460
Little Current, ON
P0P 1K0
Fax: 705-368-2694
tbeam@extendicare.com



**Manitoulin Health Centre
MEDICAL LABORATORY ASSISTANT**

The Manitoulin Health Centre requires a Medical Laboratory Assistant to work on a casual basis at its Little Current site.

QUALIFICATIONS (Education, Certifications, Experience, Licensure):

Required:

- Graduate of a recognized Laboratory Assistants course or Medical Laboratory Technician Certificate (One (1) year community college)
- Current certificate with the OSMT as a Registered Medical Laboratory Assistant

Preferred:

- Recent/related experience in hospital setting
- Certification in Transportation of Dangerous Goods (TDG)

Please email a cover letter and resume to the attention of:

Nicole St. Georges, Director of Human Resources
E-mail: nstgeorges@mhc.on.ca
Thank you to all who apply. Only those to be interviewed will be contacted.

help wanted

help wanted

help wanted

help wanted

help wanted

help wanted



**Manitoulin Health Centre
REGISTERED NURSE**

The Manitoulin Health Centre requires a Registered Nurse to work on a permanent part-time basis at its Mindemoya site.

QUALIFICATIONS (Education, Certifications, Experience, Licensure):

Required:

- Current Certificate of Registration with the College of Nurses of Ontario
- Completed OBS training or willingness to complete at earliest convenience
- Experience in the role of Charge Nurse or readiness for orientation to assume the role
- Current NRP (Neonatal Resuscitation Program) certification or willingness to complete at earliest convenience
- Computer skills with proficiency in Microsoft office and Meditech applications

Please email a cover letter and resume to the attention of:

Nicole St. Georges, Director of Human Resources
E-mail: nstgeorges@mhc.on.ca

Thank you to all who apply. Only those to be interviewed will be contacted.



**EMPLOYMENT OPPORTUNITY
Museum Assistant**

The Township of Billings is accepting applications for a museum assistant for summer 2019. If you are 16 years of age or older with an interest in local history, strong computer and interpersonal skills, and the ability to work independently, this may be the summer job for you.

Applications (cover letter and resume) will be accepted at the township office until March 22, 2019, and may be submitted in person or by mail or email. Please direct enquiries and applications to:

kmcdonald@billingswp.ca
15 Old Mill Road
PO Box 34
Kagawong ON P0P 1J0

Please note that only those applicants selected for an interview will be contacted. Applicants must meet funding partner eligibility criteria, including age/student status.



**Manitoulin Health Centre
REGISTERED NURSE**

The Manitoulin Health Centre requires a Registered Nurse to work on a temporary part-time basis at its Little Current site (up to 12 months).

QUALIFICATIONS (Education, Certifications, Experience, Licensure):

Required:

- Current Certificate of Registration with the College of Nurses of Ontario
- Completed OBS training or willingness to complete at earliest convenience
- Experience in the role of Charge Nurse or readiness for orientation to assume the role
- Current NRP (Neonatal Resuscitation Program) certification or willingness to complete at earliest convenience
- Computer skills with proficiency in Microsoft office and Meditech applications

Please email a cover letter and resume to the attention of:

Nicole St. Georges, Director of Human Resources
E-mail: nstgeorges@mhc.on.ca

Thank you to all who apply. Only those to be interviewed will be contacted.

HELP WANTED

**HURON MOTOR LODGE
SEASONAL POSITION
HOUSE KEEPING**

Cleaning motel rooms & laundry
May - October 2019

Interested parties can send a resume to P.O. Box 10, South Baymouth, P0P 1Z0 or call us at 705-859-3131 or 705-859-2064

HELP WANTED

Providence Bay Tent and Trailer Park

Wanted reliable, mature female to work at Providence Bay Park. Must be punctual and have own transportation. Please drop resume off at the Park office or call for interview.

**5466 Highway 551, Providence Bay
705-377-4650**

HELP WANTED

RESORT MANAGER/COUPLE

Resort Manager/Couple to carry out daily resort operations. Handle reservations and public relations, some computer skills, a working knowledge of the kitchen, dining room, bar and light maintenance. Accommodations provided.

Send resume to rterrace@amtelecom.net
rockgardenresort.on.ca



**Manitoulin
Family Resources**

**OUTREACH COUNSELLOR – WOMAN ABUSE
Temporary Full-Time Contract**

Manitoulin Family Resources requires 1 Woman Abuse Outreach Counsellor to support women and children in our Violence Against Women Prevention Program. Services provided include short, medium, and long therapeutic counselling that is goal focused and designed to improve emotional well-being and healing. Additional supports offered include safety planning, crisis support, advocacy, and referrals. Maintenance of client records and statistical data capture is required, as is the promotion of agency services and providing public education.

The successful candidate will have

- An in-depth knowledge of an academic discipline acquired through the completion of a clinically supervised undergraduate or graduate degree
- Registration with the College of Social Workers and Social Service Workers of Ontario and/or College of Psychotherapists of Ontario, and be a member in good standing
- Ability to adhere to standards of practice under the CSWSS and/or COP
- Ability to create and maintain therapeutic relationships
- Ability to apply an intersectional feminist framework that identifies women's relation to social systems
- Minimum 3 years' experience in therapeutic counselling (individual and group experience) on mental health, issues of trauma, and its effects on women and children
- In-depth knowledge of community support services for women and children
- Working knowledge of harm reduction principles and practice
- Current knowledge of cultural competency service provision and counselling women from different backgrounds
- Ability to work evenings and weekends
- Proficient use of Microsoft Office Suite
- Valid driver's license, reliable vehicle, clear VSS, and insurable driver's abstract are requirements of the position and conditions of hire.

This position is a bargaining unit position. Flexibility in scheduling will be required to meet the needs of the Outreach program, with the position averaging 35 hours per week. The Outreach Counsellor delivers direct client services throughout the catchment area of Manitoulin Island and the north-east shore of Lake Huron, from Massey to Nairn Centre. The position is based out of the main administration office in Mindemoya.

Deadline for applications: Friday, March 22, 2019 at 4:00 p.m.

Please forward applications to:
D. Leblanc, Executive Programs Assistant
Manitoulin Family Resources
P.O. Box 181
Mindemoya, ON
POP 1S0
dleblanc@mfresources.net
Fax: 705 377-4863



EMPLOYMENT OPPORTUNITY

POSITION: Operation Assistant at Northland Agromart, Gore Bay, Ontario

JOB SUMMARY

The person in this position would be responsible for store front duties, handling cash, customer service, and fulfilling orders. Attention to the high level of customer service is required. Deliveries would be made using company truck to various farm operations in the area, some with +3 hours driving. Role includes operating tractors and blending equipment.

In servicing the Agriculture industry, hours of work vary by season. This position can expect high levels of working hours throughout the spring and summer growing season, tapering down to part-time in winter hours. Growing season hours would range from 8-12 hours daily. Winter hours down to approximately 20 hours weekly. Agronomy and agricultural sales knowledge would be preferential, or willingness to learn. Position may move to full time with benefits plan depending on work load and person selected.

REQUIRED EDUCATION, SKILLS AND QUALIFICATIONS

Minimum: Ontario Secondary School Diploma or equivalent

Preferred: College Diploma or higher, preferably in Agriculture sector

- Position requires physical labour, heavy lifting, and use of heavy machinery.
- Tractors and forklifts used daily.
- Knowledge of Agriculture industry highly important.
- Valid Ontario Class G Driver's Licence, or higher, required.
- Sound written and oral communication skills.
- Confidentiality regarding customer accounts is necessary.

Northland Agromart services all the needs of farm operations on Manitoulin and the North Shore area. We supply seed, fertilizer and livestock feeds, as well as agronomy inputs and sampling. We have grown to serve local farms with the utmost in customer service and care.

JOB TYPE: Part-time

Please email resumes and cover letters to avokes@sprucedale.com
Or by mail: Northland Agromart, 10 Hwy 540A, Gore Bay, ON, P0P 1H0

Deadline: Friday, March 15th, 2019 at 5pm.

Only candidates who are selected for an interview will be contacted.

Tehkummah Talk and Times

I have to leave town to win. Thanks to Betty Jean, who drove very carefully over icy roads and even more carefully on the road home from Providence Bay after the big snowfall that appeared while we were playing bid euchre. Always fun and a great lunch as a bonus. Dorothy travelled with us. Door prize, Pat Norton; first, me, Pat Hall, 176; second, Pat Nelder, 150 (a great day for Pats); third, Eva Bond, 138; low, Bev.

A ride home with Beth from Bingo. They were just going to roll me out while driving by. I think it had something to do with my graceful entrance into the van. I did break even though tonight. Not a bad thing.

For well over three weeks, I've had a dandy snowdrift a third of the way up my window on the ledge. It has gone down to about a quarter, but there are about seven layers of ice and snow.

We sure had a lot of laughs at bid euchre on Thursday afternoon. I kept going down, Laura had a moon, and yet she finished minus 27 (low); first, Dave James, 177; second, Dorothy Cronk, 164; third, Pat Novak, 162; 50/50, Doris.

Four and a half tables for cribbage on Wednesday. High hand, Laura, 24 (Dorothy was close with a 23); first,

Dorothy and Ted, 962; second, Gib and Florence, 933; third, Cal and I, 917; low, Yogi and Bobbi Jo, 856; door, Brad, Gib, Florence.

St. Patrick's Day special event at the Tehkummah Hall. Supper, 5:30 pm, bid euchre in the afternoon, regular euchre tournament starts.

Received the most artistically creative envelope this past week in the mail with a lovely thank you note inside. The day we were at the restaurant in Providence Bay Sharon joined our Sr. U.C.W. group.

I hear Jeneen came through her surgery well. Sis Susan is away this week, stopping to check on family in Ottawa and spending time, too, with Sister Peg in Guelph.

Being snowbound much of the past couple of weeks has limited my news.

Do you think spring will ever come? Looking out at the pile of snow surrounding this domicile. We may still see snow banks in July?

Have a great week. Think Spring!

Weengushk shuffles board at annual general meeting

by Warren Schlote

M'CHIGEENG—Weengushk Film Institute has appointed a new chair, vice chair and secretary to its board of directors at its annual general meeting held earlier this month.

Angela O'Leary is assuming the role of chair, Phyllis Ellis is the vice chair and Gloria Panacheese is the secretary.

The board also appointed Sam Nardi to be its auditor. New board members include Kaylee LeBreton as the youth representative, Dan Donovan and Ms. O'Leary.

"I would like to thank all the support we've received from the board members that are leaving," said Weengushk founder Shirley Cheechoo. At press time, not all the outgoing board members had tendered their resignations, but Ms. Cheechoo said she expected them later in the week.

help wanted

help wanted

help wanted

help wanted

notice

in memoriam

Job Opportunity - Head Chef

Lake Huron Fish & Chips (Providence Bay) is hiring an experienced (2+yrs), dependable, reliable cook for seasonal job (May30-Sep3). Background in Culinary Arts preferred. Job includes food prep, cooking and overseeing other stations. Full-time position, \$15-20/hr + tips. Contact albrecht93@hotmail.com.

TOWNSHIP OF ASSIGINACK



Requires a

Maintenance Superintendent

A complete job description and compensation scale is available upon request.

Deadline for submission of applications is **Friday, March 29, 2019 4:00 p.m.**

Township of Assiginack
P.O. Box 238
Manitowaning, ON
POP INO
705 859 3196
www.Assiginack.ca

Our door is open. Whatever adversity you find yourself burdened with, you are most welcome to come sit alone in our church or have someone pray with you, with complete confidentiality. Please come and find an oasis. It's waiting for you at Mindemoya Trinity United Church. Open each Tuesday for prayer, 11 am to 1 pm. No appointment necessary, and the coffee is on. 11tfn

Any person with employment history between 2017-2019 at Manitoulin Hotel and Conference Centre please contact 705-282-3508 or mwmikesales56@gmail.com 43-44p

BROWN—In loving memory of Goldwin Brown, July 28, 1934 – March 12, 2010. Partings come and hearts are broken, Loved ones go with words unspoken. Deep in our hearts there's a memory kept. For a father we'll never forget. Miss you Dad every day, Love, Nancy 43p

MCGREGOR—Always My Dean McGregor, March 18, 2017. My mind still talks to you, And my heart still looks for you. But my soul knows you are at peace. Ndeh gidowaa, Naomi 43c

TOWNSHIP OF ASSIGINACK



Requires a
PUBLIC WORKS EMPLOYEE

Snowplow/winter maintenance experience required. Heavy Equipment experience and DZ license preferred.

A complete job description and compensation scale is available upon request.

Deadline for submission of applications is **Friday, March 29, 2019 4:00 p.m.**

Township of Assiginack
P.O. Box 238
Manitowaning, ON
POP INO
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www.Assiginack.ca

notice

notice

notice



FORM 6 SALE OF LAND BY PUBLIC TENDER Municipal Act, 2001 Ontario Regulation 181/03, Municipal Tax Sale Rules **SALE OF LAND BY PUBLIC TENDER** THE CORPORATION OF THE TOWN OF GORE BAY

Take Notice that tenders are invited for the purchase of the land described below and will be received until 3:00 p.m. local time on March 28, 2019, at the Gore Bay Town Office, 15 Water Street, Gore Bay Ontario.

The tenders will then be opened in public on the same day as soon as possible after 3:00 p.m. at the Gore Bay Town Office, 15 Water Street, Gore Bay.

Description of Lands:

Roll No. 51 26 000 001 30301 0000; 13 Hall St., Gore Bay; PIN 47108-0274 (LT); Part Park Lot 8 S/S Hall St. Plan Townplot of Gore Bay as in RM36674; Gore Bay; File No. 17-06
Minimum Tender Amount: \$9,232.56

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or cheque certified by a bank or trust corporation payable to the municipality and representing at least 20 per cent of the tender amount.

Except as follows, the municipality makes no representation regarding the title to, crown interests or any other matters relating to the land to be sold. Responsibility for ascertaining these matters rests with the potential purchasers.

This sale is governed by the Municipal Act, 2001 and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and any taxes that may be applicable, such as a land transfer tax and HST.

The municipality has no obligation to provide vacant possession to the successful purchaser.

For further information regarding this sale and a copy of the prescribed form of tender, visit: www.OntarioTaxSales.ca or if no internet access available, contact:

Annette Clarke, AMCT
CAO/Clerk-Treasurer
The Corporation of the Town of Gore Bay
P.O. Box 590
15 Water Street
Gore Bay ON POP INO
705-282-2420 Ext. 1

TOWNSHIP OF ASSIGINACK



Requires
Summer Students

The Township requires students to work in the library, museum and outdoors at various locations. Applicants who are at least 15 years old are invited to submit resumes with letters of application to the undersigned.

Deadline for submission of applications is **Friday, March 29, 2019 4:00 p.m.**

Township of Assiginack
P.O. Box 238
Manitowaning, ON
POP INO
705 859 3196
www.Assiginack.ca



BROWN—In loving memory of Goldwin "Goldie" Stanley Brown, "Popa", July 28, 1934-March 12, 2010. A heart as big as the universe, A man who stood quite proud. You've missed so many milestones, Within the family cloud. When I was small you took the time to bounce me on your knee. You taught me how to ride a bike quite successfully. My children got to meet you for a short period of time. I still remember the joy I saw when you looked in their eyes. Every holiday it was a tradition to listen to your stories around the kitchen table, A tradition sadly missed, stories no longer heard. I'm sorry you had to suffer and experience so much pain. You didn't deserve to live like that while you were on your way. I'm thankful you have peace now, no longer you have pain. I hope you've heard the many times I've often spoken your name. Although it's been nine years since you said goodbye, I feel there isn't a moment when you haven't been by my side. I never will forget you, we will never be apart. I hold you close beside me, right inside my heart. Love Always, Melissa, Craig, Alicia, Mason and Tamara 43c

Northeast Town council sharpens its donations budget pencil

by Alicia McCutcheon

NORTHEAST TOWN—With \$5,000 left in its 2019 donations budget balance, the Northeast Town deliberated on five of its donation requests received so far with a sharpened pencil.

At a meeting held last month, Jane Drolet, acting on behalf of Skate Canada Manitoulin, approached council about the new Super Series event being held at the recreation centre and requesting that council consider a donation of all the associated ice rental fees for the three-day event, which took place last month. Ms. Drolet explained to council that the Super Series event replaces the popular Island Skate as a sanctioned event but that much of monies raised must flow back to Skate Canada. Ms. Drolet estimated the costs of rental to come in at \$5,000.

CAO Dave Williamson explained that he and manager of community services Reid Taylor looked at the cost and explained to council that the number runs closer to \$3,800 and includes ice time, the hall and kitchen.

"I think it's a great program, a great idea, but I'm bothered by the fact that the event won't be profitable like Island Skate used to be as profits have to be returned to Skate Canada," said Councillor Michael Erskine. "Realistically speaking, it doesn't make sense to deplete our donations budget to support a national organization."

Councillor Bill Koehler said he would not be supporting it either and suggested Skate Canada Manitoulin contact the McLean's Mountain Wind Farm community grants team for a donation.

Councillors Dawn Orr and Laurie Cook also said they could not support the donation request.

Councillor Erskine made a motion to donate the Northeast Town's standard amount, \$200, which was seconded by Councillor Koehler. Councillor Jim Ferguson and Barb Baker abstained from voting due to conflicts of interest. The motion carried.

Other donation requests from the Sheguiandah Fall Fair, Little Current Fish and Game Club and Manitoulin Island Cycling Advocates also each received \$200. Councillor Baker declared a conflict. The motion carried.

Lastly, council reviewed the request from the Little Current Yacht Club to donate in-kind dockage fees up to \$1,400 for the culminating event of North Channel Race Week in July.

Councillor Orr made a motion to donate the dockage fees up to \$1,400 but could not get a seconder. Councillor Erskine made a motion to donate \$200.

Councillor Jim Ferguson said he believed that the kids' sailing program, for which the July event raises funds, was important to the community. Councillor Koehler said he also believes it to be.

Councillor Laurie Cook said she thought the "optics are bad" with the event. "It looks like the yacht club is having a party on the taxpayers' dime," she added.

Mayor Al MacNevin explained that council has supported this event for many years, as do all the other North Channel ports that participate, all waiving their dockage fees.

Councillor Erskine changed his motion to donate dockage up to \$1,400.

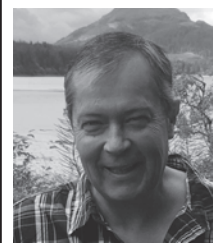
Councillor Bruce Wood said he would not support the motion because council failed to support Skate Canada Manitoulin's request.

"There is a fundamental difference between Skate Canada and the youth sailing program," Councillor Erskine responded.

In a recorded vote, Councillors Erskine, Orr, Koehler, Boyd, Ferguson and Mayor MacNevin voted in favour of the donation of dockage. Councillors Cook and Wood voted against. Councillor Baker did not vote due to a declaration of conflict. The motion was carried.

Death Notices

JEFFREY KIRK NESBITT



It is with great sadness, that the family of Jeffrey Kirk Nesbitt announces his sudden passing at South Lake Hospital, on March 8, 2019. Jeff, in his 52nd year, will be forever remembered by his wife and best friend Sheena and his adoring daughters, Skye and Scotia. He is cherished by his parents Carrie and

Clinton Nesbitt of Elmvalle and Sheena's parents, the late Bobby Kirk and Jane Kirk of Newtonmore, Scotland. He is lovingly remembered by his siblings Joanne Potts (Cal) and Jim Nesbitt (Heather), as well as Andy Kirk (Debbie) and Julia Kirk. He was a jokester, who always had a funny remark, a positive outlook, and lived on the bright side of life. He was loved by his many nieces and nephews, cousins, in-laws, friends and co-workers. Jeffrey was born on Manitoulin Island, and the love for his island always remained in his heart. He grew up in Elmvalle and was a proud graduate of Wilfrid Laurier University with a Bachelor of Business Administration. Jeff was the Vice President of Relationship Management at Cardtronics Canada. He was a devoted family man, who worked hard to ensure those around him had a good time and found happiness in their lives. Jeff will be remembered for his infectious laugh, insightful conversations and unique perspectives. A visitation is planned for Wednesday, March 13, 2019 from 6 pm to 9 pm at Lynn Stone Funeral Home (15 Yonge St. S, Elmvalle, Ontario). Funeral services will take place at St. John's United Church (27 Yonge St. S) on Thursday, March 14, 2019 commencing at 11am. In lieu of flowers, donations are welcomed in Jeffrey's memory to the Transplant Unit at Toronto General Hospital or the Canadian Liver Foundation.

Death Notices

WILLIAM (BILL) MATTHEW DEAN WILKINS

June 18, 1933 - March 4, 2019



It is with great sadness that the family of Bill Wilkins, QC, announces his passing on the evening of March 4, 2019 at the age of 85 years. Bill will be lovingly remembered by Irena, his wife of 57 years, his daughters Kathryn and Marta, sons-in-law John Reeves and John Moskal and grandchildren Steven Wilkins-Reeves, Dean Wilkins-Reeves, Amanda Moskal and Thomas Moskal. Also mourning his passing are his siblings Tony Wilkins (Marty Timken), Kathryn Hardy, Nancy Whyatt (Tony) and his many nieces, nephews, extended family and friends. Bill is predeceased by his sister Jane Purdie and brother-in-law Don Purdie. Son of the late Elwin Dean (E.D.) Wilkins, QC and of the late Kathryn Loretta Wilkins (nee Mulligan). Bill was born and raised in Sudbury, after graduating from Osgoode Hall Law School in 1959, Bill returned to Sudbury where he practiced law for almost 60 years. He will be remembered for his dedication, hard work and compassion for his clients in both Sudbury and Espanola. Bill was an avid reader who enjoyed sharing his knowledge, and he constantly kept up with politics and world events by reading several newspapers daily. Bill especially loved his family camp in the Bay of Islands, Lake Huron where generations of family and friends would gather every summer. Winter vacations at Longboat Key were a favourite as well. Bill had a kind and generous nature which was appreciated by all who knew him, and he was known to never short anyone in the amount of rum he used when making one of his "Bill" drinks. He will truly be missed by his wife, siblings, children and all their families. In keeping with his request, there will be a Celebration of Life that will be held at a later date this spring. Arrangements have been entrusted to Ranger's Cremation and Burial Services Ltd. Online condolences can be posted at www.RangersSudbury.com.

DAVID ALEXANDER TAYLOR

February 12, 1953 - March 6, 2019



In loving memory of David who passed away suddenly on March 6, 2019. Loving husband of Sharon Taylor. Cherished father of Shannon (Paul) and Shawn (Nicole). Proud and loving Papa to Faith, Shaylee, Jenna and Shane. David will be missed by his mother Doreen, seven brothers and sisters, brothers-in-law and sisters-in-law as well as many nieces and nephews. David loved hunting, fishing, cutting wood and camp life! But most of all he liked doing these things with his family. Dave worked hard to become a master electrician and successful businessman. He will be missed. Come and Go Celebration Wednesday, March 13, 2019 from 1 pm - 3pm at the Royal Canadian Legion, Little Current.

EFFIE IRENE WILLIAMSON (MCQUARRIE)



The family of Effie Irene (McQuarrie) Williamson is saddened to announce her sudden passing on February 20, 2019 at her home in Traverse City, Michigan, in her 80th year. Loving wife of the late Dewar Russell Williamson (Dec. 6, 1989) and the late Perry Rosswell Williamson (March 9, 2013). Dear mother of Robert (Nadine) Williamson and Janet (Brian) Besley, and step-mother of Mark, Laura, and the late David (deceased 2017). Cherished grandmother of Taylor Besley, Brenden Besley, and Kaitlyn Williamson. Beloved step-grandmother of Isaac Williamson, Ross and the late Owen Williamson (deceased 2013), Natalie and Olivia Tubbs. Dear sister of Leland (Sylvie Kingsley). Predeceased by brothers Glenn (Donna), Wallace (Corliss), Jim, and Dennis (Debra). She will be dearly missed by her sisters-in-law and brothers-in-law Pat and Mike Costigan, Marge and Dave McLachlan, Robert and Marca Williamson and many nieces, nephews, cousins, and friends. We are deeply saddened by her passing. Cremation has taken place. A celebration of Effie's life will take place on Manitoulin Island at a later date with the interment in the Mindemoya Cemetery. If so desired donations may be made to St Paul's Anglican Church, Box 347 Manitowaning, Manitoulin Island, ON P0P 1N0.

JASON OTIS LEWIS

December 5, 1971 - March 4, 2019

Celebrating the life of Jason Otis Lewis December 5, 1971 - March 4, 2019. Proud father of Dalton Lewis (Jessica), Dallas Lewis (Jules), Sydney Lewis (Cameron), Ciera Sky George, Bronson and Chloe Sharrow. Special grandfather of Elaina Robinson, Shyla and Emberly Lewis. Beloved son of Dorothy (Peltier) Wemigwans and William (Lewis) Negonawienna (both predeceased). Dear brother of William (Bill) and Blaine Lewis (both predeceased), Bradley and Quentin Lewis, Hannah Jenkins (Dave) and Nathaniel Jenkins, Joanna and Juliann Wemigwans, William, Charles and Bonnie Gaikezheyongai and step-siblings Robert, Billy-Joe (predeceased) and Joseph Wemigwans, Michael (predeceased), Ron, Theresa and Benjamin Manitowabi. Lifelong friend Rachel Mason. Visitation was at Rabbit Island Centre on Sunday, March 10, 2019 from 11:30 am. Funeral Mass was 11am Tuesday, March 12, 2019 at Holy Cross Mission. Burial at Wik-wemikong Upper Cemetery. Arrangements entrusted to Island Funeral Home, Little Current.

COLLEEN ANN EDWARDS (NEE TERRY)

September 11, 1957 - March 2, 2019



In Loving Memory of Colleen Edwards, 61 years, who passed away on Saturday, March 2, 2019 at Health Sciences North, Sudbury. Beloved partner and wife of 42 years to Dale Edwards of Spring Bay. Loving mother of Crystal Edwards (Mickey) of Copper Cliff and Terry Edwards of Spring Bay. Cherished grandmother of Zoe, Madison and Freya. She was predeceased by her parents Clarence Terry, Doreen Terry York and step-father Norman York. Dear sister of Linda (Keith) Johnson both predeceased, Patricia (Angus) MacDonald of Providence Bay, Michael (Sharon) Terry of Manitowaning, Judy (Keith) Leonard of Edmonton, AB, Doug (Susan) Terry of Port Elgin and Stephen (Kat) Terry of Dartmouth, NS. Fondly remembered by her brother-in-law Rusty (Darlene) Edwards of Sudbury and sisters-in-law Patricia Edwards of Newmarket and Catherine (Gilles) Pomerleau of Markstay. Many nieces, nephews, great-nieces and great-nephews will greatly miss their Aunt Coll. She will be deeply missed by her very close friends Lorraine (Haari) Meech, Johane (Brian) Woodford, Sherri (Ken) Lynds and countless school friends with whom she kept in touch. Colleen was an active member of Island Quilters Guild, Providence Bay Curling Club, Volunteer Group at Manitoulin Lodge and a Scrapbooking Group. She spent her childhood in Lively, ON, and attended Lively High and Sudbury Business College. She moved to Marathon, ON in 1986 where she raised a family and made an impact on everyone she met. She was employed for many years at Marathon Pulp Inc. then moving to Spring Bay, ON in 2010 and employed by the Manitoulin Lodge in Gore Bay and at the Municipality of Central Manitoulin. Colleen lived a full and rich life from her Manitoulin Island Home on Lake Kagawong and affected the lives of many people on Manitoulin. She lived life to the fullest and was lovingly referred to as "The Squirrel!" because of her involvement in so many ventures. She has touched many lives in her too short of a journey and will be sadly missed by all who knew her. As per Colleen's wishes there will be no services at this time. In lieu of flowers, donations in Colleen's memory can be made directly to the Gore Bay Manitoulin Lodge Auxiliary for the Recreation Committee or to the Canadian Cancer Society. Arrangements have been entrusted to Ranger's Cremation and Burial Services Ltd. Online condolences can be posted at www.RangersSudbury.com.

Memorial donations are gratefully appreciated and can be made at the admitting office to the auxiliaries of the Manitoulin Health Centre and the Renovation Fund in both Mindemoya and Little Current and the Gore Bay Manitoulin Lodge Auxiliary Incorporated, 3 Main Street, Gore Bay, Ontario, P0P 1H0 and the Manitoulin Centennial Manor Auxiliary, Postal Bag 460, 10 Robinson Street, Little Current, Ontario, P0P 1K0. Donations can also be made to the Manitoulin District Cenotaph Fund, Box 656, Little Current, Ontario P0P 1K0 or Pet Save Manitoulin, Box 393, Gore Bay, Ontario P0P 1H0.

Let dietitians help you make the right choices to prevent chronic disease

EDITOR'S NOTE: In honour of Nutrition Month, Manitoulin's Family Health Team dietitians will be penning a series of columns highlighting the work they do to keep us healthy.

by Nola Thompson, Registered Dietitian

Here we are already in the second week of Nutrition Month 2019! This week I plan to explore food's potential to prevent chronic diseases like Type 2 diabetes and heart disease.

Our lifestyle factors—including what and how we eat—can affect our health. Did you know that there are healthy diet patterns that can prevent certain diseases? A few diet patterns that have been well

researched for their health benefits include the DASH, Mediterranean, and MIND diets. These dietary patterns are associated with preventing Type 2 diabetes, heart disease, stroke, dementia, and some types of cancer. What do these dietary patterns have in common? Each one includes the following foods: vegetables and fruit, whole grains, legumes (e.g. beans and lentils), nuts and seeds, dairy, fish, seafood, poultry, healthy fats (e.g. canola and olive oils). These patterns limit processed foods like potato chips, candies, pop and baked goods. Those foods and drinks are high in added sugars, salt, and unhealthy fats—ingredients

best limited. This isn't to say these patterns forbid ever enjoying a slice of birthday cake or a few potato chips again, but they do encourage those sorts of foods as an occasional treat and not as a part of the daily diet pattern.

These patterns also focus on the importance of enjoying meals mindfully and with good company. Aim to enjoy at least one healthy meal together with family or friends each day – and don't forget to turn off the TV and cell phones! We all have individual challenges, health goals and food preferences and there are various healthy diet patterns to choose from. You may ask, 'what pattern is best for

me?' I would say the best one is one you can stick with and enjoy. If you would like to learn more about developing a healthy diet pattern that you can both enjoy and stick with long-term, consider working with a registered dietitian. Dietitians are passionate about the potential of food to enhance lives and improve health. We work with you to embrace food, understand it, and to enjoy it while considering your own goals and priorities. Everyone's journey toward wellness is unique and a dietitian could help you discover the role of food in your own wellness. As a first step in embracing the food's potential to prevent chronic diseases, you could try this, or another, tasty Nutrition Month feature recipe (available at www.cookspiration.com).

Bruschetta Fish
Ingredients:
 2 Tbsp canola oil (30 mL)
 4 firm whitefish fillets 4 oz (125 g) each
 1/4 tsp pepper (1 mL)
 2 cups chopped Roma tomatoes (500 mL)
 1/2 cup crumbled feta (125 mL)
 1/2 cup minced red onion (125 mL)
 1 garlic clove, minced
 1 Tbsp balsamic vinegar (15 mL)
 1 Tbsp canola oil (15 mL)
 1/4 tsp salt (1 mL)
 1/4 tsp pepper (1 mL)
 1/2 cup fresh basil leaves chopped (125 mL)

Preheat oven to 400°F. Pour 1 Tbsp (15 mL) canola oil in the bottom of a 9 x 13 inch (23 x 33 cm) baking dish and place fish fillets on top. Drizzle with remaining

1 Tbsp (15 mL) of canola oil and sprinkle with 1/4 tsp (1 mL) pepper. In a medium bowl, combine tomatoes, feta, red onion, garlic, balsamic vinegar, canola oil, salt and pepper. Mix to evenly combine. Top fillets evenly with tomato mixture and bake in the oven for 20 minutes, until fish is cooked through and flakes easily with a fork. Sprinkle basil evenly over top before serving.

Serves four.

PAWS FOR THOUGHT

EDITOR'S NOTE: Paws for Thought columnist Janice Mitchell is a veterinarian at Island Animal Hospital and Little Current Veterinary Service.

Elixir of Life?

by Dr. Janice Mitchell

This month's article is a trip back in time in the veterinary world. My friend/neighbour, who successfully raised and cared for farm animals for several decades asked me recently if I had ever heard of a veterinary medicine called "Wonder Drops." I had not and my interest was piqued as it was explained to me that this tincture was used in boosting the energy in sickly pigs, cows, sheep or horses. Being a fan of the James Herriot stories (the famous Yorkshire Dales vet) and veterinary medicine pre-antibiotic/pre-gizmos/gadgets, I had to seek more information and what I found out was indeed a wonder. The actual name of these drops turned out to be Dr. Bell's Veterinary Medical Wonder Drops.

Dr. George Bell graduated from the Ontario Veterinary College (located in Toronto at that time) in 1880. He practiced veterinary medicine in the US for 15 years, then returned to Canada to open the Kingston Veterinary College (1895-1899), of which he was principal in 1895. He established his business in Kingston where he made both veterinary and human remedies.

Looking at images through an internet search, Dr. Bell's Veterinary Medical Wonder Drops were available in a 6 dram (22 ml) embossed glass bottle. The label read: 'DOSE BY DROPS - NO DRENCHING. A great remedy for the most common ailments of domestic animals. Used in the treatment of Pain, Colic, Inflammation of the Bowels or Kidneys, Stoppages of the Urine, Fevers, Chills, Coughs, Scours, Distemper, Azoturia, "Black Water," Thumps, Shipping Fever, Tonic, Nervous Exhaustion.'

Dr. Bell's was used as a sort of "cure all" but especially in the treatment of colic and inflammation and for cough and chills. The ingredients I was surprised to find were aconite, belladonna, digitalis and nux vomica. A potent little brew that certainly seemed to restore life to faded horses, cattle, sheep and pigs, according to the anecdotes of my friend and from online research. Dr. Bell's Drops was a classic example of a homeopathic remedy. Homeopathic medicines are made from plant, chemical, mineral or animal sources whereby the original material is diluted. A basic belief behind homeopathy is "like cures like." In other words, something that brings on symptoms in a healthy person or animal can—in a very small dose—treat an illness with similar symptoms.

It's a good thing that the ingredients in these Wonder Drops are diluted because on their own in normal strengths, they are essentially poisons.

Aconite: a plant known as Monkshood, was a famous poison used in medieval murder mysteries (Ellis Peters' Brother Cadfael stories come to mind). It drops temperature and pulse rates and causes facial paralysis. In homeopathy medicine, aconite has been used to treat anxiety, restlessness and acute sudden fever.

Belladonna, a plant also known as Deadly Nightshade, is derived from Italian and means "beautiful woman" because during the Renaissance the herb was used in eye-drops by women to dilate their pupils to make them appear seductive. It produces many effects in the body, including relief from spasms of the gastrointestinal tract and the bladder; therefore has been used to treat nausea, vomiting, and urinary tract inflammation. Belladonna has also been used to treat tremors and sweating. However, it can be poisonous as it will cause a rapid heart rate, respiratory failure, hallucinations, and convulsions.

Digitalis is a drug obtained from the dried leaves of the common foxglove and used as medicine to strengthen contractions of the heart muscle. Digitalis is most commonly used to restore adequate circulation in patients with congestive heart failure. However, again, it can be a poison as it has the potential to cause a complete heart block...thus earning it's second name as "witch's glove."

The last of the wonder drop ingredients include nux vomica, or the strychnine tree.

Despite serious safety concerns, nux vomica has been used for diseases of the digestive tract, disorders of the heart and circulatory system, diseases of the lung, and as an appetite stimulant. But as most of us know, strychnine is used as a rodent poison, as it causes convulsions and thus death.

I asked my large animal specialist colleague Dr. Ted Delange if he had ever heard of this 'wonder drop' in all his years of experience. He had not, but had mentioned another human tincture remedy used in the early 1900s. It was a product for humans called Kohler's One Night Cough Drops. It's ingredient label included alcohol, cannabis indica, chloroform and morphine. Truly, to be humorous, a cure for cough as it is essentially 'coma' in a bottle!

These old-time elixirs are indeed fascinating. It makes me think of the expression 'pick your poison.' I am certain in another 100 years, the 'then' generation of veterinarians may look back on our current years, reflect on our treatments, and be just as amazed. I wonder, what will be the 'wonder drops' of our era?



A bottle of 'Dr. Bell's Medical Wonder Drops.'



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SOLD
 LOT 28 HAYWARD ST. LITTLE CURRENT Brand new homes for sale in Little Current. Open concept style kitchen, dining & living room, 3 large bedrooms & full bathroom, and large basement. Complete with 7 Year Tarion Warranty. Picture is a representation of home to be built. \$249,900 MLS 2068843

18 VANKOUGHNET W. LITTLE CURRENT Move in ready bungalow with attached garage close to all amenities. Main floor features large kitchen, 3 bedrooms, 1.5 bathrooms, finished basement with 2 bedrooms & full bathroom. Basement had Kenmar waterproof system installed with lifetime warranty. Call today! \$244,900 MLS 2067361

43 DRAPER ST. EAST, LITTLE CURRENT This turn-key bungalow was built in 2010, features 2 bedrooms, 1 bathroom, open concept kitchen, dining & living area. Situated on large lot in a great area of Little Current, stone throw away from the public school and short walking distance to downtown. \$169,900 MLS 2070168

SOLD IN 18 DAYS!
 53 WORTHINGTON ST. LITTLE CURRENT Solid 2 storey home situated on large lot in Little Current. Home features 3 bedrooms, 2 bathrooms. Tremendous value, call today this one won't last long! \$99,900 MLS 2068708

700 HARDWOOD RD. MCKERROW Home on 6.06 acres of private land. Main floor: spacious kitchen, 600 sq. ft. living room with cathedral ceilings & fireplace, bathroom & bedroom. Upstairs: 2 large bedrooms & large 4-pc bathroom. Basement: theatre room, laundry, 2 bedrooms & bathroom. Outdoor has screened in porch, huge back covered porch, pool & hot tub. \$399,900 MLS 2067039

15 GLEN ST. LITTLE CURRENT Well maintained bungalow situated in sought after area of Little Current. Home features 3 bedrooms on main floor, open concept, 11 x 23 (3 Season) Sun Room with access to large above ground pool (27ft Round) Basement features cozy room with propane fireplace, second bathroom and additional living area. Home is situated on large lot with detached garage. This home is sure to please, ideal for retirees! \$269,900 MLS 2068990

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BUSINESS OPPORTUNITY
 MLS# 2055419 \$799,900

LITTLE CURRENT DOUBLE LOT
 MLS 2069050 \$239000

8598 HWY 540, KAGAWONG
 MLS 2067572 \$299900

BUSINESS OPPORTUNITY
 9318 HWY 542, SPRING BAY
 \$349000

WATERFRONT PROPERTY IN KAGAWONG
 MLS 2067071 \$467000

TOWNLINE ROAD COUNTRY HOME
 MLS 2067067 \$349900

OVERLOOKING LAKE MINDEMOYA
 MLS# 2058627 \$334,000

PROVIDENCE BAY INCOME PROPERTY
 MLS 2060467 \$295,000

SUNSITE ESTATES
 MLS# 2061059 \$219,900

VACANT LANDS BARRIE ISLAND
 MLS# 2063900 - 2063898

SHEGUIANDAH
 MLS# 2064403 \$227 000

SUNSITE ESTATE
 MLS# 2058334 \$339,000

SOUTH BAYMOUTH HOME W/ BUSINESS POTENTIAL
 MLS# 2060455 \$398,000

MINDEMOYA FARM
 MLS 2067104 \$879000

LUXURY HOME IN TEHKUMMAH
 MLS# 2068782 \$399,500

KAGAWONG - LOG HOME
 MLS# 2069049 \$319900

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FOR MORE INFORMATION ON THE ADS BELOW PLEASE CALL MINDEMOYA OFFICE



Tim Fenerty, Broker
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705-377-7216 evenings
timfenerty@hotmail.com



PRIVATE LITTLE CABIN ON BEAUTIFUL STONE'S LAKE!!! - This tiny 216 sq. ft. cabin is situated in a very picturesque setting with breathtaking views! Asking \$119,000. MLS#2067034



AFFORDABLE COUNTRY LIVING!! - Family friendly 3 bdrm country bungalow on almost 7 acres. Newly renovated including kitchen, roof & water filtration system. This year round home on a well maintained year round road has been recently upgraded to propane stove, fireplace & hot water tank. The location is perfect as it is 20 mins from the amenities of both Gore Bay & Mindemoya. To add to this perfect setting there is access to the magnificent sand beach of Dominion Bay & the great fishing. Listed at \$225,000. MLS#2068960



LAKE HURON WATERFRONT PROPERTY!! - This 1.6 acre building lot with 146 ft of water frontage is located in Central Manitoulin on the south shore of the island. The lot is accessed by a public year round municipal maintained road with hydro and telephone available at the lot line. There is a partially cleared building site and a driveway to the site. Many beautiful homes are already built in this quiet subdivision and amenities such as golf courses, in land fishing lakes, hardware stores, grocery stores and the hospital are only 15 minutes away. Asking \$89,000. MLS#2071211



AFFORDABLE COTTAGE ON LAKE MANITOU!! - Listed at \$159,000. Located along the Rockville Road close to Mindemoya this 3 bdrm cottage comes with nice hardwood flooring, a large deck, dock, steel roof & large storage shed. The landscaped lot is flat & supports several very large mature trees & the east facing view over the bay is gorgeous. The piers under the cottage need to be straightened up & levelled out. Book your showing today!!!! MLS#2063838



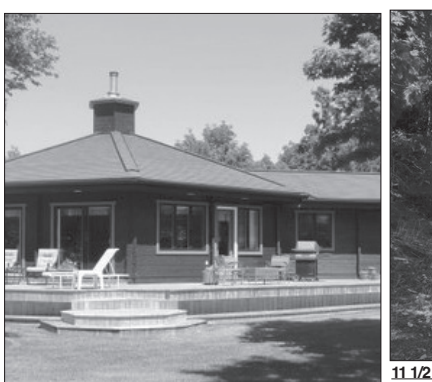
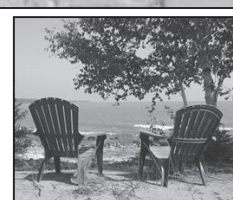
BEAUTIFUL 4 BDRM HOME ON LAKE MANITOU WITH AWESOME SUNSET VIEWS!! - This 2800 sq. ft. of living space comes quality finished, fully furnished, with large eat-in kitchen that has granite counter tops, old style propane cook stove, maple cupboards and walk out onto a large deck. The lower level features a large work shop with walkout, newer high efficiency propane furnace with air purifier, another kitchen, large family room, bathroom with jet tub and 2 bdrms. This could make a fantastic in-law suite or rental unit. The waterfront is absolutely spectacular with docking, decking, sheltered harbour and magnificent shade umbrellas. It also has its own boat launch. The home comes with many extras such as central air, reverse osmosis, hot tub, generator, boat lift, an enormous amount of storage and plenty of decking. A great buy at only \$389,000. MLS#2051497



ELEVATED SUNRISE VIEW OVER BEAUTIFUL LAKE MINDEMOYA!! - Large 2 1/2 acre lot with almost 150 ft of shoreline, a dock & a (grandfathered-in) boathouse. A quick flight of stairs brings you from the dock & fantastic deep water shoreline to the top of the flat bluff where you find a 3 bdrm cottage with an eye catching view! The golf course, hospital, restaurants, shopping are only 15 mins away. Only \$200,000!! MLS#1043385

DOMINION BAY LUXURY CHALET!!

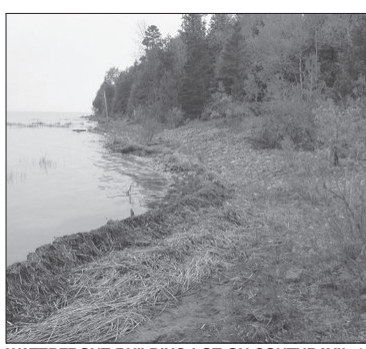
This magnificent 3 bedroom plus loft year round home is set in an all natural wooded area with no grass to cut. This quality home features spectacular 10 inch plank softwood flooring, a great deck and lots of privacy. The lot comes adorned with a nice garage and an attached bunkie. There is a wonderful panoramic view over Lake Huron and the lighthouse in Providence Bay can be seen in the distance. The shore is natural limestone shelf-rock and the beautiful secluded sand beach of Dominion Bay is only a two minute walk east and a 2 minute walk west will bring you to a flat rock area where you can catch trout and salmon. The amenities of Gore Bay and Mindemoya are both about 20 minutes away. Call the listing Broker Tim Fenerty at 705-377-7216 to book your viewing. MLS#2071229



VISTA WITH A WOW!! - Reminiscent of a fjord in Norway or the rugged British Columbia coast line, this property sits 450 ft above the town of Gore Bay; overlooking the town & harbour from the top of the East Bluff at the mouth of the bay & facing directly west for beautiful Caribbean style sunsets & the famous La Cloche Mountains in the distance across Lake Huron's North Channel. This one acre property is located on a site that has one of Ontario's prettiest cliff views. This nicely manicured acre of property comes with a magnificent 4 bdrm executive-style manufactured log home accented with a centerpiece stone fireplace, granite counter tops with matching table, in-floor heating, highest of quality built-in appliances, great flooring & a 5 piece ensuite with a Jacuzzi and a large steam bath/shower. The double garage which is fed with 200 amps of hydro & comes with an attached ATV garage & an exercise room with a bathroom & sauna & the floors in this building are also heated. This property has a layout which would be very conducive to a high-end bed & breakfast. A steal of a deal at \$799,000! MLS#1038089



11 1/2 ACRE WATERFRONT PROPERTY - 1000ft shoreline & 500ft deep, heavily treed lot, with ATV trail to lake. 1000 sq. ft. Chalet style semi-finished summer home with 2 patio doors to decks facing lake, very secluded & private. Great for hunting, fishing or just plain relaxing. Reduced to \$230,000. MLS#2065597



WATERFRONT BUILDING LOT ON SOUTH BAY!! - Located less than 10 mins from the amenities of Manitowaning which include grocery store and medical centre. This lot has a nice natural field which would make a good building site. The lot is gently sloped to the waterfront & has a 66 ft open concession road running along the east side of the property right to the lake where you could easily launch a small water craft. Reduced to \$60,000. MLS#2064217



2.77 ACRE VACANT LOT ON LAKE MINDEMOYA!! - This estate size waterfront lot comes with a beautiful sand beach, great for swimming on a lake that has very good fishing for walleye, bass, perch and whitefish. The lot is located only 10 minutes from the Town of Mindemoya which consists of such amenities as Manitoulin's largest grocery store, a hospital, hardware stores, etc. asking \$149,000! MLS#2060675



BUILDING LOT FOR SALE!! - Located in a little settlement at the north end of Lake Kagawong this half acre lot is just a short distance from a seldom used public access for swimming & launching a small boat. The current owners park their trailer on the lot during the summer but a nice cabin or even year round home can be built on this lot. Lake Kagawong is fantastic fishing for bass, perch, pike & walleye. The pretty tourist town of Kagawong is 10 mins away & the amenities of the town of Gore Bay & Mindemoya are about a 30 min drive. Asking \$20,000. MLS#2062703



PRIME LAKE MANITOU BUILDING LOT!! - Over 2 & a half acres, fully treed & gently sloping with over 160 ft of shoreline. Located on Maple Lane only 20 mins from the amenities that the town of Mindemoya has to offer such as shopping, golfing & hospitals for both animals & humans. No more lots can be created on spectacular Lake Manitou (the largest lake on an island in the world) so once the current lots are built on there will be no more available. Lake Manitou is fantastic fishing for speckle trout, lake trout, walleye, bass, pike, perch, whitefish & ling. Asking \$149,000. MLS#2061022



CHEAP BUILDING LOT IN GREAT MINDEMOYA LOCATION!! - This large 110 ft x 153 ft lot comes with a water view over Lake Mindemoya (great fishing for walleye, bass, pike, perch & whitefish) & a short walk to the sand beach & boat launch & public boat dock. The golf course is also a short golf cart ride away & the amenities of the town of Mindemoya which include restaurants, hospital & shopping are only a couple minutes away. A great buy at only \$20,000. MLS#2058331



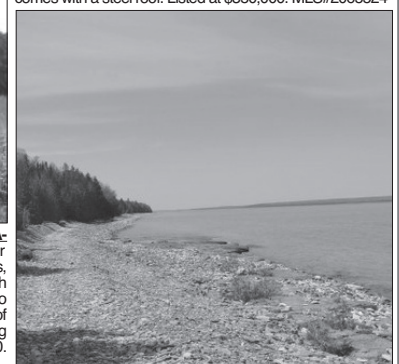
3 BDRM LAKE KAGAWONG TURNKEY COTTAGE!! - Located in the center of Manitoulin Island this quality finished cottage is on a year round road in Oriole Park Subdivision. The lot is quite private with a nice deck, it has 2 useful storage sheds & some lovely gardens. This beautiful 960 sq. ft. cottage with its marvelous hardwood floors comes fully furnished including dishes & also has a great dockage including boat lift. The amenities of Gore Bay & Mindemoya are both 20 mins away in opposite directions & include such things as a live theater, restaurants, hospital & golf courses. The cottage is well insulated; it has been used in the winter & has both wood & electric heat & could easily be converted into a year round home. The nicely landscaped lot slopes gently to the water which is fine for drinking, swimming & fishing. Reduced to \$285,000. MLS#2061221



EXTREMELY HIGH QUALITY 3 BDRM HOME WITH NICE VIEW OVER LAKE MINDEMOYA!! - This beautiful home with its hardwood floors & vaulted ceilings comes with a magnificent kitchen with cherry stained maple cabinets, 3 baths including the en-suite in the huge 600 sq ft master bdrm located at the top of a spectacular oak stair case. The manicured lot comes adorned with a variety of mature trees which nicely outline the property, amazing concrete driveway & huge sidewalks leading to 2 large decks of which one is a covered verandah. Also on the lot is a 10 x 12 storage shed & a heated completely finished & insulated double size garage. Asking \$370,000. MLS#1037157



VERY PRIVATE SECLUDED COTTAGE WITH 350 ACRES OF LAND!! - This really nice off grid 2 bedroom plus loft has nice open concept living/dining area as well as a composting toilet in cottage. There is also a small storage shed with an additional composting toilet and a shower. The cottage sits in a beautiful sand beach bay that is wind protected. The lot itself is excellent deer and small game hunting and has thousands of feet of shoreline along the far north-western tip of Manitoulin Island. The cottage is a short boat ride from Meldrum Bay and is also accessible by road. The cottage features a beautiful stone fireplace with an insert and comes with a steel roof. Listed at \$350,000. MLS#2065524



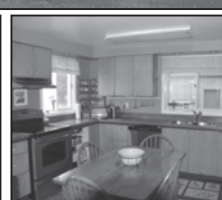
LARGE WATERFRONT ACREAGE!! - Approx. 133 acres of mixed forest with some small meadows & about a half mile of shoreline along the Missisquoi Strait of Lake Huron located at the west end of Manitoulin close to the town of Meldrum Bay. The property is accessible by truck. Asking \$199,000. MLS#2067176



45 ACRE BUSH LOT ON YEAR ROUND ROAD!! - Located very close to Lake Mindemoya less than a 1 minute drive to the public boat launch and swim beach. The lot has a mix of hardwoods, evergreens and cedar on it. The lake is very good fishing for walleye, bass, perch and whitefish. The property has plenty of deer on it and the amenities such as restaurants, grocery store, shopping, golf course and hospital are only a ten minute drive in the town of Mindemoya. Asking \$60,000!! MLS#2061208

FANTASTIC BUSINESS OPPORTUNITY!!

Known as Sandfield General Store, this very large commercial building is currently a gift shop, a restaurant & a corner store. It has plenty of parking, storage areas & land. Along with this business is a 2 storey, 5 bdrm, 2 bath home that would make a great little bed & breakfast. Lake Manitou is a stone's throw away & this location is quite central & very much needed as the competition is mainly 20 mins or more away in every direction. There is a resort trailer park directly behind this great commercial business & its huge untapped potential. Asking \$395,000 MLS#2062706



Long-stalled Little Current apartments again ready for tenants

by Alicia McCutcheon

LITTLE CURRENT—Following a years-long process and many trips before council, the apartments at 86 Vankoughnet Street East in Little Current are now officially ready to house tenants.

During a special meeting of the Northeast Town planning authority, Tony Ferro, representing property owner Joe Cividino of Sudbury, spoke to council about the commercial building at 86 Vankoughnet Street East (in the location of the old Cochrane Dunlop hardware supply) with three apartment units located atop the building.

Mr. Ferro reminded council of the background story of the building and that Mr. Cividino had been approached by the previous owners about a loan. That loan was foreclosed, as was the building, for back taxes. Mr. Cividino paid the back taxes on the property and took over ownership of the building.

Hundreds of thousands of dollars later, the building is now up to code, as confirmed by the municipality's chief building official (CBO). The matter was then back to council for its final approval.

Councillor Bill Koehler noted that the owners had "a long, tough go" on the matter and said he would be supporting the zoning bylaw amendment, to allow commercial activity on the ground floor and three apartment units on the top floor.

"It's been a long time coming," added Councillor Michael Erskine, noting that Mr. Cividino seemed to keep getting himself into hot water for just trying to do the right thing.

"The CBO signed off on the plans," said CAO Dave Williamson. "From a planning perspective, it's legit and council can approve the three units."

Councillor Al Boyd thanked Mr. Ferro for giving council the background, adding that one of the platforms he ran on was the creation of more housing for Little Current.

The motion to amend the zoning at 86 Vankoughnet Street East, by special provision, was passed.



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FEATURE OF THE WEEK



Affordable home on large scenic lot. Three bedrooms with one and half baths. Large deck with detached garage and outbuildings. Great starter or retirement home.

OVER 27, 26, 25 WATERFRONT LOTS, LAKE MANITOU, LAKE KAGAWONG, INSPIRATION POINT, SOUTH BAY, NORTH CHANNEL, BARRIE ISLAND

Call David Carlisle, Broker of Record 705-282-1500 for more details and a viewing appointment

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BIG LAKE WATERFRONT HOME
Nestled in a quiet location 10 km east of Mindemoya, this charming 2 bedroom, 1100 sq ft. century home is on a year round road, and has been totally upgraded, including new shingles, new propane furnace, beautiful propane fireplace, 200 AMP panel, insulation and more. With over 1.1 acres and 214' of water frontage with sand bottom, this unique property features several mature apple trees, a well manicured lawn, and stunning sunsets over the lake. Asking \$258,000. MLS# 2071195



LITTLE CURRENT HOME OR B&B
\$399,900 MLS# 2064146



LITTLE CURRENT HOME
\$164,900 MLS# 2071231



LAKE KAGAWONG WATERFRONT HOME
\$429,900 MLS# 2067590



NORTH CHANNEL LAKEHOUSE
MLS# 2065685 \$399,900



100 ACRE LOT
\$69,900 MLS# 2058668



LITTLE CURRENT HOME
\$259,000 MLS# 2068825

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LAKE HURON COTTAGE - \$144,900
Large cottage under construction, approx. 1400 Sq.ft., three bedroom, two washrooms, 1.5 storey in design completion required siding and windows on site. MLS#1042712



BARRIE ISLAND WATERFRONT \$49,000
Three lots on North Channel, 2 acres and 3 acres in size, beautiful elevated view over water, good road access, surveyed lot, possibility of buying as a package, each lot valued at \$49,000 MLS#1045046



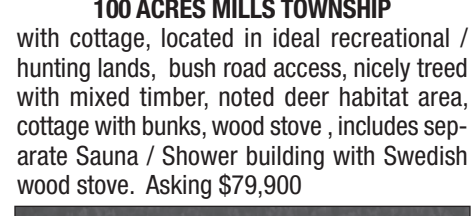
LAKE KAGAWONG WATERFRONT
Two lots to choose from, located on paved Perivale Road, surveyed lots, over 150 feet frontage and acre in area, hardwood treed location, quiet dead end location, asking \$63,000. MLS# 2050331



100 ACRES MILLS TOWNSHIP
with cottage, located in ideal recreational / hunting lands, bush road access, nicely treed with mixed timber, noted deer habitat area, cottage with bunks, wood stove, includes separate Sauna / Shower building with Swedish wood stove. Asking \$79,900



250 ACRE FARM - \$385,000
Year round paved road, mixture of work land, pasture and bush, gravel pit for private usage, totally interior upgraded farm house, natural wood walls and ceilings, 4 bedrooms, two washrooms, drilled well that can supply both home and barn, livestock barn in very good condition concrete bottom area, perfect for the farmer or outdoor enthusiast. MLS#1031304



GORE BAY WATERFRONT - \$59,000
Large level waterfront lot on lighthouse road, Gore Bay harbour, easterly facing, municipal water, paved road, area of newer homes and cottages, 150 feet frontage by one acre in size, surveyed lot, only 5 minute drive to Gore Bay shopping. (1321) MLS#1012977



TWO LAKE MINDEMOYA lots side by side with year round Monument Road behind, hydro & telephone available, hardwood forest. Each is 150 ft. frontage & 1.2 ac. \$89,500 ea. (1190 & 1191)



LAKE MANITOU COTTAGE on level lot w/60 ft. Rockville Road waterfrontage, sandy beach, good dock & sand bottom swimming. Bungalow 754 sq. ft. w/deck across water side has 2 bedrooms, 4 pc. bath, open kitchen dining living area w/propane stove fireplace. Recent upgrades of windows, doors, siding, shingles, fascia, soffits. Most contents including newer washer, refrigerator, stove. \$154,000 (1431)



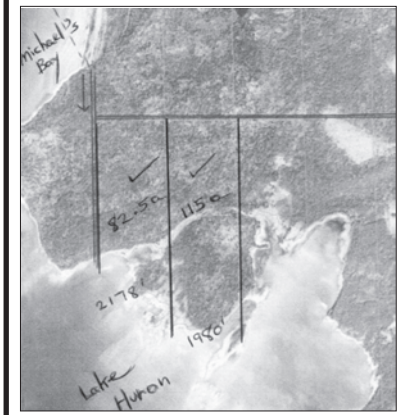
MANITOWANING BAY COTTAGE w/106 ft. waterfrontage & 119 ft. on Cardwell St. across from 18 hole golf course & restaurant. Bungalow 973 sq. ft. + 115 more of breezeway & storage lockers, heated by stone fireplace wood insert & electric. Rustic full cathedral living room w/pole rafters, kitchen, dining, 2 baths & 1 bedroom areas. Long sloping open lot to the water w/panoramic view. Call Ron Lane 705 282 7241. \$142,000 (1330)



ICE LAKE waterfront acreage w/576.67 ft. on Emery Road. Mostly hardwood 34.6 ac. w/hydro telephone & year round access. Beautiful elevated ridge building site. \$79,500 (1412)



MISSISSAGI STRAIT 284 ac. w/about 1200 ft. frontage on North Channel of Lake Huron facing glorious summer sunsets. Remote forest & limestone shingle shoreline for all recreational needs about 10 km from Meldrum Bay Marina around western tip of Manitoulin Island. Private bush road accesses available w/permission. \$189,000 (1313)



TWO LAKE HURON lots, side by side, south east of Michael's Bay w/2178 ft. & 82.5 ac. and 1980 ft. & 115 ac. both accessed by boat, ATV or canoe & hiking. \$97,500 ea. (1436 & 1437)

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hugh@manitoulinrealestate.ca • ron@manitoulinrealestate.ca
Cell Hugh McLaughlin, Broker of Record, 705 282 7705 & Cell Ron Lane, Broker, 705 282 7241

NEW COUNTRY HOME on east side of Silver Water being 1120 sq. ft. w/2 bedrooms, full bath, utility room & open area for kitchen dining living. Just built last fall, this work in progress, is finished to the vapour barrier w/200 amp service, electric & wood heat, full crawl space, drilled well & septic. Except for some furniture, everything stays including building materials, all construction tools, 5 appliances, generator, bunkie & shed. Take a look. \$129,000 (1441)



IT MIGHT BE WINTER but we are still finding buyers and getting inquiries for all types of properties. CALL, TEXT OR EMAIL NOW to discuss listing your property before the busier spring market.

ALLAN TOWNSHIP 200 ACRES between Kagawong & Gore Bay via Scotland Road. Forested acreage in Manitoulin deer country w/large marsh in north east sector. Boundaries marked & trails across to various hunting locations. \$149,500 (1269)



5.45 ACRE ISLAND GETAWAY turn key operation camp fully furnished in heart of deer country. Powered by Yamaha 3000 watt inverter or run by solar system. Propane stove & fridge. Sauna w/shower & propane hot water tank. Shed & also set up w/2 deer stands. \$89,500 (1405)

ICE LAKE waterfront acreage w/576.67 ft. on Emery Road. Mostly hardwood 34.6 ac. w/hydro telephone & year round access. Beautiful elevated ridge building site. \$79,500 (1412)

OVER ONE MILE of Gore Bay, west facing, beachfront from Gorrel Point to the Town Limits encompassing much of the eastern shoreline including the beautiful East Bluff Escarpment. Check it out for possibilities. \$700,000 (1426)

LAKE HURON 82.5 ACRES south east of Michael's Bay w/2178 ft. waterfrontage accessed by boat, ATV or canoe & hiking. Wooded & open areas w/marked foot trails, cleared campsites & great fishing for Steelhead & Lake Trout. Lots of deer. \$97,500 (1436)

GORE BAY 3.21 ACRES of variable terrain for an estate home, market garden operation or lot development. Mostly open good land w/town water & sewer available. Doc Strain Dr. frontage 87.19 ft. & Park St. frontage 45.26 ft. \$46,000 (1007)

MILLION DOLLAR VIEW from Gore Bay's East Bluff on 2.52 ac. accessed via Scotland Road. Great building site w/209.8 ft. fronting year round road. Driveway installed to edge of Escarpment, Runoff well for water, hydro & telephone available. \$157,000 (1304)

PROVIDENCE BAY multiple building lot w/132 ft. on Eliza Jane Street & 198 ft. deep on Campbell Street only 530 ft. from famous sand beach on Lake Huron. Recently surveyed 0.6 ac. re-zoned to permit 2 residences or 2 semi-detached or 2 duplexes. Great opportunity for development of rental units. \$89,000 (1414)

GORE BAY RURAL 3 acres w/hydro, municipal water, sewer & year round access via Smith & Fraser Streets w/panoramic view in all directions. Mostly cleared arable land, on west side of Town, for mini farm, market garden & other rural uses. Two separate lots to accommodate two residences for the larger family. \$43,500 plus tax (1420)

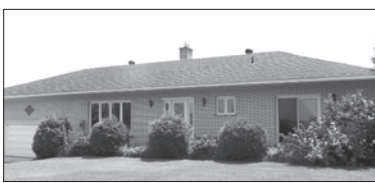
LAKE KAGAWONG COTTAGE accessed via Oriole Park Road w/pine interior, wrap around deck & elevated water view. Seasonal bungalow 712 sq. ft. open concept dining living kitchen w/2 bedrooms & bath plus garage, bunkie storage. Nicely treed lot w/100 ft. waterfrontage, cantilevered dock & boat lift, most contents. Call Ron Lane 705 282 7241. \$182,500 (1423)

LAKE MINDEMOYA HOME on level lot w/150 ft. on Hwy542. Bungalow 1550 sq. ft. on full basement w/2+2 bedrooms, 2 full baths, dining & living rooms w/hardwood flooring & propane fireplace, eat in kitchen, family room, storage & double attached garage. Beautiful water and pastoral views. Many extras of propane furnace, on demand hot water, central air, generator hookup, paved drive, beach, detached garage, apple trees, 3 appliances. Very recent upgrades to kitchen, both baths, some windows & completely painted. \$299,000 (1440)

GORE BAY OVERNIGHT APARTMENT HOTEL WiFi
gorebaymanitoulinhotel.ca
59 MEREDITH 705 282 3196 GORE BAY
OPEN ALL YEAR



SILVER WATER HOME on surveyed lot 120 by 330 ft. fronting on Hwy540. Closed in sunroom porch plus 1.5 storey 990 sq. ft. w/3 bedrooms, bath, large kitchen dining & living room. MBR on first floor. Some contents. \$59,000 (1077)



LAKE MINDEMOYA HOME on level lot w/150 ft. on Hwy542. Bungalow 1550 sq. ft. on full basement w/2+2 bedrooms, 2 full baths, dining & living rooms w/hardwood flooring & propane fireplace, eat in kitchen, family room, storage & double attached garage. Beautiful water and pastoral views. Many extras of propane furnace, on demand hot water, central air, generator hookup, paved drive, beach, detached garage, apple trees, 3 appliances. Very recent upgrades to kitchen, both baths, some windows & completely painted. \$299,000 (1440)



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COTTAGE & HOME CARE

MAINTENANCE & SUPERVISION SERVICES
Call Cole
705-282-4248

PRIVATE COUNTRY HOME on outskirts of Providence Bay w/2205 sq. ft. sitting on 7.4 ac. w/all buildings fortified by a wall of evergreen trees. Well installed 1.5 storey w/2 bedrooms, 1 1/2 baths, eat in kitchen, mini bar, living sunrooms w/ulta ceiling. The very spacious room like MBR w/ensuite. White brick fireplace in living area. Attached double garage and detached garage workshop 1157 sq. ft. This location is a must see to be appreciated. Call now. \$237,000 (1442)



ICE LAKE CHALET on point w/420 ft. & 2.16 ac. hardwoods. Cottage 1200 sq. ft. overall w/one bedroom down & full upper loft of 415 sq. ft., 4 pc. bath, kitchen dining living area, 9 x 38 deck, balcony, sheds, drilled well & contents. Pretty setting. \$198,500 (1390)



BLACKSMITH CENTRE on corner of Main & Meredith Streets w/4320 sq. ft. over 2 floors. Concrete building 36x60 ft. on fully serviced 39x127.6 ft. lot zoned core commercial. First floor garage plus business space & second level 4 & 1 bedroom apartments. \$119,000 plus HST (1432)



GORE BAY RURAL 3 acres w/hydro, municipal water, sewer & year round access via Smith & Fraser Streets w/panoramic view in all directions. Mostly cleared arable land, on west side of Town, for mini farm, market garden & other rural uses. Two separate lots to accommodate two residences for the larger family. \$43,500 plus tax (1420)



LAKE KAGAWONG COTTAGE accessed via Oriole Park Road w/pine interior, wrap around deck & elevated water view. Seasonal bungalow 712 sq. ft. open concept dining living kitchen w/2 bedrooms & bath plus garage, bunkie storage. Nicely treed lot w/100 ft. waterfrontage, cantilevered dock & boat lift, most contents. Call Ron Lane 705 282 7241. \$182,500 (1423)



COZY HOME/COTTAGE of one room on Meldrum Bay w/board & batten exterior & all pine interior w/laminate flooring 411 sq. ft. plus 12x12 ft. sunroom w/great view. Shingle beach 114.84 ft. along shoreline of crystal clear water. Also included 4 pc. bath, approved septic, drilled well, boat garage, year round access, hydro, some contents & all seasons living. \$109,000 (1384)



DOMINION BAY HOME on Lake Huron w/view from 12x52 ft. deck, pure sand beach w/dunes, year round access. Magnificent raised bungalow 3,116 sq. ft. w/4 bedrooms, 3 baths, laundry & electric sauna, beautiful ground level entry w/solid oak stairs to main level. Lower floor guest room & bath. Upper floor self sufficient apartment 989 sq. ft. on other side of hallway. Main residence w/large open great room, 2 bedrooms & 6 pc bath. Garage below 1,138 sq. ft. w/2 bays, workshop, storage & detached garage 738 sq. ft. All quality & matching contents included w/exception of toys & tools. \$527,000 (1350)



NORTH CHANNEL/WEST BAY - 50 Acres with approx 3500' of waterfront on the west side of West Bay. Legal access via road allowance. Access also along shore via Fraser Road. Prime shoreline with possible development potential or a great recreational property Very affordable taxes! \$239,000. MLS#1036570.



WEST BAY LOT - Very attractive waterfront lot in a quiet secluded area of West Bay. Great seasonal road access, hydro available, nicely sloped and treed to a accessible beach area with 180 degree views over West Bay, Cup N Saucer bluffs, and distant mountains. An excellent spot to build your dream cottage! \$74,900. MLS#1044874



LAKE MANITOU RESORT- Exceptional Lake Manitou property operating as Wee Point Resort. Almost 10 acres & over 2347 ft of shoreline with private sand beach, limestone slabs, protected dockage & southern exposure over the lake. Total of 10 rental units + main lodge at water's edge with tonnes of charm (stone fireplaces). Owned & operated by the same family for over 50 years - repeat clientele - a true gem in the housekeeping cottage business. Be your own boss & enjoy summer! MLS# 2063816



GORE BAY WATERFRONT - Very private waterfront lot with great sunset views over Janet Head Point at the mouth of Gore Bay. Over 850 ft. of frontage and 3.9 acres. A 5km boat ride from the Gore Bay marina. Small cove with sand on the beach. List price \$69,000. MLS#2058605



STRAWBERRY CHANNEL 3 level waterfront home just minutes from Little Current. Original owner. Walkout from the basement to the back yard. 3 bedrooms, 2 baths. Main floor backs out to a deck with amazing views. Upper floor is loft bedroom. Just over 6 acres of property. Most furnishings included. Storage shed could also be used as a bunkie. Great finishing! Priced to sell at \$245,000. MLS#2064415



McGREGOR BAY - Charming cottage on a private island offers a boathouse, dock, workshop, bunkie & main cottage. Main cottage with 2 bedrooms, 2 baths, kitchen, eating area, living room with large windows, & large stone fireplace. Outside you have a deck to enjoy those beautiful mornings & the evenings to watch the sunset. Also includes a bunkie with 2 sleeping areas & a half bath & outdoor shower. Workshop, boathouse, boats/motors & furnishings! \$389,000. MLS# 2062746



GORE BAY LOT - One acre estate building lot (124 ft. x 350 ft.) with municipal services. Short walk to many amenities including the marina and the downtown core. There is a water view from a natural terrace perfect to situate a future home. This deep lot backs on to an unopened road allowance providing additional privacy. \$44,900. MLS#2060237



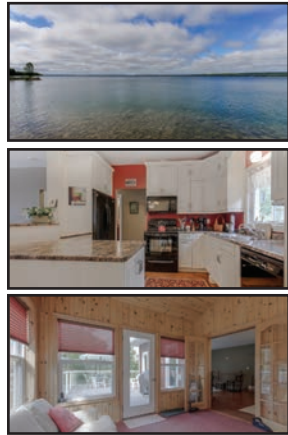
LAKE PANACHE RETREAT - If you are looking for the perfect get away you have found it! Whether you like swimming and boating in the summer or snowmobiling in the winter this cottage has it all. For those of you who like to fish there is great trout fishing right out side your door. In the beautiful summer evenings you can enjoy a sauna and a dip in the lake. For any one who loves to be on a snow machine, the trail runs right by the cottage, all that you have to do is jump on your sled and ride! Paradise is waiting for its new owners to call it theirs! \$249,500. MLS#2068848



MANITOWANING - Excellent main street commercial property with adjoining corner lot for parking. Currently used as offices, but also ideal for retail with potential for living quarters. 3 separate entrances, could also accommodate more than one business - great income possibilities! 2 baths, 3 additional rooms on upper level, full basement. \$169,500. MLS#1039256

J. JAMES REALTOR
Bousquet
MLS REALTY INC. BROKERAGE
Multiple Listing Service

Head Office: 24 Water Street, PO Box 202, Little Current, ON, POP 1K0 (705)368-2271 or 1-800-368-6855
Branch Office: 43B Meredith Street, Gore Bay, ON POP 1H0 • (705) 282-8585
To View All Listings Visit WWW.MANITOU LINPROPERTY.COM



LAKE MANITOU

Beautiful custom built home with 52.25 acres of land on Lake Manitou. On the main level you have 1 master bedroom with en-suite, & 1 half bathroom, large open concept kitchen, dining & living room, perfect for entertaining. Lower level has a large family room with walk out, 2 bedrooms & 1 full bath. Large deck with glass railings overlooking the lake. Double detached garage (loft & bath). Bush lot & beautiful waterfront. \$550,000. MLS#2064053



THE ULTIMATE RECREATIONAL PROPERTY! Beautiful 412 acres of mixed hardwood cedar & pine forest. Ample walking, ATV, snowmobile, skiing & hunting trails. Roughly 15 tree stands, 26'x30' hunt camp that sleeps 9, wired for generator with battery back-up. Woodstove heat (with water heating system for hot water), propane cookstove & electric/generator fridge. Fairly new 12'x12' storage building, plus sauna building. Includes basic camp furniture. Excellent opportunity for a hunt club/group! Great vehicle access off Bidwell Rd & great privacy! \$490,000. MLS#2067157



PRIVACY PLUS! Excellent waterfront lot on the west side of West Bay with great seasonal road access. 293' Feet of frontage gives you plenty of space to build. Nice beach area suitable for swimming and dock. Great views to the east over the bay and the North Channel, with LaCloche Mountains in the distance. Hydro available. Very quiet area and priced to sell! \$89,000+HST MLS#2062685



McGREGOR BAY - Centrally located in the Bay, this lot offers 2.09 acres, 1,600 feet of shoreline, beautiful views, and a wonderful spot to build your dream cottage. Power and Septic on lot. You are only a 9 mile ride away from happiness. Boat access from Birch Island marinas. \$149,900 MLS#2067241



GREAT BUSINESS OPPORTUNITY! This turn key Restaurant sits along the Blue Jay Creek and is ready for a new family. All restaurant furniture & fixtures included, seating for 80. 16 Acres of land. Successfully operated for 27+ years! \$369,900. MLS#2064232



GORE BAY BUSINESS - Successful business opportunity in downtown Gore Bay. Auto Body Shop and Auto Service Repair Garage located in one building (7250 s.f.) each with their own entrance, office, heating systems, etc. New roof and spray booth in 2012. Extensive list of equipment and recent upgrades. Inquire today! MLS# 2064049



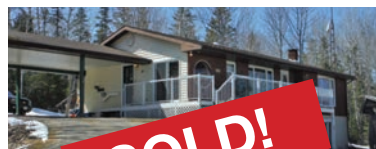
BAY ESTATES HOME 7 yr-old home in popular Bay Estates. This 2+2 bedroom with 2496 sqft of total living space home is nicely designed with open concept kitchen, dining & living room. Master bedroom has large walk in closet & ensuite bath. Across the road from one of the public accesses to the waterfront to enjoy the shoreline. \$200,000 MLS#2067259



400 ACRE CAMP - Excellent recreation property on Saigeohn Lake - plenty of trails, wildlife, deer, small game, duck hunting. Camp sleeps 8, separate sauna and outdoor privy. Year round access off Perivale Road, nice developed road into camp amongst mature stands of red pine, cedar and mixed bush - paradise \$359,000. MLS#2064275



COUNTRY RETREAT! Situated on approx. 200 acres of beautiful fields, bush & tillable land. Well maintained home with large open living areas, walkouts to wrap around composite decks, huge bedrooms with walkout on lower level, ample storage & gorgeous views! Property with 30'x40' wired garage for the toys/equipment, back-up generator & panel for emergency power outages, bunkie/storage, gravel pit, excellent hunting, 70 acres of tillable land & plenty of privacy! \$459,000. MLS#2060706



KAGAWONG LOT - Located on municipal water located on a cul-de-sac with undeveloped acreage to the west, and a vacant lot to the east. This home offers 2+1 bedrooms, 3 baths, main floor laundry, large workshop, & hobby room. Quite close to a public sand beach. \$209,000. MLS#2070122



EXCELLENCE BUSINESS FOR SALE - Known as Wally's Dock Service, the main service stop for boats of all sizes - fuel (gas/diesel), pumpouts, fishing tackle, bait, licenses, boat gear, charts and much more! Established and operated for many decades. Excellent revenues, work for the summer and enjoy your free time in the winter! \$269,000. MLS#2061223



KAGAWONG LOT - Building lot fronting on the highway in Kagawong. Close to the popular Bridal Veil Falls and other amenities. Was once the site of the local outdoor arena. \$29,000 MLS#2055440



MANITOWANING BAY - Estate size private Building Lot close to Manitowaning. Land Slopes down to the water and offers excellent shoreline. The land is covered with Mixed bush with cleared land above. \$109,000. MLS#2059874



PERFECT RETIREMENT PROPERTY - Easy to maintain, this 1 bedroom 1 bath bungalow is in a central location close to schools, downtown, hospital & shopping. Built in 2011/12 on a nicely landscaped lot with paved drive & detached garage, this property is an ideal retirement home. \$124,900 MLS#2071175



LOG HOME! This 1600 sq. ft year round home is built with 8x12 white pine logs sourced from local saw mills. The property has 300 ft of peaceful waterfront on 2 acres of land. The 3 large bedrooms and 2 bath are well situated among this open concept design. Master bedroom has his and hers closets with master en-suite. \$370,000. MLS#2061212



GORE BAY ON THE HARBOUR - Executive Tudor style 2 storey home. This 2980 sq ft home offers 3 bedrooms, 3 bathrooms, 3 fireplaces & a sunken dining room. Sweeping staircase from the foyer gives a architectural design to the home. Cedar shake roof & brick & stucco surround the home. 3 car garage with access to basement. \$489,000. MLS#1041821



COMMERCIAL OPPORTUNITY - Provincially licensed meat plant located on Manitoulin Island. This 4200 sq.ft. modern facility was newly constructed (2013). The plant has the drip cooler capacity to harvest 12-15 beef. Located on a 10 acre rural property. This operation could have much more potential if secondary processing was introduced on-site. Contact the listing brokerage for more details. MLS#2067364



LITTLE CURRENT - Unique offering in the heart of town across from the docks. Main building is wrapped in steel and boasts 2040 sqft with additional garage 20x24. The front of the property has ample parking that can accommodate 10 vehicles. Excellent layout for retail space with plenty of room for inventory. \$289,000. MLS#2062372



GORE BAY Wonderful family home with 2+1 bedrooms & 3 full baths. Fireplaces on both levels. Upgrades include all windows (except 4), new laminate flooring (entrance-way, living room, dining room - 2016), insulated garage doors, roof (2017), Functioning ceiling radiant heating system. \$259,000. MLS#2058457



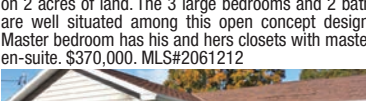
WATERFRONT HOME IN MANITOWANING Operating as Willow Shores B&B. This home offers plenty of potential, having lots of space for the entire family. 5 bedrooms, 3 ensuites, 1 bathroom, 1 half bath, large open concept kitchen & dining room, large living room & large family room with many windows. Outside you can enjoy a peaceful moment in the memory garden or down at the lake. Attached double car garage. Don't miss this opportunity! \$599,900. MLS#2064215



LAKE MANITOU - Over 6 acres & 421 ft of shoreline with gorgeous views - Known as Hutchinson Cabins this property has the potential for many business &/or personal uses. Owners' year-round residence of 1927 era with lots of character. Property currently offers seasonal trailer sites for lease with room to expand. Shower/washroom building. Potential to expand or just enjoy your own private retreat! \$525,000. MLS#2067131



WATERFRONT ACREAGE - 160 acres of recreational property on the west end of Manitoulin Island. It has frontage on Hwy 540 and on Falls Lake. There is an older trail from Hwy 540 to close to the east of Falls Lake. List price \$125,000. MLS#2066925



QUIET HAMLET LIVING - A 3+1 bedroom brick bungalow located just west of Gore Bay in the hamlet of Evansville. It has a double detached garage, other outbuildings, and backs on to a private wooded area. Walkout from lower level and large 2-sided deck. \$169,000. MLS#2060820



MOVE IN CONDITION Little Current home. Large eat-in kitchen, spacious dining & living rooms with hardwood flooring, upper level has 3 bedrooms & 4 bath with jet tub. Lower level offers a large rec room with oil stove, office/den & 3 pcs bath with laundry. Backyard patio area & large gazebo. Detached 20'x28' garage. Many recent upgrades. \$259,000. MLS#2067268



LAKE MANITOU RETREAT - Unique offering on Lake Manitou. 5.4 Acres of private shoreline with boat house. This 100 year old cottage has that rustic feel with open wood burning fire place and exposed wood timber. The boat house is in need of restoration but would make an excellent addition to this amazing cottage and a great investment. \$229,000. MLS#2068846



ESTATE SIZE LOT! Large (7.4 acres) building lot in the town of Gore Bay. Hydro service fronts on the north boundary of the property. Municipal water and sewer service close by. Offering nice country vistas. \$69,500. MLS#2058391



MANITOWANING Charming 2 bed, 2 bath bungalow & 16x24 garage. Nicely landscaped property offering great privacy & beautiful fruit trees. Propane fireplace alone & low taxes make this home appealing to retirees or those searching for a low cost of living. Recently renovated bath, updated electrical, & large deck with propane hook up for BBQ. \$139,900. MLS#1039375.



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