# **'Big Wild Year' Notebook:** *Part XII of a series The final monthly report of one couple's efforts to eat what they could forage* **Duo endures busy, tempting December, finds old foods don't live up to hype**

EDITOR'S NOTE: The Expositor has checked in regularly with this couple who have ties to Manitoulin Island as they undertook their Big Wild Year challenge. This is the 12th and final regular monthly update on their progress. Delphinie Colyer is a Wiikwemkoong band member. by Warren Schlote

The Big Wild Year challenge, a yearlong endeavour by a North Bay couple to only eat wild foraged foods, has officially drawn to a successful conclusion after 365 days of challenges, triumphs and new experiences.

"In some ways, it felt like it was never going to happen. In other ways it felt like it went by so fast. It's kind of hard to judge the magnitude of what we've accomplished," said Jeremy St. Onge, one half of the challengers in the Big Wild Year.

For all of 2019, Mr. St. Onge and partner Delphanie Colyer completed the Big Wild Year challenge in which they only ate wild

... continued on page 10



Vol. 140, No. 34 \$1.43 + GST

Little Current, Ontario

Wednesday, January 8, 2020

# Part III of a series on Indigenous dementia care Screening tool

gets validated EDITOR'S NOTE: The breakthrough Canadian Indigenous Cognitive Assessment (CICA) tool is expected to revolutionize dementia diagnosis and care in aging Canadian Indigenous populations. It was developed here on Manitoulin Island. The Expositor will be exploring more aspects of the tool in future editions, continuing with an overview of the validation process in the next edition of this series. To access the free CICA tool, visit i-CAARE.ca.

# by Warren Schlote

MANITOULIN—Creating a brand-new medical diagnostic tool is a large task. Although similar tools can provide helpful reference points during development, each tool's unique purpose means any advancements must be tested specifically based on the problems it seeks to address.

The Canadian Indigenous Cognitive Assessment (CICA)'s validation process employed the expertise of Naandwechige-Gamig Wikwemikong Health Centre (WHC) registered nurse and community health researcher Karen Pitawanakwat and Laurentian University Canada Research Chair Dr. Jennifer Walker. Those leads worked in collaboration with community partners such as health centres, medical staff and researchers to determine whether or not the CICA would be an effective tool for Canadian Indigenous populations. "It was a very difficult process to co-ordinate and they did a fantastic job," said Dr. Kristen Jacklin, the team leader who began working on the CICA in 2014, who now works as a professor of medical anthropology at the University of Minnesota Medical School Duluth.



Island well represented at major junior and youth international sports events

# Mackenzie Turner joins Team Canada biathlon squad

by Warren Schlote

CANMORE, Alta.—Ice Lake biathlete Mackenzie Turner is advancing to the world stage, with an upcoming showdown later this month at the International Biathlon Union (IBU) Youth and Junior World Championships in Switzerland, followed by an IBU Cup in Germany the following week.

"It was a little bit unexpected, but it's very nice. At the start of the season it was a bit of a rough go. Things were not lining up the way I wanted to do with the first set of races and I wasn't feeling my best. Going into the races, I got myself together and managed to perform well," said Ms. Turner, speaking with The Expositor from Canmore, Alberta, home to the headquarters of Biathlon



Mackenzie Turner Canada.

Ms. Turner, who is on the Rocky Mountain Racers team, was one of eight athletes named to the 2020 junior world championships team, representing Canada at the Lenzerheide, Switzerland event between January 24 and February 2.

...continued on page 8

Curler Lauren Ragala carries

# Local effort, international connections

Dr. Walker received a grant from Canadian Institutes of Health Research to focus on the validation process. A grant from

...continued on page 8

new award this year, the Adam McDonald Memorial Bursary. Mr. McDonald spent some of his career as a paramedic, serving alongside Ms. Cadieux. Faith is attending Cambrian College to persue a career in paramedicine. **SEE STORY ON PAGE 5**.

photo by Nicole Taylor

# Gore Bay home total loss following holiday house fire

# by Michael Erskine

GORE BAY—Although the Gore Bay firefighter contingent were able to get to a fire in a home on Hall Street in record time and contain the blaze, in the end the home was destroyed.

"The fire was fully involved by the time we arrived," said Gore Bay fire chief Mike Addison, who noted the call arrived at 12:37 pm on December 30. "We were able to do a defensive attack, but it was not safe for anyone to enter the building."

The split level home on Hall Street is described as "a complete write-off" and apparently began in the rear of the home.

Although no cause has yet been determined, faulty electrical wiring is an early suspect as a potential cause of the fire, but an insurance inspector is investigating the cause more closely. The fire is not being regarded as suspicious.

"The occupant (David Montgomery) was asleep at the time of the fire," said Mr. Addison. "He was lucky to get out."

The Gore Bay Fire Department is noted for fast response times, but the exceptional speed of

...continued on page 9

# **Canadian flag at Youth Olympics**

# by Michael Erskine

GARSON—Lauren Ragala of Garson, granddaughter of Irwin and Mary Lewis of Kagawong, has been named the flag bearer for the opening of the 2020 Winter Youth Olympic Games. Lauren curls out of the Idylwylde Golf and Country Club in Sudbury will carry the national flag during tomorrow's (Thursday's) opening ceremony in Lausanne, Switzerland. The games get underway on Friday.

"We are all very excited," said Ms. Lewis. "We knew about it at Christmas, but we couldn't tell anyone until it was officially announced."

Her granddaughter has been tearing up the curling scene in Ontario, playing for the Crozier Rink and last year the 17-year-old won gold at the Canada Winter Games and the national U18 playdowns serving as lead on Team Croisier.

Lauren's curling chops are

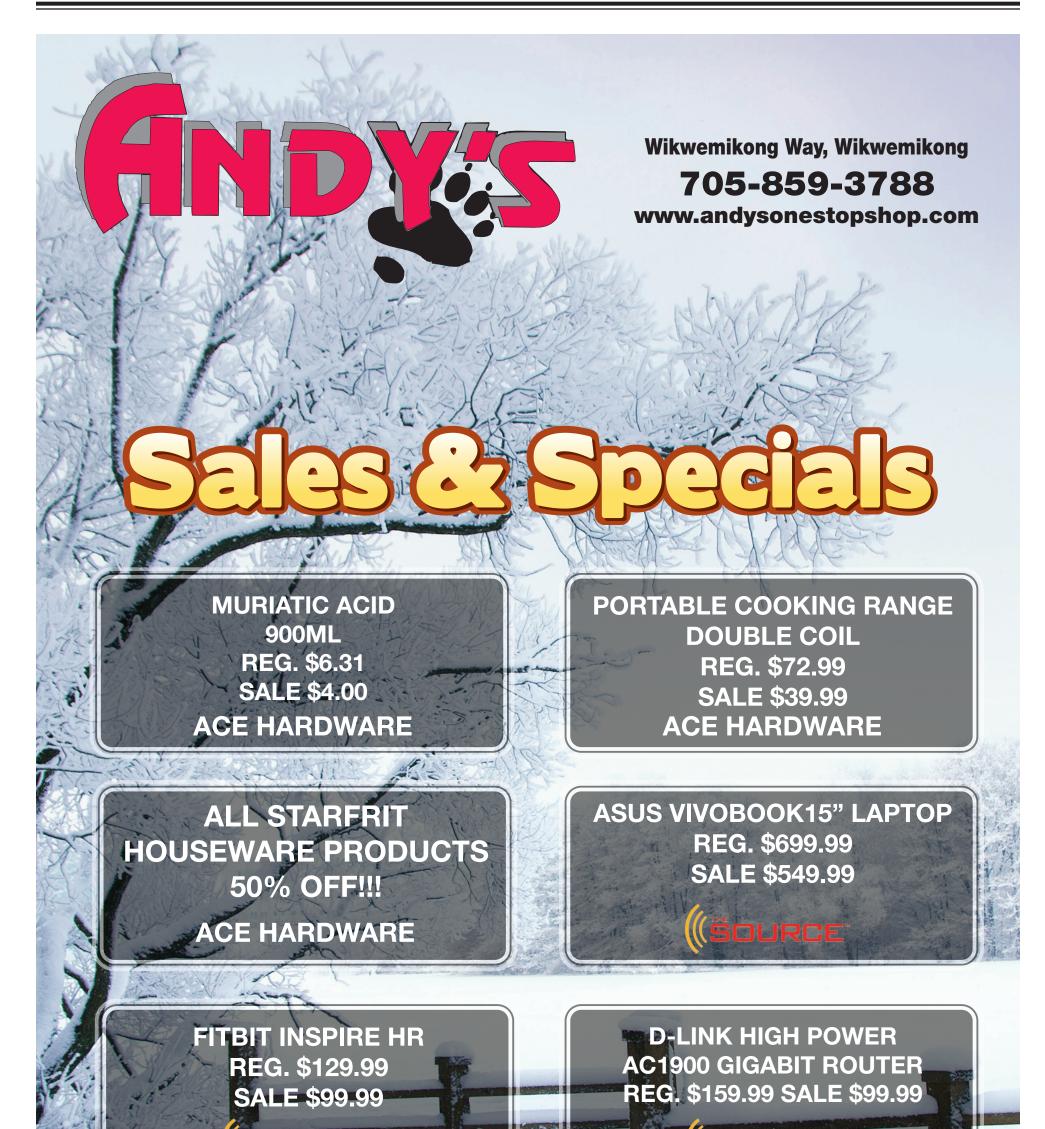


## Lauren Ragala

deeply ingrained, having taken to the sport since tender age of seven. "Her father is a curler and her younger brother is coming up as a curler too," said her grandmother.

Lauren's grandparents had intended to be at the games to cheer her on, but Mr. Lewis's knee surgery was delayed until late November and he cannot fly overseas yet.

"I guess we will be watching it live on CBC with the rest of Cana-...continued on page 8





Join us on Facebook @AndysOneStopShop to see daily/weekly specials and take part in our in-store auctions!

# Lucy Sagle named Branch 177 Legionnaire of the Year

# by Alicia McCutcheon

LITTLE CURRENT—During its annual honours and awards night, Branch 177 of the Royal Canadian Legion in Little Current was pleased to acknowledge many of its hardest working and longest serving members, including Legionnaire of the Year Lucy Sagle.

The event was hosted by past president Debbie Menard who welcomed everyone to the pre-Christmas event and began by offering a moment of silence to the comrades lost in 2019, WWII veterans Blair Sullivan and Allan Tustian.

'While Legionnaire of the Year is to be bestowed upon the person's endeavours towards the betterment of the Legion in the last year, it also gives recognition to



Branch 177 past president Debbie Menard, left, and Ruth Eaadie, Branch 177 president, right, present Comrade Lucy Sagle with the Legionnaire of the Year the member's dedication and commitment to the Legion," Comrade Menard began. "Tonight, it will be awarded to a member who has been doing as such for a couple of years. It is with great pleasure and honour to name Comrade Lucy Sagle as Legionnaire of the Year.

Ms. Menard explained that Ms. Sagle has been a member for two years but has been lending a hand at Legion functions for several years previously, including helping with spaghetti and steak dinners, cooking wings, barbecuing at the Canada Day Summer Fair, working funeral luncheons, help-ing at dances, working the door and bartending.

Ms. Sagle sits on the executive committee and holds the position of entertainment chair.

"She puts on a variety of different meals on a monthly basis rather than the usual spaghetti suppers we used to host," Ms. Menard said. "She is a very good cook! She makes up the flyers for upcoming events and then posts them around town and on our website. With some events, she fundraises for prizes.'

"Lucy does an excellent job with the entertainment aspect of the branch whereupon it brings out a lot of community members to the branch," Ms. Menard continued. "She is very personable and is always smiling...I once said of her during the awards ceremony that she came here to a dance one year and never looked back. Now she is fully committed and is

...continued on page 9

# Annual Christmas bird count numbers lowest since 1985

# by Chris Bell

MANITOULIN—Two thousand one hundred and seventyone birds of 43 species were counted on the 46th annual Mindemoya Christmas Bird Count on Saturday, December 14. Bird numbers were down to 1985 levels.

Thirty-two feeder watchers, including five new volunteers, took part. There were 24 birders, including four new recruits, in nine areas within the established 24 kilometre diameter circle.

Bird of the day was a gray catbird that had been coming for several weeks to the yard of Mark and Judy Olacke on Monument Road. They did see it on the count.

Interesting birds this year included three snowy owls (always very popular with visiting birders), a great blackbacked gull on Lake Manitou, a kingfisher on Hare's Creek and a robin near Spring Bay. Waterfowl that were on the point of leaving for the winter included three Canada geese near Lake Mindemoya, one bufflehead in Providence Bay and a single red-necked grebe in West Bay.

Most numerous birds this year were the 437 blue jays, 360 black-capped chickadees and 170 mourning doves.

The count was hampered by an all-morning fog, which reduced visibility on land and over the lakes. Otherwise it was a nice mild day with about 12 centimetres of snow on



Over 450 blue jays were spotted during the Christmas bird count. photo by John Savage

the ground, and the walking was good. However, Lake Huron water levels are very high and the shoreline walk was cut short.

Prior to the count I heard several comments about very low bird numbers this month and this was borne out on the count. The reasons are unknown, but winter bird populations do fluctuate from year to year.

Ducks were in small numbers despite the big waters being free of ice. The big flocks had departed earlier.

The bald eagles count of nine was the lowest for several years but we may have missed some in the fog.

This year a single grackle and high numbers of wintering tree sparrows and juncos were reported but there were no other blackbirds or any unusual sparrows.

Despite a good fruit and seed crop, we did not see any bohemian waxwings, pine grosbeaks or evening grosbeaks. The winter finches have not arrived yet. With only three common redpolls, 17 purple finches and no pine siskins the winter finch population is very low. We usually get big numbers of one or more of the finches but so far this year we have to make do with American goldfinches-60 on the count.

The 32 feeder watchers reported 25 species of birds.

# ...continued on page 9

# **Cannabis retail outlet cap removed**

### by Michael Erskine

QUEEN'S PARK—As of January 6 the province will begin accepting applications from those who wish to become licenced cannabis retailers.

In a government press release announcing the province's move away from the lottery system of allocation for licences, the release notes that this stage is about screening individuals, as people with certain cannabis-related convictions, or known connections with organized crime, will be ineligible to apply.

Prospective retailers will also complete training have to approved by the province's

cannabis regulator-Alcohol and Gaming Commission of Ontario (AGCO).

Those who pass this stage can then apply to open a cannabis store at a specific address after March 2. As an added caveat, store locations may or may not be approved-those locations will have to be located a certain distance from schools (undefined in the release). There will also be a 15-day period in which community members will be able to file objections.

in April, the Beginning province's cannabis regulators anticipate issuing store licences at the rate of about 20 a month.

"In response to the federal government's decision to legalize cannabis, our government is determined to open the cannabis market as responsibly as possible," said Ontario Attorney General Doug Downey. "We have said all along that opening more legal stores is the most effective way to combat the illicit market, protect our kids and keep our communities safe. That is our number one priority. Other amendments to the pot

regime include increasing the ability of licenced producers to participate in the retail market and allowing them to open a store at one of their facilities. These changes enable more capital, experience and capacity to enter the market and will help more legal stores open faster; will phase in limits on the number of authorized stores a licence holder can have, to ensure fair access for retailers while creating medium and long-term market certainty; and enable retailers to sell additional cannabis-related items such as cannabis-related magazines and cookbooks. The province assures the public that it continues to have strict rules for private cannabis stores aimed at helping to "keep kids safe and ensure retailers behave with integrity." Those rules include regulations that deny licences to anyone with certain cannabis-related offences or any association with organized crime. Regulations also require licence holders, cannabis retail managers and employees to complete approved training. Some of the 42 proposed cannabis stores selected through the second lottery have been authorized to open their doors this month. Until August 31, retail operators may own a maximum



George Williamson and Cole Hughson perform a song during the Christmas Day dinner held in Little Current.

# **Community shares intimate Christmas Day dinner**

# raise funds for the Sea Cadets

**Robbie Burns Dinner 2020 to** 

# by Michael Erskine

LITTLE CURRENT—Grab your kilts and prepare to hoist sail for the Manitoulin Hotel and Conference Centre on Saturday, January 25 as the Manitoulin Navy League hosts the 2020 Robbie Burns Dinner.

The dinner is an annual fundraiser for the Manitoulin 348 Sea Cadets Corps and will feature a traditional Burns dinner with all of the usual formalities. This year has the added cachet of being held on the beloved bard of Scotland's actual birthday.

'We are delighted to have Bernard Andrews coming over from Sudbury to emcee the event again this year," said organizer Carmen Laid-ley. "He does such a wonderful job of entertaining everyone."

In addition to the traditional Robbie Burns recitals and stories, there will be chances to bid on some fine bottles of scotch as well as a 50/50draw for the teetotalers and such to chip in, along with plenty of door prizes.

Festivities will commence at 6:30 pm, so folks are requested to arrive by 6 pm to settle in before the grand entrance of the dignitaries and that most august king of the puddin' race—the haggis.

"We don't want the evening to run too late," noted Ms. Laidley. For those looking to stay over for the night, the Manitoulin Hotel and Conference Centre has a special rate of \$99 (plus taxes)—remember to request the special Burns Dinner rate. To reserve a room, call 705-368-9966.

Tickets for the event are \$40 each and are available at The Expositor office in Little Current, Breakaway Sports and at the Recorder office in Gore Bay, or by calling 705-368-3718.

# ...continued on page 9

# by Michael Erskine

LITTLE CURRENT—A community Christmas lunch organized by Sally Assinewai, Norma Hughson and Cole Hughson was held on Christmas day at the Little Current United Church hall.

We would like to take this opportunity to thank the local sponsors, all the elves who worked tirelessly to help make this a successful Christmas Day lunch," said Ms. Hughson, "and all who came to enjoy the day. Thank you all."

The organizers had been contemplating the idea of a community meal on Christmas Day for some time. "This year we decided to give it a try," said Ms. Hughson. "There are a lot of folks who are on their own at Christmas time and you likely aren't going to be cooking up a hot roast turkey and everything when there is only yourself or one other person.'

Several community members and local businesses stepped up to assist with the project. "We had really good support for the Christmas Day lunch," she said.

George and Lynda Williamson provided entertainment for the meal, with an assist from Cole. Ms. Williamson also took on a stint as one of the kitchen crew.

"Everyone seemed to be having a great time," said one participant. "A few of our neighbours were there and it was a great meal. Sally and Norma did a great job putting it all together."

The group is planning to hold the event again next year.

### Manitoulin Island's Newspaper-of-Record, **The Manitoulin Expositor** is published

by the Manitoulin Publishing Co. Ltd. Wednesday mornings from our office at One Manitowaning Road, Little Current, Ont. POP 1K0

Northern Ontario's oldest newspaper: printers and publishers since 1879

A winner of the Michener Award for Public Service Journalism

Mailing address:

The Manitoulin Expositor, P.O. Box 369, Little Current, Ont. POP 1K0

Alicia McCutcheon **publisher and editor** 

**Staff Positions:** 

Warren Schlote, Michael Erskine staff writers

Tom Sasvari manitoulin west news editor

> David Patterson, Kendra Edwards **production**

Marilyn Harasym, Debbie Bailey circulation

> Robin Anderson advertising sales

Kerrene Tilson, Marilyn Harasym accounts

> www.manitoulin.ca Phone: (705) 368-2744 Fax: (705) 368-3822 general email: expositor@manitoulin.ca letters to the editor email: letters@manitoulin.ca

> Publications Mail Registration No. 40012298

> > ISSN 0834-6682



#### News Stringers: Betty Bardswich, Sharon Jackson, Giselle Aiabens, Rachael Orford

Specialists: Andre LeBlanc, sports Petra Wall, biography Debbie Robinson, Claire Cline, Marian Barnet, literary Rose Diebolt, culinary Brian Bell, agriculture Alexander McGillivray, history Shelley Pearen, history Joe Shorthouse, Professor of Entomology

Correspondents:

# "who dares not offend, cannot be honest" One Manitowaning Road

# | | <u>editorial</u>

# Society has become too complacent about its own extinction

Affluence tends to create a sense of entitlement, and nothing more so than generational affluence. So it is perhaps a consequence of the relative wealth of Western society that has led to the apparent complacency greeting the current brinkmanship underway under the guise of diplomacy.

There was a time, back in the heady days of the British Raj when much of the world was coloured in the pink bits of the British Empire, when gunboat diplomacy and the threat of the big stick was an effective way to flex the muscles of empire. Those days should have ended when the fiery hell of the nuclear age descended upon Hiroshima and Nagasaki.

If that could be considered to have not been enough to bring humanity to its senses then perhaps the debacles of Algeria, Vietnam or Korea might have given the world notice that we would have to find a better way. Not so, it appears.

As the influence and prestige of the American Age begins a descent into the same inevitable decline met by those empires that came before, we must understand that there is a more than subtle difference facing civilization today. America, and the west, must come to face that fact the stick has become a double-edged sword—one that threatens the very existence of humanity.

Brinkmanship can play a valuable role in the cut and thrust of global commerce where pirate corporations have long considered themselves above the laws of any nation, perhaps, but when the fate of humanity hangs by a thread, putting all of our collective eggs in a basket being carried by an erratic and demonstrable sociopath takes mob insanity to a whole new level. It has been 75 years since the world was last caught up in a global conflict that consumed, quite literally, tens of millions of lives. The last of the brave Allied soldiers who stormed ashore on the beaches of Normandy despite the impossible hail of steel and lead being hurled at them are being laid to rest and the phrase "never again" is fast fading into the twilight.

Global war has happened before and, despite the zero-gain odds of nuclear annihilation facing us today, it can, and quite likely will (if we don't smarten up), happen again.

In previous world wars North America was largely separated from the destruction of war as huge oceans separated us from the belligerents. But for the procession of the telegraph messenger coming up the walk or the deprivations of the ration book, Canada, and later the US, were mostly held inviolate from the ravages of modern warfare. That will not be so in the age of the global village.

Afghanistan, Iraq, Vietnam and Korea, these were all wars that were happening a world away in countries barely capable of mounting a Second World War offensive against the West. The game has changed, the old rules are fast becoming obsolete and unless the ruling classes come to accept that reality, the future looks grim.

Should global war erupt again, the consequences will be the raining of death and destruction upon our continent in ways that have not been seen here since the arrival of the Europeans—likely significantly more. In a global nuclear war all of humanity will find itself on the endangered list and wealth and privilege will prove to be little shield.

Brinksmanship in global diplomacy must end—or we all will.

# <u>letters</u>

# An open letter to the Central Mantoulin council on the Old School

# <u>A further town hall meeting should be held to decide its fate</u>

EDITOR'S NOTE: The following is an open letter to Central Manitoulin council that has been reprinted here at the author's request. **To Central Manitoulin council:** 

In reading over the minutes of the December 10 Central Manitoulin Property Committee meeting I note the following:

Mayor R. Stephens and Councillor Shaffer moved "That we recommend to Council that we delay the demolition of The Old School until absolutely necessary."

That motion failed.

A discussion followed "to allocate the expected cost of \$150,000 for the demolition of the Old School in the upcoming 2020 Capital budget." (No vote regarding that discussion was recorded in the minutes.)

I attended that committee meeting as a delegate, specifically to rec-

ommend that since a significant number of Manitoulin residents are not fully aware of the speed with which this action is proceeding, that a further Town Hall meeting is warranted.

I'm sure that such a meeting in early 2020 is not only warranted, but would be very well attended.

The very fact that Manitoulin Transport has kindly seen fit to contribute toward repairs to the Old School indicates that interest in this matter involves the entire Island, not just Central Manitoulin.

We look forward to your prompt response. Yours truly,

Mike and Marj Wilton Dominion Bay

# Strife in the education sector must end

# Provincial masters should focus on corporate fraud and corruption

# To the Expositor:

The ongoing unresolved issues between our teachers and our government is a travesty that must be resolved post haste and forthwith. Whom is this dispute affecting? Our youth, our future.

Stephen Lecce, minister of Education, is needlessly creating this crisis. His boss, Doug Ford, has obviously affected his behaviour in the sense that Mr. Lecce's mandate is to put cost cuts over all logic. Our government has rightfully placed regulations regarding educators' agendas, behaviour in our schools, curriculum, schedules, mandates, even very strict qualification requirements. One could easily proclaim our teachers are "bootstrapped to perfection." Other than their home environment, whom else has so much effect on shaping the outcome of our youth, our society's future, indeed the entire welfare of our very being, continuance of such a great culture.

Why not make the classroom environment, its pupil sizes unlimited, that way, you can single handedly destroy our province's future, without having to tolerate your costly nonsense, disruptions, aggravation, standoffs, every contract renewal anniversary. We all have come to know our teachers through their compassionate handling regarding their situations with parents/teachers, meetings, daily exposure to their beloved subjects, their scrutiny in our communities.

Stop picking on the wrong members of our society, Doug and Stephen. Focus more on political and corporate fraud and corruption for God sakes.

Michael R. White Little Current

Cheryl Sheppard and Ingrid Blay, *Providence Bay* Marilyn Sparham, *The Slash* Pat Hall, *Tehkummah* Dorothy Sloss, *Spring Bay* 

# Annual Subscription Rates

 DIGITAL EDITION
 \$47.25

 Anywhere in the world (No discounts)

 ZONE 1 Manitoulin Island
 \$47.25

 Seniors' discount less 10% \$42.53

 Manitoulin Island First Nations.
 \$45.00

 Seniors' discount less 10% \$40.50

 ZONE 2 \*0ff-Island
 \$52.50

 Seniors' discount less 10% \$47.25

 \*Postal codes with second digit "0"

 PLUS Birch Island to Espanola

 ZONE 3 \*\*Off-Island

 ZONE 3 \*\*Off-Island

 Seniors' discount less 10% \$51.98

 \*\*All other postal codes NOT Espanola

 ZONE 5 USA
 \$160.00

 OTHER INTERNATIONAL
 \$355.00

Seniors' Discount (60+) 10% DOES NOT APPLY to Zone 5 or International Addresses All prices include GST

"With the participation of the Government of Canada."



# Proceeds from ticket sales on quilt draw benefit Angel Bus

# by Tom Sasvari

KAGAWONG—A Kagawong couple has won a beautiful quilt donated by a local quilter as a fundraiser for the Angel Bus.

Pat Best had donated a beautiful quilt she had made to the Angel Bus fundraising committee to sell tickets for the prize of the quilt.

"A big thank you to Pat Best for donating the quilt and to all those who sold and bought tickets in support of the Angel Bus," said Ted Kilpatrick, a member of the Angel Bus fundraising committee. "And congratulations to Heather and Chris Theijsmeijer, winners of the quilt." He added that the proceeds from the sale of tickets on the quilt draw totaled \$3,163.75.

The draw was held at the Gordon/Barrie Island Advent Christmas Market.



Quilt winners Heather and Chris Theijsmeijer are presented with this hand crafted quilt (made by Pat Best of Gordon/Barrie Island) by Angel Bus Committee member Sandy Cook.

# MSS celebrates 50 years by giving \$50,000 at Awards Night

# by Warren Schlote

M'CHIGEENG-Manitoulin Secondary School (MSS) has been celebrating its 50th anniversary throughout the 2019-2020 school year, and this year's 50th annual Awards Night helped those celebrations by giving more than \$50,000 in prizes to deserving students and recent graduates, a record high in donated prizes for the graduating class.

"Tonight is a special night, for we are here to honour our students, past and present," said MSS principal Jamie Mohamed.

The students had filed past dozens of supporting family and community members into the cafetorium at the school. All stood for a performance of O Canada by music teacher Chris Theijsmeijer and student Mackenzie Cortes.

MSS Principal Jamie Mohamed was first to address the audience.

'We are proud of our graduates and are very pleased to celebrate their successes this evening," he said.

Rainbow District School Board (RDSB) trustee for Manitoulin Island Margaret Stringer offered some encouraging words for the recent grads.

"I would like to commend our graduates this evening for leading the way by leaving your mark on Manitoulin Secondary School and working hard to achieve your goals. Everyone here tonight is joining together to congratulate you for your outstanding achievement," she said. She also acknowledged the many donors who contributed funds to the awards night.

'Graduates, a secondary school diploma and post-secondary education will open doors. Unlock the one that fuels your passion and gives you purpose-personally and professionally—and you will be rewarded with a rich life," she said. Finally, Algoma-Manitoulin-Kapuskas-

ing MP Carol Hughes offered a message on behalf of herself and Algoma-Manitoulin MPP Mike Mantha, as well as congratulating the school on its 50th anniversary. She gave thanks to the many teachers, family and community members who have stood behind the successful graduates to support them throughout their journeys.

"I extend a heartfelt thanks to the donors for ensuring that these young people are able to breathe a little bit easier while continuing their studies and congratulate everyone who will be receiving awards tonight. I wish you the best of luck in all the avenues you are and will be undertaking to define your future aspirations.

Also on stage was RDSB director of education Norm Blaseg and superintendent of schools Kathy Wachnuk.

Then, the awards began. Vice-principal Denis Lafleur and Mr. Mohamed took turns announcing the award winners, which are as follows:

# A. J. BUS LINES AWARD (\$500)

To two deserving students continuing post-secondary education. Presented by Miss Jill Ferguson to Ryann Hudson and Mikayla Noble.

### ALL SAINTS' ANGLICAN CHURCH **GOOD SAMARITAN BURSARY (\$250** each)

Awarded to one boy and one girl in the graduating class who demonstrated the hristian principles of caring and compas sion. Presented by Ms. Micki Brown to Quinn Coker and April Torkopoulos.



Some 23 students received Ontario Scholar certificates at the 2019 Manitoulin Secondary School Awards night for having averages of 80 percent or higher in their top six Grade 12-level courses. Some of the present recipients were, back row from left, Lauren Goddard, Sarah Hovingh, Elena Hovingh, Matthew Redmond, J.D. Herlehy and Connor Bellmore; and front row from left, Sophie Bondi, Jade Cress, Elizabeth Wood, Janessa Lee, Maylen Moffat, Faith Taylor and Alexis Lewis.

graduate continuing post-secondary education. Presented by Ms. Carmen Argmann to Jackson Carr and Sarah Hovingh.

#### MUNICIPALITY ASSIGINACK **BURSARY (\$300)**

To an Assiginack student continuing post-secondary education. Presented by Councillor Christianna Jones to Ethan Closs.

# AUNDECK OMNI KANING FIRST NATION BURSARY (\$200)

To assist and encourage a graduate from the Aundeck Omni Kaning First Nation. Presented by Mrs. Karen McGraw to Ethan Corbiere.

#### BMO, BANK OF MONTREAL BURSARY (\$250 each)

To two deserving graduates continuing post-secondary education. Presented by Ms. Gillian Becks to Connor Bellmore and Liliana MacDonald.

# SHANE BEBONANG MEMORIAL **BURSARY (\$100)**

Presented to a deserving graduate continuing post-secondary education. Presented by Mr. Nic Harfield to Ethan Corbiere.

#### LAKE COMMUNITY ASSOCIATION BURSARY (\$200)

Presented to a Central Manitoulin graduate continuing post-secondary education. Presented by Ms. Lois Keller to Hadeel Alhadi



Presented to a deserving graduate continuing post-secondary education. Presented by Ms. Kari Bourque to Zack Kategiannis.

# **BRAVISSIMO MUSIC AWARD (\$100)**

Presented to an outstanding student in music, demonstrating both musical ability and leadership in the classroom and through extra-curricular activities, and who is pursuing post-secondary studies. Presented by Mr. Chris Theijsmeijer to Sarah Hovingh.

## CARL BROWN AND SONS BUS LINES (\$200)

To a deserving graduate continuing postsecondary education. Presented by Mr. Gary Brown to Elena Hovingh.



Wendy Gauthier, left, presents the Marcel and Wendy Gauthier Bursary to Faith Taylor.

# JOHN BUDD MEMORIAL BURSARY (\$200)

To assist a graduate continuing post-secondary education. Presented by Mr. John Collins to Elena Hovingh.

## **BURPEE & MILLS MUNICIPALITY** BURSARY (\$250 each)

To two deserving Burpee and Mills students continuing post-secondary education. Presented by Reeve Ken Noland to J.D. Herlehy and Emily Savage.

John Collins to Jordan Cress.

### **COMMUNITY LIVING MANITOULIN BURSARY (\$250)**

To assist a graduate continuing post-secondary education. Presented by Ms. Yana Bauer to Brianna McCauley.

# COMPASS GROUP CANADA -CHARTWELLS FOOD BURSARY (\$250 each)

To assist two graduates who are continuing post-secondary education. Presented by Ms. Shan Keatley to Elena Hovingh and Tait Wallace.

## THE GRAMPA GEORGE CORBIERE **MEMORIAL BURSARY (\$200)**

Donated by Liz, Missy, Colleen, Corey and Grandsons, to a deserving student who merited a little extra encouragement over his/her high school education. Presented by Ms Corrina Corbiere & Mrs. Colleen Debassige to Kyle Debassige.

# D & H ELECTRICAL TRADES BURSARY (\$250 each)

New for 2019. Presented to two graduates continuing post-secondary education in a technical related field. Presented by Mr. Dave Hall to Connor Bellmore and Jacob Clark.



Eric Varey, right, accepts the RONA Builders of a Better Tomorrow Bursary from Steve Robinson.

## **O. G. DAVIES MEMORIAL BURSARY** (\$300)

Awarded in memory of former M.S.S. principal Gwynn Davies by his family, to a deserving graduate continuing post-secondary education. Presented by Mr. Paul Becks to Beth Wiwchar.

#### DAVIES MEMORIAL 0. G. **CO-OPERATIVE EDUCATION BURSARY (\$150)**

Awarded to an outstanding Co-operative Education student who is continuing postsecondary education. Presented by Mr. Paul Becks to Mikayla Noble.

# ANNE DEBASSIGE MEMORIAL **BURSARY (\$300)**

Donated by the family to a deserving student continuing post-education. Presented by Miss Nova Debassige to Destiny Debassige.

# **DOMTAR INC. BURSARY (\$500)**

Awarded to a graduate entering their first year of post-secondary education at a community college. Presented by Mr. Zac Meeker to Zack Kategiannis.

# **DOUGLAS ALLEN BURSARY (\$500)**

To a student continuing post-secondary education and for excellence in English. Presented by Ms. Yana Bauer to April Torkopoulos.



Nova Debassige, left, presents the Anne Memorial Bursary Debassige to Destiny Debassige.

### **OSWALDINE** ARGMANN **MEMORIAL BURSARY (\$200)**

Donated by the Argmann family to a

Southeast Manitoulin Lions Club president Lisa Hallaert, left, presents the Lions Club of Southeast Manitoulin Bursary to Sophie Bondi.

# BIG LAKE WOMEN'S INSTITUTE **BURSARY (\$100)**

To assist a deserving graduate continuing post-secondary education. Presented by Mrs. Lorene Martell to Hadeel Alhadi.

#### BILLINGS **MUNICIPALITY BURSARY (\$200)**

To assist two deserving Billings students continuing post-secondary education. Presented by Mayor Ian Anderson to Jackson Carr and Miranda MacKay.

#### REINER **BLOK-ANDERSON** MEMORIAL BURSARY (\$100)

Donated by Stan and Beth Ferguson to a deserving graduate continuing post-secondary education in a business related field. Presented by Ms. Erin Ferguson to Sarah Hovingh.

KAYLA MARIE **BOURQUE MEMORIAL BURSARY (\$300)** 

#### CAMPBELL HORTICULTURAL SOCIETY BURSARY (\$100)

Presented to a graduate continuing postsecondary education. Presented by Mrs. Alison Orford to Jade Cress.

#### MANITOULIN CENTRAL **MUNICIPAL BURSARY (\$250 each)**

To assist three Central Manitoulin students continuing post-secondary education. Presented by Deputy Mayor Dale Scott to Sean Orford, Ward 1, Matthew Redmond, Ward 2, and Hadeel Alhadi, Ward 3.

# CENTRAL MANITOULIN PUBLIC SCHOOL BURSARY (\$100 each)

Awarded to a male and female graduate of Central Manitoulin Public School and Manitoulin Secondary School, and is continuing post-secondary education. Presented by CMPS Principal. David Wiwchar to Quinn Coker and Maddy Niven.

# **CORAL & JOHN COLLINS BURSARY** (\$200)

Presented to a graduate continuing postsecondary education. Presented by Mr.



Neil Debassige, left, gives the Fuel the Fire Bursary to Maddy Niven.

# **DOMTAR INC. SCHOLARSHIP (\$500)**

Awarded to a graduate entering their first year of post-secondary education at a university and for academic achievement. Presented by Mr. Zac Meeker to Kaitlyn Keatley.

# FAMILY STUDIES BURSARY (\$100)

For a graduate who is continuing postsecondary education. Presented by Mrs. Dawn McCann to Alexis Lewis.

... continued on page 16

Stolen firearm recovered

Members of the UCCM Anishnaabe Police Service acted swiftly to a report of a stolen firearm on M'Chigeeng First Nation. In the early hours of December 24, UCCM Police received a report of two male subjects who entered a residence without permission. A .303 rifle was removed from the residence by

# Northeast Town Council Notes

# December 17 Green Bush Road tender awarded

On December 12, four tenders were opened for the 2020 work to Green Bush Road. The following companies submitted tenders: Denis Grattan Construction, \$738,387.20; Lacroix Construction, \$1,090,757.71; JI Enterprises, \$627,933.32; Belanger Construction, \$1,044,600.25.

CAO Dave Williamson explained that the scope of work was to include ditching, brushing, widening, hard surfacing (chip and tar) and the replacement of about 25 culverts along three kilometres of Green Bush Road. He also noted that the municipality received \$434,000 from the province for the work, which was budgeted at \$480,000 (with the municipality kicking in the remaining 10 percent).

"All tenders came in above," Mr. Williamson noted. The CAO said he contacted C2S Engineering and had them evaluate the tenders due to the wide range of figures.

"It can just be a matter of who's hungry and who's not," he said.

Mr. Williamson recommended that council approve the lowest tender for JI Enterprises, explaining that they have worked with the municipality before and calling them "great to work with," but added that "we're short a lot of money on it."

The engineers suggested to Mr. Williamson that the municipality hold off on the hard surfacing this year and hopefully finish the project the following year by adding it to the regular yearly tender for hard surfacing.

"The reality is that they would hire the same company that we would for hard surfacing and then mark it up," he said.

Councillor Bill Koehler said he didn't like the idea of cancelling the hard surfacing, suggesting they cancel other hard surfacing jobs that have been scheduled for next year and use the funds for the Green Bush Road project. "It would be nice to get it done."

Council passed a resolution to accept the JI Enterprises tender with an amendment to remove the amount for hard surfacing.

# December 19 Fire Chief's report

Northeast Town Fire Department Fire Chief Duane Deschamps reported to council that his department had responded to eight calls for service between November 22 and December 19 including fire alarm calls, giving assistance to emergency medical services, a microwave fire, a chimney fire and a multi-vehicle accident on Highway 6.

# **Community Services report**

Reid Taylor, manager of community services, gave a report on the goings on of the rec centre, parks, marina and museum.

He noted to council that the ice schedule is busy with both user groups and private rentals and that the upstairs rooms at the rec centre are being used regularly. The curling club ice is in and the tender for the ice plant upgrade is awaiting bids.

December was a busy month at the arena with minor hockey, MSS hockey, Manitoulin Panthers, Skate Canada Manitoulin, karate, ballet, yoga and Zumba classes, craft and cooking workshops, and indoor walking programs.

Mr. Taylor also noted that the Santa Claus parade was well attended with approximately 20 floats and 200 people in the downtown core. Over 70 children visited Santa, over and above the hundreds of children who received treats along the parade route.

At the Centennial Museum of Sheguiandah, the Festival of Trees was well attended with 26 vendors and approximately 150 visitors.



the subjects and the UCCM Police were notified of the incident.

An arrest warrant was issued for a 20-year-old of M'Chigeeng First Nation. Members of the UCCM located the accused at another residence on M'Chigeeng and he was taken into custody and the firearm recovered.

The accused has been charged with numerous weapons offenses and was held in custody awaiting a bail hearing.

# **OPP** urges snowmobilers to stay clear of waterways

With mild temperatures forecast for many parts of the province into the new year, the Ontario Provincial Police (OPP) and Ontario Federation of Snowmobile Clubs (OFSC) are warning snowmobilers to stay off closed OFSC trails. The OPP is also urging riders to stay off frozen waterways as they too remain unsafe.

The OPP responded to its first snowmobile fatality of the season last month after a man lost control of his snowmobile. The tragic death is the latest reminder that snowmobiling comes with an unpredictable environment and unique set of risks.

Excessive speed, driving too fast for the conditions losing control and alcohol are among the top contributing factors in OPP-investigated snowmobile fatalities every season.

Snowmobilers are reminded to regularly check the OFSC Interactive Trail Guide for real-time trail availability information over the holidays and throughout the season. OFSC prescribed trails are subject to laws governed under the Ontario Motorized Snow Vehicles Act and enforced by police throughout the province.

The OPP remains committed to saving lives on Ontario highways, waterways and trails.

The OFSC wants to remind snowmobilers to Go Safe

when they Go Snowmobiling Ontario!

# Manitoulin OPP recovers large quantity of stolen property

On December 16, members of the Manitoulin (Espanola) Detachment of the OPP, the Community Street Crime Unit (CSCU), assisted by the Tactical Response Unit (TRU), the Emergency Response Team (ERT) and the Crime Unit, executed a search warrant at an address in the Sables-Spanish Rivers Township.

A large quantity of stolen property was recovered, valued at approximately \$100,000 including controlled drugs and substances valued at approximately \$19,000; vehicles valued at approximately \$35,000; firearms valued at approximately \$730; machinery and tools valued at approximately \$13,500; and miscellaneous items recovered were valued at approximately \$31,500.

As a result of the investigation, the following individuals have been arrested and charged: Richard Miller, 62 years old, of Massey; Desiree Ense, 21 years old, of M'Chigeeng First Nation; and Richard Miller, 38 years old, of Massey.

The Manitoulin OPP is requesting anyone who has had property stolen which has not yet been recovered to come forward in an attempt to identify some property. Contact the Manitoulin OPP (1-888-310-1122).

# Manitoulin OPP charges youth with robbery

On December 21 at approximately 2:54 am, members of the Manitoulin Detachment of the OPP received a report of a robbery on Meredith Street in Little Current.

The accused confronted the victim at knife point and stole a cellular phone. Officers attended and located the accused.

As a result of the investigation, a 17-year-old youth, who cannot be identified under the provisions of the Youth Criminal Justice Act (YCJA), has been arrested and charged with robbery with a weapon, contrary to section 344(1)(b) of the Criminal Code.

The accused is scheduled to appear before the Ontario Court of Justice in Gore Bay on January 22.

# NEED NEW PASSPORT OR OTHER PHOTO I.D.? FAST AND EASY SERVICE!



EXPOSITOR OFFICE IN LITTLE CURRENT Passports • Visas • Firearms Cards • Age of Majority • Status Cards • Etc. Monday Through Friday 9:00am - 4:30pm NO APPOINTMENT NECESSARY

The Expositor Office is located at 1 Manitowaning Road in downtown Little Current. phone (705) 368-2744 • email: expositorsub@manitoulin.ca



# **Public Works report**

Winter maintenance is well underway with daily monitoring and documentation, said manager of public works Gary May. He explained to council that snow is being removed downtown when required and roads patching done as weather permits.

Mr. May reported that operations are going well at the landfill and that regular maintenance and repairs are being performed as required.

Mr. Williamson told council that the municipality got its Freightliner back from repair to the tune of \$9,000. The Northeast Town's 2009 snowplow has since gone in for repairs.

# **Building Control Report**

2019 was a busy year for building in the Northeast Town, thanks mostly in part to the new Ontario Provincial Police detachment currently under construction. The total value of construction as of December 16 was \$1,605,030 with a total building permit revenue of \$228,103.

The Northeast Town has issued seven permits for residential, new; 23 permits for accessory buildings, new; 17 permits for residential, additions and renovations; five permits for seasonal dwellings, new; 12 permits for seasonal dwellings, additions and renovations; two permits for commercial/industrial, new; four permits for commercial/industrial, additions and renovations; one permit for institutional, new; 10 permits for demolition/moving; and 12 permit renewals.

# Digital Passport Photos also available.

# Wednesday, January 8, 2020

# THE MANITOULIN EXPOSITOR—PAGE 7



# Auld Lang Syne sentiments and 2020 wishes!

It is always important to acknowledge our athletes of the past year and offer up some positive vibes as the new year progresses. Unfortunately with annual retrospectives, there will be deserving athletes who will be filtered out thanks to my suspect memory. I implore you, I know I will miss important achievements, but I only have so much space at this time. Please send me an email to fill this part in for future columns.

One great story of the past year was that of West End's **Mackenzie Turner** who was honoured to be the flag bearer for the Canada Winter Games last February. The young biathlete represented Team Ontario at Red Deer, Alberta despite being sidelined with a serious injury for eleven months. In 2020, Mackenzie is heading to Switzerland at the end of the month to compete for Team Canada. Read all about it on Page 1 of this newspaper.

**Gregory Trudeau-Paquet**, who has been a prospect nearly before he could skate, has risen in the hockey world and now is part of his division-leading Powassan Voodoos. To add to that, he currently sits at second in NOJHL scoring with 60 points in only 34 games!

The Current to Killarney canoe race was a new, successful addition to the provincially sanctioned OMCKRA race circuit. On a course that could be dicey for some boats, organizers had prepared so many safety boats that nobody was in danger on such a windy day.

Now moving into the 2020 edition, organizers have released that this year's Current to Killarney Canoefest will include more boats, more boat categories, more teams and way more fun. Save the date, Saturday, July 4. This is a really wonderful event for any level of boating skill. More updates including when you can register will be coming soon!

More with the year to come, I would like everyone to be encouraged to get out and be just that little bit more active in 2020 for their own health. Here is to our communally improved fitness.

# Special Olympics athletes prepped for success

Five Special Olympics snowshoe athletes from Manitoulin were selected to be part of Team Ontario going to the Special Olympics National Winter Games in Thunder Bay on February 25-29. With nearly 2,700 people to be in attendance it will be an amazing event. **Dayne Tipper, Bruce Vanhorn, Norman Daoust, Mark Dokum** and **Matt Bedard**. Their events are the same as those they competed in at the Provincials last year.

One of the great coaches of the team is **Judy Olacke** and reports that the five have been training hard both at MSS and using the Maple Ridge Trails at Community Living (the old Hope Farm). If you want more specifics she invites you to visit the website at specialolympics.com.



### Newly minted tournament a success!

M'Chigeeng's annual Boxing Day Family Tournament has now been renamed the **Levi Debassige** Memorial tournament to honour the much loved, recently deceased elder. This year, the two days of post turkey hockey ended with **Troy Abotossaway**'s team, sporting the AOK Chiefs colours, winning 1-0 in an overtime thriller.

Congratulations to the champions, featuring: Craig Abotossaway, Troy Abotossaway, Jess Aguonie, Duke Barnaby, Liam Bridgeman, Lukas Abotossaway, Savanah Corbiere, Steven Green, Boston Abotossaway, Jack Bridgeman, Zack Rolston and Brian Corbiere.



From left, Grade 6 student Rylan Pennie, Mary Sutherland, Grade 3 student Violet Bell, Grade 10 student Natalia Bell, Steve Bondi and Grade 7 student Gage Hughson are hard at work on their Friday morning, diligently placing brook trout eggs into each compartment of the Scotty boxes.

# Brook trout eyed egg event creates considerable community contributions

# by Warren Schlote

MANITOWANING—Six o'clock came before the light of dawn on Friday, December 13, along with the news that Manitoulin Streams Improvement Association had been dreading to hear—school buses had been cancelled on Manitoulin Island.

The massive snow storm from the previous day had continued into the night and left many Island roads in rough condition. In a rural district such as Manitoulin, cancelled buses are the equivalent of a full snow day because of the high numbers of busdependent students.

It was unfortunate timing. At 10 that morning, school groups were scheduled to arrive at the Assiginack Arena in Manitowaning to help out Manitoulin Island's waterway and wetland conservation group with its annual eyed egg event.

At that rate, it might have just been the hardy volunteers of Manitoulin Streams who would have had to take on the massive task of stocking as many as 10,000 brook trout eggs in specially designed Scotty boxes, and then place them in the flowing waters of Norton's Creek to grow.

The scramble to save the event was on. Lastminute messages were posted on the social media accounts of Assiginack Public School and the Township of Assiginack, while the organizers got ready for what might have been a long, tedious day.

By what might otherwise be described as a Christ-

... continued on page 15



Levi Debassige

Smashing guy helps team towards provincials!

**Greg Doane** and his Canadore College men's volleyball team is 7-2 in the first half, tied for second in the east with Georgian College. It is looking good for the Ontario cross-over game because they earned the right to be matched up with a weaker team. If they win that game, they are on their way to the to the Provincials. Good luck, Greg!

5th Annual Wiikwemkoong Hockey Tournament

**Gerard Baibomcowai** is still looking for men's and women's teams for his upcoming tournament. Gerry is all over Facebook but you can also search out 5th Annual Wikwemikong Hockey Tournament on the ol' FB.

# A good sport is good for sports chipstoquips@gmail.com



Tuesday Trivia at 8 pm TUESDAY & WEDNESDAY - Half Price Wings! FRIDAY: Karaoke 10 pm - 1 am

SATURDAY:

DJ Caitlin 10 pm - 1 am

# Happy New Year!



Dining • Bar • Catering • Rooms

Downtown Little Current • 705-368-2023

# **Restaurant Hours:**

OPEN DAILY from 9 am - 8 pm

# Bar Hours:

Sunday - CLOSED Monday - Thursday 4 pm - 10 pm Friday & Saturday 4 pm - 1 am

Follow us on Facebook and Instagram!

# ...Mackenzie Turner joins Team Canada biathlon squad

### ...continued from page 1

"It's my first time representing Team Canada. I'm pretty excited," said Ms. Turner.

She said this year has been going particularly well. Training has been satisfying and Ms. Turner has been feeling good throughout the summer months.

Right now, I'm just focusing on keeping myself healthy and trying not to psych myself out for being on the world stage like that. I've got to keep cool and focus on what I know I can do," said Ms. Turner.

She was first introduced into biathlon at the Vancouver

2010 Olympic Winter Games, tried it out the following year and began on a competitive level around 2014.

Although this competition does not define Ms. Turner's place in any standings, she said she was looking forward to the opportunity to expand her competition and see what other challenges may lie ahead.

"I'm going to see how Europe goes, and go from there," said Ms. Turner. "Then I'll come back to Canmore, will train for a month, then head to nationals. The Canadian championships are in Valcartier, Quebec in mid-March."

The 21-year-old is at the top range of the 19-21 junior divi-

sion, and fellow Canadians in the youth division (ages 17 and 18) will be also competing at the event.

The competition in Europe is expected to be fierce, so Ms. Turner said she was not planning on entering the matches with any preconceptions about her results.

'I'm just going to go over and see how Europe is, how that racing is like and perform my best," she said.

Ms. Turner expressed her gratitude to the many people back home who have supported her over the years as she climbs the ranks in biathlon.

"I cannot thank people enough for that," she said.

# ...Curler Lauren Ragala carries Canadian flag at Youth Olympics

# ...continued from page 1

da," said Ms. Lewis philosophically.

"I am a little disappointed that they can't be there, but I am just happy that he is well and on his way to being better," Lauren told The Expositor on Monday.

Although she had known for a while that she had been selected as the flag bearer, Lauren had to keep the news under wraps until it was officially announced. "The hardest part was keeping it from my teammates," she admitted.

"I sent them all a link as soon as I was able."

Lauren admits to being a little nervous about carrying in the national flag, but is taking it in stride. "I think being a little nervous is to be expected, right?" she laughs. There has been a bit of media attention since the announcement, but one of the nicest surprises was the small party thrown on her behalf by her school and classmates at Lasalle Secondary School. "It was a nice send-off," she said.

Lauren will be joined at the event by a Canadian delega-

tion consisting of 77 athletes and 24 coaches where they will be joined by some 1,900 athletes between the ages of 15 and 18 from over 70 countries.

She flies from Sudbury to Toronto and then on to Montreal for the flight to Switzerland, arriving at 10 am on Wednesday. It is Lauren's first overseas event and she will have a day to acclimatize and shake off any jet lag before the opening ceremonies on Thursday and then on to the sheets Friday.

driven by the communities

wants to show the strengths

and paths towards healing

and aging well, rather than

just always focusing on the

problem. While it might be

accurate to show that there

are problems, we need to

ask whether that's the story

the community needs to tell

to be able to take the next

steps toward healing," said

With the CICA tool vali-

dated and ready for use

with Anishinabek, demen-

tia care had already begun

to transform in Canadian

First Nation populations.

The next edition of The

Expositor will discuss the

researchers' hopes on the

impacts of this revolution-

Dr. Walker.

ary tool.

data.

It also expands beyond

initial data collection to

include the overall direction that research in Indige-

nous communities takes,

both in the development

and use of any research

reality for communities

and is used, we've got to

make sure the data generat-

ed by its use is ... not being

used to tell stories that the

communities are not telling about themselves," said Dr.

Much popular discussion

of Indigenous peoples tends

to focus disproportionally

on problems or issues with-

in their populations, rather

research that's actually

"Most community-based

than the progress made.

"As the CICA becomes a

breakthroughs.

Walker.

# ...Part III of a series on Indigenous dementia care: Screening tool gets validated

...continued from page 1 the same organization funded the first round of developing the CICA, led by Dr. Jacklin.

"One of the things that's been really incredible is watching how communitydriven this process has been, but at the same time very connected internationally to other groups in other communities," said Dr. is Hau-Walker, who denosaunee from Six Nations of the Grand River.

The CICA is an adaptation of an Australian-made, Indigenous-specific cognitive testing tool, and now countries around the world such as New Zealand and Nepal are working on similar tools.

This work has been really inspiring to me because I'm floating between all of those layers of the project, and I think it's been a really beautiful, effective relationship," said Dr. Walker.

Island health providers were also key partners in the research.

## **Reliability testing**

To determine the tool's effectiveness, researchers first undertook a reliability phase which involved a loved one being tested twice in the same day, but by two different assessors. Those results showed very similar scores between the different testers, meaning the tool could reliably be used to test cognitive function.

A second aspect of reliability testing was checking



The Canadian Indigenous Cognitive Assessment validation team on Manitoulin Island included, back row from left, Loise Jones, Dr. Christopher Patterson, Rosanna Pietrangeli and Dr. Cheryl Allaby; front row from left, Melissa Blind, Karen Pitawanakwat, Dr. Kristen Jacklin and Sharlene Webkamigad.

cians who might question it. That's what's so important about sensitivity and specificity reliability testing—it gives clinicians the confidence to use the test the communities want them to use," said Dr. Walker.

# Validating the CICA

The key piece of the validation was comparing the results of the CICA to the outcome of a geriatric assessment.

A full geriatric assessment, a "gold standard" test to determine an older person's mental abilities overseen by a medical professional, was the baseline required to determine whether the CICA was effective at flagging cognitive decline in aging Anishinabek. The geriatric assessments were led by Dr. Chris Patterson of McMaster University, who has been visiting Manitoulin for 20 years and working with Island First Nations. Validation took place in the spring of 2018 in Wiikwemkoong, Sheguiandah, Aundeck Omni Kaning and M'Chigeeng First Nations. Some 56 individuals used both the CICA and a geriatric assessment to check the correlation between those test result. One-third of the loved ones undergoing testing had existing diagnoses of dementia and another third

may have complained of having mental problems.

"Our advisory council and home care staff were very instrumental in letting us know who to talk to, and prioritizing the people in the community who we felt would benefit from having a geriatric assessment-it was a real give and take,"

said Ms. Pitawanakwat. Ultimately, the tool was shown to align well with the geriatric assessment and score well on its reliability testing within Anishinabek populations. This is especially significant because the CICA, which is only a 10-minutelong test, is much easier on loved ones than if they were to undergo a full geriatric assessment. "If people are reluctant to go to a physician as the first step in their dementia journey, they can rely on other supports, other trusted individuals in the community to go through this very first step with them. Once they have their result, then they can have the conversation about getting more medical care as soon as possible," Dr. Jacklin told The Expositor. Future iterations of the tool are planned to expand to other First Nations and Indigenous peoples in Canada.

An important tenet of the validation process was Indigenous data sovereignty, the understanding that when data about Indigenous peoples is collected or held, those Indigenous peoples should have the right to own and control the data and tell the stories of those





whether the questions were culturally sensitive and specific enough to be relevant for people undertaking questions. By ensuring the questions were both appropriately worded and effective, the teams could prove the tool was a good fit to enter medical practice.

"We needed to show it could be trusted by clini-

# ...total loss

...continued from page 1 arrival for this fire is credited to the fact that the firefighters had just returned from another call when they received the callout for this fire. "We had just got back so all we had to do was to get our jackets back on," said Mr. Addison. "It was pretty quick."

Sadly, Mr. Montgomery's cat is believed to have perished in the fire.

**Indigenous data** sovereignty

# JUNIOR 'A' HOCKEY CLUB



UP NEXT SUNDAY, JANUARY 12 1:30 PM **ESPANOLA EXPRESS VS LUMBERJACKS** LOCATION: ESPANOLA RECREATION COMPLEX

# \$10 PER ADULT **\$8 SENIORS & STUDENTS**

# WWW.ESPANOLAEXPRESS.COM • **f**/espanolaexpress • **v**@espanolaexpress

# ...Lucy Sagle is Legionnaire of the Year

... continued from page 3 beginning to set roots. Your endeavours are very much appreciated, Lucy!

Comrade Menard also presented two special awards during the evening ceremony.

Comrade Marcel Gauthier was awarded a Branch

Comrade Tom Stephens, a Legion Life Member, was also awarded a Branch Service Medal.

Mr. Stephens joined the Legion in 1975 as an Associate Member and over the years has worked as a bartender, sat on the executive committee, helped with

Lemaire for her work on painstakingly repainting the Legion logo on the front door; and Brian Morrison, the Legion's main 'fixer upper,' for revamping the Legion storage room and redoing the bar with the help of Spike Eadie and Mr. Stephens.

pins for years of service. "It is truly an honour to pay tribute to those who give so much time and efforts in supporting the Legion branch," Ms. Menard said. "This occasion is a true demonstration of how vital our comrades, volunteers, the



Joyce Clarke receives a Certificate of Merit from Comrade Paul Abbott.

# photos by Alicia McCutcheon

Service Medal recognizing significant volunteer and service work.

"Comrade Marcel has 22 years of Legion service, joining the branch in 1997," Ms. Menard said. "He retired as a school teacher in the year 2000. In 2001 he started the public speaking contests whereupon he went to the various schools, encouraging the students to participate in the contests."

Ms. Menard went on to note Mr. Gauthier's work with the Legion Remembrance Day poster contests and his work as youth and education chair "for all these years.'

"Your commitment and dedication is greatly appre-Marcel!" ciated, Ms. Menard concluded.

renovations and fish frys, steak dinners and barbecues, cooks wings on wing nights and is currently the Legion's go-to fix-it man.

"Tom has shown complete dedication to Branch 177 for 44 years," Ms. Menard continued. "His input with Legion endeavours for the betterment of the branch are truly very apparent and appreciated by the members of the branch."

Ms. Menard also handed out Certificates of Appreciation to Country 103 and Craig and Kelly Timmermans for announcing Legion events and functions; Gerald Hensen for the donation of a bar foot rail; Lois Keller for her willingness to help out at any Legion endeavour; Melissa



Comrade Lewis Jewell presents Comrade Tom Stephens, right, with

Comrade Sue Morin shows off the mug presented to her and many others courtesy of President Ruth Eadie.

Certificates of Merit were also presented to Ted Bemister, Kari Bourque, UCCM Castle Building Supply and Joyce Clarke.

The evening concluded with the handing out of

media and community area businesses are to the Legion. Your dedication and continued support benefits our veterans, their families, our youth and the community itself."

# ...Christmas bird count numbers lowest since 1985

...continued from page 3 While most feeder watchers reported very few birds, four found 12 or more species. Rose and John Diebolt with 12 species and six tree sparrows win the 2019 reward for the most

successful feeder.

The Mindemoya Christmas Bird Count is a project of the National Audubon Society and the Manitoulin Nature Club.

Here is the full list of birds counted: three Cana-

...Cannabis retail outlet cap

# ... continued from page 3

of 10 cannabis stores. That increases to 30 stores in September and 75 by September 2021.

Retailers are required to comply with the Cannabis Licence Act and regulations, as well as the AGCO's Registrar's Standards for Cannabis Retail Stores. Prospective

da geese, 19 black ducks, 78 mallards, 14 long-tailed ducks, one bufflehead, 20 common goldeneye, 39 common mergansers, 13 ringnecked pheasants, 15 ruffed grouse, one red-necked grebe, 26 rock pigeons, 170 mourning doves, 68 herring gulls, one great black-backed gull, nine bald eagles, one red-tailed hawk, three rough-legged hawks, three snowy owls, one belted kingfisher, 24 red-bellied woodpeckers, 33 downy hairy woodpeckers, 27

147 American crows, 95 common ravens, 360 blackcapped chickadees, 38 redbreasted nuthatches, 30 white-breasted nuthatches, golden-crowned four kinglets, one American robin, one gray catbird, 138 European starlings, 17 purple finches, three common redpolls, 90 American goldfinches, 114 snow buntings, 46 American tree sparrows, one whitecrowned sparrows, 29 darkeyed juncos, one common grackle, eight northern car-





15 Water Street, Unit 3, Little Current ON Confidential voicemail: 705-368-0410 Please call for an appointment.



www.SPOTfakenews.ca

# Allan Chislett MSW / RSW Finding Providence Mental Health Therapy, Counselling & Consulting

**EMDR Certified Therapist** Eye Movement Desensitization and Reprocessing

Specializing in Trauma and PTSD Recovery from developmental trauma, anxiety, grief, depression

Trained in Clinical Hypnosis and Cognitive Behavioural Therapy (CBT). Includes coverage for Extended Health Care, Veteran's Affairs and Insurance Companies.

> No referral required 37 Rainbow Trail, Mindemoya

retailers must post a public notice at their proposed retail location; the AGCO will accept comments from the local community for 15 days.

woodpeckers, 18 pileated dinals, two house sparrows woodpeckers, three north- for a total of 2,171 birds of ern shrikes, 457 blue jays, 43 species.

(705) 377 4196 Findingprovidence4u@gmail.com

THE WEA COR	THER NER <sup>Brou</sup>						
WED	THURS	FRI	SAT	SUN	MON	TUES	<b>BLOW OUT EVENT</b>
بې	***	•	C).	0	ධ	***	ON ALL 2019 VEHICLES
<b>-10°</b> Night -15° POP 10% 25 km/h NW	<b>-2°</b> Night -2° POP 70% 31 km/h SE	<b>3°</b> Night -4° POP 70% 28 km/h W	<b>-4°</b> Night -14° POP 30% 22 km/h N	<b>-10°</b> Night -11° POP 20% 22 km/h NE	<b>-2°</b> Night -2° POP 30% 17 km/h SE	<b>-1°</b> Night -6° POP 70% 27 km/h E	TO VIEW OUR FEATURE VEHICLES VISIT WWW.MCQUARRIEMOTORPRODUCTS.CA ESPANOLA • LITTLE CURRENT • GORE BAY 800-899-2994 • 705-368-2500 • 866-389-4954
- (Rain) - (Snow)	2-4 mm (Rain) 2-4 cm (Snow)	~1 mm (Rain) - (Snow)	- (Rain) - (Snow)	- (Rain) - (Snow)	- (Rain) ~1 cm (Snow)	- (Rain) ~5 cm (Snow)	🛞 🚥 Certified Service

# ...'Big Wild Year'

...Duo endures busy, tempting December, finds old foods don't live up to hype "We are waiting for some

...continued from page 1

foods that occurred naturally in their surrounding environments. They subsisted on foraging, hunting and fishing, bartering with friends for goods and, on occasion, purchased wild foods.

Mr. St. Onge is an environmental studies professor at Canadore College and Ms. Colyer is a nurse with roots in Wiikwemkoong.

December was a busy month for the two. Between holiday plans, several news media interviews and the anticipation of the end drawing nearer (complete with daily countdown posts on the challenge's Facebook page), there was little time to rest.

The anticipation was palpable with the daily countdown posts on the challenge's Facebook page featuring funny memes about the end drawing nearer. But despite the excitement, the month did come with ups and downs.

"I wasn't feeling super hot in December, to be honest. I think I was missing some nutrients and I wanted it to be over," said Ms. Colver.

In terms of their food collection, December was mainly a 'coasting month.' Mr. St. Onge managed to snare upwards of 16 hares but these were not necessary to see the year through completion. With the slow start to this year's snow, finding their trails proved problematic-quite the opposite problem with last year's snares being covered by the persistent snowfall.

Ms. Colver isn't big on the taste of the hares and Mr. St. Onge admitted that they can be very dry, but he said he was happy that he could now prepare them with more spices and a creamy sauce or proper gravy.

The two took part in interviews on RadioCanada, CBC, the North Bay Nugget and BayToday, offering a reminder of the start of the challenge when they were also facing plenty of media attention.

Christmas was a mental challenge, being surrounded by so many delicious foods that were off-limits



Shortly after the end of their challenge. Delphanie Colver and Jeremy St. Onge went out on Lake Nipissing for perch fishing through the ice on a bright but crisp January day. Although their challenge is over, wild foods will continue to make up a significant portion of their diets.

laughs at the event.

New Year's Eve came with much anticipation, but not before one final surprise to the challenge-only one of the two gut microbiome testing kits arrived despite being ordered at the same time. Mr. St. Onge ended up taking the first test and Ms. Colyer will complete the test when it arrives.

As the clock counted down to midnight, the two prepared their promised food. For Ms. Colyer, a poached egg; for Mr. St. Onge, a bag of chips.

"That egg was divine," said Ms. Colyer. "Biting into it, watching the yolk run out and seeing the black pepper cracked on top, oh my God it was so good!"

Mr. St. Onge's experience was not quite as religious. He said his chips were fine, but they did not feel quite as special when compared to the other foods they had been eating. He had a similar reaction to butter tarts, but a coconut cream pie was excellent.

Ms. Colyer tried chips and chocolate but had difficulty eating them; they were okay but not anywhere near their expectations

All of these reactions played out in real time over a livestream the two hosted to ring in the new year.

"The next morning, I looked at Jer and said, 'now what?' We've posted a little bit of information about what we've done and how we're feeling. People are still pretty interested," said Ms. Colyer.

challenge The has become such a key part of their lives that Ms. Colyer has caught herself in old habits, such as going to wash her fingers after cutting into a birthday cake rather than simply licking them off, even though the challenge is now complete.

At the end of 12 months both said they're feeling satisfied with their health.

"Looking back a full year on where I was before, I feel quite a bit healthier," said Mr. St. Onge.

'On the year as a whole, it's nice being lighter and definitely eating better. I had fewer headaches last year," added Ms. Colyer. "When I stop and think, it's almost like we have our younger selves' bodies."

Ms. Colyer and Mr. St. Onge took part in a final round of physical testing in the middle of December. of the results but our flexibility increased, aerobic capacity increased, we were stronger than in the summer and Jer was for sure stronger than last year," said Ms. Colyer, adding that she was unsure of whether or not she had gotten stronger but knew she had not weakened. The results of resting metabolic rate and fat percentage have yet to come in.

As a whole, both said without hesitation that thev would absolutely undertake this challenge once again.

"It would be better the second time around. We're already over so many hurdles," said Mr. St. Onge.

"We now know our favourite meals and which foods we'd want to target,' said Ms. Colyer. "Overall, it was very worthwhile."

The Expositor will be fol-

lowing up with Ms. Colyer and Mr. St. Onge in the near future to gather their reflections and thoughts on the conclusion of a successful but hard-fought challenge.

# **King James Bible Church**

King James Bible Church (KJBC) is a Christian, Sabbath keeping, non-denominational church, with no religious dogma except the King James Bible as the best available source of God's Word. We live as Born Again Christians hrough obedience to God's 26 Commandments (10 in the OT, 16 in the NT).

Sabbath Saturday Service 10-Noon, then Refreshments & Fellowship

King James Bible Church, Providence Bay, Manitoulin Is (705)-348-2229 manitoulin.blogspot.com kic.manitoulin@gmail.com

# **BAHA'I WRITINGS**

"O SON OF THE SUPREME! I Have Made Death A Messenger Of Joy To Thee. Wherefore Dost Thou Grieve? I Made The Light To Shed On Thee Its Splendor. Why Dost Thou Veil Thyself Therefrom?

To meet local Baha'is please email manitoulinbahais@gmail.com or call 705-210-0529 www.building-community.ca Facebook: Baha'is of Manitoulin

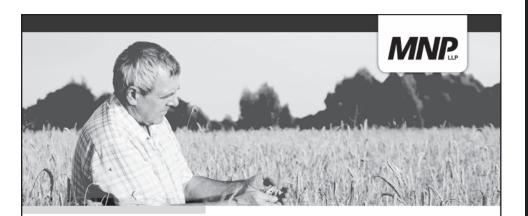
# **Manitoulin Centennial Manor TREE OF LIGHTS 2019** WRAP UP

# IN MEMORY

**Harold Case Buddy Case** Jeff Marshall **Aileen Smith Aubrey Smith** 

Dorothy, Joseph, Ronnie, Marie & George Naida Prescott **Oscar McGregor Florence & Walter Lenson** 

**IN CELEBRATION** Barb Cranston, Judith Mosher, Ruth McDonald **Don Prescott, Orma Ferguson** 



Christmas dinner took a wild

twist-roadkill turkey as the

main event, with wild-ingredient

cookies for an irresistable

for just one final week.

They opted for a roadkill

turkey for Christmas din-

ner (although Ms. Colyer

forgot her rice dish at

home), along with a fantas-

tic berry and nut cookie

al get-together on Christ-

mas Eve which had an over-

abundance of foods from

cheeses to cookies to meats.

It was nearly an unbearable

experience, save for a big

bowl of walnuts and hazel-

nuts. They soon had a small

pile of shells in front of

them which caused many

The two went to an annu-

dessert.

recipe.

# **Business Advice for All Seasons**

Whether you're an individual or operate a small business or farm, MNP has the expertise and insight to meet your business, accounting and tax needs all year round.

Visit a local MNP advisor at Unit 3-2134 Hwy 551 in Mindemoya or phone 705.377.5661

MNP.ca

Wherever business takes you. MNP

# STAR SUPPORTERS Slim & Jean Field

# **BRONZE LEVEL SPONSORS**

Little Current United Church Choir Brenda & Gord Fraser, Stan & Beth Ferguson

# SILVER LEVEL SPONSORS

Jackie Smith & Family, Mr. & Mrs. Marcel Turgeon Manitoulin Trout Farms Inc., Holy Trinity Anglican Church

# **GOLD LEVEL SPONSORS** Legion Branch 177 Poppy Fund

PLATINUM LEVEL SPONSORS Marion Case and Family, Alexander McGillivray

Due to the generous support of Manitoulin Centennial Manor's 2019 Tree of Lights the replacement of carpet with non-slip flooring will be completed throughout the home early in the new year. Thank you!



# Hydro energy storage facility in development

by Michael Erskine MEAFORD-A proposal to develop an energy storage facility on a military base near Meaford utilizing Lake Huron has raised the ire of some local residents who have formed an organization called Save Georgian Bay, complete with Facebook page and online petition against the concept which has yet to even make it to the drawing board.

The proposed \$3.3 billion pumped storage facility would use electricity currently being produced at Ontario power plants during periods of low demand that can't easily shut down to pump water from Lake Huron's Georgian Bay uphill into a land-based storage reservoir on the Niagara Peninsula. The water would then be released back into the lake and run through turbines to produce hydro-electric power during periods of high demand—essentially creating a massive waterpowered battery to store energy.

Proponents of the plan note that the facility would reduce reliance on fossil fuel generating plants and provide for a cost-effective means to store renewable energy, a key missing ingredient in the creation of a green energy power grid.

Opponents of the proposed facility allege the facility wold "change the lives of Georgian Bay residents and visitors and disrupt the natural beauty of Georgian Bay and the Niagara Escarpment forever (last word in all-caps).' Save Georgian Bay notes that the rate that water is pumped and released to and from Georgian Bay by the proposed facility would be "almost half the average flow over Niagara Falls."

Save Georgian Bay has castigated TransCanada Energy (TCE) for its lack of public consultation on the proposed facility, but the company, which has its first public information meeting planned for December 11, says the project is too early in its planning stages to be able to answer most of the auestions likely to be posed by the public.

"We are not there yet," said TCE Senior Communications Specialist Jennifer Link, noting that before the project could

even be rationally discussed a number of hurdles had to be passed, not the least of which was whether the project could even be based on the Canadian Forces base or whether the Department of National Defence (DND) would be interested in co-operating in the proposal. "Even to before the feasibility could be explored, DND had to examine whether they would be able to relocate their training to be able to co-locate with the facility."

Despite the delay inherent in those initial government studies, there is a certain urgency to the proposal.

"Pickering (nuclear power station) will be coming off-line in 2014, taking 3,000 megawatts of power with it," pointed out Ms. Link. "Although this is not a generation facility, it will store energy in periods of low demand.'

The plan sounds elegant and the ability to store green energy is attractive, but there will be impacts on the environment.

The project is barely a quarter through its feasibility phase and proponents are still investigating the regulatory phase.

The project will require local feedback, but there are a host of studies that must be completed before there are any answers, let whether alone those answers might be satisfactory to the opponents or allay any public concerns.

Save Georgian Bay has already held a number of public meetings on the project, decrying the lack of information or transparency of the project. TCE did offer to attend one of those recent meetings, but the organizers declined based on the short notice provided by the company and the lack of any ability to preview TCE slides that would be presented.

Concerns raised by the Save Georgian Bay group include that the project is based on a facility built in the 1960s in Ludington, Michigan of which they note: "After a 12-year court battle, the Ludington plant was required to construct a two-kilometre net and to pay millions in compensation to mitigate for the impacts it caused." The group maintains that facility still kills millions of fish each year. "In essence, the plant serves as a giant food processor, mashing fish drawn into the turbines to satisfy its insatiable thirst," reads the preamble to the group's petition.

The project, notes Save Georgian Bay, will require the construction of "a huge concrete intake/outfall and three breakwaters extending from and parallel to the shoreline. These structures will be amongst the largest man-made structures in Georgian Bay. They will rival the pier in Collingwood for size. Yet, unlike the pier, these structures will be for the sole pleasure of TCE and will offer no recreational benefits to residents or visitors of Georgian Bay. Instead, they will destroy a stretch of beautiful pristine shoreline, restrict the passage of fish, wildlife and even small boats, interrupt the natural movement of sediment along the shoreline, cloud our beautifully clear waters, and smother fish spawning and rearing habitats.

"The pipeline that conveys water to and from the man-made reservoir will extend approx. 1.7 kilometres inland, cutting a corridor up the Niagara Escarpment-one of the world's natural wonders that it has been recognized as a

ARE

**REPORTING THE SAME STORY?** 

www.**SPOT**fakenews.ca



"The electricity supplied to the plant will come from new high voltage transmission lines to be run through the beautiful residential properties and farmlands of Grey County and Essa Township. This extends the area impacted by the proposed plant far beyond the shoreline of Georgian Bay," they point out.

"All infrastructure has its challenges," admitted Ms. Link. "We are not really surprised there is opposition to the project, but it is early days and there has not been an opportunity to explain the benefits.'

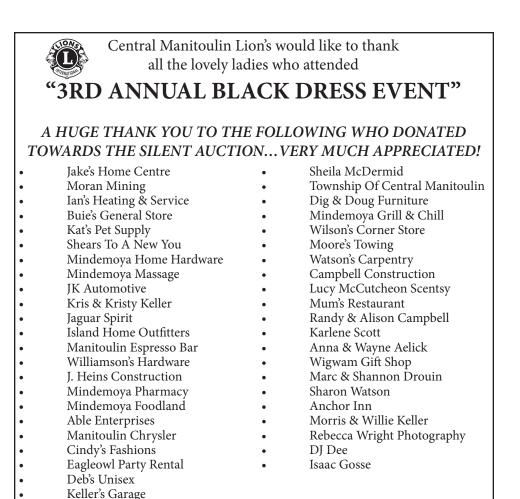
While the Ludington facility is a precursor to this project, there are a number of other such facilities around the globe, and the construction and operation of those facilities will help to inform the studies exploring the feasibility of the Meaford project.

... continued on page 12



The Rock & Rail Gift Shop Community Living Mindemoya Kat's Pet Supplies

Tuesday ESPANOLA: Espanola Community Living Espanola Hospital Espanola Mall - Thurs. and/or Fri.



THANKS TO KITCHEN SUPERVISOR MARIE FORD, ALL OUR STUDENT SERVERS AND TO ALL OUR VOLUNTEERS WHO HELPED IN ANYWAY THEY COULD. GREAT JOB!!!

> STAY TUNED FOR "4TH ANNUAL BLACK DRESS"

> > ~

~

~

1

**BOOK NOW!** 

35.96 35.96

# **GET A VEHICLE HEALTH CHECK** FROM THE EXPERTS YOU TRUST

### Includes: Full Synthetic Oil & Filter Change Tire Rotation Full Brake Inspection ACDelco **Cars** from 2 dexos Trucks from **95**<sup>21</sup> **95**<sup>21</sup> Plus Tax Plus Tax 19353385 MCOUARRIE MOTOR PRODUCTS GM WWW.MCQUARRIEMOTORPRODUCTS.CA ESPANOLA 800-899-2994 **CERTIFIED SERVICE** LITTLE CURRENT 705-368-2500

GORE BAY 866-389-4954

# Manitoulin's Cutest Critter: the milkweed tussock moth

# by Joe Shorthouse

MANITOULIN-As we drive or walk along snow covered roads or sidewalks bringing New Year cheer to friends and relatives, we seldom think of the many thousands of species of insects that also call Manitoulin Island home.

Yes, they are all present at this festive time of the year in one form or another. most resting in a coldinduced stupor under the blanket of snow. Some kinds of insects overwinter in the egg stage, others in larval, some in cocoons and a few such as the morning cloak butterfly rest in the adult stage under logs. But they are all in preparation for a spring appearance and ready to play their roles in Manitoulin ecosystems.

Moths that overwinter in either the caterpillar or pupal stage are among these fascinating insects as they built up antifreeze in their blood in the early fall to keep from freezing. One of these species of moth, milkweed tussock the moth, also known as the milkweed tiger moth, with the awkward scientific name Euchaetes egle, overwinters in the leaf litter of local milkweed patches.

I consider the full grown caterpillars of the milkweed tussock moth Manitoulin's cutest critter. We don't usually think of insects as being 'cute,' reserving this moniker for baby mammals such as squirrels or fawns.

However, this past summer I spent several hours watching caterpillars of milkweed tussock moths and many of the children at Batman's Campground near Sheguiandah would agree that the babies of this moth are just as cute as baby mammals.

Caterpillars of the milkweed tussock moth feed exclusively on the leaves of common milkweed, alongside their cousins the monarch butterfly. Both species have the uncanny ability to eat the leaves of highly poisonous plants without causing themselves harm.

Milkweed gets its name from the sticky white sap that exuded from stems and leaves when their surface is broken by hungry insects or curious humans. Milkweed sap contains

that causes it to smoke

much more when burning.

In addition, burning unsea-

soned wood increases the

amount of creosote that

builds up in your chimney,

which can become danger-

depending on the type of

tree from which the fuel

has been harvested, with a

general rule of thumb

being at least six months

before the start of the heat-

ing season-some hard-

woods such as oak should

be seasoned for at least a

The length of time wood should be seasoned varies

nasty chemicals called cardiac glycosides which are heart poisons that can kill humans and other animals foolish enough to eat them.

Birds vomit dramatically when they attempt to eat tussock or monarch caterpillars and soon learn to avoid them, a task made easier by the bright colours of the larvae.

Also intriguing is that the milkweed poison accumulates in the bodies of both caterpillars and as a

...continued on page 13



# NOTICE BOARD

**IS THE** 

**STORY** 

TIMELY?

www.SPOTfakenews.ca

14 Water Street East (Post Office Building) Town of NEMI PO. Box 608 Little Current, ON POP 1K0

# Meeting Cancellation

Please be advised that the Council meeting of January 21st is cancelled.

# REMINDER

When cleaning your driveway please DO NOT push snow across the road.

# DRAFT BUDGET PRESENTATION

Please join us on January 9 for the presentation of the 2020 draft budget at 7 pm in the Council Chambers.

# Now Hiring Summer Students

The Town is now accepting resumes for summer positions at the marina, downtown docks and museum.

> Please submit your resume to Pam Cress, Clerk Town of NEMI PO. Box 608 14 Water Street East Little Current, ON P0P 1K0 Email: pcress@townofnemi.on.ca

We thank all applicants who apply but advise that only those selected for an interview will be contacted.

# **SENIORS' CRAFT DAY**

Starting January 8th and every Wednesday this month @ 1pm. Come out to the Rec Centre to do some crafts with others. Learn how to make 3D snowflakes

# Fan fire spares New Years Eve Legion dance wood has a lot of moisture

by Michael Erskine

LITTLE CURRENT—Timing can be everything and a New Year's Eve fire in the bathroom of the Royal Canadian Legion Little Current Branch 177 just missed disrupting the dance and happened early enough that it was quickly extinguished.

"There was a bit of a situation at the Legion shortly after 1 am," said Northeast Town fire chief Duane Deschamps. "The folks at the Legion got the fire out and it was over by the time we got there. We helped a bit with the cleanup and making sure everything was secure."

The fire apparently started in a bathroom exhaust fan and appears to have been electrical in nature.

Mr. Deschamps also noted that the winter can be a busy time for the fire department responding to chimney fires and advised community residents to have their furnaces and wood stoves cleaned and inspected regularly.

"It must be done once a year," he said. "People should burning wood always stick to well seasoned fuel."

unseasoned Burning wood in a fireplace is never advisable, he notes, because unseasoned

# ...Hydro energy storage facility in development

... continued from page 11

As the project enters its regulatory phase, there will be studies on fish habitat, water resources, environmental protection studies and a "lot of engagement," Ms. Link said.

There are over 100 megawatts of such facilities worldwide, noted Ms. Link, 20 megawatts of which are currently in operation in North America. China has been investing in the technology to a heavy extent in recent years.

Some systems operate on a closed loop basis, with both ends of the pumped water contained in reservoirs. But those types of systems require a "significant increase in costs and a number of other trade-offs,' said Ms. Link.

The project is anticipated to create at least 400 jobs during its construction phase, but will likely employ only 15 when complete. "But these few jobs pale in comparison to the employment loss associated with tourism, recreation and residential growth that only exist because of the natu-

ral beauty of the lands and waters TCE intends to exploit," posits Save Georgian Bay.

year.

ous.

The Save Georgian Bay group notes that there are other energy storage technologies available that would have less impact on the landscape, using somewhat pejorative language to make their point: "Perhaps TCE executives should speak with Elon Musk (or any fifth grader).

Ms. Link agrees that is true there are other competing technologies, pointing to a giant battery facility currently being constructed in Alberta, but she also points out those facilities have their own tradeoffs both environmentally and in cost competitiveness.

It might be early days in the project, with little to go by but speculation and alarm, but the Save Georgian Bay group has been marshalling its forces to oppose the plan. An online petition has garnered 11,888 of a planned 15,000 signatories even before the project has fully reached the drawing board.

**Public Skating - FREE** Tuesday & Thursday – Adult Skate 12:00 – 1:00 Monday & Wednesday – After School 3:30 - 4:30 **Fridays** Public Skating sponsored by 3 Cows and a Cone - Pizza and Ice Cream to be won! Sundays – Family Skate Parents and Children under 5 9:00 - 10:00



Available at the Manitoulin Expositor office Contact Marilyn for more info: 705-507-4600

Thank you for your support!

Winter Walking Monday to Friday from 10am to 12pm at the NEMI Rec Center

Continue to watch our web site for upcoming events www.townofnemi.on.ca

# THE MANITOULIN EXPOSITOR—PAGE 13

# ...Manitoulin's Cutest Critter: the milkweed tussock moth

...continued from page 12 result, they don't bother to hide. Instead, they bravely announce their presence by bodies ringed with colours of yellow or orange, white and black, daring any predator to attempt to eat them.

The life cycle of the tussock moth is similar to all others with egg, caterpillar, pupal and adult stages. The milkweed tussock moth overwinters in the pupal stage inside a cocoon covered with its body hairs. Adult moths emerge in late spring and lay clusters of eggs on the underside of milkweed leaves. Caterpillars are the most frequently seen stage whereas the mouse-coloured adult



Connor Adams, a 22 month old visitor to Batman's Campground is enamored by milkweed tussock moth caterpillars crawling on his hands.

photos by Joe Shorthouse



Having a bad hair day. A close-up view of the head of a milkweed tussock moth caterpillar. The head capsule is closest to the leaf.

moths fly at night and are rarely seen.

In contrast to solitary monarch caterpillars, freshly hatched tussock caterpillars start life feeding with their siblings in dense herd-like clusters. Young larvae feed on the tightrope to a new leaf.

After a few moults, they turn into beautifullycoloured caterpillars that look like fuzzy bedroom slippers or fluffy calicocoloured shih tzu puppies. Later, the black, white and orange tufted larvae feed own that are easily detected by bats. Organs at the base of their wings emit ultrasonic signals which the bats soon discover means a noxious, distasteful meal and instead chase after soundless insects.

Each of the many thousands of different kinds of insects on Manitoulin Island boast fascinating stories. The milkweed tussock moth is just one example. Perhaps one New Year's resolution could be to learn a little more about these critters and gain an understanding of their role in sustaining Manitoulin ecosystems.

Joe Shorthouse is a retired entomologist with Laurentian University and spends his summers studying and photographing Manitoulin's six-legged critters.



NEW YEAR, NEW HOUSE We have everything you need for your

home renovation projects





HOLIDAY HOURS Dec. 24 open 8 am - 12 Noon, Dec. 25 & 26, Jan. 1 CLOSED Highway 6, Manitowaning 705-859-3105 • Fax: 705-859-2006 • sales.manmil@eastlink.ca

Due to Due to overwheiming response we will continue to





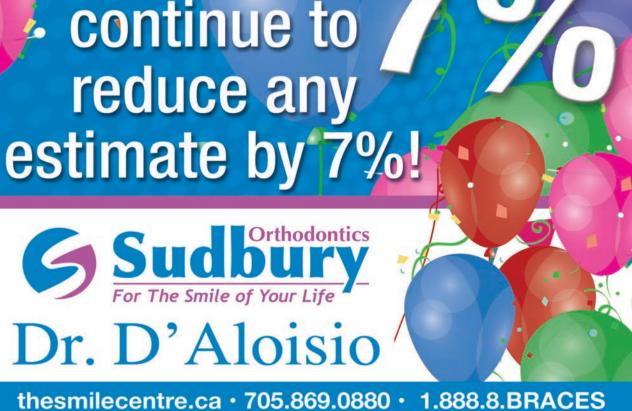
A cluster of half-grown caterpillars of milkweed tussock moths. Note the skeletonized leaf to the right and top.

bottom surface of leaves, but avoid damaging veins because the white sap could glue them in place. The first couple instars, or growth stages followed by moulting of their outside skeleton, are drab with a pale yellow colouring.

As the larvae grow, they eventually chew into small veins, but large veins remain untouched. The young larvae have small, black dots on their light gray bodies and when viewed closely, the black dots are the beginnings of black tufts of hairs. As leaves are eaten down to the main veins, they commonly fold and bend over to become a bridge or individually, or in pairs, and wander off their defoliated hosts in search of new milkweed plants.

As if the larvae with their ability to eat and store poison isn't amazing enough, the adult night-flying moths also have tricks to avoid being eaten by bats. One is that the adults retain the cardiac glycosides from their caterpillar stage and are just as poisonous as are the caterpillars.

Bats can't see colours of their prey at night and so resort to using sound waves to locate their food. However, tussock moths thwart this manoeuver by emitting sounds of their





# Information Nights

# 5:30 pm to 6:30 pm

For enrolment in Kindergarten, vour child must be four years of age by the end of the calendar year.

Start the registration process online at rainbowschools.ca.

# **Information Night:** Tuesday, January 14, 2020

# **MANITOULIN ISLAND**

# SCHOOL

Assiginack Public School **Central Manitoulin Public School** Charles C. McLean Public School Little Current Public School

The English Program includes Core French.

AD	D	RE	SS	
13	4 N	Лic	ha	e

134 Michael's Bay Rd.
56 Yonge St.
43 Hall St.
18 Draper St.

PHONE
-------

705.368.7010 705.368.7005 705.368.7015 705.368.2932

# PRINCIPAL

**Heather Pennie David Wiwchar Tracey Chapman Christy Case** 

When registering your child, please bring his/her identification documents including birth certificate or birth registry/baptismal certificate, proof of residency, **Ontario Health Card and** an immunization record.

All parents/guardians and children are welcome to the information night at their area Rainbow School.

Join us and continue your journey of learning together!

We bring learning to life.



rainbowschools.ca



# ...eyed egg event creates considerable community contributions

... continued from page 7 mas miracle (albeit one that landed a week and a half early), as the start time neared, cars began to arrive at the parking lot of the arena. Others wandered in from the streets in Manitowaning. Soon, as many as 50 people were in the arena hall.

The brook trout eggs would indeed find their way into Island waters that day. The event was saved.

"Thank you for showing up," said retired Ontario Ministry of Natural Resources and Forestry (MNRF) biologist Bob Florean. "I was expecting maybe a half a dozen people; I'm really impressed to see everybody that's here."

Mr. Florean has attended the annual brook trout eyed egg event for years to offer his expertise and insights to the process. It's an event he helped to shape with Manitoulin Streams project co-ordinator Seija Deschenes.

This was the first year the event has been held at the Assiginack Arena. Previously, it took place at the late Bob Hutton's garage on Bidwell Road near the release site at Norton's Creek.

"Having it at the community centre had some real advantages. We had no cold fingers, more community members came out, and the space is warm, accessible and we have great food,' said Ms. Deschenes.

This event took place relatively late this year. It normally happens at the begin-



There was a hearty crew on hand to bring the filled Scotty boxes to their final homes in Norton's Creek. Here at the restored habitat, the brook trout eggs will be placed in the creekbed and secured in a protective layer of gravel.

ning of December but Ms. Deschenes said she could only get the Nipigon-strain brook trout eggs at the later date this year.

The ones that did arrive, however, tended to be smaller than normal and likely came from less robust, mature fish this year. The changing climate might have contributed to this, including the summer heatwave that led to fish die-offs on Manitoulin's inland lakes.

Norton's Creek was raised as a problem area in 2003, when Mr. Florean and conservationists began the restoration work to return the creek to its former health.

The waterway once host-

ed a native brook trout population which had long since disappeared, so stocking these fish was the next step to restoring the stream's health.

"The Nipigon strain is about as close as you can get to the wild brook trout that were here," said Mr. Florean.

eggs and placed precision. one into each cell

of plastic contraptions known as Scotty boxes, rectangular stackable components that hold hundreds of

eggs when assembled in a set. The name comes from their designer, the Scotty marine plastics company

that makes fishing gear and boating supplies. Having young students

participate in this event is an important way to teach them about natural processes and life cycles, as well as the amount of work it takes to restore habitats and their constituent species that together make up ecosystems. This provides a powerful, hands-on lesson in the value of conservation

and respecting the planet. Volunteer Jim Bryant said those teachings are invaluable, especially when reflecting on his own childhood. Poaching more than one's limit of fish was a common practice among



The volunteers Seasoned volunteers, from left, Lynn Hughson, Jim Bryant and Ted Williamson, kept a native fish populacarefully took the close eye on their progress while ensuring they filled the Scotty boxes with expert tions. This initiative has

photos by Warren Schlote seen more than 80,000

brook trout eggs him and his friends, stocked in Norton's Creek because they did not fully since it began a decade ago understand the impacts of in 2009.



# COME CHECK OUT **OUR INVENTORY OF** NEW & PRE-OWNED VEHICLES



Eight-year-old Hope Flikweert said she particularly enjoyed putting the eggs in their compartments.

"It's really cool; I never get to do anything like this," she said.

Volunteer Bethanv Gulyas agreed that the event offered her more tangible takeaways than more traditional learning from textbooks.

"You can read all about it, but to actually do it is a whole other thing," she said.

Amanda Gulyas said she thought it was neat to feel the fish move inside the eggs and Matthew Gulyas said he was a fan of all

things wildlife, so the event spoke to those interests. He responded with a resounding 'yes' when asked whether he'd be out on the water someday trying to catch these fish after they had grown up.

Ms. Deschenes said environmental testing done on the Norton's Creek site by Collège Boréal have shown brook trout existing throughout the length of the waterway, indicating a healthy waterway that can comfortably accommodate



**NORTHERN FORD SALES** 559 Centre Street, Espanola, ON P5E 1J9 Call us: 1-705-869-1402 New & Pre-owned Vehicles: 1-800-206-7322 www.northernford.ca

WINTER HOURS OF OPERATION: Monday - Friday 7:30 am - 5:00 pm Saturday 7:30 am - 5:00 pm • Sunday CLOSED 9130 HWY 6, LITTLE CURRENT • 705-368-2090 MANITOULINCOTTAGES.COM • RONA.CA

# ...MSS celebrates 50th anniversary by giving its current and

### ...continued from page 5

& BILL BETTY FERGUSON **MEMORIAL BURSARY (\$250 each)** 

Presented in memory of Betty & Bill Ferguson to two deserving graduates continuing post-secondary education. Presented by Miss Jill Ferguson to Connor Bellmore and Ryann Hudson.

# PEARL LAURA FINCH MEMORIAL BURSARY (\$200)

Donated by her family to a graduate in the N.E.M.I. area continuing post-secondary education in geriatrics or a healthrelated field. Presented by Mrs. Leslie Marshall to Lauren Goddard.

#### GENERAL FIRST SERVICES, MANITOULIN DIVISION BURSARY (\$150)

Presented to a student continuing their education in a technical trade related field. Presented by Mrs. Karlene Scott to Parker Hall.

# FRIENDS OF MISERY BAY, STEVE & **RITA HALL AWARD (\$150)**

To a deserving student who is pursuing post-secondary education. Presented by Mr. Paul Becks to Rheanna Greco.



Expositor reporter Warren Schlote presents a Manitoulin Expositor Bursary to Grade 11 student Kvra Baver.

# **FUEL THE FIRE BURSARY (\$300)**

New for 2019. Donated by Mr. Neil Debassige to a deserving graduate who is continuing post-education in an outdoor education program. Presented by Mr. Neil Debassige to Maddy Niven.

# MARCEL & WENDY GAUTHIER BURSARY (\$250 each)

Donated by Marcel & Wendy Gauthier to two deserving graduates continuing postsecondary education. Presented by Mr. Marcel Gauthier to Tyler Hore and presented by Mrs. Wendy Gauthier to Faith Taylor.

# EARLE GILMORE MEMORIAL **BURSARY (\$250)**

Donated by the family in memory of Earle Gilmore presented to a graduate continuing post-secondary education in the carpentry trade or a technical related field. Presented by Mr. Jeff Gilmore to Sean Orford.

#### GOLTZ IRENE MEMORIAL **BURSARY (\$200)**

Donated by Samantha Ramage to a young woman who has demonstrated advocacy and/or leadership qualities at Manitoulin Secondary School. Presented by Ms. Samantha Ramage to Lauren Goddard.

tion. Presented by Mrs. Melody Hore to Beth Wiwchar.

# **GORE BAY BURSARY (\$400)**

To a Gore Bay student continuing postsecondary education. Presented by Mayor Dan Osborne to Hannah Woestenek.



Slim Field, left, presents the Gore Bay Manitoulin Lodge Auxiliary Inc. Bursary to Alexis Lewis.

### GORE BAY MANITOULIN LODGE **AUXILIARY INC. BURSARY (\$400)**

Awarded to a high school graduate who plans on pursuing studies in a health related field. Presented by Mr. Slim Field to Alexis Lewis.

# GORE BAY MASONIC LODGE **BURSARY (\$250)**

Presented by Gore Bay Lodge #472, to a deserving graduate continuing post-secondary education. Presented by Mr. Chris Theijsmeijer to April Torkopoulos.

#### GOVERNOR **GENERAL** THE ACADEMIC AWARD (Medal)

This Bronze Medal is awarded for academic excellence to the student who achieves the highest average in their graduating year from a secondary school. Presented by Superintendent Kathy Wachnuk to Hadeel Alhadi.

# **GRASS ROOTS GARDEN CLUB OF** LITTLE CURRENT BURSARY (\$300)

New for 2019. Donated by the Grass Roots Garden Club of Little Current to a graduate continuing post-secondary education in a horticulture, agricultural or an environmental science related field. Presented by Club President Jean Narozanski to Maylen Moffat.

# HAR-COR DIESEL AWARD (\$150)

Donated by Mr. Dave Harper to a graduate continuing post-secondary education in a technical related field. Presented by Mr. Steve Robinson to Kyle Debassige.



Kyle Debassige, right, accepts the Grampa George Corbiere Memorial Bursary from Corrina Corbiere and Colleen Debase

Education teacher T.J. Jackson to a graduate continuing post-secondary education. Presented by Mr. Nic Harfield to Connor Bellmore.

## MARGUERITE JOYCE MEMORIAL **BURSARY (\$250)**

Donated by the citizens of Dawson-Robinson Township to a graduate from Dawson-Robinson continuing post-sec-ondary education. This Award will be held in trust.

# LAKEVIEW SCHOOL BURSARY IN MEMORY OF ALICIA McCAULEY (\$150)

To a deserving Lakeview and MSS graduate continuing post-secondary education. Presented by Ms. Crystal Taibossigai to Brianna McCauley.

## LIFE TOUCH CANADA BURSARY (\$200 each)

To two deserving graduates continuing post-secondary education. Presented by Mr. Peter Tallman to Sarah Hovingh and Ryann Hudson.



Karlene Scott, left, presents the First General Services Manitoulin Division Bursary to Parker Hall.

#### LIONS CLUB OF CENTRAL MANITOULIN BURSARY (\$500 each)

To three Central Manitoulin graduates who are continuing post-secondary education. Presented by Dr. Dale Scott to Quinn Coker, Cassie Moggy, Matthew Redmond.

# LIONS CLUB OF LITTLE CURRENT BURSARY (\$500 each)

To two deserving students from the Northeastern Manitoulin area continuing post-secondary education. Presented by Mr. Marcel Gauthier to Lilana MacDonald and Eric Varey.

# LIONS CLUB OF SOUTHEAST MANITOULIN BURSARY (\$250 each)

To two Southeast Manitoulin graduates continuing post-secondary education. Presented by Mrs. Lisa Hallaert to Sophie Bondi and Ethan Closs.

#### LIONS CLUB OF WESTERN MANITOULIN BURSARY, IN MEMORY OF PAUL SCHUTZ (\$300 each)

Awarded in fond memory of former Lion Paul Schutz to assist two Western Manitoulin graduates continuing post-secondary education. Presented by Mr. Larry Hunter to Mikaya Noble and Hannah Woestenenk.

LITTLE CURRENT FISH & GAME CLUB BURSARY (\$400)

To a deserving graduate continuing pos

cation Guy Morin to Destiny Debassige, Kyle Debassige, Brianna McCauley and Zachary Paul.



Mikayla Noble, right, accepts the O.G. Davies Memorial Co-operative Education Bursary from Paul Becks.

**MANITOULIN CATTLEMAN & SOIL CROP ASSOCIATIONS BURSARY (\$200)** Presented to a deserving graduate continuing post-secondary education. Present-

ed by Mr. Peter Tallman to Hunter Cranston.

#### MANITOULIN CENTENNIAL MANOR AUXILIARY BURSARY (\$250)

Presented to a deserving graduate continuing post-secondary education in a health related field. Presented by Mrs. Linda Bowerman to Janessa Lee.

#### MANITOULIN COMMUNITY **FITNESS CENTRE BURSARY (\$250** each)

Donated by the members of the Manitoulin Community Fitness Centre to two deserving graduates continuing post-secondary education. Presented by Mrs. Alison Orford to Zack Kategiannis and C.J. Wilson.

# THE MANITOULIN EXPOSITOR **BURSARIES (\$125 each)**

Awarded to a deserving student in each grade who has made an outstanding transition from their previous grade(s). Presented by Mr. Warren Schlote to Savannah Crack, Gr. 9; Cindy Middleton, Gr. 10; Kvra Bayer, Gr. 11; and Gregory Mishibinijima, Gr. 12.



John Collins, left, presents the Coral and John Collins Bursary to Jordan Cress.

### MANITOULIN FAMILY RESOURCES AWARD (\$300)

Presented to a deserving graduate continuing their studies in a helping profession. Presented by Mrs. Denise Leblanc to Tyler Hore.

# GORDON AND BARRIE ISLAND MUNICIPALITY BURSARY (\$200)

To two Gordon or Barrie Island student continuing post-secondary education. Presented by Reeve Lee Hayden to Beth Wiwchar and April Torkopoulos.



Dave Hall, left, presents the D&H Electrical Trades Bursary, new for this year, to Connor Bellmore.

# GORDON WOMEN'S INSTITUTE **REVEREND WM. MUNRO MEMORIAL BURSARY (\$150)**

Donated by the Manitoulin West District Women's Institute to a Western Manitoulin graduate continuing post-secondary educa-

# HOWLAND SR. CITIZENS BURSARY (\$200)

Donated by the Howland Sr. Citizens Club to a deserving NEMI area graduate continuing post-secondary education. Presented by Ms. Erin Ferguson to Kaitlyn Keatlev.

# ICE LAKE COMMUNITY BURSARY (\$300)

Awarded to an Ice Lake area graduate continuing post-secondary education. Presented by Mr. Lee Hayden to Beth Wiwchar.

# ISLAND FOODLAND BURSARY (\$200)

To a deserving graduate continuing postsecondary education. Presented by Mrs. Tina Balfe to Matthew Redmond.

# J.K. AUTOMOTIVE BURSARY (\$500)

Donated by Joe & Kim Moor to a deserving graduate continuing post-secondary education in a technical related field. Presented by Mr. Allan Davy to Bryce Mack.

#### JACKSON TED **MEMORIAL BURSARY (\$250)**

In fond memory of former MSS Physical

secondary education. Presented by Mr. Doug Hore to Maddy Niven.

#### LITTLE CURRENT **GUARDIAN PHARMACY BURSARY (\$250)**

To a deserving graduate continuing postsecondary education. Presented by Mr. Mena Guirguis to Jade Cress.

#### CURRENT MEDICAL LITTLE **ASSOCIATES BURSARY (\$500)**

Donated by the doctors of the Little Current Medical Centre to a deserving student pursuing studies in the arts or humanities. Presented by Dr. Ben Quackenbush to April Torkopoulos.

#### LYONS MEMORIAL UNITED **CHURCH BURSARY (\$300)**

To assist a graduate who is continuing post-secondary education. Presented by Mrs. Dawn McCann to Hannah Woestenenk.

# M'CHIGEENG FIRST NATION CHIEF & COUNCIL BURSARY (\$200 each)

To four M'Chigeeng First Nation graduates continuing post-secondary education. Presented by M'Chigeeng Director of Edu-

#### MANITOULIN ARTS FINE **ASSOCIATION BURSARY (\$150)**

Awarded to a graduate continuing their education in fine arts and design. This award will be held in trust.

### MANITOULIN HEALTH CENTRE AUXILIARY BURSARY (\$500 each)

Presented to two deserving students continuing post-secondary education. Presented by Mrs. Marilee Hore to Lauren Goddard and Elizabeth Wood.

# MANITOULIN MINOR HOCKEY **ASSOCIATION BURSARY (\$125)**

To a deserving graduate continuing postsecondary education and who has been involved with the Manitoulin Minor Hockey Association. Presented by Mr. Allan Davy to Connor Bellmore.

## MANITOULIN PHYSIOTHERAPY CLINIC BURSARY (\$250)

Donated by the Manitoulin Physio centre to recognize the academic and athletic achievements of a post secondary student athlete. Presented by Miss Nova Debassige to Matthew Redmond.

# former students more than \$50,000 at annual Awards Night

# MANITOULIN RADIO - FM 100.7 **BURSARY (\$250)**

Presented to a deserving graduate continuing in post-secondary education. Presented by Mrs. Kelly Timmermans to Jackson Carr.

# MANITOULIN SECONDARY SCHOOL **STAFF BURSARY (\$100 each)**

To four deserving graduates continuing post-secondary education. Presented by Mrs. Dawn Roque to Hunter Cranston, Kaitlyn Keatley , Bryce Mack and Tait Wallace.

## MANITOULIN SECONDARY SCHOOL STUDENTS' COUNCIL SCHOLARSHIP (\$250)

Presented to a graduate who has made an excellent contribution to the school, in terms of school activities, school spirit and good citizenship and who is continuing post-secondary education. Presented by Co-Prime Minister Connor Phillips to Lauren Goddard.

#### MANITOULIN SECONDARY SCHOOL THREE FIRES CONFEDERACY SCHOLARSHIP (\$250)

Presented to a First Nation graduate who has made an excellent contribution to the school and is continuing post-secondary education. Presented by Mrs. Karen McGraw to Destiny Debassige.



Central Manitoulin Public School principal David Wiwchar presents the CMPS Bursary to Maddy Niven.

#### MANITOULIN **SNOWDUSTERS** AWARD IN MEMORY OF BRAD MIDDLETON (\$250)

Given to a graduate of MSS who has demonstrated care and concern for the environment and who has shown commitment to volunteer organizations on Manitoulin Island. Presented by Mr. Allan Davy to C. J. Wilson.

## MANITOULIN STUDENT AID FUND BURSARY (\$200 each)

To two deserving graduates continuing post-secondary education. Presented by Mrs. Dawn Roque to Tyler Hore, Ryann Hudson and Cassie Moggy.

#### MANITOULIN TRANSPORT **AWARDS (Plaques)**

Presented by Miss Janelle Addison to the top students in their respective grades. Grade 9: Patricia Patterson; Grade 10: Amber Wiwchar; Grade 11: Rachel Sheppard; Grade 12: Hadeel Alhadi.

# MANITOULIN TRANSPORT INC. **BURSARY AWARD (\$500 each)**

To two deserving graduates who ar

MANITOULIN-WEST SUDBURY DAIRY PRODUCER SCHOLARSHIP **SUDBURY** (\$300)

Awarded to a graduate of MSS continuing post-secondary education. Presented by Mr. Peter Tallman to Maddy Niven.

# MANITOWANING AGRICULTURAL **SOCIETY BURSARY (\$200)**

Awarded to a deserving Assiginack graduate continuing post-secondary education. Presented by Mrs. Lisa Hallaert to Sophie Bondi.



Alison Orford presents the Campbell Horticultural Society Bursary to Jade Cress, right.

#### MANITOWANING **GUARDIAN** PHARMACY BURSARY (\$200)

To assist a student pursuing post-secondary education. Presented by Mr. Mena Guirguis to Sophie Bondi.

# MANITOWANING MILL HOME HARDWARE BUILDING CENTRE BURSARY (\$250 each)

To two graduates continuing post-secondary education. Presented by Mr. Larry Karn to Quinn Coker and Maddy Niven.

# JOAN MANTLE MUSIC TRUST **BURSARY (\$200)**

In memory of Joan Mantle, honouring a graduating student who excels in music, academics and community. Presented by Mr. Chris Theijsmeijer to Miranda MacKay.

# MASONIC LODGE EDUCATION **BURSARY (\$500)**

Presented by Doric Lodge #455, Eastern Manitoulin, to a deserving graduate who is continuing post-secondary education and who has demonstrated courtesy, fairness, honesty and consideration for others. Presented by Worshipful Master Mike Terry to Jacob Clark.



Chris Theijsmeijer presents the Bravissimo Music Award to Sarah Hovingh, right.

JOHN & JENNIE McCULLOCH MEMORIAL BURSARY (\$200)

# (\$300)

Donated by Ms. Elizabeth McQuay and Ms. Jan McQuay to the Ontario Scholar who obtained the highest average in their graduating year and who is continuing post-secondary education. Presented by Mrs. Lorene Martell to Hadeel Alhadi.

#### **MEEKER'S** MANAGEMENT SERVICES BURSARY (\$250 each)

Donated by Mike & Sharon Meeker to a male and female continuing post-secondary education. Presented by Mr. Mike Meeker to Matthew Redmond and Hannah Woestenenk.

#### **MIDDAUGH-YOUNG GWEN MEMORIAL BURSARY (\$225)**

In fond memory of Gwen Middaugh-Young, presented to a graduate continuing post-secondary education in a trades related field. Presented by Ms. Lois Keller to Clay Dickson.

## **BRADLEY MIDDLETON MEMORIAL BURSARY (\$500)**

In fond memory of Brad Middleton, presented to a graduate continuing post-secondary education. Presented by Mr. Peter Tallman to Rheanna Greco.



Reeve Ken Noland presents the Burpee and Mills Municipality Bursary to Emily Savage.

### **MILLENNIUM BURSARY (\$750, up to** \$3,000)

Awarded by two anonymous benefactors to provide financial support to an MSS graduate who is continuing post-secondary education. The award will support the recipient with \$750 per year providing that the student remains in school to a maximum of four years (\$3,000) Presented by Trustee Margaret Stringer to J.D. Herlehy.

#### TOWNSHIP **CITIZENS** MILLS **ASSOCIATION BURSARY (\$150)**

To a deserving student from Mills township continuing post-secondary education. Presented by Mr. Mike Meeker to Emily Savage.

#### MINDEMOYA **GUARDIAN** PHARMACY BURSARY (\$200)

To assist a graduate pursuing post-secondary education. Presented by Mr. Mena Guirguis to Tait Wallace.

#### **MINDEMOYA** HOSPITAL **AUXILIARY BURSARY (\$500 each)**

To six graduates continuing their education in a health-related field. Presented by Mrs. Judy MacKenzie to Hadeel Alhadi, Sophie Bondi, Janessa Lee, Miranda MacKav. Matthew Redmond and Beth Wiwchar.

health related field. Presented by Ms. Lori Oswald to Hadeel Alhadi.



Municipality of Central Manitoulin's deputy mayor Dale Scott presents the Central Manitoulin Municipal Bursary to Sean Orford.

# MINDEMOYA MINOR HOCKEY BURSARY (\$250 each)

To assist two former Mindemoya Minor Hockey players continuing post-secondary Presented by Mindemoya education. Minor Hockey President T.J. McDermid to Maddy Niven and C.J. Wilson.

#### MISSIONARY MINDEMOYA **CHURCH BURSARY (\$500 each)**

Awarded to two deserving graduates who are pursing further education at a Christian college or university. Presented by Rev Ray Kloetstra to Elena Hovingh and Sarah Hovingh.

#### NORTHEASTERN MANITOULIN AND THE ISLANDS BURSARY (\$300 each)

Awarded to two Northeastern Manitoulin and the Islands students continuing post-secondary education. Presented by Mr. Marcel Gauthier to Jade Cress and Elizabeth Wood.

# NORTHERN CREDIT UNION (\$250)

Presented to a graduate continuing postsecondary education. Presented by Ms. Shan Keatley to Ezra Hovi.

#### **ONTARIO SCHOLARS** (23 certificates)

Presented to the Ontario Scholars of Manitoulin Secondary School who received an average of 80% or more in their top six 4U /4M/4C/4O courses. Presented by Director Norm Blaseg to:

Hadeel Alhadi, Connor Bellmore, Sophie Bondi, Jade Cress, Lauren Goddard, Rheanna Greco, J.D. Herlehy, Elena Hovingh, Sarah Hovingh, Ryann Hudson, Kaitlyn Keatley, Janessa Lee, Alexis Lewis, Liliana MacDonald, Maylen Moffat, Sean Orford, Matthew Redmond, Douglas Robinson, Emily Savage, Faith Taylor, April Torkopoulos, Elizabeth Wiwchar, Elizabeth Wood.



tinuing their education in a technical related field. Presented by Mr. Connor Woestenenk to Ethan Closs and Parker Hall.



Mayor Ian Anderson, left, presents the Billings Municipality Bursary to Miranda McKay.

## MANITOULIN TRANSPORT INC. SCHOLARSHIP AWARD (\$750 each)

Presented to two graduates of continuing post-secondary education. Presented by Miss Janelle Addison to J.D. Herlehy and Christian Young.

To a deserving graduate continuing postsecondary education. Presented by Ms Gillian Becks to Kaitlyn Keatley.

# MARIA MCDERMID MEMORIAL BURSARY (\$100)

Awarded in fond memory of a passionate Manitoulin educator, Mrs. Maria McDermid, to a deserving student who has demonstrated perseverance, good attendance and community involvement. Presented by Mr T.J. McDermid to Christian Young.

# ADAM McDONALD MEMORIAL BURSARY (\$1,000 each)

New for 2019. This bursary is divided into two areas: The first of two goes to a deserving graduate continuing post-secondary education in an agricultural or environmental studies field. Presented by Mr. Travis Dewar to Maylen Moffat. The second is to a deserving graduate continuing post-secondary education in a paramedic field. Presented by Mrs. Margaret Cadieux to Faith Taylor.

DR. R.B. MCQUAY & DR. J.B. **MCQUAY MEMORIAL SCHOLARSHIP** 

# MINDEMOYA HOSPITAL RETIRED **STAFF BURSARY (\$150)**

To assist a graduate continuing their education in a health-related field. Presented by Ms. Micki Brown to Tait Wallace.



MSS teacher Alan Davy presents one of the two Robotics Bursaries to Emily Savage.

# MINDEMOYA MEDICAL CLINIC **BURSARY (\$500)**

Donated by the Physicians of the Mindemoya Medical Clinic in memory of Dr. John B. McQuay to a deserving graduate continuing post-secondary education in a

CMPS principal David Wiwchar presents the CMPS Bursary to Quinn Coker.

## ORDER OF THE EASTERN STAR, SPANISH RIVER CHAPTER, #237 **BURSARY (\$200)**

To a graduate continuing post-secondary education. Presented by Ms. Nancy Clark to Jacob Clark.

#### WES PARKINSON MEMORIAL **BURSARY (\$100)**

Donated by Stan & Beth Ferguson in fond memory of Wes Parkinson to a graduate continuing post-secondary education. Presented by Ms. Erin Ferguson to Jade Cress.

# BRUCE **MEMORIAL BURSARY (\$300)**

In fond memory of Bruce Pope, presented to a deserving graduate continuing postsecondary education. Presented by Mrs. Lisa Hallaert to Liliana MacDonald.

...continued on page 18

POPE

# ...MSS celebrates 50 years by giving \$50,000 at Awards Night

SPLIT RAIL BREWERY

New for 2019. Presented

to a deserving graduate

continuing post-secondary

education. Presented by Ms

Micki Brown to Kaitlyn

PENTECOSTAL CHURCH

To two deserving stu-

dents continuing post-sec-

ondary education. Present-

ed by Rev. Dan Thompson to

Ezra Hovi and Christian

BURSARY (\$500 each)

BAY

**BURSARY (\$250)** 

Keatlev.

Young.

SPRING

## ...continued from page 17 TOM PORTER MEMORIAL BURSARY (\$200)

Awarded in memory of former MSS English teacher Tom Porter to a graduate continuing post secondary education. Presented by Miss Jill Ferguson to Kaitlyn Keatley.

### PRINCIPAL'S AWARD FOR EXCELLENCE IN LEADERSHIP (\$100)

Donated by Principal Jamie Mohamed to the student who has exhibited outstanding leadership throughout their secondary school career. Presented by Principal Jamie Mohamed to Lauren Goddard.

# PRO-GAS ENERGY SERVICES (\$250 each)

Awarded to two deserving graduates who are continuing their education in a technical related field. Presented by Mr. Paul Becks to Nathan Bush and Clay Dickson.

### PROVIDENCE BAY AGRICULTURAL SOCIETY BURSARY (\$250)

To a graduate continuing post-secondary education. Presented by Former Fair Ambassador Michelle Campbell to C.J. Wilson.

# RAINBOW DISTRICT SCHOOL BOARD STUDENT SENATE BURSARY (\$100)

Arranged by Miss Elysha Pinkerton, former Student Senator, presented to a graduate who obtained the highest overall average in their graduating year and is continuing post-secondary education. Presented by Mrs. Heather Theijsmeijer to Hadeel Alhadi.

# **ROBOTICS BURSARY** (\$100 each)

New for 2019. Donated by Mr. Allan Davy to two former Robotics students continuing post-secondary education. Presented by Mr. Allan Davy to J.D. Herlehy and Emily Savage.

# ROCKVILLE INN BURSARY (\$200)

New for 2019. To a deserving graduate continuing post-secondary education in a technical related field. Presented by Mrs. Denise Sheppard to Kyle Debassige.

### (\$500)

To a deserving Western Manitoulin graduate continuing post-secondary education. Presented by Ms. Joellen Sloss to Rheanna Greco.

# ROYAL CANADIAN LEGION BRANCH #177 BURSARY (\$250 each)

To two deserving graduates continuing post-secondary education. Presented by president Ruth Eadie to Jade Cress and Zachary Paul.

### ROYAL CANADIAN LEGION BRANCH #177 LITTLE CURRENT LADIES AUXILIARY ACHIEVEMENT AWARD (\$150 each)

To two graduates from the Northeastern Manitoulin area continuing postsecondary education. Presented by Mrs. Linda Bowerman to Brianna McCauley and Elizabeth Wood.

### ROYAL CANADIAN LEGION BRANCH #514 WESTERN MANITOLI IN BUBSARY

MANITOULIN BURSARY (\$300 each)

To two Western Manitoulin graduates, continuing post-secondary education, who is the child or grandchild of Branch #514 members. Presented by Mrs. Heather Theijsmeijer to Parker Hall and Alexis Lewis.

### ROYAL CANADIAN SEA CADETS, OF MANITOULIN BURSARY, IN MEMORY OF ED KIFT (\$200)

Donated by the Royal Canadian Sea Cadets of Manitoulin, in memory of Ed Kift to a former Sea Cadet continuing post-secondary education. Presented by Acting Sub-lieutenant Tina Davidson to Miranda MacKay.

# SCIENCE NORTH AWARD (gift certificate)

Donated by Science North and presented to a student who shows passion, purpose and promise in Science. Presented by Mr. Nic Harfield to Hadeel Alhadi.

# SEEDS OF JOY BURSARY (\$200)

Awarded to a female graduate continuing postsecondary education. Presented by Mrs. Alison Orford to Jade Cress. SOCIAL LAUNCH los. BURSARY (\$100)

Donated by Mrs. Leslie McDermid to a graduate continuing post-secondary education. Presented by Mr. T.J. McDermid to Kaitlyn Keatley.

# SPECIALIST HIGH SKILLS MAJOR BURSARY,

AGRICULTURE (\$250) Presented to a SHSM graduate who demonstrated a keen interest in agriculture. Presented by Mr. Paul Becks to Maylen Moffat.



Mayor Ian Anderson, left, presents the Billings Municipality Bursary to Jackson Carr.

### SPECIALIST HIGH SKILLS MAJOR BURSARY, ARTS & CULTURE (\$250)

Presented to a SHSM graduate who demonstrated a keen interest in arts & culture. Presented by Mr. Chris Theijsmeijer to Emily Savage.

# SPECIALIST HIGH SKILLS MAJOR (Eight certificates)

Awarded to eight students who have completed the Ministry requirements for a Specialist High Skills Major, Agriculture & Arts & Culture red seal on their Ontario Secondary School Diploma. Presented by Mrs. Dawn McCann to Gabriella Corbiere, Destiny Debassige, Ryann Hudson, Janessa Lee, Maylen Moffat, Emily Savage, Faith Taylor and April Torkopou-

### CHRISTOPHER & LORAINE STEWART AWARD (\$500) Awarded to an MSS stu-

Awarded to an MSS student continuing post-secondary education who has exhibited courage in the face of adversity, overcoming personal hardship and for academic improvement. Presented by Mrs. Leslie Marshall to Elizabeth Wood.

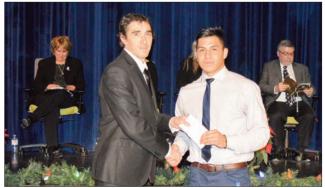
### TECHNICAL TRADE & APPRENTICESHIP BURSARY (\$150)

To a deserving graduate who is pursuing their career in the workplace, a trade or trade apprenticeship. Presented by Mr. Steve Robinson to Hunter Cranston.

TEHKUMMAH FIRST RESPONSE BURSARY

# (\$100 each)

Donated by the Tehkummah First Response Team to two graduates pursuing their educagraduate continuing postsecondary education. Presented by Rev Dan Thompson to Christian Young.



Nic Harfield presents the Shane Bebonang Memorial Bursary to Ethan Corbiere.

tion in a medical related field. Presented by Mrs. Lori Leeson to Jordan Cress and Janessa Lee.

### TEHKUMMAH TOWNSHIP BURSARY (\$100 each)

Presented to two deserving graduates who are continuing post-secondary education. Presented by Councillor Lori Leeson to Jordan Cress and C.J. Wilson

# TEHKUMMAH

### TRIANGLE CLUB BURSARY, IN MEMORY OF MEL BOWERMAN (\$300)

Presented to a deserving graduate from the South Baymouth or Tehkummah area who is continuing post-secondary education. Presented by Mrs. Lori Leeson to Janessa Lee.

# TRINITY UNITED CHURCH PASTORAL CHARGE SCHOLARSHIP (\$250)

To a deserving graduate continuing post-secondary education. Presented by Mr. Bill Elliott to Alexis Lewis.

TWILIGHT CLUB OF PROVIDENCE BAY BURSARY (\$200) Presented to a deserving

### U.C.C.M. ANISHNAABE POLICE BURSARY (\$100 each)

Presented to two First Nation graduates continuing post-secondary education. Presented by Constable Murray Still to Ethan Corbiere and Zachary Paul.

### UNITED CHIEFS AND COUNCILS OF MNIDOO MNISING BURSARY (\$200 each)

To assist two deserving First Nation students continuing post-secondary education. Presented by Ms. Gillian Becks to Nathan Bush and Ethan Corbiere.

# IRENE WOOD-CADIEUX MEMORIAL BURSARY (\$200)

Donated by the Little Current United Church, Outreach Program, to a graduate continuing post-secondary education. Presented by Ms. Micki Brown to Kaitlyn Keatley.

# MARJORIE YOUNG MEMORIAL BURSARY (\$150)

Donated by Mark & Bonnie Young in memory Marjorie Young to a deserving graduate continuing their post-secondary education in a medical related field. Presented by Mrs. Tina Balfe to Alexis Lewis.

Are you a new resident of Manitoulin Island? The Manitoulin Expositor and



Elena Hovingh, right, accepts the Compass Group Canada Chartwells Food Bursary from Shan Keatley.

# RONA, BUILDERS OF A BETTER TOMORROW BURSARY (\$125 each)

To two deserving graduates continuing post-secondary education. Presented by Mr. Steve Robinson to Clay Dickson and Eric Varey.

ROTARY CLUB OF GORE BAY BURSARY

## SHESHEGWANING FIRST NATION BURSARY (\$200)

To assist and encourage a Sheshegwaning First Nation graduate continuing post-secondary education. Presented by Mrs. Janice Cada to Nathan Bush.

# Manitoulin West Recorder would like to welcome you with a FREE GIFT!

Please call 705-368-2744 and ask for Debbie or email expositor@manitoulin.ca to claim your gift.

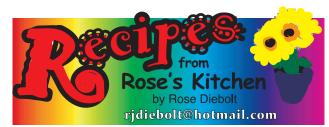


EDITOR'S NOTE: Dr. Janice Mitchell is a veterinarian with Island Animal Hospital and Little Current Veterinary Services.

# Happy Mew Year!

As the baby New Year arrives, we are all familiar with making resolutions for happier and healthier lifestyles, whether it be to laugh more; to watch less Netflix; to learn to Cha-Cha or to learn Mandarin; or to

<gasp> eat less sweets. We humans perform this yearly ritual to hopefully enrich our lives, and it only seems natural to include our fourlegged family members. So let's consider a few doggy and kitty resolutions.



The big question I have is how many chocolates, pastries, cookies and cocktails that involve a liqueur have you eaten and drank during the festive season, and then on January 1 you said to yourself "no more?" Mmmm, 80 percent of us will have bailed on our New Year resolutions by February.

Eating healthy and exercise is one of the hardest "jobs" we do 365 days of the year! Cooking from scratch is a step in the right direction. Everything else will follow. Start with little changes and the biggest one is using less white or brown sugar - try only maple syrup and honey which is also local and the best part is you are supporting local farmers. Try the following cake recipe which we have used numerous times in the last few weeks to start.

# Flour-free Chocolate and Beet Cake

No, this cake does not taste like beets. They add moisture and texture. I made this recipe using a cake pan and then used muffin cups, both worked. The cake will not come out really high unless you use a much smaller pan. 6 small cooked, beets, peeled and pureed

4 large eggs

- 4 Tbsp honey or maple syrup
- 1 tsp vanilla extract
- 2 Tbsp cocoa powder
- 1 tsp baking powder
- Pinch of salt
- 11/3 cups almond flour
- 4 oz dark chocolate (70 percent or more)
- 4 Tbsp cold-pressed olive oil or coconut oil

Preheat the oven to 350°F. Depending on what you are using either grease and line a 9-inch loose-bottomed cake pan or grease and line a 12 cup muffin pan.

In a large bowl, beat the beets, eggs, honey, vanilla extract, cocoa powder, baking powder and salt with an electric mixer. When these ingredients are well mixed, fold in the almond flour.

Either by using a microwave or a double boiler melt the chocolate and mix in the oil. Gently stir the chocolate and oil into the cake mixture until well combined.

Scrape the mixture into the prepared pan and bake in the oven for 35-40 minutes or until a skewer inserted into the center comes out clean.

Remove from the oven and let cool in the pan before turning out onto a plate.

I served the cake with frozen mixed berries-thawedsweetened with maple syrup and topped with yogurt. You can also just dust the cake with cocoa powder.



Laugh More: Play More

What's a cow's favourite holiday? Moo Year's Day! Okay, so if you didn't laugh this is my resolution suggestion: laughter and play; all species need it. So what can we do to encourage more play, and thereby induce a goofy grin on our dog's face or the happy slow blink on our cat's face? A good game of Chuck It, or soccer (ball size depends on canine size) and of course, a game of tag is what every dog loves. The "Catch the Red Dot" laser game is a kitty favourite and now there are apps. Purina's website (purina.ca) contains wonderful DIY toys for cats made with toilet paper rolls, "Friskies" boxes and felt material along with their free Cat Fishing 2 App and Jitterbug App.

11111

888888

111111

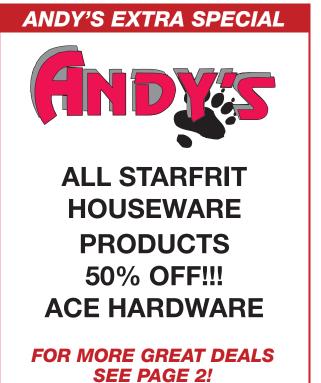
**Exercise More** 'Walk this way." **P··WS** FOR THOUGHT Walking your dog double is а bonus—exercise and fresh air benefor both fits human and canines and for those special felines who do

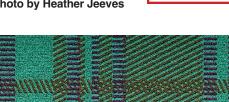
not want to be left out of the pack. Especially on these shorter days, and often grey ones, this simple outdoor bonding activity gives a little dopamine boost and makes all feel good. Remember, a tired dog is a happy

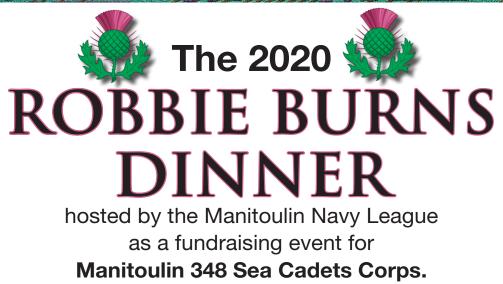
... continued on page 21



Echo the Dalmatian wishes everyone a Happy New Year! photo by Heather Jeeves







will be held

Saturday, January 25, 2020

at the **Manitoulin Hotel and Conference Centre** in Little Current Beginning at 6:30 pm

This will be a traditional Burns Dinner with all the usual formalities, on the actual date of Robbie Burns' birthday this year!

# for the **Christmas Day** Lunch event!

We would like to take this opportunity to thank the local sponsors, the elves who worked tirelessly and all who came to enjoy the day, making a successful Christmas Day Lunch.

Thank you all,

Sally Assinewai, Norma Hughson & Cole Hughson

Tickets are \$40 each and are available at: Little Current The Manitoulin Expositor Office, **Breakaway Sports Gore Bay** The Recorder Office or by calling (705) 368-3718

Please note for anyone wishing to stay over following the dinner the hotel is offering rooms at the special rate \$99 (taxes extra) To reserve a room for January 25 at this special rate, contact

705-368-9966 and request the Burns Dinner Room Rate



# TICKETS ON SALE AT

Sudbury - Ramakko's Lively - Moxey's Bait and Tackle Espanola - Fishy Fishy Bang Bang, Trail Side Sports Little Current - Manitoulin Expositor, Breakaway Sports Mindemoya - Up Top Sports Shop

Wikwemikong - Your Dollar Store w/ More, Oak Ridge Place, Wikwemikong Tourism

# ...continued from page 19

dog so think of trying agility this year. Outward Hound sells a mini indoor set for the little guys (tested by my mom's Havanese this Christmas with a two paws up rating) and an outdoor version for obviously the larger beasties that need more space. And for the cats, a scratching post can be like an agility course where your cat can jump from level to level and feel like they are jumping from branch to branch and tree to tree in the wild. It is also a great way for them to prune their claws, and not your furniture.

# **Brain Exercises**

"Lumosity" brain games and Sudoku currently are the trendy way to exercise our brains. It is also important to challenge our cat's or dog's brain cells to keep them engaged. Remember the 'Price is Right' shell game? Hiding a kibble under a paper or egg carton cup and having your pet sniff it out is an easy but fun brain game. Learning a new language for humans is stimulating just as teaching a new command/trick for canines is, especially when positive reinforcement (aka praise or cookies) is involved. For



more advanced training, "clicker training" helps your pet to quickly identify the precise behaviour that results in the treat.

# **Better Diet**

This New Year, for one of your cat or dog resolutions make sure your pet stays in shape by keeping an extra careful eye on their diet. This means measuring how much food you give them for each meal with a measuring cup, rather than simply eye-balling the amount you pour in. Also, make sure you have bought the right kind of food for your cat/dog—check that the type of food matches their breed and their age and is providing the right kinds of nutrients that they would need. If in doubt, ask your vet clinic. And remember to count snacks as part of their daily food allowance!

### **Better Dental Health**

While pet grooming is usually taken quite seriously by owners, especially brushing their coat to prevent them shedding all over the house, brushing their teeth is often a neglected duty. A good New Year resolution for pets and owners is to brush their teeth more often, as well as provide them with daily dental chews. As your pet grows older, their dental hygiene will become even more important so it is best to start early. Make sure you invest in some pet toothpaste and a pet toothbrush (a children's toothbrush works great). You can get meat flavoured pet toothpastes, you can even give them a little beforehand to get them used to the taste. You can also feed them harder foods to help keep their teeth clean (Hill's T/D is a great choice). Your vet will be happy—dental hygiene is often the most ignored of the grooming aspects by pet owners.

So have fun making your resolutions and hopefully sticking to them. May 2020 be a year of hindsight. I can just see it now!

# Manitoulin's Business Directory



Transport Canada Flight Reviewer License Transport Canada registered drones 2M liability insurance

Services include: Mapping, Real estate, Roof inspections, Promotional, Cinematography Contact Richard Lathwell for more information: 705-968-0073 rhlpe.aerial@gmail.com 705-368-3600

43 Meredith St. Gore Bay, ON, P0P 1H0 705-282-2351

www.cambrianinsurance.com



Contractor Foreman is an All-in-One Project Management Software, designed for Contractors. Supported in the field on tablets and phones. Powerful, easy to learn and <u>25% off</u> for Contractors!

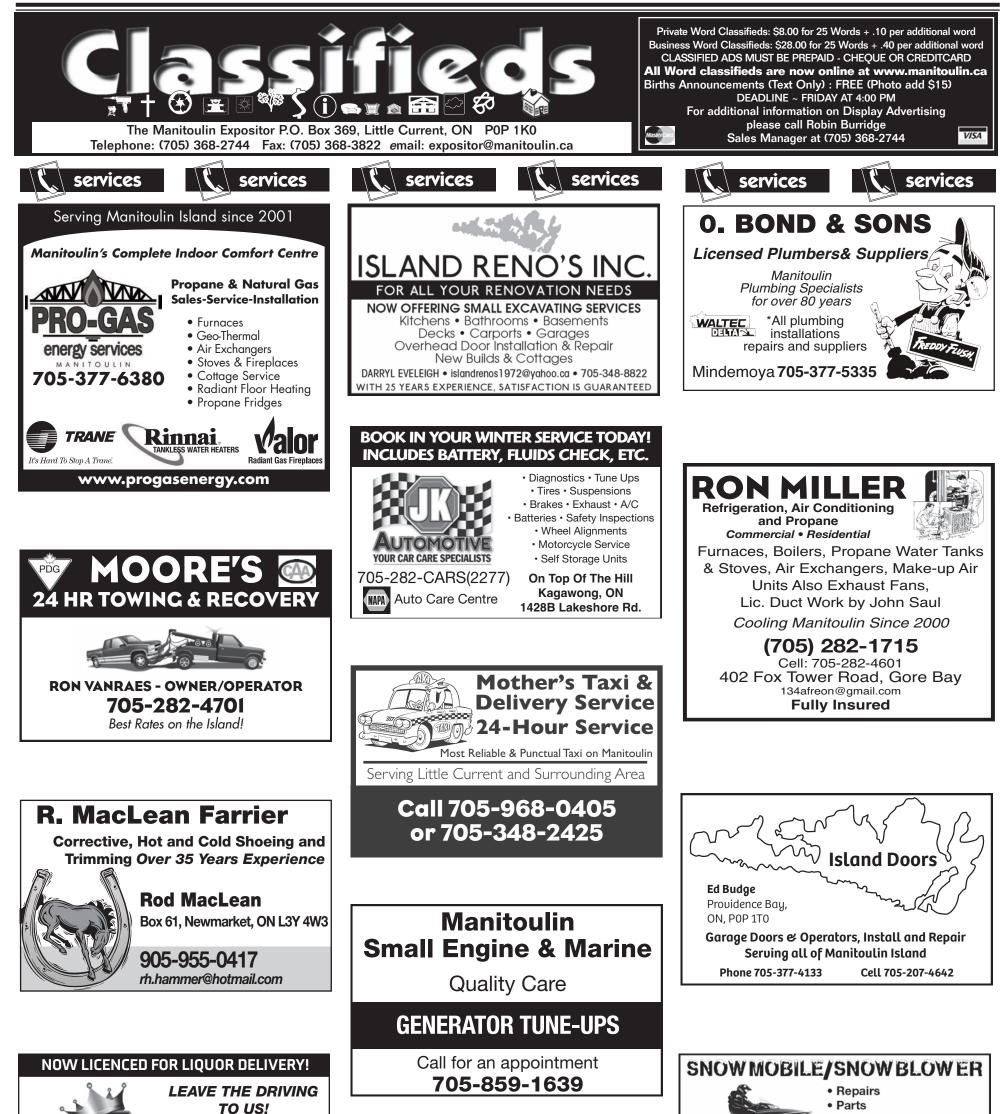
Contact: Chris Prosser Email: chrisp@contractorforeman.com Phone: 705-370-5425 for a free demonstration.

Free trial at: ContractorForeman.com



KELLER'S GARAGE AUTO REPAIRS & BODY SHOP MINDEMOYA 705-377-5444

# PAGE 22-THE MANITOULIN EXPOSITOR











Accessories for <u>ALL</u> makes and models

Berry Boats Hwy 540, Kagawong (705) 282-2604

# **Dave McGibbon**

**Experienced Handyman** 

Home Repairs, Painting, Roofing General Carpentry



# Wednesday, January 8, 2020

# THE MANITOULIN EXPOSITOR-PAGE 23



Complex for your next occasion.

(1

**KEVIN WRIGHT** LICENSED AND INSURED • FREE ESTIMATES PHONE: 705-282-3514

### Manitoulin

Family Resources offers programs to support and promote positive family relationships Manitoulin and the North Shore. Violence against Women Prevention Services: Shelter, Haven House Outreach Counseling Crisis Line 705-377-5160; Toll Free Crisis Line 800-465-6788; Children's Services: Early ON Child and Family Centre, Little Current Child Care, Mindemoya Child Care 705-368-3400; Help Centre: Thrift Shop & Food Bank 705-368-3400; Administration 705-368-3400.

Are you concerned about someone's drinking? Al-Anon has one purpose: Welcoming, giving hope and comfort to help family and of friends alcoholics. Changed attitudes can aid recovery. Stepping Stones Al-Alon Group: Thursdays at 7 pm in the library room at the Missionary Church, 51 Young Street, Mindemoya, 705-377-4892/705-377-5138. Espanola Al-Anon, Tuesdays at 7 pm, Anglican Church, Tudhope 213 Street. Espanola, 705-869-6595. Tfn

please contact: The Myalgic Encephalomyelitis Association of Ontario. Tel: 416-222-8820 or 1-877-632-6682 (outside GTA) or write to: Ste. 402, 170 Donway West, Toronto, ON M3C 2G3. Please visit our web site at: www.meao.ca. tfn

Support Group. For those

affected by the disease and

their caregivers, meetings will

be the third Thursday of every

month, 1:30 - 3:30 pm. Mindemoya Public Library (at

the Municipal office building),

Mindemoya. Call Marilyn at

705-368-0756, Ext 238 if

there are any questions. All

Disease

tfn

Parkinson's

welcome.

unteer with our Association,

28tm Four-bedroom house to rent in Little Current. \$1,400 per month plus utilities. No pets and no smokers. Call, 705-282-3667. 31tfn

The

**Cutoff for** 

Boxed

Display

Ads is

**Friday** 

0503

# Ideal for

- Weddings
- Stag & Does
- Conferences
- Workshops
- Meetings •
- **Fundraising events**

M'Chigeeng Arena Ice Rentals also available. Call for great off peak rates!

For more information or to book, contact Jeff Bebonang at 705 3775360 or email jeffb@mchigeeng.ca

Tfn

# Wednesday, January 8, 2020

help wanted

# $(\mathbf{i})$ coming events $(\mathbf{i})$

OPEN MIC IS BACK-George Williamson and friends have returned to the Little Current United Church's Assembly Hall. Come, bring your instrument, your voice (or both) and become one of George's Friends or just come and be entertained. Coffee, tea and refreshments served at this free event. Free-will cash donations go to the Manitoulin Food Bank. January events will be the second and fourth Friday of the month.

# i) coming events Taoist Tai Chi Beginner Deadline for text ads, like

Tuesday,

6,

32+34c

Classes start

Road

January 14 from 10 am to

noon at Sheguiandah Seniors' Hall on Townline

Sheguiandah or Monday,

January 20 from 10 am to

noon at the Mindemoya

Community Centre, Hwy 542.

Both classes run for 16

weeks. For more information,

call Wendy at 705-368-3059.

and Hwy

**Deadline** for text ads, like this, as well as boxed ads is Friday at 4 pm.

The Expositor Office can meet your various printing needs: wedding invitations, invoices, letterhead, business cards, rubber stamps, envelopes. Call 705-368-2744, ask for Dave.

tfn



# KENJGEWIN TEG IS RECRUITING FOR ONE (1) PART-TIME CUSTODIAN TWO (2) YEAR TERM POSITION 3RD POSTING

Kenjgewin Teg is an Anishnaabe controlled and directed education organization that strives to provide a comprehensive, qualitative, cultural and holistic approach to First Nations based education, training and services. Our vision is to give students the ability to see the gift they were given, in order to be able to succeed in this world!

The construction of the new Anishinabek Skills, Research and Innovation Centre located behind the Kenjgewin Teg main campus has now been fully completed! The new Anishinabek Skills, Research and Innovation Centre allows Kenjgewin Teg to expand the diversity of post-secondary programs offered to meet the learning needs of its learners!

We are currently recruiting an individual who is interested in joining our team to provide custodial services for two (2) work sites of Kenjgewin Teg: the new Anishinabek Skills, Research and Innovation Centre and Kenjgewin Teg main campus.

# Part-time Custodian (1) – Two year contract

Salary and Benefits: 01 General Office/Organizational Support and Services – Salary Grade Band A – Range (25,000-30,000-35,000)

**Position Objective:** The Part-Time Custodian will work under the supervision of the Director of Operations and will be primarily responsible to ensure that the interior and exterior of the new Anishinabek Skills, Research and Innovation Centre are maintained in a clean, safe, hygienic and orderly environment. The Custodian will distribute/replenish supplies throughout the facility, monitor supply inventory and identify and report any equipment malfunctions to the Director of Operations and the Property Maintenance Worker. The Part-Time Custodian will work evening shifts and be flexible to work occasional day or weekend shifts as required. There will be times that the Part-Time Custodian is requested to assist the Custodian with custodial duties for the main site at 374A Hwy. 551.

### Qualifications:

Minimum Grade 12 or equivalent would be ideal but not required

# KENJGEWIN TEG

help wanted

# KENJGEWIN TEG IS RECRUITING PROGRAMS COORDINATOR – TEACHING AND LEARNING FEBRUARY 2020 TO MARCH 2023

Kenjgewin Teg is an Anishinaabe controlled and directed education organization that strives to provide a comprehensive, qualitative, cultural and holistic approach to First Nations based education, training and services. Our vision is to give students the ability to see the gift they were given, in order to be able to succeed in this world!

### PROGRAMS COORDINATOR – TEACHING AND LEARNING Program/Service Coordinator – Team Leader Operational Support (PSC3) Salary Range (47,248 – 52,498 – 57,748) Qualified Level

Under the direction of the Dean of Post-Secondary Education, the Programs Coordinator - Teaching and Learning ensures lifelong learning programs of Kenjgewin Teg designed for teachers and educators include Anishinaabe traditional knowledge and are delivered in accordance with the organization's quality assurance standards and procedures. As a critical position supporting growth of Kenjgewin Teg as an Indigenous Institute in Ontario, appreciation and/or practice of Kendmoowin - Anishnabemowin miinwaa Anishinaabe bimaadziwin in teaching and learning perspectives is critical.

### Job Responsibilities:

Thelp wanted

- Develop and oversee all aspects of program delivery in a new organizational framework for a Teaching and Learning Programs strategy with the post-secondary education and training team; this includes researching and compiling documents to support and draft proposals and/or reports for funding, as assigned
- Plan and coordinate annual teaching and learning programs for delivery with the post-secondary team
  as approved by the Dean of Post-Secondary Education and Training; (examples of teaching and learning
  programs may include teacher education programs leading to an undergraduate, graduate degree, certificate or diploma; additional qualifications (AQ's) courses for members of the Ontario College of Teachers;
  programs for early childhood educators; includes other workshop, seminars for professional development
  opportunities).
- Lead, implement, monitor and oversee teaching and learning program activities throughout each program's/academic year lifecycle; this includes monitoring and providing support to teaching and learning program faculty/instructors for course materials and equipment, textbooks, classroom bookings, accommodation and meals (if required) as part of each delivery site's program and/or course delivery location,
- Assist with research and development of articulation agreements with potential industry, government and post-secondary partners in collaboration with the Dean of Post-Secondary Education and Training
- Secure instructors, faculty, and other resource/knowledge holders related to delivery of teaching and learning programs; lead the development and preparation of instructional/faculty contracts for teaching and learning programs, with final contract approval submission to the Corporate Services team.
- Create program delivery schedules based on needs of students, faculty/instructors, community and available resources; liaise with community partners for delivery of community-based programs in additional locations as planned.
- Liaise and work closely with faculty/instructors and the Registrar in use of the organization's student information and learning management systems for student admissions, attendance, grades and other quality assurance processes.
- Prepare draft budgets and programs costs related to teaching and learning programs for approval by the Dean of Post-Secondary Education and Training, contributing to the overall post-secondary education and training annual budgets; submit and prepare expenses related to teaching and learning program delivery costs for approval by the Dean of Post-Secondary Education and Training.
- Coordinate and lead meetings with instructors and program staff to ensure effective communication and planning on a regular basis.
- Liaise and work closely with the Dean of Student Services and Wellness and other post-secondary team
  members in designing and ensuring student support services are provided to students enrolled in teaching
  and learning programs; coordinate and lead discussions regarding student issues/concerns affecting
  student academic success, as required.
- Contribute and participate in the organization's mandatory quality assurance audit and compliance
  processes as part of continuous improvement and program delivery excellence; this includes leading and
  monitoring the administration of instructor performance and student satisfaction evaluations in teaching
  and learning programs

### Qualifications:

- Minimum of diploma within the teaching and learning sector, or proven work-related experience in a coordinator capacity
- Minimum of two years of program coordination experience
- Program management and/or program budget planning experience
- High level of proficiency with the Microsoft Office suite of software;
- Preference given to applicants demonstrating Anishinabek traditional knowledge; Kendmoowin Anishnabemowin miinwaa Anishinaabe bimaadziwin.
   Must have Valid Driver's License and reliable vehicle

Deadline: Thursday, January 16, 2020 at 12 noon

For a detailed job description please contact Brenda Francis, Director of Operations at 705-377-4342 or by email at humanresources@kenjgewinteg.ca

# Interested individuals can send a complete application package that consists of:

Cover letter, a detailed resume, three (3) current (within one year) letters of reference, two of which must be professional on organizational letterhead and authored by direct supervisor, and written permission to contact references. Please note that the successful candidate will be required to provide a current Vulnerable Sector Check.

Applications can be received marked confidential either through mail or fax only, to:

Kenjgewin Teg "HR – Teaching and Learning Position" c/o Director of Operations 374 Hwy. 551, P.O. Box 328, M'Chigeeng First Nation, ON POP 1GO Tel: 705-377-4342 Fax: 705-377-4379

- Must have work experience directly related to custodial responsibilities
- WHMIS certification; will occasionally encounter toxic chemicals
- Health and Safety training are considered a definite asset
- Ability to perform all the physical demands such as lifting and operating cleaning equipment
- Ability to work with minimal supervision and within a team environment is essential
- Valid Driver's license and access to a vehicle for employment related use is considered an asset

To learn more about this employment opportunity or to request a detailed job description please contact the Director of Operations at 705-377-4342.

Deadline: Thursday, January 16, 2020 at 12 noon

Interested individuals can send a complete application package that consists of:

Cover letter, a detailed resume, three (3) current (within one year) letters of reference, two of which must be professional on organizational letterhead and authored by direct supervisor, and written permission to contact references. Please note that the successful candidate will be required to provide a current Criminal Reference Check.

Applications can be received marked confidential either through mail or fax only. Kenjgewin Teg Educational Institute "Part-Time Custodian" c/o Director of Operations 374 Hwy. 551, P.O. Box 328, M'Chigeeng First Nation, ON POP 1G0 Tel: 705-377-4342 Fax: 705-377-4379

Please note: Kenjgewin Teg Educational Institute has taken steps to ensure that the organization is inclusive and partnership with the school community. This includes the shared practice of First Nation tradition of smudging.

Please note: Kenjgewin Teg Educational Institute's Fitness for Duty Program is implemented which is designed to promote the development and maintenance of the highest possible levels of worker health and safety in an efficient and productive workplace.

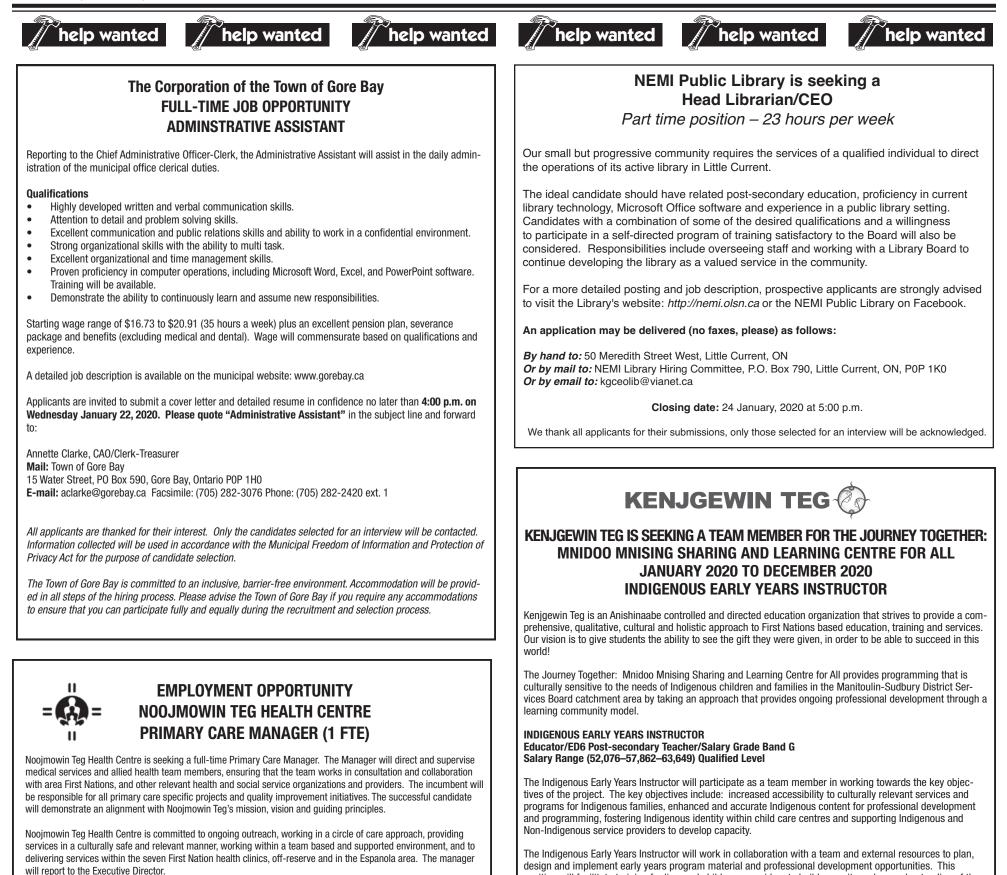
Please Note: Late applications will not be considered. While we thank all applicants, only those applicants selected for an interview will be contacted. Personal information contained in applications will be used for recruitment purposes and collected as per Freedom Of Information (F.O.I.) And Protection Of Privacy Act, 1987.

Please note: Kenjgewin Teg Educational Institute's Fitness for Duty Program is implemented which is designed to promote the development and maintenance of the highest possible levels of worker health and safety in an efficient and productive workplace.

Please note: Kenjgewin Teg Educational Institute has taken steps to ensure that the organization is inclusive within the school community. This includes the shared practice of First Nation tradition of smudging.

Late applications will not be considered. While we thank all applicants, only those selected for an interview will be contacted. Personal information contained in applications will be used for recruitment purposes and collected as per Freedom Of Information (F.O.I.) And Protection Of Privacy Act, 1987.

# The Cutoff for Boxed Display Ads is Friday



The successful applicant will receive a competitive and attractive employment package. For more information on the organization and services provided, please check out: www.noojmowin-teg.ca.

NTHC is an inclusive employer. Accommodation is available in accordance with the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act. 2005.

Given the traditional practices of the Anishinabek, from time to time, exposure to wood smoke and the burning of sacred medicines, including tobacco, sweet grass, sage or cedar, may occur within the work setting.

#### Duties:

- Manage all medical, allied health and support staff and services;
- Oversee and ensure the effectiveness and optimization of services including referral processes; appropriate charting, appropriate consultation and follow up, scheduling, program safety and delivery, etc;
- Ensure effective and comprehensive use of the organization's electronic medical record system;
- Ensure all team members maintain a high level of professional knowledge and skills through participation in necessary professional education and training, including a priority on cultural safety;
- Ensure compliance of health professionals with regulatory standards;
- Participate as a leader in organizational and partnered quality improvement initiatives;
- .
- Manage general program responsibilities including budgets, funding report submissions, etc
- Ability to multi-task and meet multiple and/or unexpected deadlines in a demanding work environment Strong and positive interpersonal skills required, including personal initiative, industrious work ethic,

Knowledge and experience with indigenous children and families in a healing and reconciliation capac-

Capable of coordinating activities within the Early Years and family programs, independently and in team

position will facilitate training for licensed child care providers to build capacity and an understanding of the development of Indigenous children and families as well as plan and facilitate programming for children and

Flexibility and adaptability to change is essential in this position as the organization explores effectiveness

and efficiencies in the realm of changes occurring in the Early Learning sector.

A minimum of 5 years work experience in the Early Learning Sector

Excellent organizational and administrative skills, report writing skills

Knowledge and awareness of indigenous culture and traditions.

Experience in curriculum development would be an asset

- positive outlook and attitude to contribute to the program and organization working environment
- Ensure that Anishnaabemowin and cultural safety practices of the organization be carried out

### Qualifications:

- Minimum of a degree specific to a Registered Nurse and/or relevant Allied Health discipline;
- Current registration and in good standing with appropriate regulatory body;
- Five years work experience in a management capacity and specific to community based primary health care -٠ First Nation or indigenous setting preferred;
- Demonstrated knowledge and skills in budget management, staff supervision, privacy, incident investigations, occupational health and safety, funding reports, resource allocation, etc;
- Demonstrated experience in successful project management ie. new initiatives, research, etc;
- Demonstrated ability to work within a team environment, internally and externally .
- Experience in blending western and traditional health practices, preferred; ٠
- Knowledge of Anishnabemowin and the Anishinabek culture, traditions and local communities, an asset; ٠
- Excellent interpersonal, and written communication skills within an electronic environment, mandatory; ٠
- . Ability to travel, reliable vehicle, a valid class G Driver's License and clear driver's abstract;
- Clear vulnerable sector criminal record check, required.

## Submission Pre-requisites:

Please submit a covering letter, resume, three (3) work-related letters of reference, copy of registration, a current criminal records check, a copy of valid driver's license and driver's abstract. Please mark correspondence as "Confidential". Submissions will be accepted by mail, facsimile, or email. Please do not send via Facebook.

# Application Deadline: January 24, 2020 at 12 noon

Attn: Human Resources Noojmowin Teg Health Centre Postal Bag 2002, Hwy. 540 Little Current, ON POP 1K0

T: (705) 368-2182 ext. 235 F: (705) 368-2229 E: info@noojmowin-teg.ca W: www.noojmowin-teg.ca

We thank all applicants for their interest; however only those selected for an interview will be contacted.

- Excellent computer skills preferably in a Microsoft Office environment: word processing, spreadsheet graphics/charts, and presentation software
- Must be willing to travel

environment

families.

**Qualifications:** 

Must have Valid Driver's License and reliable vehicle

Early Childhood Educator Diploma

Facilitation experience

Deadline: Thursday, January 16, 2020 at 12 noon

For a detailed job description please contact Brenda Francis, Director of Operations at 705-377-4342 or by email at humanresources@kenjgewinteg.ca

# Interested individuals can send a complete application package that consists of:

Cover letter, a detailed resume, three (3) current (within one year) letters of reference, two of which must be professional on organizational letterhead and authored by direct supervisor, and written permission to contact references. Please note that the successful candidate will be required to provide a current Vulnerable Sector Check.

Applications can be received marked confidential either through mail or fax only, to: Kenjgewin Teg "HR – Indigenous Early Years Instructor" c/o Director of Operations 374 Hwy. 551, P.O. Box 328, M'Chigeeng First Nation, ON POP 1GO Tel: 705-377-4342 Fax: 705-377-4379

Please note: Kenjgewin Teg Educational Institute's Fitness for Duty Program is implemented which is designed to promote the development and maintenance of the highest possible levels of worker health and safety in an efficient and productive workplace.

Please note: Kenjgewin Teg Educational Institute has taken steps to ensure that the organization is inclusive within the school community. This includes the shared practice of First Nation tradition of smudging.

Late applications will not be considered. While we thank all applicants, only those selected for an interview will be contacted. Personal information contained in applications will be used for recruitment purposes and collected as per Freedom Of Information (F.O.I.) And Protection Of Privacy Act, 1987.

help wanted

# **Tehkummah Talk and Times**

# **Backward-Forward** I stand upon the thres

old of two years And backwards look and forward strain my eyes Upon blotted record fall my tears While brushing them aside a sweet surprise Breaks like a day down on my upturned face As I remember all my daily grace. Thou hast been good to me the burdened past Thou hast borne with me and the future days Are in thy hands I treble not but cast My care upon thee and in prayer and praise Prepare to make the coming year the best Because of nobler work and sweeter rest. - Anonymous

Our Christmas bingo. We had snacks and coffee and extra draws. I won a "Happy Holidays" sign. It's already on my front door. Thanks Yogi, Simon (Betty Jean and Margaret for helping out.) Starlings at the feeders the last few days. Maybe it's because there are suet cakes out there too, but in the last few years we have only seen them in the spring with the blackbirds.

I'm still confused (perhaps they are too) about the one brilliant yellow goldfinch.

Wednesday, December 18, six tables: high hands today, three of them, 24s,

Betty Gammie (two) and Florence Pyette; first, Ruth and Bill McGregor, 949; second, Ted and Bobbi Jo, 930; third, Gib and Florence, 915; low, Ken and Judi, 855; door prizes, Marg Case, Gib Pyette, Bobbi Jo; extra draws, included a ham and a turkey, thanks, plus, Glenda, Noreen, Betty Jean, Ken, Brad, Betty Gammie, Bobbi Jo and Donna. We had some end of the season recognitions the last couple of months high scores: Bill, Betty Jean, 943, and five skunks! Donna and Hugh, Bill and Ruth, tied, 932. Our next cribbage is January 8.

In this past week I have received three Angel key tags and one Angel pin. Someone is trying to tell me something?

My daughter drives me through the worst weather and brings me home safely. We were stopped in the line behind the six-car pileup outside of Little Current on Thursday morning December 19. Ray, Tara and Skylar were held up too. We were late for our appointment in Sudbury, but all is well that ends well. I was starving to death and have three more pinholes again. It's a wonder I don't leak (oh yeah, I forgot already.) The roads were awful with the light blowing snow early in the day, better towards Sudbury, but found the most in Tehkummah tonight in my

yard! We had our lunch at Gloria's, a great spot, good food. CATscan technician Janet was so nice and funny. And a ride from sister Anna Marie McCoy via wheelchair.

A lovely phone call from my friend Helen (December 20). She has a bad cold but she's always chatty and happy sounding. She said Crystal Shawanda paid a long musical visit at the nursing home recently. Helen probably deserves much credit for helping that girl on her famous journey, as she was only 10 years old when she sang at Tehkummah the first time! Remember Leroy (the step dancer) and the three singing sisters (I forget their names!) Those years have rolled by us.

Jeneen is going away for the holidays. I wasn't even aware she had recently had surgery again. Keep well!

The last couple of mail days have brought in wonderful messages and photographs and gifts! Lucky me!

A revolving door on Monday as Santa Claus came in bearing gifts in so many disguises. As I write this, I even have a pie on my lap. David, Susan, Paula, Carol, Ed, Skylar etc, etc.

Triangle Club euchre tournament, December first: Marg and Marlaine. 74; second, Lois and Marg, 73; third, Brad and Bill, 73; low, Simon and Hank, 51; lone hands, Marg and Lois and Brad and Bill, 5; 50/50, Norma.

The company is heading home, Saturday, Marg and Ray's brother Ken are heading home to Elliot Lake and Vancouver respectively. Jase is catching the bus in Sudbury for Toronto on Sunday. December 29. I popped down to Lori and Rick's on Friday to say hello. It's been a busy time. We did the usual breakfast at the neighbours and after a sixperson game of sequence that morning (Skylar's Christmas present, one of them). Later had dinner at Dave and Sherry's twelve of us (I think) as always, the family stuff is good, great, wonderful. Santa Claus is pretty darn good too!

A nice full church on Christmas Eve. Special music to fill in with Pat and John Novak away. Once again thanks to Patrick O'Leary. Such a nice service to welcome the baby Jesus (you might say a warm welcome). A phone call from Helen Saturday morning. Later I went to Mindemoya to wash a furry quilt, my darn cat never quits shedding! Heard this morning

... continued on page 27



help wanted

Community Living Manitoulin has immediate openings for permanent part-time and casual staff to work in our homes. Personal Support Workers and/or a Developmental Service Worker diploma are the preferred minimum gualification for these positions.

These unionized part-time positions are scheduled at a minimum of 30 hours bi-weekly with a starting wage of \$21.21.

Interested candidates should send a cover letter and resume to the attention of Ms. Megan Wickett; Operations Manager by regular mail to:

Community Living Manitoulin PO Box 152 Mindemoya, Ontario, POP 1S0 Or by email to mwickett@clmanitoulin.com Or by fax to 705-377-7175

Applications must be received by close of business on Friday, January 31, 2020.

For more information regarding Community Living Manitoulin please visit our web site at www.clmanitoulin.com, and for further details regarding the part-time position click on the employment opportunities tab.



# UCCM Police EMPLOYMENT OPPORTUNITY Service Navigator (Lighting the Fire Within)

SALARY: Salary Range (\$50.000 - \$55.000) TERM: Five Year Contract with Possibility of an Extension

The UCCM Anishnaabe Police Service has been provided an opportunity to create a blueprint for communities to initiate a health and wellness strategy for those experiencing and involved in domestic violence. The police service is seeking a dynamic and experienced professional to fulfill the responsibilities of the Service Navigator position, a key position in assisting in the development of this blueprint. The position will work directly under the Social Navigator and will connect and support individuals and families with domestic violence issues. The Service Navigator's goals are to reduce an individual's dependence on the judicial and hospital systems by ensuring an individual is directed to and receives support from the appropriate community organization for assistance to improve their overall health, safety, and quality of life

The Service Navigator is a new position is part of a pilot project funded by Women and Gender Equality Canada. The individual chosen will be responsible for the overall success of the project.

### **Education and Experience**

- Minimum of an Undergraduate Degree in either Applied or Health Sciences with 1 year of experience; or a College Diploma in a related field with 3 years of experience in the operational field.
- Experience and knowledge of Case Management Previous work experience in a social, health, and/or judicial setting, a definite asset.

# Skills

- Knowledgeable and respectful of Anishnaabe customs, culture, and language;
- Policy development and excellent writing skills;
- Knowledge of Federal, Provincial, and First Nation Government systems and processes;
- Excellent interpersonal and public speaking skills:
  - Knowledge of social and healthcare organizations that case manage at risk individuals;
- Strong report writing and verbal communication skills;



help wanted





# Noojmowin Teg Health Centre Board Vacancy **Off-Reserve Representative**

The Noojmowin Teg Health Centre Board of Directors seeks applications to fill one Board vacancy specific to First Nation/Indigenous members living off-reserve. Noojmowin Teg is comprised of a multi-disciplinary team of health professionals who provide community-based, integrated, and on- and off -site services including: primary care; allied health; mental health; traditional; and health promotion; to the seven First Nation and off-reserve Anishinabek populations living within the Manitoulin Island District. The Board oversees the direction and accountability of the organization.

The successful candidate will have: health related work and/or volunteer experience, an understanding of the protocols and traditional ways of the Anishinabek; live off-reserve within the Manitoulin Island District, a clear criminal records check; and a commitment to the mission and values of the Organization. Previous familiarity with funding and reporting requirements and experience in reviewing budgets, an asset. Applicants of First Nation and/or aboriginal ancestry will be prioritized.

The length of each term is four (4) years. The successful applicant must commit to attending monthly regularly scheduled board meetings, and other special meetings (annual general meeting, strategic planning, etc.) throughout the year, participating in up to 15-16 meetings per year.

The successful board candidate will be provided with an orientation and ongoing professional development to ensure his/her success as a full informed and participating member of the Board.

For more information about the organization, please see our web-site at: www.noojmowin-teg.ca.

### **Pre-requisites:**

Please submit the following no later than January 13, 2020

- Cover Letter (outlining reasons for your interest, and what strengths you bring to the board)
- Resume or description of experiences relevant to the position .
- Three (3) relevant references with contact information
- Current and clear Criminal Reference Check .

# Send "Confidential" to:

Attn: Ryan Corbiere, Board Chair c/a Noojmowin Teg Health Centre, Hwy 540, 48 Hillside Rd., Postal Bag 2002, Little Current, ON POP 1K0 Ph.: 705-368-2182 ext. 204 Fax: 705-368-2229 Or, email: p.williamson@noojmowin-teg.ca

Milgwetch/Thank you to those who express interest and submit an application. Only those under consideration will be contacted.

- Excellent human relations and interpersonal skills: and
- Knowledge of applicable legislation and various acts that affect the success of the project.

### Duties (Include but are not limited to):

- Conduct assessments of individuals with the ability to refer individuals to the appropriate identified community organization
- Provide a point of contact and communication for individuals re-entry into the service system:
- Provide case management to those participants who are participating in the program;
- Work in collaboration and consult with community partners including, mental health agencies, the courts, and • non-profit social service agencies which provide outreach and case management services:
- Create and maintain a data base for all client information as applicable;
- Prepare policies, procedures and guidelines for the project as required and conduct periodic reviews as needed;
- Develop all forms necessary for the intake and assessment of individuals:
- Liaise with other agencies, justice and government partners to keep abreast of First Nation policing national issues;
- Prepare reports, and assess and analyze data for the project as needed; Represent the Police Service at conferences, seminars, information sessions, as approved by the Social Navigator; and
- Ensure UCCM Police Service is in compliance with all related laws and regulations as required.

### Other Important Information

- A probationary period will apply. A thorough background check will be completed.
- A valid Class G driver's license required

Apply for this position by submitting your cover letter, resume, and 3 work related references by January 31, 2020, at 4:00 PM to:

Confidential Employment Opportunity: Service Navigator U.C.C.M. Anishnaabe Police Service 5926 Hwy 540, Box 332 M'Chigeeng, ON POP 1GO

Individuals of Anishnaabe ancestry are encouraged to apply For questions about this employment opportunity and a detailed job description, please contact HR & Finance Coordinator, Evelyn Aguonia at 705.377.7135, or visit our website at www.uccmpolice.com



Happy New Year! A New Year's joke for you:

The year 2020 is going to be filled with so many puns about perfect vision. I can't wait to see them all.

It is the first week back to school since the Christmas Break! As happy as that sounds, it means there are only three weeks left until exams. We are down to the crunch! It is time to finish up those last few units in each class and begin to work on the culminating projects.

On Monday, December 16, the Mustangs boys' hockey team played Confederation against High School and won 4-2. Way to go, boys!

The 50th Annual MSS Awards Night was held on Thursday, December 19.

... continued from page 26

wemkoong.

50/50 draws.

that Jean Case passed away. Sympathy to

her family. She was always busy looking

after someone with meals on wheels or

homecare up until a short time ago. She

went into the nursing home in Wiik-

Christmas season was fantastic.

Happy New Year, 2020. Hope your family

I'm in recuperation mode this day it is

already afternoon and I'm still tired from

greeting the "Little New Year in." The

folks at the hall danced up a storm. Oh,

nothing like last year's deep snowfall.

They all seemed to have fun. For me it was

fun watching. My annual birthday party.

Norma Thomas too, who shares the same

date! Got the same party, December 31.

After the 'Happy New Year' salutes, a good

buffet luncheon was enjoyed by all. Bill

the DJ and the Assiginack Lions Club and

organizers, thank you. Door prizes and

shot yesterday when I had a meeting with

my doctor. Sherry and I had lunch at Loco

Beanz afterwards. Saw Jeanette Barrette

who had been away visiting family over

Christmas. Ross and Susan Ward were

away visiting over the Christmas holiday.

I have the sorest arm. I just got my flu

Over \$50,000 worth of bursaries were given out to deserving alumni! Thank you to all the businesses, organizations and individuals who made donations towards the event and thank you to everyone who helped make the night run smoothly.

On the last day before the break, in the spirit of Christmas, students were treated to a Winter Carnival and movie. Some activities that were available to students throughout the day included board games in the library, karaoke in the music room, an open gym, hot chocolate in the foods room, a movie in the cafe and much more.

For the first hockey game of 2020, the boys will play against Lo-Ellen at jsmeijer, Rachael Orford,

... Tehkummah Talk and Times

my bad arm!

the McCrory-Countryside arena tomorrow, Thursday, January 9 at 3:30 pm. The boys will be back in action on Friday, January 10 at the NEMI Rec Centre against Confederation at 7 pm. Everyone is welcome to come out and cheer on our Mustangs!

On Friday, January 10, the OELC (Ontario Education Leadership Centre) Committee is hosting a Grade 8 information day. The event is called 4'd 8s (48). Grade 8 students from five elementary schools across the Island will be coming to MSS to learn about high school life, elective classes and extracurriculars. This event was created after five students (Ethan Thei-

Bid euchre, Thursday at 1 pm.

Yikes, I just sliced my knuckle, a paper

Last year I got a flu shot for the first

cut. So much for writing! At least it's on

time in years. The only reaction was some

energy which never comes amiss, this

year I got the arm. A bad reaction, untold

misery, enough heat to save on bills, dry

out a cloth in two seconds flat? Finally

went to see about it! On the fifth day final-

ly some relief, the itch is gone! Hey, you

folks, "Mindemoya" who do the candy

cane lane extravaganza each and every

year, I thank you. I drove by three times

and then I saw the real deer at the apart-

ments, your town deer. This year I also

did some extra driving, candy cane lane is

great, right to the treeless tree on the cor-

ner the opposite way. That's a good street

to drive (you should rename that street?)

Thanks folks. Well, sneaked out and got

the sticker I forgot on my birthday. I was

Talked to Judy Friday evening. Bob is

We are back to meeting schedule for

in hospital in Sudbury. Fell and broke a

in town that day too (I got the arm!)

hip. Get well soon!

2020.

Church cards, sleep, day patterns.

Jocelyn Kuntsi, Katie Chapman and Laura Orford) went to Orillia to an OELC retreat in October and came back with hopes to increase extracurricular participation by students in the coming years.

Rachael

Orford

The girls' hockey team's first game of the year is on January 13, Monday, against Espanola High School in Espanola at 12 pm.

There is only a little over a month until the MSS musical production of "Bye Bye Birdie!" Everyone involved is working



Have you ever tried to read the entire Bible in a year? Have you started, but lost the desire and motivation to finish? Well, make this new year the year that you start it and stick with it. By reading for 20 minutes a day, you will read the Bible from cover to cover in one year, and be able to better understand Bible teachings and ideas for yourself. For a free daily Bible reading guide, please contact the Christadelphians

biblestudents@yahoo.com or (705)207-2436 or PO Box 167, Manitowaning, ON P0P 1N0 or visit www.dailyreadings.org.uk.

31-34p

Free food cupboard. If you could use some help with groceries, you are invited to stop by the Gore Bay United Church to pick up some supplies. The Food Cupboard is open on Thursdays from 1 pm to 3 pm or 6 pm to 8 pm. All are welcome. No means test required. If you have questions, please call 705-282-2011.

34tfn

very hard in preparation. Stay tuned for information about tickets. Show dates are February 13, 14 and 15. A note to Grade 8 stu-

dents' parents that MSS's Information Night is scheduled for Thursday, February 20 at 6 pm.

Joke of the week: An iPhone and a firework were arrested on New Year's Eve. One was charged and the other was let off. Upcoming events include, hockey games, exams, and much more!

Until the new year, "Dream and Believe. Learn and Achieve!"

# EXISS thank you

Saint Andrews by the Sea United Church wishes to thank everyone who helped and gave in any way to make our fall supper a great success on November 12. By cooking the turkeys, pies, setting up the hall for the supper, peeling potatoes, carrots. Thank you to Simon and Susan for the pick-up and delivery of the turkeys. Thanks to Paul and Barb for picking up the day of the supper. Without all of you, we could not have done it. Most of all thanks to everyone for coming out and attending the supper. Thanks and God Bless.

Our family would like to express our sincere appreciation for the support and kindness we received after the passing of Calvin Pearson. Thank you for the food, flowers, cards, and donations to the Mindemoya Hospital Auxiliary in Calvin's honour. A special thank you to all of the staff at the Manitoulin Health Centre in Mindemoya, the Island Home, Funeral the Christ Community of Church, and the Providence Bay Agricultural Society.

34p

Sincerely, Joan and family 34c

**Contact the Expositor** via email: expositor @manitoulin.ca

# - in memoriam

CULGIN-In loving memory of Ted Culgin, January 14, 2017. On the anniversary of the day you went away.

Today's the anniversary Of the day that I lost you, And for a time it felt as though

My life had ended too. But loss has taught me many

things And now I face each day, With hope and happy memo-

ries To help me on my way. And though I'm full of sadness

That you're no longer here, Your influence still guides

me And I still feel you near. What we shared will never die

It lives within my heart, Bringing strength and comfort

While we are apart. Forever in our hearts. With love, Barb, Andy, Dawn, Willow, MaryJane and Sean.

34c

BOWERMAN-In loving memory of a dear mother, grandmother and greatgrandmother, Vivian, who passed away January 4, 2016.

There are bridges of memories

From here to heaven above That keeps you very close to us;

It's called the bridge of love. As time goes on without you And days turn into years, They hold a million memories

And a thousand silent tears. To us you were very special; What more is there to say? Except to wish with all our hearts

That you were here today. Loved, missed and remembered every day.

Mary, Jim, Amanda, Charlie, Crystal, Lauren and Nathan 34p

# JEFFREY THOMAS MARSHALL May 15, 1932 to December 24, 2019

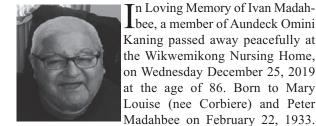


Teffrey Thomas Marshall passed way at the Manitoulin Centennial

# **IVAN MADAHBEE**

**Death Notices** 

# February 22, 1933 - December 25, 2019



Tn Loving Memory of Ivan Madah-





n Loving Memory of Victoria Agnes Mandamin, 83 years of age, who passed away at the Wik-



Manor surrounded by family at the age of 87. Survived by wife Lois married 61 years and his children and grandchildren, Anna (Paul), Kyle and Neil; Rob (Leslie), Jessica and Ben; Ron (Christine), Mackenzie and

Matthew. Jeff joined the Navy and was stationed in Halifax. He then moved to Brampton to work for Benson & Hedges in 1964. He returned to Little Current in 1978 to work at the Manitoulin Health Centre from where he retired in 1993. Jeff held many executive positions in the Royal Canadian Legion Branch 177. He was also involved with the Navy League and the Sea Cadets. Celebration of Life saw family and friends gather at Island Funeral Home on Saturday, January 4, 2020 from 2 pm to 4 pm. Donations to the Manitoulin Centennial Manor would be appreciated. Please share your thoughts, memories and photos at www.islandfuneralhome.ca.

Kaning passed away peacefully at the Wikwemikong Nursing Home, on Wednesday December 25, 2019 at the age of 86. Born to Mary Louise (nee Corbiere) and Peter Madahbee on February 22, 1933.

Survived by loving wife Ursula Madahbee and commonlaw partner Lisa Belleau. Father of Melvin (Melvina), Georgina (Don), Dan (Lori, predeceased), Robert (Gina), Cecil (Caroline), Raymond (Sheila), Richard, Andrew (predeceased), Eddie (predeceased), Valene Belleau, Krista Belleau and special grandson Adam Madahbee. Survived by siblings Anne Bayer, Archie Madahbee, Pat Madahbee, Patsy Corbiere, Anita Panamick and predeceased by eight sisters and three brothers. Grandfather and uncle to many. Ivan was an avid hunter and fisherman. He loved the outdoors. He was a fishing guide for 17 years at Errington's Wilderness Resort. He worked for the Canadian Pacific Railway for 10 years. Memorial Service to be held in the spring. Please share your thoughts, memories and photos at www.islandfuneralhome.ca.

wemikong Nursing Home on Wednesday, December 25, 2019. Daughter of the late Liza (Corbiere) Andrew Oshkabewisens. and Beloved wife of John Mandamin

(predeceased). Loving mother of Gary Mandamin (predeceased), Gloria (Henry), Loretta (Maxie and predeceased), Jennifer (Wilfred), Rosemary, Frances, Verna (Wayne), Phillip (friend Sharon), Donald (Candace) and Karen (Guyzee). Cherished grandmother to 36 grandchildren, 46 great-grandchildren and lovingly remembered by many nieces and nephews. Godmother of Richard Kagige, Irvin Oshkabewisens and Jerry Lewis. Dear sister of Joyce Kagige, Joseph Oshkabewisens, Stella Manitowabi, Nora Maiangowi, Josephine Lewis, Georgina Petahtegoose, Agatha Naponse, Margaret Steeves, Ignatius Gabow, Antoine Gabow, Francis Gabow and David Gabow (all predeceased). Victoria enjoyed baking, knitting, spending time with her family and grandchildren. Visitation was from 7 pm, Thursday December 26, 2019 at Buzwah Church. Funeral Mass was at 3 pm on Saturday, December 28, 2019 at Holy Cross Church. Burial at Hero's Veteran Cemetery. Please share your thoughts, memories and photos at www.islandfuneralhome.ca.

# JOSEPH GLEN RAYNARD March 11, 1936 - December19, 2019



In loving memory of Joseph Glen Raynard, March 11, 1936 to December 19, 2019. Joseph passed away peacefully at the Mindemoya Hospital in his 84th year after a courageous battle with cancer. Survived by his daughter Darlene (Lee) Hayden of Manitoulin Island and son Dwayne Raynard of Brussels, On-

tario. Beloved grandpa of Adam (Kirstina) Hayden of Fort Saskatchewan, Alberta, Adrienne (Ken) McNamara of Copper Cliff, Ontario, Alex Raynard (Phil Mowat) of London, Ontario, Josh Raynard of Tiverton, Ontario and Emma Raynard of Listowel, Ontario. Special greatgrandpa of Alden and Emma McNamara and Everett Hayden. He was a loving and devoted partner for 29 years to Shirley Brown presently of Evansville. Step-dad of Kevin Brown, Marlene McCracken. Grandpa to Sarah (Rob) Eckert, Kristina Brown, Kurtis (Jessica) Brown. Karolyn (Marco) Jardim and Kelsie (Matt Campbell) Brown. Great-grandpa to Caden, Conner, Eva, Emilia and Elena. Also Buddy Joe to neighbour Ejay Bailey. Survived by sister-in-law Sue Raynard of Fordwich. Nieces Christine, Pauline, Anne (Doug), Joane, Wendy, Alana (nee McFarlane). Nephews Steven (Bonnie) and Michael Leith and all of their children and grandchildren. Brother-in-law Bob (Joyce) Alexander of Ethel, Dona (Jim) Knight of Brussels, John (Lois) Alexander of Cardston, Alberta and all of their children, grandchildren and great-grandchildren. Also survived by many cousins. Predeceased by his wife Beatrice Alexander in 1991, parents Sylvester and Christina Raynard, brothers Don McFarlane, Tom Raynard and Bill (Raynard ) and sister-in-law Evelyn, sister Barbara Leith and brother-in-law Paul, nephew Jamie Raynard and many cousins. Joe was a humble, modest man who liked to live life simply and was always ready to lend a helping hand. He worked as a CNR Rail Conductor from 1956-1971, farmed from 1971-1986 then worked a couple of years in construction and finally worked as a rural newspaper delivery for the KW Record from 1988-2003. In 2005 he and Shirley move from Listowel to Manitoulin Island. In his younger years he excelled at and played sports. In particular softball, fastball, slow pitch, soccer and especially hockey. A sport for which he was revered as being "lightening on ice". In later years he coached sports and enjoyed woodworking, gardening, walking and dancing with Shirley at their dance group and other functions. In accordance with Joe's wishes cremation has taken place. Interment in the spring in Mt. Pleasant Cemetery in Ethel, Ontario. Celebration of Life was held at 11 am December 24, 2019 at the Burpee Mills Complex, 5 Bailey Line Road, Evansville. In lieu of flowers donations can be made to the Mindemoya Hospital Auxilary or charity of your choice. Donations can be mailed to: Mindemoya Hospital 2120A ON-551, Mindemoya, ON POP 1S0.

# THERESA BISSON (MANITOWABI)



Accelebration of the Life of Theresa Bisson (Manitowabi), Auntie Terry, Waabonongo-Kwe Morning Star Woman, Bear Clan, 4th Degree Midewiwin Minaawey weygaan Midewiwin Lodge started her spirit journey in the afternoon on Tuesday, December 31, 2019 at the

age of 85. Predeceased by parents John B. Manitowabi and Mary Louise (nee. Trudeau). Mother of Clarence (Debbie), Peak Sr., Debra, Mike (Evelyn), Alecouse, Mary Lou, John, Randy (predeceased), Brian (Cindy), Theresa-Lynn (predeceased), Chris and Patricia (predeceased). Nokomis, Chi Nokomis and Chi Chi Nokomis to many grandchildren, great-grandchildren and great-great-grandchildren. Ellie will miss making pictures for you. Survived by siblings Peter (Bessie) Manitowabi and Edna Manitowabi. Predeceased by siblings Daniel Manitowabi, Albert Manitowabi, Margaret George, Alex Manitowabi, Victoria Mishibinijima, Liza Mosher and Charles Manitowabi. Remembered by many nieces, nephews, great nieces, great nephews, cousins and friends. Auntie Terry, a 4th Degree Midewiwin Nokomis loved Ceremony Life. As a Water Drum Carrier she loved to sing and listen to the drums. Her most treasured memories were of St. Charles and Murray Hill. She loved sitting by the lodges in the trees smoking and taking in this beautiful life. Auntie Terry walked with a gentle kindness. She was a very humble Grandmother that loved to laugh and play Skip-Bo. Miigwetch for the beautiful life you gave. Family and friends gathered at Rabbit Island Centre on Wednesday, January 1, 2020 starting at 4 pm. Traditional Funeral Service was Friday, January 3, 2020 at 9 am. Burial in the Wikwemikong Lower Cemetery Please share your thoughts, memories and photos at www.islandfuneralhome.ca.

# **Death Notices**

# NANCY HARPER



Nancy Harper of Evansville passed away peacefully with her family by her side, on Saturday December 21, 2019, at the age of 72. Beloved wife of Dale for over 50 years. Cherished mother of Leslie Harper-Reid (Kevin Reid) and Tracy (Michael) Draper. Nancy will be sadly missed by her grandson Colton; sisters Judy (Con-

rad) Freeman, Carol (Harvey) Morden, Sharon (David) Boates; brothers Arthur (Cora) Hayden, Bert (Debbie) Hayden, and sisters-in-law Merle (friend Clayton Shannon), Edith Clark and many nieces and nephews. Predeceased by her parents Maurice and Julia (Hill) Hayden, parents-in-law William and Ella (Morrell) Harper, Lenora (William) Gardiner, Wilda (Leonard) Montgomery and brothers-in-law Jim Clark, William Burbadge and Delbert Mills. At Nancy's request, cremation has taken place. A Celebration of Life will be held in the spring of 2020. As expressions of sympathy, memorial donations may be made to the Mindemoya Hospital Auxiliary or the Northeast Cancer Centre and may be made through www.simpsonfuneralhome.ca.

# CASSANDRA MARIE CRISTO February 4, 1999 - December 26, 2019



In Loving Memory of Cassandra Marie Cristo, February 4, 1999 to December 26, 2019. Cassandra passed away peacefully with her family by her side after a brave fight with cancer at the age of 20. Loved by father and mother Cosimo and Sherri Cristo and brother Jordan Cristo. Granddaughter to Gaspare and Adele (predeceased)

Cristo and Rosemary and Barry Houley. Niece to Marisa (predeceased) and Gennaro Cristo, Frank and Adriana Cristo, Kim (predeceased) and David Kent, Linda and Sandy McDonald. Dearly missed by godparents Kenna and Wayne Withers. Special thank you to June and Stephen for making us part of their family. She will be missed by numerous great aunts and uncles, many cousins and by her best friend Michelle. Her passions were hockey, fishing, her numerous puppies and kittens as well as pandas. She loved being by the water, swimming, playing cards and spending time with those she loved. She will be missed by all she touched. Visitation was Monday, December 30, 2019 at Island Funeral Home from 5 pm to 9 pm. In lieu of flowers donations to the Make a Wish Foundation would be appreciated. Please share your thoughts, memories and photos at www.islandfuneralhome.ca.

# JEAN LYNETTE CASE August 21, 1938-December 27, 2019



In Loving Memory of Jean Lynette Case, August 21, 1938 to December 27, 2019. Jean passed away at the Manitoulin Health Centre on December 27, 2019 at the age of 81. Beloved wife of Harry Case (predeceased). Loving mother to Debbie (Denise) Cecchetto, Susan (Jamie) Mackenzie,

Shan (Brad Ham), Joey (Laura) Case. Loving grandmother and great-grandmother of 11. She was a loving sister and great friend to many. For all Mom has done for people she is proof there are angels among us. Celebration of Life to be held in the Spring. In Jean's memory donations can be made to the Lions Foundation of Canada Dog Guides, 152 Wilson Street, Oakville, Ontario, L6K 0G6. Please share your thoughts, memories and photos at www.islandfuneralhome.ca.

# JOHN HANSEN OLIVER CORBIERE

# January 5, 1967 - December 22, 2019



In Loving Memory of Hansen Corbiere, a resident of M'Chigeeng First Nation passed away on December 22, 2019, at the age of 52 years old. He has begun his journey into the spirit world where he'll meet his mom, dad, sister and brother. Son of the late Alphones J. and Catherine Corbiere. Brother to Bill and Ivan

(predeceased), sisters Anne and Wilma (predeceased). Survived by Laura Jean (Joe) of M'Chigeeng, Ida (Don) of Kenora and Ruby (Rick) of Mindemoya. Also survived by several nieces, nephews and friends. Predeceased by Jonas, Danny and Emery. Beloved father to Maureen (Derick) of Sudbury, Wayne (Beaterice) of Sudbury. Grandpa to McKinley, Hayden, Lilly, Tanner, Samantha, Kylie and Andrianna. Special godfather to Cierra Anwhatin. Hansen had a happy spirit every time we were together. He enjoyed hunting and camping with his sister Laura Jean. He knew carpentry and made Hope Chests. He enjoyed having his favorite beer "Blue". His laugh was unique, he always had more happy days than sad days. When he made jokes he couldn't really put it together but we figured it out so it was still funny. Not a day would go by where he wouldn't tell us he loved us. Visitation was Friday, December 27, 2019 at 11 am at Saswaahns Spiritual Centre. Funeral Mass was Monday, December 30, 2019 at 11am at Immaculate Conception Church. Burial followed in the M'Chigeeng Cemetery.

# COURTNEY JOAN WEMIGWANS PITCHIINS "ROBIN" "COURTNEY CAKES" April 8, 1993 - December 22, 2019

In Loving Memory of Courtney Joan Wemigwans Pitchiins "Robin" known as "Courtney Cakes". Words cannot express our sadness, you are our sunshine, our light, our everything - our baby. You were smart, brave, happy. You left us too soon on Sunday December 22, 2019, at 26 years old. Beloved daughter of Evelyn and Wilfred Wemigwans. Dear sister of April (Giovanni) and Clint (Lorianne - predeceased). Dear auntie of little miss Vitalia, Brittany and Tyrell. Special auntie and godmother of Leah. Will be missed by godparents Margaret Ann Trudeau and Brian Kitchikake (predeceased). Also reunited with her grandparents Sarah and Dominic Pitawanakwat (both predeceased), Julia and William Wemigwans (both predeceased). Lovingly remembered by her many aunts and uncles: Pitawanakwat family . Lloyd (predeceased), Elizabeth (Hank), Alphonse, Marina (predeceased), Isaac (Dorothy) (both predeceased), Gilbert (Gloria), Theadore (Christine), Elaine (Ron), Vic-Mildred, Beverly, Henry. tor (predeceased), Wemigwans/Lavallee family, Vincent (predeceased), Joseph (predeceased) (Ross), Thaddeus (Bonnie) (predeceased), Rose (Ron predeceased), Thomas (Elizabeth), Veronica (Wendy predeceased), Henry (Corrine). Courtney will be sadly missed by many many cousins and friends. She was a student a Seneca College, President of the Seneca Indigenous council, a student ambassador, a tutor, and a group leader. She always made time for people, especially if they were in need. She acknowledged everyone with her warm hugs, smiles, and a very conta-

# JAMES RANDOLPH (Randy)TAYLOR

The family of the late Randy Taylor, formerly of Mindemoya and Elliot Lake announce his passing away in White Rock, B.C. on December 20, 2019 with his family by his side. He is survived by his two loving daughters, Kim Verhaul and Randi-Lee Taylor, two granddaughters, brothers Ted of Mindemoya and Cyril of Sault Ste. Marie and sisters Alex Taylor of Peterborough and Dennise Gilhen of Merrickville. Randy was predeceased by his parents, Dennis and Mildred (Pepper) Taylor and his wife, Sue. Burial at a later date. gious laugh. Throughout her life she suffered from arthritis, but in her own pain she always found light to carry on and she did. As she would say it "I'm a pro on crutches" and that's how she would show up no matter what. That's who she was; always brought everyone together." She will be sadly missed. Visitation was from 2 pm on Thursday, December 26, 2019 at South Bay Centre. Funeral Mass was 11am Saturday, December 28 2019 at South Bay Church. Burial at Kaboni Cemetery.

Memorial donations are gratefully appreciated and can be made at the admitting office to the auxiliaries of the Manitoulin Health Centre and the Renovation Fund in both Mindemoya and Little Current and the Gore Bay Manitoulin Lodge Auxiliary Incorporated, 3 Main Street, Gore Bay, Ontario, POP 1H0 and the Manitoulin Centennial Manor Fundraising or Manor Auxiliary, Postal Bag 460, 10 Robinson Street, Little Current, Ontario, POP 1K0. Donations can also be made to the Manitoulin District Cenotaph Fund, Box 656, Little Current, Ontario POP 1K0 or Pet Save Manitoulin, Box 393, Gore Bay, Ontario POP 1H0.

# **Province passes legislation to expedite action** on wildlife sickness like chronic wasting disease

PETERBOROUGH—The province passed legislation and developed a plan to allow the government to react quickly should wildlife diseases such chronic wasting as disease (CWD), a progressive and fatal brain disorder that mostly affects deer and elk, appear in Ontario.

Should CWD be detected, the legislative changes will allow the government to: create response zones where special rules would apply—such as requiring hunters to submit animals for disease testing; enable people to undertake activities that would otherwise be prohibited, such as authorizing a licensed hunter to dispatch symptomatic wildlife within a specified area; implement long-term measures, such as restricting the exportation of certain live animals from a jurisdiction where CWD has been detected.

"We recognize the significant value wild deer have as an important part of Ontario's biodiversity, and as a symbol of heritage to many Ontarians," said John Yakabuski, minister of Natural Resources and Forestry. "These measures will support Ontario's hunters and an industry that creates jobs and makes an important economic contribution to our province."

The measures to protect wildlife are part of the Better for People, Smarter for Business Act, an omnibus bill the government has touted as aimed at simplifying and modernizing regulations



Cottage on beautiful lot with sand beach at Michael's Bay, Tehkummah Township. Propane heat. Includes furnishings. \$249,000. Available immediately. 705-859-2080 or 519-371-1236. 10tfn

Ontarians need, while eliminating outdated or duplicative requirements.

'One of our top priorities in the Better for People, Smarter for Business Act is protecting our environment and safeguarding public health in the most effective way possible," said Prabmeet Sarkaria, associate minister of Small Business and Red Reduction. "I'm Tape pleased the red tape reduction legislation empowers Ontario to be proactive and get ahead of any potential threats to our wildlife in a direct and streamlined manner.'

"Should CWD be discovered in Ontario, these measures will go a long way to help prevent the spread of the disease to Ontario farmed and wild cervids and protect public health," said Ernie Harde-

real estate

man, minister of Agriculture, Food and Rural Affairs. "We also encourage Ontario's cervid farmers to follow the national guidelines for biosecurity to help protect their herds.'

cervid family The includes deer, elk, moose and caribou, each are susceptible to CWD. While it has not been detected in Ontario, CWD was discovered in 2018 on a deer farm in Quebec, close to the Ontario border. It has also been found in all five states bordering Ontario.

"We applaud the government for enacting these changes that will enable it to respond quickly and decisively to a detection of CWD," said Angelo Lombardo, executive director of the Ontario Federation of Anglers and Hunters (OFAH). "This is a neces-

real estate

R Peter Flanagan, Mûs

Broker of Record (705) 282-3135

www.peterflanaganrealestate.com

Office: (705) 282-3135 Email: pflan@bellnet.ca

**GORE BAY BUILDING LOT** 

Large estate sized lot over 2 acres in area, westerly section of Gore Bay, mixed tree cover, hydro at rear of lot line, year round paved road access off

Armstrong Road, quality residential homes in area, asking \$29, 900 MLS#2077548

**100 ACRES GORDON TWP** 

Excellent deer hunting location, only a short drive south of Gore Bay off Poplar Road, mixed softwoods, driveable legal access, beaver pond, asking

250 ACRE FARM - \$340.000

Year round paved road, mixture of work land, pasture and bush, gravel pit for private

usage, totally interior upgraded farm house, natural wood walls and ceilings, 4 bedrooms, two washrooms, drilled well that can supply both home and barn, livestock barn in very good condition concrete bottom area, perfect for the farmer or outdoor enthusiast. MLS#1031304

sary component of keeping Ontario CWD-free and something the OFAH has been seeking for years.'

Ontario's new CWD Prevention and Response Plan will ensure the province has the right approaches in place to minimize the risk of the disease entering or spreading within Ontario.

In 2017, recreational deer hunting generated \$275 million for Ontario's economy.

The government conducts an annual CWD surveillance program, which helps detect the disease and minimize the risk of it entering the province.

Since 2002, the government has tested more than 13,000 wild deer and elk for CWD; all test results have been negative.









Jordan Stephens



32 PENNIE AVE. TEHKUMIMAH This 3-bedroom nt property has everything you're looking for in a cottage home. Cozy up by the fireplace 250 BAYSHORE RD. LITTLE CURRENT Absolute \$299 900 MLS 2083463

\$89.500 MLS#2081936

in the winter, or enjoy the beautiful view from a stunning waterfront property located 15 mins from balcony overlooking the water in the summer. Little Current. This year-round home has everything you could possibly need. \$439,900 MLS 2075883



24 BRAGMORE BAY LANE, MANITOWANING WASNAGE ROAD, MELDRUM BAY 293 acres 2440 HWY 540, LITTLE CURRENT Waterfront Park model trailer located in at Uncle Steve's located close to the core of Meldrum Bay. Prime Cottage. Situated on an exceptional waterfront lot. hunting. \$158,000 MLS 2077437 \$49.800 MLS 2080285





63 THIRD AVE MANITOWANING Exceptional

home that has a cottage getaway design, with a

the features of a modern family home. Located in the peaceful community of Sunsite Estate

short drive to Manitowaning or Little Current. MLS

2083358 \$369.900

building lot only 10 minutes \$65,000 MLS 2080452

FREE HOME EVALUATIONS 705-805-9059 jordansoldit.com

# Islanders show their generosity





TOP: The Island Quilt Guild recently donated \$750 to the Manitoulin Food Bank to help support the Christmas food hampers. The quilters raise these funds by having a fun time doing "coupon capers" at their annual Christmas dinner. Pictured from left to right is Myra Tallman, Marnie Hall, executive director of Manitoulin Family Resources and Island Quilt Guild past president Rolanda Tovey.

LEFT: Jean Narozanski, president of the Grass Roots Garden Club of Little Current presents a \$600 cheque to Bleu Fisher of Rainbow Rescue to support her work in helping stray and abandoned animals in our community.

real estate



MELDRUM BAY cottage plus camp on Hill Street a very short walk to the marina. Cottage 875 sq. ft. & camp 750 sq. ft. each w/hydro, drilled wells & steel roofs. Cottage is served by septic system. With some work, several possibilities \$89,500 (1462)



Rockville Road waterfrontage, sandy beach, good dock & sand bottom swimming. Bungalow 754 sq. ft. w/deck across water side has 2 bedrooms, 4 pc. bath, open kitchen dining living area w/propane stove fireplace. Recent upgrades of windows, doors, siding, shingles, fascia, soffits.





EXTREMELY HIGH QUALITY 3 BDRM HOME WITH NICE VIEW OVER LAKE MIN-DEMOYA !! - This beautiful home with its hardwood floors & vaulted ceilings comes with a magnificent kitchen with cherry stained maple cabinets, 3 baths including the en-suite in the huge 600 sq ft master bdrm found at the top of a spectacular oak stair case. The manicured lot comes adorned with a variety of mature trees which nicely outline the property, amazing con-crete driveway & huge sidewalks leading to 2 large decks of which one is a covered verandah. Also on the lot is a 10 x 12 storage shed & a heated completely finished & insulated double size garage. Asking \$370,000. MLS#2074309





**ELEVATED SUNRISE VIEW OVER BEAU-TIFUL LAKE MINDEMOYA!!** - Large 2 1/2 acre lot with almost 150 ft of shoreline, a dock & a (grandfathered-in) boathouse. A quick flight of stairs brings you from the dock & fantastic deep water shoreline to the top of the flat bluff where you find a 3 bdrm cottage with an eye catching view! The golf course, hospital, restau-rants, shopping are only 15 mins away. Only \$195,000!!! MLS#2074433



Gore Bay via Scotland Road. Forested acreage in Manitoulin deer country w/large marsh in north east sector. Boundaries marked & trails across to various hunting locations. \$149,500 (1269)

real estate

ICE LAKE 14.33 ACRES just south of The Narrows w/easterly exposure. Large lot w/184 ft. frontage accessed via Ice Lake Drive w/hydro available. Secondary easy access to rear of parcel. \$39,000 (1076)

LAKE MINDEMOYA WATERFRONT of 150 ft. w/easterly exposure. Hardwood covered 1.2 ac. w/hvdro. telephone & year round access via Monument Road at back of lot. \$99,000 (1190)

LAKE MINDEMOYA WATERFRONT of 150 ft. w/easterly exposure. Hardwood covered 1.2 ac. w/hydro & telephone available. Year round access via Monument



\$97 000 (1480) 59 MEREDITH 705 282 3196 GORE BAY

**OPEN ALL YEAR** GORE BAY RURAL 3 acres w/hydro, municipal water, water frontage w/several building sites. Access from year round Emery Road w/hydro traversing the lot for low cost connection. Forested w/hardwoods & cedar. Fasy to walk over existing trails & beside remnants of an old stone fence. Great multi-use offering

UNIQUE LIMESTONE LOT on Lake Huron's Western Manitoulin south shore w/southerly exposure from 150 ft. & 5.3 ac. Remote, off the grid getaway w/fantastic views & amazing sunsets. Flat rock shoreline & open areas w/evergreens, various wild flowers & other plant life. Close to Misery Bay Provincial Park hiking trails w/rare plants, wildlife & alvar ecosystems. \$45,000 (1465)



CHALET ON 100 ACRES accessed from Union Road w/most of the off grid conveniences. Balcony & large deck, 2+ bedrooms, 1.5 baths, eat in kitchen, living room, wood fired sauna, drilled well & more. Lots of trails, tree stands, hydro a few poles away, generator wired, furnished including propane appliances. \$209,000 (1456)



DAWSON TOWNSHIP bush camp on pretty one acre w/direct access from Hwy540. Well built & finished portable schoolroom all wired, ready to be to hydro eady on site a buffer from the road & a couple of rustic cabins. \$49,000 (1463)

Most contents including newer washer, refrigerator, stove. \$154,000 (1431)



BC LODGE POLE PINE CABIN w/loft & deck, in the hardwoods, on Lake Kagawong. Seasonal, off arid. open concept. of 300 sa. ft., w/pine interior & reclaimed plank flooring. Served by wind turbine powered composting toilet & outdoor amenities of deck, dock, firepit, Accessible shoreline & westerly sunset view. Very private, mature hardwood forest 2.45 ac. & 347 ft. lake frontage. Some contents. Call Ron Lane 705 282 7241. \$172,000 (1478)



SILVER WATER HOME on surveyed lot 120 by 330 ft. fronting on Hwy540. Closed in sunroom porch plus 1.5 storey 990 sq. ft. w/3 bedrooms, bath, large kitchen dining & living room. MBR on first floor. Some contents. \$59,000 (1077)

Road at the back of the lot. \$99,000 (1191)

LAKE KAGAWONG 4.1 ac. of mostly hardwoods w/291 ft. westerly facing frontage. Remote, off the grid forest w/seasonal access via Mud Creek Road w/elevated sunset view the full length of the lake. Four terraces to water, \$79,000 (1408)

GORE BAY 3.21 ACRES of variable terrain for an estate home, market garden operation or lot development. Mostly open good land w/town water & sewer available. Doc Strain Dr. frontage 87.19 ft. & Park St. frontage 45.26 ft. \$42,000 (1453)

COOKS BAY WATERFRONT w/980.46 ft. of frontage & 5.87 ac. of tree covered terraced land. Direct access to the dock and boat ramp. Excellent seasonal access No other services, \$99,000 (1479)

ICE LAKE 13.21 ACRES w/192 ft. of shoreline w/road kept open year round. Long rectangular acreage & easterly exposure to the water. \$39,000 (1475)



LOON LAKE ACREAGE w/789 ft. on Hwy540 & 391 ft. on water. Open 23 ac. of tillable land w/access down east boundary via Loon Lake Road to private driveway, partly developed building site, 2 newer well built sheds & privy w/finished interior. Ready for a south facing home or cottage w/sun all day. \$97.000 (1485)

sewer & year round access via Smith & Fraser Streets w/panoramic view in all directions. Mostly cleared arable land, on west side of Town, for mini farm, market garden & other rural uses. Two separate lots to accommodate two residences for the larger family. \$43,500 plus tax (1420)

LAKE HURON lot 150 ft. w/access via Little Lake Huron Road & Cedar Trail. Off grid 3.6 ac. of forest w/flat limestone waterfrontage. Zoned Shoreline Residential. Great getaway, \$45,000 (1418)

BURPEE 25 ACRES of forest 1.4 km east of Misery Bay Park Road. w/good access over ATV & walking trail. Great escape. \$17,900 (1461)

LAKE HURON WATERFRONT 100 by 420 ft, w/access driveway in place. Includes a small A-frame sleep camp & a licensed travel trailer. Accessed via Little Lake Huron & Pebble Roads. \$55,000 (1484)

GORE BAY HALL STREET serviced building lot 66 by 164 ft. facing the bay. Level site for a near downtown home. \$25,000 (1483)

Experienced Energetic Excellent SERVICE LIST WITH

RON'S CELL 705-282-7241 HUGH'S CELL 705-282-7705 LAKE KAGAWONG waterfront w/easterly exposure overlooking the water & east shore. Seasonal access via ARDA Road & Zullich Drive w/driveway already installed down first slope to a spacious, flat building area requiring very little preparation work. Even power line traverses property for inexpensive hookup. New cottages on both sides. A very rare find on the second largest lake on Manitoulin. \$109,500

CHECKERBOARD 5.5 ACRES, fully surveyed w/8x12 shed for shelter w/steel roof & siding. Wooded lot w/road access within 1400 ft. followed by a good ATV & walking trail. Road can be extended. Good hideaway, \$13,900 (1469)



LITTLE LAKE HURON COTTAGE within walking access to big water. Furnished 1.5 storev 1245 sg ft. w/3 bedrooms, 2 full baths, open kitchen dining living w/cathedral ceiling, stone fireplace & insert Insulated, double pane windows, metal roof propane appliances, water heater & septic \$89,500 (1473)



BLACKSMITH CENTRE on corner of Main & Meredith Streets w/4320 sq. ft. over 2 floors. Concrete building 36x60 ft. on fully serviced 39x127.6 ft. lot zoned core commercial. First floor garage plus business space & second level 4 & 1 bedroom apartments. \$119,000 plus HST (1432)



AFFORDABLE COTTAGE, on Ice Lake, near Gore Bay in private setting of beautiful old growth maples. 200 ft. frontage. 2.67 ac. w/hvdro & vear round access by the residents. Bungalow w/bed room, living room, kitchen & 3 pc. bath plus spacious deck. Scandinavian bunkie. large privy & shed. Gently sloping landscaped lot to waters edge. Call Ron Lane 705 282 7241 \$119,500 (1460)





SHEGUIANDAH - Wonderful rural Hwy 6 wooded lot avail able to build your country retreat! Year round road, plus hydro & telephone is available at the road. Located only 12 mins from the amenities of the town of Little Current including hospital, schools, grocery stores & several marinas. Don't overlook this charming building site. Please call for full details! Asking \$17,500. MLS#2051556



WONDERFUL RURAL PERIVALE ROAD EAST FLAT DOUBLE LOT IN SPRING BAY AVAILABLE TO BUILD YOUR QUIET COUNTRY RETREAT! - Vear round road, plus hydro & telephone is available at the road. Located only from the amenities of the town of Mindemoya including hospital, golf course & the island's largest grocery store. Don't overlook this charming building site. Please call for full details! Reduced to \$18,500. MLS#2071348



Melissa Nicholson Sales Person Cell: 705-282-7738



**Bob Watson** Broker Sales Person Evenings 705-377-7216 Evenings 705-859-3375



LOWER SLASH - A wonderful 3.06 acre building and/ or recreational lot that is close to the water in South Bay-mouth. This well treed lot with a small cleared section is on the Lower Slash Road, and also has access via Indian Point Road. This lot is only 20 minutes to the golf courses and grocery store in Manitowaning. Call Now! Asking \$24,900. MLS#2083576

WHITE'S POINT! - Waterfront building lot in desirable prime residential waterfront community within minutes of Little Current & all of its amenities. Driveway access started at roadway - telephone & hydro service available. White's Point Road is on a year round road, & on the school bus route. Lake Huron's Strawberry Channel, & the North Chan-nel boast great fishing, boating & sailing. Wonderful loca-tion to build your dream home! Asking \$88,000. Call Now! MLS#2074129

FAMILY HOME IN THE COUNTRY! - This peaceful close water families knit neighbourhood has it all, greenspace, water, families, and friends. Solidly built brick traditional family style side split, three spacious bedrooms upstairs, plus an additional bedroom in the bright basement makes for plenty of growing bedroom in the bright basement makes for plenty of growing space. Many upgrades include bathrooms, and updated liv-ing areas. Double garage, large yard with fencing for your fa-vourite family pet. Take a short walk down a trail to the public beach. Enjoy the best Manitoulin has to offer. Clover Valley! Call to view! Asking \$214,999. MLS#2083400



COUNTRY CHARMER! - This 4 bedroom home with lots of unique touches, has plenty of room for the growing family or even a B&BI Detached double garage provides lots of storage. Beautiful fenced yard. Roof 2018; Furnace 2017. Priced to sell quickly at \$133,900. MLS#2083519



Al Rolston, Sales Perso Evenings: 705-348-2381 Evenings 705-368-2381

Steve Rolston, B.A

Broker of Record



Al Frank Sales Pers Evenings: 705-859-3297



SOUTH BAY WATERFRONT LOT - located in the Slash. East facing with beautiful view and sunrise, this is a great

East facing with beautiful view and sunrise, this is a great location for a summer getaway or a permanent home. It is located on a private road but very close to a year round road

LAKE MANITOU WATERFRONT ACREAGE - Demand

with hydro at the edge of the lot. The prope with a mixture of deciduous and evergreens.



roperty is fully treed ens. MLS#2075664

Alan Mihelchic ales Persor Cell: 705-282-4602 through it. Rustic doesn't begin to describe this old farm house with its stainless steel kitchen sink & counter & an tique wood cook stove. A fantastic buy at \$489,000! #3601

200 ACRE SPRING BAY FARM !! - Extremely large 2 bdrm

home with his & her work shops, attached garage with 1 bdrm apartment above it, large barn, large shed & extremely

large show room storage building. Very private, nicely land-scaped, with several ponds (some with fish) & a transport

trailer for extra storage. The property consists of about 100

acres tillable & 100 acres of bush with a stream running



FANTASTIC BUSINESS OPPORTUNITY !!!! Known as Sandfield General Store, this very large commercial building is currently a gift shop, a restaurant and a corner store. It has plently of parking, storage areas and land. Along with this business is a 2 storey, 5 bedroom, 2 bathroom home that would make a great little bed and breakfast. Lake Manitou is a store's throw away and this location is guite central and very much needed as the competition is mainly 20 minutes or more away in every direction. There is a resort trailer park directly behind this great commercial business and its huge untapped potential. Reduced to \$300,000!!!





**Rob Norris** Sales Pers Cell: 705-968-0030















# Heartwood Mushrooms fungi farm a labour of love

## by Michael Erskine

LITTLE CURRENT—Shane O'Donnell and Jaime Rowntree found a shared passion for all things mycelium just moments after they met at the Northern Ontario Permaculture Institute (NOPRI) grounds in Honora Bay a few years ago; that passion eventually led the couple to establish Heartwood Mushrooms, a production facility based in Little Current.

"When I met Jamie she was holding the same mushroom textbook in her hands," recalled Mr. O'Don-nell. "I said 'do you want to grow mushrooms together?' and she said 'yes'.

"I think we gave each other a high five bump,' laughed Ms. Rowntree.

Mr. O'Donnell discovered Manitoulin Island while on a cycle tour with a friend. "We found Justin Tilson and NOPRI though a website called warmshowers.org," he recalled.

was done," she recalled.

As a result, a lot of what

the couple have learned

about mushroom produc-

tion has been "self taught"

but they did get a signifi-

thanks to their association

the radical mycology con-

ference in New York State," said Mr. O'Donnell. "That

really served as a catalyst to

get Heartwood Mushrooms

At the conference the

"Justin sponsored us to

cant

with NOPRI.

off the ground.'

knowledge boost

Mr. Tilson, the founder of NOPRI and a strong local food proponent showed Mr. O'Donnell and his friend how to inoculate logs to create mushroom factories.

Ms. Rowntree, meanwhile, had worked at a mushroom farm in Guelph. "I was interested for a long time, but it was not easy to find a place where you could go and find out how it



No, the photo isn't blurry, it's just really misty inside the grow rooms at Heartwood Mushrooms' Cockburn Street production facility in Little Current. Co-owners Jaime Rowntree and Shane O'Donnell took The Expositor on a tour of the facility. Left, oyster mushrooms sprout from their sovbean husk and millet nurturing bags.

couple discovered a whole

universe of like-minded

mushroom aficionados-

among them people who

were successfully operating

small yield mushroom oper-

ations. "That connected us

with some people in the

field and we realized 'hey,

we can do this'," said Ms.

interested in wild forag-

ing," said Ms. Rowntree. "I

would message my aunt

and she would tell me what

it was I was looking at. I

"I had an aunt who was

Rowntree.

### photo by Michael Erskine

became interested in foraging myself." As for her arrival on Manitoulin Island,

it was literally just a matter of luck.

"It was totally in a raffle," she laughed. "My friend won a raffle for a stay at Freer Point Cottages. She asked me to share the prize with her.

Both Ms. Rowntree and Mr. O'Donnell discovered a populated with world "incredible people" and a ecology unique and lifestyle that struck a deep chord within each of them. We liked what we saw

and ended up staying," said Ms. Rowntree.

Heartwood Mushrooms began with the spore of a concept, but it was a couple of years of planning and research that went into building the business case, and plan, that enabled the couple to obtain funding to start the business.

Then, over the course of a decidedly bitter winter, the couple laboured to erect a building containing the specialized rooms and equipment necessary to produce commercial quan-



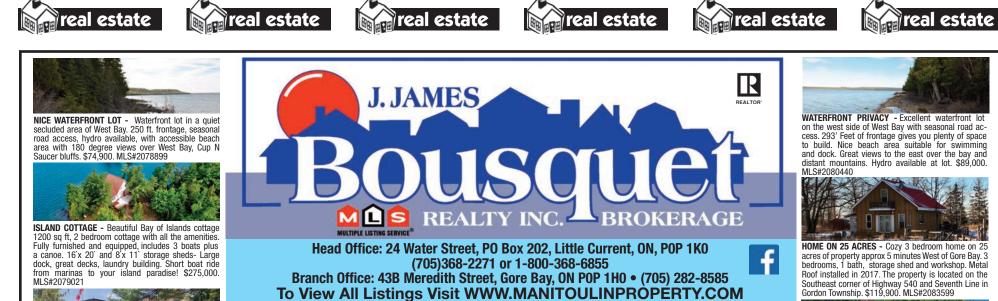
tities of artisanal mushrooms. That equipment includes a laboratory where the mushroom strains are nurtured and inoculated into millet packs, a custom mixing unit where carefully measured amounts of sovbean husks, water and millet come together to produce the grow medium from which the mushrooms spring. Apparently, unlike

the old joke about mushrooms, there is no manure of any kind involved—it's not all that dark either, just a carefully adjusted environment with indirect light and the perfect humidity to convince the mycelium to send up the mushrooms, essentially the "flower" the organism uses to propagate.

Today, oyster mushrooms grown in the company's Cockburn Road facility in Little Current can be found at The Island Jar and Andrew Orr's Valu Mart in Little Current, Gore Bay and are soon to be found in a grocery outlet near you. "We are in talks with some businesses in Sudbury as well," said Mr. O'Donnell. The couple also attends most of the Island farmers' markets. "We are actively looking for more markets, so give us a call."

Expansion plans are in the offing, now that the basic oyster mushroom production has had its kinks worked out, Heartwood is setting out to produce other popular species, including the very tasty Lion's Mane variety.

Heartwood Mushrooms can be contacted through email at grow@heartwoodmushrooms.ca; through their Facebook page, website or Instagram, or you could contact them by phone at 519-217-9219.





McGREGOR BAY - Charming cottage on a private island offers a boathouse, dock, workshop, bunkle & main cot-tage. Main cottage with 2 bedrooms, 2 baths, kitchen, eating area, living room with large windows, & large stone fireplace. Includes a bunkle with 2 sleeping areas & a half bath & outdoor shower. Workshop, boathouse, boats/mo-tors & furnishings! \$389,000. MLS# 2062746



STUNNING SUNSITE ESTATES PROPERTY - 5 bed room, 4 bath property boasts a 64x25 garage on waterfront lot with beach. Open concept kitchen & large deck. The built in pizza oven was professional-ly installed by local stone mason. Shed with concrete



HOME ON 50 ACRES - Quiet country home. An unfin upper level is ready to be your dream, with bathroom plumbing roughed in. rooms on the main floor, along with an open kitchen living room area. Drilled well with new jet pump & foot valve. All mechanical equipment is easily accessible in the clean, dry basement. Detached garage with plenty of room for all your projects. \$229,000. ML\$#2082083



property near Silver Water. Fronts on a fully maintained township road. Short distance to Cook's Dock which has a public boat ramp. Mostly treed with an entrance in place. Great price of \$80,000. MLS#2083407



Chris Bousquet, Broker of Record 705-368-2271



99 ACRES - Excellent recreation opportunity, 99 undeveloped acres fronting on year round Learmont Road. Coniferous trees and limestone. Attractively priced at \$85,000. MLS#2081914



5.45 ACRE RETREAT - 5.45 acre lot located South of Little Current. Great hunt camp or nature lovers retreat as it is private and close to Perch Lake. Private gated driveway. The lot has a 22 foot trailer, storage shed and fire pit. \$28,900. MLS#2083380

705-282-4647

PRIME HIGHWAY EXPOSURE - Approx 10-12 acres of commercial land on Hwy 17 between Sudbury & Sault Ste Marie - Hwy 17 and Hwy 6 junction. Frontage on Hwy 6 as well as 17 (excellent traffic exposure), 2 ex-isting access lanes off Hwy 6. Ideal spot for many uses with Commercial Zoning. \$399,000. MLS#2081722

705-207-1282



WELCOME HOME TO PARADISE! Maintained private island cottage with all amenities & equipment includ Main cabin boasts 2 bedrooms, full bath with ed. claw foot tub, kitchen, dining room, living room with pane stove & enclosed porch to enjoy your view 5,000. MLS#2080359 propane



**MANITOWANING BAY LOT** - Building Lot on Eastview lane with 200 feet of frontage. Nice flat lot with Hy-dro already on the property. Located only 5 min from Manitowaning and 30 min from the bridge or the ferry. \$99,000. MLS#2083549

ATTRACTIVE BUILDING LOT - Hideaway Cove Sub-division. 0.7 Acre building lot with electrical power and phone available at the street with access to North Channel Connection available to a treated water sys tem. \$25,900. MLS#2075592



300 ACRES - 300 acres on the west end of Manitoulin Island in a desirable recreational area. Level land that is mainly treed. There is legal access off Burnt Island Road over an unmaintained road on a road allowance. \$190,000. MLS#2083406



& 3 full baths. Fireplaces on both levels. Upgrades in-

705-968-0602

floor and secondary outbuilding is winterized and of-fers 2 bedroom & full bath that is tastefully finished. \$525,000. MLS#2080417



GORE BAY HARBOUR FRONT GORE BAY HARBOUR FRONT - Executive Tudor style home located on the Bay. This 2980 sq ft home offers 3 bedrooms 3 bathrooms 3 fireplaces with sunken dining room, and sweeping staircase from the fove shake roof with brick and stucco surrounding the home. Large 3 car garage allows access to the basement that is designed as a wood working shop with built in dust collection. \$489.000. MLS#2075512



MANITOWANING BAY - Estate size private Building Lot close to Manitowaning. Land Slopes down to the wa-ter and offers excellent shoreline. The land is covered with Mixed bush with cleared land above. \$109,000. MLS#2075514

705-368-2271

